

LifeBridge Community Services

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<ul style="list-style-type: none"> oCommunity Resilience Model oSchool-Connect curriculum oSchool-Connect curriculum administrator and CRM trainer (Community Outreach Educator and secondary staff backup) oPartnership with Warren Harding High School – Memorandum of Understanding has already been executed oMental Health Professionals to provide therapeutic counseling using evidence-based interventions (TF-CBT, KRTT) (LifeBridge has 12 licensed clinicians available to see students; three will be charged to this grant) oClinical supervisor oCRM and SEL training supplies, and therapeutic treatment supplies such as markers, paint, paper, notebooks, folders, binders, pens, and highlighters oImplementation and evaluation support from the Injury Prevention Center (IPC) at Connecticut Children’s Medical Center 	<ul style="list-style-type: none"> oAdminister Community Resilience Model training to school personnel, track training attendance, and administer pre-post surveys to measure overall improvement in participant knowledge and belief in their ability (self-efficacy) to utilize the knowledge and skills learned. oAdminister School-Connect SEL curriculum in existing wellness classes at Warren Harding High School, track student participation in the classes, and school-wide incidents of adverse incidents, suspensions/expulsions using the CT State Department of Education Public School Information System (PSIS). And evaluate the effectiveness of the SEL curriculum in improving students’ ability to handle frustration and stress using the Ohio State’s LifeSports Perceived Self-Control Scale and Perceived Effort Scale instrument at baseline and end-line. oAdminister trauma screenings to students referred to LifeBridge for therapeutic counseling, conduct mental health assessments and diagnoses at intake, and provide treatment (typically weekly) using evidence-based modalities (e.g., TF-CBT). Referrals, intake assessments, diagnoses, and services planned and received will be tracked in LifeBridge’s electronic health record system (Netsmart Evolv). Use the National Outcome Measures (NOMS) instrument to assess improvements in student functioning (handling daily life, ability to cope) and social connectedness and the Brief Resilience Scale (BRS) to measure improvement in student resilience. Instruments will be administered at intake and every 90 days thereafter until discharge. 	<ul style="list-style-type: none"> o50 school personnel complete CRM training o100 students engaged in School-Connect SEL curriculum o50 students enrolled in therapeutic counseling 	<ul style="list-style-type: none"> oDemonstrate CRM training effectiveness, as evidenced by a 20% overall improvement in participant knowledge of trauma and toxic stress and belief in their ability (self-efficacy) to utilize, model, and promote techniques to soothe rather than escalate strong emotions and challenging situations. oDemonstrate CRM training quality, as evidenced by 80% of training participants indicating they are satisfied or highly satisfied with the training. oDemonstrate School-Connect curriculum effectiveness, as evidenced by 40% of students improving their ability to handle frustration and stress. oDemonstrate School-Connect curriculum effectiveness, as evidenced by a 1% reduction in suspensions/expulsions. oStudents engaged in therapeutic counseling will demonstrate a 10% improvement in functioning (e.g., handling daily life, ability to cope). oStudents engaged in therapeutic counseling will demonstrate a 10% improvement in social connectedness. oStudents engaged in therapeutic counseling will demonstrate a 10% improvement in resilience. 	<ul style="list-style-type: none"> oReduce gun violence in the city of Bridgeport oResidents of Bridgeport will feel safe in their homes, neighborhoods, and community oImproved educational performance

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<ul style="list-style-type: none"> ● Resources for four intervenors to support 500 students and their families at Achievement First Middle School ● President to oversee programming and liaise with school administration. ● Uniforms to identify intervenors and promote the program as well as build unity and pride among the intervenors. ● Incentives for student such as such as refreshments, vouchers for transportation, gift card incentives for participation ● General office supplies 	<ul style="list-style-type: none"> ● Small group sessions ● Conflict resolution training ● Self-regulation strategies ● Pre and Post assessments ● Conflict resolution strategies ● Attend school functions such as sporting events, parent teacher conferences, field trips (school sponsored and our own) ● Relationship building activities ● Mental health strategies ● Career readiness for intervenors ● Professional development for intervenors 	<ul style="list-style-type: none"> ● Activity logs. ● Anecdotal evidence (testimony and reflections from all participants) ● Sign in sheet ● Supplemental data from the school such as: attendance rates, academic performance, school engagement and disciplinary referrals 	<ul style="list-style-type: none"> ● Improve self-image ● Introduce self-care and reflection ● Engage youth in broader community activities ● Introduce alternative outlets for discharging frustration and anger through music and sports ● Reduce youth violence ● Increase social and emotional strategies ● Reduction in disciplinary referrals ● Increase connection to family/community and a caring adult ● Connect participants to other community based organizations ● Participate in out of school events such as cultural festivals 	<ul style="list-style-type: none"> ● Reduce overall community violence ● Create a peaceful community for young people and adults ● Teach positive decision making strategies ● Increase positive self-identification ● Increase academic success ● Increase confidence and readiness in employment ● Increase graduation rates ● Increase higher education enrollment ● Reduce incarceration rates ● Decrease the likelihood of drug and alcohol use ● Increase positive mental health

Advancing CT Together

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<p>Funding: Annual budget of \$250,000 and additional donations.</p> <p>Personnel: Experienced Program Director (Elise), certified inclusive wellness yoga teachers, mental health professionals, community organizers, and volunteers.</p> <p>Partners: Local organizations, schools, community centers, and social service agencies.</p> <p>Materials: Yoga mats, workshop materials, standardized assessment tools (PSS, WEMWBS).</p> <p>Venues: Accessible indoor public spaces in high-need neighborhoods.</p>	<p>Yoga Sessions: Conduct free, accessible yoga classes twice a week in identified neighborhoods.</p> <p>Workshops: Host monthly workshops focused on mindfulness, stress reduction, and conflict resolution.</p> <p>Community Outreach: Collaborate with local organizations to recruit participants and spread awareness.</p> <p>Training: Provide ongoing training for yoga teachers and workshop facilitators to ensure they are well-equipped to meet the needs of participants.</p> <p>Data Collection: Gather feedback through surveys and focus groups, and measure mental health metrics using standardized tools.</p>	<p>Number of Yoga Sessions: 120-150 additional sessions annually (20-25 per month).</p> <p>Number of Workshops: 15 to 20 workshops annually.</p> <p>Participant Engagement: Track the number of participants attending yoga sessions and workshops.</p> <p>Feedback Collected: Surveys and focus groups conducted regularly to gather participant feedback.</p> <p>Mental Health Assessments: Pre- and post-participation mental health assessments using PSS and WEMWBS.</p>	<p>Increased Participation: Achieve a steady increase in the number of participants attending yoga sessions and workshops.</p> <p>Positive Feedback: Obtain high levels of participant satisfaction as evidenced by survey results and focus group discussions.</p> <p>Improved Mental Health: Show statistically significant reductions in participants' stress levels and improvements in overall mental well-being within six months of participation.</p> <p>Enhanced Conflict Resolution Skills: Demonstrate positive changes in participants' ability to manage and resolve conflicts, as indicated by pre- and post-workshop assessments.</p>	<p>Reduced Community Violence: Contribute to a measurable decrease in violence in targeted neighborhoods over a period of one to two years.</p> <p>Sustainable Community Engaging: Foster a culture of ongoing community participation in wellness activities, leading to stronger social cohesion and support networks.</p> <p>Improved Quality of Life: Enhance overall community well-being by promoting mental health, reducing stress, and increasing residents' capacity for peaceful conflict resolution.</p> <p>Replication and Scaling: Develop a replicable model that can be expanded to other neighborhoods in Connecticut and potentially other states, leveraging the success of the initial program.</p>

Swords to Plowshares NE

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<ul style="list-style-type: none"> •Improved messaging and media coverage of Buyback Events •Existing and new partnerships with municipalities & law enforcement agencies •Cooperation of community members to turn in their unwanted guns •Staff for data collection & analysis •All-inclusive activities & staff of mobile S2PNE unit 	<ul style="list-style-type: none"> •Establish reliable media contacts and coverage of events •Enhance existing relationships with law enforcement agencies, community-based & Faith-based organizations •Expand partnerships to include Veteran groups, child advocacy groups, suicide prevention & community influencers to promote events •Continue to collect accurate and quality data •Continue with community demonstrations at local police departments, churches, town events, etc. 	<ul style="list-style-type: none"> •# of participants who turn in guns •# of people who complete survey event •# of guns turned in at buyback events including the type, and other identifying factors •# of community participants who take part in the forge demonstrations at community events to make garden tools & jewelry •# of garden tools and jewelry transformed from gun parts •Maintenance of data summary from each event •#of interns involved in the program •# of returning interns •#of days interns do not show up for work 	<ul style="list-style-type: none"> •Removal of unwanted/unsecured guns from homes •Provide gun safes & gun locks to participants who have remaining firearms in the home •Ensure high quality data collection •Explore interest in community participation in blacksmithing & woodworking •Paying jobs for youth •Food access for youth and their families 	<ul style="list-style-type: none"> •Increase home safety •Increase community safety •Increase self-esteem of youth •Development of youth mentors as spokesperson for their community •Educate people on the act of blacksmithing to produce their own garden tools & jewelry •Ensure quality data collection

Clifford Beers Community Care Center

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<ul style="list-style-type: none"> -Existing programs (Care Coordination, Community Response to Violence, Victim Support Services, Farnam Neighborhood House's violence prevention programs, DOJ-funded community-based threat assessment system) -Staff expertise (clinical, community engagement, conflict resolution, program development) -Office space -Parents/Guardians -Data and evaluation tools -Community partnerships (law enforcement, municipal agencies, community organizations) 	<ul style="list-style-type: none"> -Targeted canvassing and outreach -Care Coordination case management -Town hall meetings and community engagement -Farnam Neighborhood House violence prevention programs (fencing, Martial Arts, Basketball clinics, Mindfulness, lifeguard training, biweekly Food Distribution) -Implementation of DOJ-funded community-based threat assessment system -Evaluation activities (data collection, surveys, focus groups) 	<ul style="list-style-type: none"> -Number of participants engaged in programs -Percentage of participants completing evaluations -Number of community events and meetings held -Number of individuals receiving case management services -Number of service linkages provided to parents and families -Number of youth participating in violence prevention programs -Number of threats identified and addressed through the DOJ-funded community-based threat assessment system 	<ul style="list-style-type: none"> -Increase community engagement and participation in gun violence prevention programs -Improve access to resources and support for individuals affected by gun violence -Enhance community-police relations and trust/increased positive encounters with law enforcement -Reduce conflict and improve conflict resolution skills among participants Identify and address potential threats through the DOJ-funded community-based threat assessment system -Improved academic outcomes for participants -Reduced school disciplinary actions 	<ul style="list-style-type: none"> -Reduce gun violence and homicides in New Haven -Improve community safety and perceptions of safety -Increase community cohesion and social connections -Reduce recidivism and improve long-term outcomes for individuals affected by gun violence -Establish a sustainable community-based threat assessment system to prevent school violence and promote safe learning environments.

Catalyst CT Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<p>Resources (to implement the project)</p> <p>6 StreetSafe Bridgeport staff members (Outreach Workers, Supervisor, Program Director)</p> <p>Basic needs and emergency relief support for clients and the community</p> <p>Catalyst CT The Hub/community partners to deliver mental health services and training</p> <p>\$71,000 to implement the expansion of the community walks/events, provision of basic needs, and community trainings</p>	<p>Deepen partnerships with major hospital groups.</p> <p>Address communities' short-term needs through expanded community events and basic needs distributions.</p> <p>Build further trust and ties of kinship with the community through expanding community walks.</p> <p>Train community groups and other organizations on best practices to address crises in mental health, drug overdose and violence.</p> <p>Provide intervention services, training and coordinated rapid response to shootings and violent incidents.</p> <p>Develop, implement and review surveys to measure the reach of the StreetSafe program and evaluate the training sessions provided.</p> <p>Modify our client management system to capture additional data to support long-term goals of the program.</p>	<p>To measure our progress in addressing our community's ongoing violence, we will track:</p> <p>% increase in enrollment in our StreetSafe program vs. the prior year.</p> <p>% change/decrease in responses to shootings or other violent incidents occurring during school closures vs. the corresponding periods in the prior year.</p> <p># of Bridgeport hospital incidents and the quality of crisis intervention responses.</p> <p># of individuals who attend/received supplies at our community events.</p> <p># of trainings provided.</p> <p># of community members engaged at trainings.</p> <p># of community-driven campaigns.</p>	<p>Provide direct support to reduce youth and their family's insecurity in basic needs especially in advance of school closures/holidays.</p> <p>Demonstrate a decrease in clients' risk factors (poor family functioning, low ability to regulate emotions, etc.) and an increase in their protective factors.</p> <p>Increase the community's awareness of and engagement with programs to support youth, both StreetSafe Bridgeport and other community-based programming.</p> <p>Increase access and availability of training in the community for emergency mental and physical health, e.g., Narcan, Stop the Bleed, QPR.</p> <p>Increase the number of community members trained to respond to specific drug, violence, and mental health emergencies.</p>	<p>Through this project, we aim to reduce violence within our communities, while simultaneously supporting the growth of community participation in proactive solutions by:</p> <p>Provide basic needs support to community members struggling to provide for their families, leading to an overall reduction in youth engaging in illegal activities and the households they reside in.</p> <p>Build trust within the communities we serve by demonstrating program buy-in to the overall growth and safety of the community.</p> <p>Increase access and awareness to the resources available to community members in crisis.</p> <p>Educate and support the community in growing their understanding and activism on community issues.</p>

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<p>Staffing-R.S. Dyton Associates for 200 hours, approximately 20 hours per month Community Engagement Associate 1.0 FTE Chavon Campbell, at .2 FTE (in-kind) Assistant .2 FTE (in-kind) to be hired Performance Analysis Associate .2 FTE (in-kind) vacant, search in progress</p>	<p>are related to the objectives. In addition to the tasks listed in the detailed program description ,Objective 1 activities include translation of the guide and dashboard, providing accommodations for people with disabilities, updating program changes and working with distributors to support their efforts to share the guide and collect feedback on its effectiveness.</p>	<p>The outputs are the guide and dashboard</p>	<p>Completion of the guide Digitalization of the guide into a map housed on the City's website Completion of dashboard Conduct a marketing campaign</p>	<p>Increased utilization of services for victims of crime Use of crime data in planning by Hartford organizations Use feedback to improve the guide and dashboard</p>

CT HVIP Collaborative logic model



Resources

- 2 new staff members
- Mileage allowance
- Conference and professional development allowance
- Marketing materials such as newsletters, program flyers and general program brochures
- Staff gear
- Funds for training incentives



Activities

- Host an in person all stakeholder meeting in December of 2024
- Host at least one Legislative Forum
- Designate each new staff a region to focus on
- Identify a point of contact in each target location for continued outreach
- Host or sponsor at least 3 outreach events in each target location
- Identify relevant pending legislation
- Invite at least one new contact to the CT HVIP Leadership team
- Add new and emerging partners to distribution list
- Offer training incentives to emerging stakeholders



Outputs

- Increase stakeholder representation by 3 towns
- submit testimony (written or in person) for at least 3 bills
- Add a 10% increase to CT HVIP distribution list
- Have at least 30 people at the December stakeholder meeting
- Meet at least 2 previously disconnected lawmakers
- Attend 10 community events
- Technical Assistance and Training incentives for stakeholders (VPP and general CVI)
- Add at least 3 more members to national working committees



Short Term Goals

- Increase statewide knowledge base of CVI strategies including HVIP
- Work closely with DPH to connect underrepresented towns to statewide and federal resources
- Get a more robust understanding of statewide needs
- Connect emerging stakeholders to training in CVI best practices to build the bench
- Present at at least one national conference
- Encourage participation in the DPH PPSE sub-committee



Long Term Goals

- Continue to make Connecticut a national model for HVIP and other CVI strategies
- Ensure the needs of historically underrepresented communities are being heard
- Address the primary, secondary and tertiary causes of violence
- Improve social determinants of health by strengthening the supportive services network
- Continue to serve on the DPH Commission
- Continue our mission to strengthen the HVIP safety net by including those from across the state

Your Planned Work

Your Intended Results

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<p>Community-based partners, prepaid cards, card loading and data management software</p>	<p>4-CT aims to provide up to \$155,000 in direct cash assistance to clients of violence prevention community-based organizations in an effort to: (1) demonstrate the benefits of direct cash assistance for individuals impacted by violence; (2) improve systems for delivering support to communities; and (3) reduce violence, an epidemic that disproportionately hurts young people of color. 4-CT will track the number of prepaid cards distributed as well as cash transfers by card, demographics and need of card recipients and spend data at the merchant level.</p> <p>Partners will track data related to case management services, engagement, connection to services, follow up, and injury/reinjury rates.</p>	<p>Number of beneficiaries reached, amount of funds distributed, demographics, spend data at the MCC level, qualitative data on engagement and follow up. See above and attached regarding performance indicators.</p>	<p>Individuals immediate needs are met, individuals engage in services, individuals follow up with partners.</p>	<p>We gain an understanding of how direct cash impacts participants quality of life, how direct cash impacts community violence, gun violence and IPV, individuals are empowered to improve their lives and make decisions that reduce the risk of violence. Benefits of direct cash assistance for individuals impacted by violence are demonstrated. Systems for delivering support to communities are improved. Violence is reduced.</p>

Urban Community Alliance

Logic Model

Resources	Activities	Outputs	Short-Term Objectives	Long-Term Objectives
<p>Violence Prevention Partners</p> <p>Hire and train VETTS Mentors</p> <p>In-kind donations for prosocial activities and prosocial learning i.e., museums, theater, cultural networks and events, identified youth leadership opportunities.</p> <p>Integrate local community resources into daily proactive and resource sharing with invested partners and families.</p>	<p>Collaboration: Yale New Haven Victims of Violence, Project Longevity, Hartford Communities that Care</p> <p>Train VETTS Mentors: Urban Trauma Certification, Kingsian Non-Violence Training, HAVI, VPP, and case management.</p> <p>Utilize in-kind donations for pro-social activities and pro-social learning for youth and families.</p> <p>VETTS Mentors will participate in post shooting responses, vigils, and advocacy efforts.</p>	<p>Partnerships will support building capacity to identify and reach individuals affected by violence in the community.</p> <p>VETTS Mentors will engage participants and have a presence in the community actively facilitating community focused groups, listening sessions, and frequent ongoing engagement with program managers (VETTS, Juvenile Review Board).</p> <p>In-kind support and invested partner connections will support self-efficacy and improve the lives of individuals through equitable practice and resources through the program (VETTS Mentors, JRB).</p> <p>Achieve a practice that requires an empathetic approach that acknowledges a community's history, and listens to its stories.</p>	<p>Collaborative efforts will extend UCA reach and provide crucial support to reduce violence in the City of New Haven.</p> <p>To educate and maximize outreach. Support victims of violence and potential perpetrators on the impact and/consequences related to community violence.</p> <p>Identify opportunities for high-risk youth with non-violent approaches to conflict resolution.</p> <p>Engage with local law enforcement to help the perception of safety and support from officers.</p> <p>Achieve an equitable response from invested partners that will support vulnerable neighborhoods and individuals affected by violence.</p> <p>VETTS actively engage community members as leaders in Violence Prevention efforts. Having greater visibility and established trusting relationships.</p>	<p>Decrease Greater New Haven's most violent zip codes by 15% one year from this grant award.</p> <p>Decrease the number of victims of violence and police incidents in the Greater New Haven most violent neighborhoods.</p> <p>Harness the power of cross-sector collaboration with a 'no wrong door' process by disseminating information literacy and community resources of services to individuals affected by violence in the community.</p> <p>Share data that pinpoint problems, deploy resources, track progress, evaluate effectiveness and justify continued support. Strengthen the network of invested partners and create a practice for greater strides in public health.</p> <p>Build trust, community ownership and sustainability.</p> <p>Reduction of community violence/gun violence by 15% in the Greater New Haven area.</p> <p>Broaden our impact, and extend partnerships to community-based organizations in Bridgeport and Waterbury.</p>