



# Naloxone Distribution and Training Data Report, Connecticut Department of Correction (CT DOC), January-December 2022

To reduce fatal opioid overdoses among recently incarcerated individuals, the Connecticut Department of Correction (CT DOC) provides naloxone (NARCAN) and the accompanying training at various touchpoints post-incarceration. The Addiction Treatment Unit staff at CT DOC distribute naloxone and provide training on naloxone administration to the following: inmates upon release or discharge, offenders on community supervision, sponsors of inmates preparing for discharge, and sponsors of offenders currently on parole. Over time, the number of participating CT DOC facilities, halfway houses and parole offices has expanded; as of January 2022, 100% of CT DOC facilities and parole offices are participating in naloxone distribution and training. In addition, the CT DOC trains every staff member on signs of an opioid overdose and how to respond with naloxone. This lifesaving medication is also strategically placed throughout all correctional facilities so that overdoses can be treated with naloxone by any staff person.

## **Highlights, January-December 2022**

By month, an average of about 58% of all naloxone kits offered to discharging inmates or offenders on parole were accepted in 2022.

A Linkage to Care Coordinator was hired in October 2022, resulting in increased outreach to sponsors of discharging inmates and the distribution of naloxone kits and other overdose prevention resources.

More naloxone kits were distributed to sponsors of discharging inmates in Oct-Dec 2022 (118) following the hiring of the Linkage to Care Coordinator than the rest of 2022 combined (101).

Overview, January-December 2022			
		Parole Offices and/or	
Measure	CT DOC Facilities	Halfway Houses	Total
Number of facility exits from the CT DOC	14,780	N/A	14,780
Number of naloxone kits distributed to			
inmates upon release by the CT DOC or to			
offenders by parole offices or halfway houses <sup>a</sup>	1,641	97	1,738
Number of naloxone kit refusals at CT DOC			
facilities, parole offices and halfway houses	1,104	28 <sup>b</sup>	1,132
Number of inmates and offenders on parole			
trained in naloxone administration	9,080	116 <sup>c</sup>	9,196
Number of CT DOC and parole office staff			
trained in naloxone administration <sup>d</sup>	445	135	580

#### Notes:

During this time period, 219e naloxone kits were distributed to sponsors of inmates or offenders on parole.

- <sup>a</sup> One naloxone kit is offered to each inmate upon release and to offenders on parole. Naloxone kits are offered regardless of whether the individual has an opioid use disorder. Some individuals may receive more than one kit, if requested.
- <sup>b</sup> Data missing for Jun-Dec 2022.
- <sup>c</sup> Data missing for May-Dec 2022.
- $^{\mbox{\scriptsize d}}$  Some staff may be trained more than once.
- <sup>e</sup> Data missing for Sep 2022.



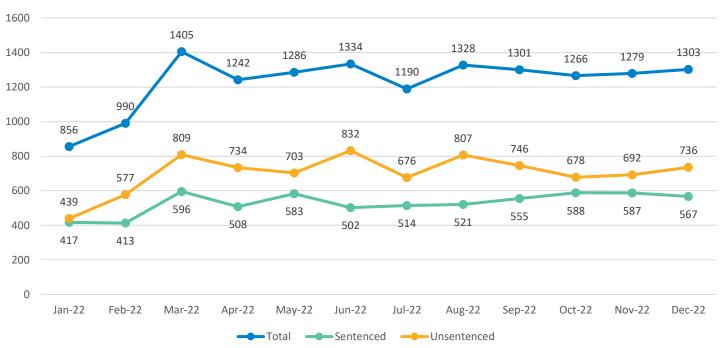


### **Inmate Releases and Discharges**

The chart below depicts the number of facility exits from the CT DOC by month from January to December 2022. Total facility exits were the lowest in January and February 2022 before reaching a peak in March 2022. Throughout the rest of 2022, the number of facility exits remained fairly stable month to month.

The number of inmates leaving a CT DOC facility is also tracked by whether the offender is unsentenced vs. sentenced. Sentenced facility exits comprise both releases (when an offender goes to community supervision or parole) and discharges (when an offender completes his or her sentence). Unsentenced exits are discharges from a facility by an accused offender who is discharged by a judge or released on bond. Throughout 2022, the number of unsentenced facility exits outnumbered the sentenced facility exits. The number of unsentenced facility exits represented more than half of all facility exits in 2022. Currently, the unsentenced inmate population presents a challenge because addiction staff are unavailable when a discharge occurs after hours, or addiction staff are not made aware that an individual is being bonded out of jail and are therefore unable to distribute naloxone.

#### Number of Facility Exits from the CT DOC, by month, January-December 2022



**Note:** Sentenced releases from a facility occur when an offender goes to parole. Sentenced discharges from a facility occur when an offender completes his or her sentence. Unsentenced discharges from a facility occur when an offender leaves the facility as an accused person, being discharged by the court judge, or releasing on bond.



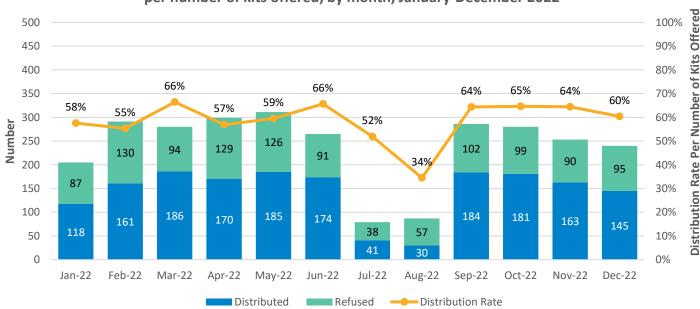


### **Naloxone Distribution**

The chart below depicts the number of naloxone kits distributed to or refused by inmates upon release by CT DOC facilities or offenders by parole offices and halfway houses and the distribution rate per number of kits offered by month from January to December 2022. Both the number of naloxone kits distributed and refused remained mostly steady throughout 2022, apart from July and August, which showed anomalous decreases. These decreases were due to a lack of data collection due to a staff vacancy at CT DOC during these months. With the exception of August, more than half of all naloxone kits offered were accepted and distributed in 2022.

During the timeframe of January 2022 to April 2022, additional CT DOC facilities, halfway houses and parole offices began distributing naloxone, contributing to some of the observed increases. Distributing naloxone to unsentenced individuals continues to present a challenge; however, efforts are actively underway to implement policies for the distribution of naloxone to individuals who bond out or are released from custody at court. As of March 2021, additional screenings to offer naloxone kits and provide training have occurred, resulting in increased refusals at some of the sentenced facilities. Naloxone kits are also offered to all inmates upon release or discharge, regardless of whether the inmate has an opioid use disorder or not, which also contributes to the number of refusals.

Number of naloxone kits distributed to or refused by inmates upon release by CT DOC facilities or offenders by parole offices and halfway houses and the distribution rate per number of kits offered, by month, January-December 2022



**Note:** One naloxone kit is offered to each inmate upon release and to offenders on parole. Naloxone kits are offered regardless of whether the individual has an opioid use disorder. Some individuals may receive more than one kit, if requested.

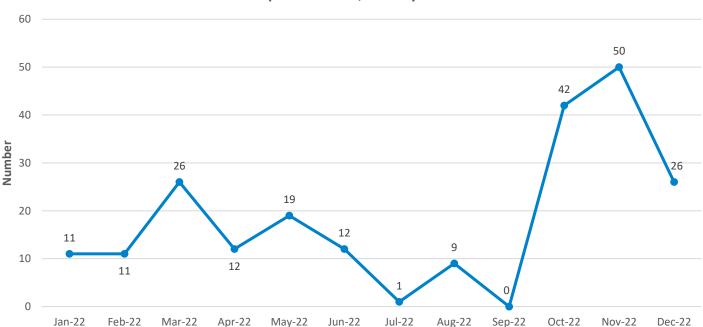




The chart below depicts the number of naloxone kits distributed to inmate sponsors or sponsors of offenders on parole by the CT DOC or parole offices by month from January to December 2022. Previously, there was no mechanism in place for providing naloxone to sponsors of inmates or offenders on parole. COVID-19 restrictions also prevented meeting in person or running group naloxone administration trainings. Beginning in March 2021, a new initiative was launched to distribute naloxone kits to the sponsors of inmates or offenders on parole. CT DOC staff responsible for clearing potential sponsors ask the question, "Are you interested in a free overdose awareness kit?" and provide naloxone kits as needed.

The number of naloxone kits distributed to inmate sponsors or sponsors of offenders on parole jumped dramatically in October and November 2022. The observed increases were due to the hiring of a Linkage to Care Coordinator at CT DOC in October 2022 who provides outreach to sponsors of discharging inmates to offer naloxone kits and additional overdose prevention resources.

# Number of naloxone kits distributed to sponsors of inmates or offenders on parole by the CT DOC or parole offices, January-December 2022



**Note:** A sponsor is a person approved by the CT DOC and is allowed to have the discharging offender in their home after incarceration. A sponsor may be a family member of the inmate or offender on parole, but this is not always the case.



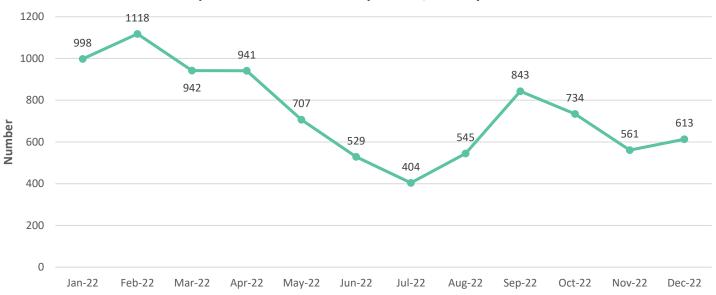


# **Naloxone Trainings**

The chart below depicts the number of inmates and offenders on parole who were trained in naloxone administration by the CT DOC or parole offices and halfway house by month from January to December 2022. From February to July 2022, there was a downward trend in the number of inmates and offenders on parole trained in administering naloxone. There was a subsequent uptick in August through December 2022, but overall there were fewer inmates and offenders on parole who were trained in naloxone administration in the second half of 2022 compared to the first half.

Following COVID-19, several CT DOC facilities began incorporating naloxone administration trainings into their facility orientations for all inmates. The sentenced facilities continued to incorporate naloxone administration training in their treatment programs. In addition to naloxone administration, CT DOC facilities also trained inmates on what an overdose looks like, how to respond to an overdose emergency and where to obtain naloxone in the community.

# Number of inmates and offenders on parole trained in naloxone administration by the CT DOC or parole offices and halfway houses, January-December 2022



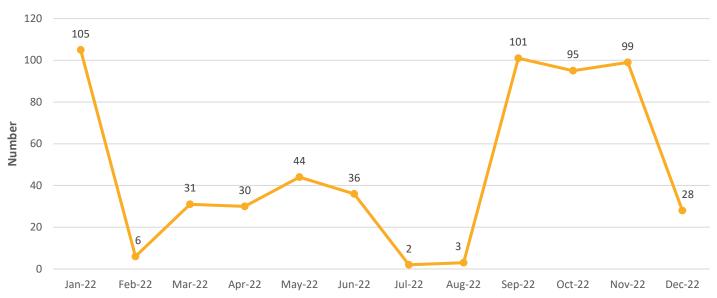




The chart below depicts the number of CT DOC and parole office staff who were trained in naloxone administration by month from January to December 2022. During 2022, the number of CT DOC and parole office staff trained in how to administer naloxone fluctuated from month to month. Monthly counts are dependent on when class trainings are held and can be expected to vary throughout the year. Training on naloxone administration is also now a part of the CPR trainings required by CT DOC staff every two years.

Between January and April 2021 (data not shown), all new CT DOC staff were trained on how to administer naloxone in an overdose emergency as well as fentanyl safety for first responders. Existing CT DOC staff were also retrained in these courses as part of ongoing staff development.

Number of CT DOC and parole office staff trained in naloxone administration, January-December 2022



**Note:** Some staff may be trained more than once.

Addiction Treatment Unit Connecticut Department of Correction

Injury and Violence Surveillance Unit Connecticut Department of Public Health Last updated 12/20/2023

