

# Connecticut Behavioral Risk Factor Survey

## Prevalence Estimates for Risk Factors and Health Indicators

### Selected Summary Tables 2021



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*State of Connecticut Department of Public Health*



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## Acknowledgments

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The CT BRFSS team acknowledges with gratitude the time contributed by nearly 8,400 citizen volunteers within the State of Connecticut who responded anonymously to the survey during the 2021 calendar year. The results presented in this report would not be possible without their participation.

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Find more BRFSS factsheets, reports and publications at the Connecticut Department of Public Health BRFSS website: <http://www.ct.gov/dph/BRFSS>.

# Introduction

The Connecticut Behavioral Risk Factor Surveillance System (CT BRFSS) is an ongoing statewide voluntary phone survey of Connecticut citizen volunteers aged 18 and over. It is funded by the Centers for Disease Control and Prevention (CDC) in all 50 states, and has been implemented in Connecticut since 1989.

For the 2021 CT BRFSS, the landline sample was a disproportionate stratified random digit dial (RDD) sample, stratified by geography and listed status. Within each contacted household, one adult was selected at random to be interviewed. The cell phone sample was an un-stratified RDD sample drawn from dedicated cellular telephone banks with equal probability. An adult contacted by cell phone was eligible to complete the survey if he or she lived in a private residence or college housing either without a landline present, or with a landline but with at least 90 percent of all calls received by cell phone. Each month, survey data from Connecticut are sent to CDC for editing and checking. At the end of each year, data are compiled and weighted to be representative of all adults in the state, and returned to states for analysis and use in planning and monitoring health programs. Summary data for all states are available on the CDC BRFSS website (<http://www.cdc.gov/BRFSS>).

In 2021, the total sample size of completed interviews for the core survey was 8,341 (land line=1,301; cell phone=7,040). Due to variability in response rates to individual questions and differences in specific sub-populations of interest for particular questions, not all estimates are based on a total sample size of 8,341. Prevalence estimates and 95% confidence intervals were computed using SAS PROC SURVEYFREQ, which can properly compute variances for complex sampling plans. Any responses of “Not Known/Not sure” or “Refused” were classified as missing.

In an effort to provide the most reliable information possible, coefficients of variation (CV) were used to assess the validity of each estimate. Prevalence estimates with a CV of between 15% and 20%, inclusive, are marked with a single asterisk (\*). Prevalence estimates with a CV between 20.1% and 30%, inclusive, are rounded to the nearest five percent, and are marked with two asterisks (\*\*) to indicate that caution should be exercised when interpreting these estimates. Prevalence estimates with a CV greater than 30% are suppressed due to poor validity. Only comparisons between estimates with non-overlapping 95% confidence intervals should be considered significantly different.

Due to the BRFSS methodology changes that took place in 2011, the estimates provided within the following tables should only be compared to CT BRFSS estimates from 2011-2021 and not to CT BRFSS estimates from years prior to 2011.

If you have any questions regarding any of the estimates within the following tables, please contact Xi Zheng at [xi.zheng@ct.gov](mailto:xi.zheng@ct.gov). To access to the 2021 CT BRFSS questionnaire, please visit the CT BRFSS web page at: [www.ct.gov/dph/brfss](http://www.ct.gov/dph/brfss).

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Adult Health Indicators	%	95% CL	
<b>Health Status</b>			
Fair or poor health	12.5	11.4	13.5
Poor physical health	8.9	8.1	9.7
Poor mental health	12.7	11.7	13.8
Disability	25.3	23.8	26.7
Overweight	35.3	33.8	36.9
Obese	30.4	28.9	31.9
Insurance coverage (all ages)	94.3	93.6	95.1
Private insurance (18-64 years old)	66.7	64.9	68.4
Medicare/ Medigap (18-64 years old)	5.3	4.4	6.1
Medicaid or other state program (18-64 years old)	15.3	14.0	16.6
No insurance (18-64 years old)	7.2	6.3	8.2
At least one doctor	87.4	86.3	88.5
Not see doctor because of cost	7.4	6.6	8.2
Did not use prescription medication because of cost	4.9	4.2	5.5
<b>Risk Behaviors</b>			
Binge drinking	13.6	12.5	14.7
Heavy drinking	5.3	4.6	6.0
Excessive alcohol drinking	15.7	14.5	16.9
Current smoker	11.1	10.1	12.1
Current E-cigarette user	5.0	4.2	5.8
Current marijuana user	12.1	11.0	13.2
Current hookah user	1.6	1.1	2.0
Current cigar user	4.2	3.5	4.9
Breathed the smoke or aerosol from someone who was smoking or vaping a tobacco product during the past 7 days	14.9	13.7	16.0
Quit using all tobacco products, including e-cigar, for one day or longer	38.7	34.6	42.8
Breathed in smoke from someone else in public in the past 7 days	28.2	26.7	29.8
No leisure time physical activities	22.9	21.6	24.2
Consume fruit 1 or more times per day	64.6	63.0	66.2
Consume vegetables 1 or more times per day	80.0	78.5	81.5
<b>Clinical Preventive Practice</b>			
Routine Check-up in past year	77.1	75.9	78.4
Had flu shot in past year (all ages)	50.9	49.3	52.5
Had flu shot in past year (65+)	71.6	68.7	74.5
Ever had pneumonia shot (all ages)	31.6	30.1	33.1
Ever had pneumonia shot (65+)	72.9	70.2	75.7
Ever tested for HIV	36.9	35.4	38.4
<b>Chronic Diseases</b>			
Current asthma	10.5	9.6	11.4
Former asthma	4.7	4.0	5.4
COPD	5.3	4.6	6.0

Adult Health Indicators	%	95% CL	
<b>Chronic Diseases</b>			
Arthritis	24.6	23.4	25.8
Cardiovascular diseases or stroke	7.3	6.5	8.0
Diabetes	10.8	9.9	11.8
▪ Ever taken class in diabetes management among adults diagnosed with diabetes	46.7	42.3	51.2
Kidney disease	2.4	2.0	2.8
Depression	18.0	16.8	19.1
High blood pressure	31.6	30.2	33.0
▪ Take medicine for hypertension	80.1	78.0	82.1
High blood cholesterol	34.9	33.4	36.4
▪ Take medicine for high blood cholesterol	25.8	24.5	27.2
<b>Other Topics</b>			
<b>Hepatitis Treatment</b>			
Ever told had Hepatitis C by a doctor or other health professional	1.0	0.7	1.3
▪ Treated for Hepatitis C in 2015 or after	45.8*	31.9	59.7
▪ Treated for Hepatitis C prior to 2015	56.7*	43.1	70.3
<b>Firearm Safety</b>			
Has at least one firearm kept in or around home	16.2	15.0	17.5
▪ The firearm secured in a location where youth, other at-risk or unauthorized persons cannot have access to it, among adults kept firearm in their home	92.8	90.9	94.8
▪ The ammunition secured in a separate location from the firearms, among adults kept firearm in their home	83.9	81.0	86.9
<b>HIV Stigma</b>			
Very unlikely or unlikely to purchase fresh fruits and vegetables from a vendor that is known to have HIV.	37.6	36.0	39.3
<b>Telework</b>			
Employer allowed work from home full time or part time during the COVID-19 pandemic	45.0	43.1	46.8
Employer didn't allow work from home during the COVID-19 pandemic	50.6	48.7	52.4
▪ Unable to work from home because the nature of job required to work in-person	77.3	74.8	79.8
<b>Caregiver</b>			
Provided regular care or assistance to a friend or family member who has a health problem or disability during the past 30 days	20.4	19.1	21.7
▪ The person being cared for has Alzheimer's Diseases	13.0	10.6	15.3
▪ Type of care: managed personal care	48.0	44.5	51.4
▪ Type of care: managed household tasks	81.3	78.7	84.0
▪ Expect to provide care or assistance to a friend or family member who has a health problem or disability in the next 2 years	17.7	16.1	19.2
<b>Prescription Drug Access</b>			
Safe storage of prescription opioid-based pain relievers	32.7	31.1	34.4
Aware of safe disposal of prescription opioid-based pain relievers	77.1	75.7	78.6
<b>Sexual Orientation</b>			
Identify as LGBT	7.9	7.0	8.7

Child Health Indicators	%	95% CL	
Overweight (5-17 years old)	16.5	12.8	20.3
Obese (5-17 years old)	15.6	11.5	19.7
Ever breastfed	79.9	76.6	83.1
▪ Child exclusively breastfed for at least 3 months among child ever breastfed	58.9	54.7	63.1
Excessive screen time (2-17 years old)	68.6	64.8	72.5
Drank soda or sugary drinks at least once daily (2-17 years old)	24.8	21.0	28.6
Ate fast food at least twice weekly (2-17 years old)	38.0	33.9	42.1
Visited dentist in past year	82.1	79.1	85.1
Ever received dental sealants on permanent teeth (5-17 years old)	43.3	38.4	48.1
Had dental decay in the past 12 months	17.3	14.2	20.3
Current asthma	8.9	6.7	11.2
Former asthma	4.2	2.8	5.6

‘\*’ estimates have a CV between 15% and 20%;

‘\*\*’ estimates have a CV between 20.1% and 30%;

‘-’ estimates were suppressed because of limited validity (CV>30%).

## Fair or Poor Health

Indicator Description: Among all adults, the proportion who reported that their health, in general, was either fair or poor.

Demographics		%	95% CI	
Total		12.5	11.4	13.5
Age	18-34 years old	9.6	7.5	11.7
	35-54 years old	10.4	8.9	11.9
	55 and over	15.8	14.0	17.5
Sex	Male	11.9	10.5	13.4
	Female	12.9	11.5	14.4
Race/ Ethnicity	Non-Hispanic White	10.4	9.3	11.6
	Non-Hispanic Black	16.9	12.4	21.4
	Hispanic	19.3	16.2	22.4
	Non-Hispanic Other*	10.2	6.6	13.9
Income	Less than \$35,000	25.7	22.3	29.1
	\$35,000-\$74,999	12.5	10.4	14.6
	\$75,000 and more	4.3	3.5	5.1
Insurance	Insured	11.6	10.6	12.6
	Not Insured	19.3	13.8	24.7
Disability	Disabled	32.3	29.1	35.4
	Non-disabled	5.8	5.0	6.6
Education	High School Graduate or Less	20.3	18.0	22.5
	More than High School	7.9	7.0	8.8

## Poor Physical Health

Indicator Description: Among all adults, the proportion who reported 14 or more days of poor physical health, which includes physical illness and injury, during the past 30 days.

Demographics		%	95% CI	
Total		8.9	8.1	9.7
Age	18-34 years old	6.3	4.7	7.9
	35-54 years old	8.0	6.7	9.4
	55 and over	11.3	9.9	12.7
Sex	Male	7.5	6.4	8.7
	Female	10.1	8.9	11.4
Race/ Ethnicity	Non-Hispanic White	8.0	7.1	9.0
	Non-Hispanic Black	11.5	8.3	14.7
	Hispanic	12.1	9.5	14.7
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000	16.3	13.6	18.9
	\$35,000-\$74,999	10.8	8.8	12.9
	\$75,000 and more	4.0	3.3	4.8
Insurance	Insured	9.0	8.2	9.9
	Not Insured**	10.0	-	-
Disability	Disabled	22.2	19.6	24.9
	Non-disabled	4.5	3.7	5.2
Education	High School Graduate or Less	11.5	9.8	13.2
	More than High School	7.3	6.5	8.2



## Poor Mental Health

Indicator Description: Among all adults, the proportion who reported 14 or more days of poor mental health, during the past 30 days.

Demographics		%	95% CI	
Total		12.7	11.7	13.8
Age	18-34 years old	19.5	16.8	22.3
	35-54 years old	12.6	11.0	14.3
	55 and over	8.8	7.6	10.0
Sex	Male	10.2	8.8	11.5
	Female	15.2	13.6	16.7
Race/ Ethnicity	Non-Hispanic White	12.3	11.0	13.5
	Non-Hispanic Black	12.1	8.8	15.5
	Hispanic	14.5	11.8	17.2
	Non-Hispanic Other*	13.5	8.8	18.2
Income	Less than \$35,000	17.6	14.7	20.5
	\$35,000-\$74,999	14.3	11.9	16.7
	\$75,000 and more	9.6	8.1	11.0
Insurance	Insured	12.7	11.6	13.8
	Not Insured*	11.2	7.6	14.9
Disability	Disabled	26.8	23.8	29.8
	Non-disabled	8.3	7.3	9.3
Education	High School Graduate or Less	14.1	12.2	16.0
	More than High School	11.9	10.7	13.1

## Disability

Indicator Description: Among all adults, the proportion who reported being blind, or deaf, or serious difficulty in walking or climbing stairs, difficulty in dressing or bathing, or limited in any activities because of physical, mental, or emotional problems, or reported that they required use of special equipment (such as a cane, a wheelchair, a special bed, or a special telephone) due to a health problem.

Demographics		%	95% CI	
Total		25.3	23.8	26.7
Age	18-34 years old	23.9	20.7	27.1
	35-54 years old	16.3	14.4	18.2
	55 and over	32.2	30.0	34.4
Sex	Male	22.5	20.6	24.4
	Female	27.8	25.7	29.8
Race/ Ethnicity	Non-Hispanic White	24.0	22.3	25.6
	Non-Hispanic Black	27.9	22.1	33.8
	Hispanic	33.2	29.2	37.2
	Non-Hispanic Other	17.6	12.8	22.5
Income	Less than \$35,000	47.2	43.3	51.0
	\$35,000-\$74,999	25.7	22.8	28.7
	\$75,000 and more	12.2	10.6	13.8
Insurance	Insured	24.7	23.2	26.1
	Not Insured	29.7	23.1	36.2
Education	High School Graduate or Less	35.9	33.0	38.7
	More than High School	19.3	17.8	20.8

## Overweight

Indicator Description: Among all adults, the proportion of respondents whose BMI was greater than or equal to 25.0, but less than 30.0.

Demographics		%	95% CI	
Total		35.3	33.8	36.9
Age	18-34 years old	27.2	23.9	30.5
	35-54 years old	39.5	36.8	42.2
	55 and over	37.7	35.4	39.9
Sex	Male	41.8	39.5	44.1
	Female	28.7	26.6	30.7
Race/ Ethnicity	Non-Hispanic White	35.6	33.8	37.4
	Non-Hispanic Black	29.8	24.0	35.6
	Hispanic	37.6	33.2	41.9
	Non-Hispanic Other	34.6	28.1	41.0
Income	Less than \$35,000	33.3	29.4	37.1
	\$35,000-\$74,999	34.1	30.8	37.3
	\$75,000 and more	37.1	34.8	39.4
Insurance	Insured	35.5	33.9	37.1
	Not Insured	35.2	27.5	42.9
Disability	Disabled	30.6	27.3	33.8
	Non-disabled	36.9	35.1	38.6
Education	High School Graduate or Less	35.8	32.9	38.8
	More than High School	34.9	33.2	36.7

## Obese

Indicator Description: Among all adults, the proportion of respondents whose BMI was greater than or equal to 30.0.

Demographics		%	95% CI	
Total		30.4	28.9	31.9
Age	18-34 years old	26.6	23.2	30.0
	35-54 years old	34.3	31.6	36.9
	55 and over	30.5	28.3	32.6
Sex	Male	30.1	27.9	32.2
	Female	30.7	28.6	32.9
Race/ Ethnicity	Non-Hispanic White	28.8	27.0	30.6
	Non-Hispanic Black	44.4	38.2	50.6
	Hispanic	34.1	29.9	38.2
	Non-Hispanic Other	18.6	14.0	23.2
Income	Less than \$35,000	36.3	32.5	40.1
	\$35,000-\$74,999	34.4	31.2	37.7
	\$75,000 and more	27.3	25.0	29.5
Insurance	Insured	31.2	29.6	32.8
	Not Insured	28.7	21.6	35.9
Disability	Disabled	39.4	36.0	42.8
	Non-disabled	27.3	25.6	29.0
Education	High School Graduate or Less	33.9	31.1	36.8
	More than High School	28.4	26.7	30.1

## Insurance Coverage

Indicator Description: Among all adults, the proportion who reported having health care coverage, including health insurance, prepaid plans such as HMOs, or government plans, such as Medicare or Indian Health Services.

Demographics		%	95% CI	
Total		94.3	93.6	95.1
Age	18-34 years old	89.3	87.1	91.5
	35-54 years old	93.4	92.2	94.7
	55 and over*	98.1	97.5	98.7
Sex	Male	93.6	92.4	94.7
	Female	95.0	94.1	96.0
Race/ Ethnicity	Non-Hispanic White	98.0	97.5	98.5
	Non-Hispanic Black**	95.0	-	-
	Hispanic	78.7	75.4	82.1
	Non-Hispanic Other**	95.0	-	-
Income	Less than \$35,000	88.9	86.7	91.2
	\$35,000-\$74,999	95.1	93.7	96.5
	\$75,000 and more**	100.0	-	-
Disability	Disabled	93.6	92.0	95.2
	Non-disabled	94.9	94.1	95.8
Education	High School Graduate or Less	88.7	86.9	90.5
	More than High School	97.5	97.0	98.1

## Private Insurance

Indicator Description: Among adults aged 18-64 years old, the proportion who reported currently having private insurance.

Demographics		%	95% CI	
Total		66.7	64.9	68.4
Age	18-34 years old	58.3	54.8	61.8
	35-54 years old	71.0	68.6	73.3
	55 and over	71.3	68.4	74.3
Sex	Male	68.8	66.3	71.2
	Female	64.6	62.1	67.0
Race/ Ethnicity	Non-Hispanic White	77.2	75.2	79.1
	Non-Hispanic Black	56.6	50.4	62.9
	Hispanic	38.1	33.9	42.2
	Non-Hispanic Other	65.8	59.3	72.4
Income	Less than \$35,000	24.7	20.3	29.0
	\$35,000-\$74,999	62.7	58.8	66.7
	\$75,000 and more	90.9	89.3	92.5
Disability	Disabled	41.6	37.2	45.9
	Non-disabled	73.6	71.8	75.5
Education	High School Graduate or Less	47.5	44.1	50.8
	More than High School	77.2	75.4	79.0

## Medicare

Indicator Description: Among adults aged 18-64 years old, the proportion who reported their current primary source of health insurance is Medicare or Medigap.

Demographics		%	95% CI	
Total		5.3	4.4	6.1
Age	18-34 years old*	5.5	3.7	7.2
	35-54 years old	3.3	2.5	4.2
	55 and over	8.1	6.2	10.1
Sex	Male	4.7	3.6	5.8
	Female	5.9	4.6	7.2
Race/ Ethnicity	Non-Hispanic White	4.1	3.2	5.0
	Non-Hispanic Black**	10.0	-	-
	Hispanic*	8.1	5.6	10.5
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000	14.4	11.1	17.8
	\$35,000-\$74,999*	5.6	3.6	7.6
	\$75,000 and more**	<0.1	-	-
Disability	Disabled	13.4	10.5	16.4
	Non-disabled	3.3	2.5	4.1
Education	High School Graduate or Less	7.9	6.1	9.7
	More than High School	3.8	3.0	4.7

## Medicaid

Indicator Description: Among adults aged 18-64 years old, the proportion who reported their current primary source of health insurance is Medicaid or other state program.

Demographics		%	95% CI	
Total		15.3	14.0	16.6
Age	18-34 years old	18.8	16.0	21.6
	35-54 years old	14.0	12.1	15.9
	55 and over	12.5	10.5	14.6
Sex	Male	12.5	10.7	14.3
	Female	18.0	16.0	20.0
Race/ Ethnicity	Non-Hispanic White	11.2	9.7	12.7
	Non-Hispanic Black	20.9	16.3	25.6
	Hispanic	24.6	21.0	28.3
	Non-Hispanic Other*	18.9	12.9	24.9
Income	Less than \$35,000	36.8	32.4	41.1
	\$35,000-\$74,999	17.7	14.3	21.0
	\$75,000 and more*	3.2	2.2	4.3
Disability	Disabled	28.0	24.1	32.0
	Non-disabled	11.5	10.1	12.8
Education	High School Graduate or Less	22.9	20.0	25.7
	More than High School	11.2	9.9	12.6

## No Insurance

Indicator Description: Among adults aged 18-64 years old, the proportion who reported currently having no health insurance.

Demographics		%	95% CI	
Total		7.2	6.3	8.2
Age	18-34 years old	10.7	8.5	12.9
	35-54 years old	6.6	5.3	7.8
	55 and over*	3.4	2.1	4.6
Sex	Male	8.2	6.7	9.6
	Female	6.3	5.0	7.6
Race/ Ethnicity	Non-Hispanic White	2.7	1.9	3.5
	Non-Hispanic Black**	10.0	-	-
	Hispanic	22.4	18.9	26.0
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000	14.7	11.7	17.7
	\$35,000-\$74,999	6.7	4.8	8.6
	\$75,000 and more**	<0.1	-	-
Disability	Disabled	9.9	7.4	12.4
	Non-disabled	6.3	5.2	7.3
Education	High School Graduate or Less	14.7	12.3	17.0
	More than High School	3.0	2.3	3.7

## At Least One Regular Doctor

Indicator Description: Among all adults, the proportion who reported that they have at least one person they thought of as their personal doctor or health care provider.

Demographics		%	95% CI	
Total		87.4	86.3	88.5
Age	18-34 years old	75.0	72.0	78.1
	35-54 years old	88.0	86.4	89.7
	55 and over	94.7	93.6	95.7
Sex	Male	83.8	82.1	85.6
	Female	90.7	89.4	92.0
Race/ Ethnicity	Non-Hispanic White	91.6	90.6	92.7
	Non-Hispanic Black	86.7	82.7	90.7
	Hispanic	71.3	67.5	75.1
	Non-Hispanic Other	86.7	82.9	90.5
Income	Less than \$35,000	80.2	76.9	83.4
	\$35,000-\$74,999	88.8	86.7	91.0
	\$75,000 and more	93.1	91.8	94.4
Insurance	Insured	91.0	90.0	92.0
	Not Insured	33.5	27.4	39.7
Disability	Disabled	87.9	85.6	90.2
	Non-disabled	88.0	86.8	89.2
Education	High School Graduate or Less	80.4	78.0	82.7
	More than High School	91.5	90.5	92.6

### Skip Doctor Visit Due to Cost

Indicator Description: Among all adults, the proportion who that in the past 12 months, they could not see a doctor when needed due to the cost.

Demographics		%	95% CI	
Total		7.4	6.6	8.2
Age	18-34 years old	10.7	8.7	12.8
	35-54 years old	8.7	7.1	10.2
	55 and over	4.4	3.5	5.3
Sex	Male	6.6	5.5	7.7
	Female	8.1	6.9	9.2
Race/ Ethnicity	Non-Hispanic White	5.1	4.3	5.9
	Non-Hispanic Black*	9.2	6.2	12.2
	Hispanic	16.1	13.2	19.1
	Non-Hispanic Other**	5.0**	-	-
Income	Less than \$35,000	12.8	10.3	15.4
	\$35,000-\$74,999	10.3	8.1	12.4
	\$75,000 and more	2.7	2.0	3.5
Insurance	Insured	5.7	4.9	6.4
	Not Insured	37.6	30.9	44.2
Disability	Disabled	12.8	10.6	15.0
	Non-disabled	5.2	4.4	6.0
Education	High School Graduate or Less	10.1	8.4	11.7
	More than High School	5.7	4.9	6.6

### Skip Prescribed Medicine Due to Cost

Indicator Description: Among all adults, the proportion who that in the past 12 months, they could not take their medicine as prescribed because of cost.

Demographics		%	95% CI	
Total		4.9	4.2	5.5
Age	18-34 years old*	5.3	3.7	7.0
	35-54 years old	6.4	5.2	7.7
	55 and over	3.5	2.6	4.4
Sex	Male	3.4	2.7	4.1
	Female	6.2	5.1	7.3
Race/ Ethnicity	Non-Hispanic White	3.6	2.9	4.3
	Non-Hispanic Black**	5.0	-	-
	Hispanic	10.7	8.2	13.1
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000	8.5	6.4	10.6
	\$35,000-\$74,999	6.4	4.7	8.0
	\$75,000 and more	2.1	1.5	2.6
Insurance	Insured	4.2	3.6	4.9
	Not Insured*	16.1	10.9	21.3
Disability	Disabled	8.6	6.7	10.6
	Non-disabled	3.7	3.0	4.4
Education	High School Graduate or Less	6.7	5.3	8.2
	More than High School	3.8	3.1	4.5

## Binge Drinking

Indicator Description: Among all adults, the proportion who reported consuming five or more drinks per occasion (for men) or four or more (for women) at least once in the previous month.

Demographics		%	95% CI	
Total		13.6	12.5	14.7
Age	18-34 years old	22.2	19.2	25.2
	35-54 years old	16.3	14.3	18.3
	55 and over	6.6	5.6	7.6
Sex	Male	16.5	14.8	18.2
	Female	11.0	9.6	12.4
Race/ Ethnicity	Non-Hispanic White	14.6	13.2	16.0
	Non-Hispanic Black*	10.4	7.0	13.7
	Hispanic	13.8	10.9	16.6
	Non-Hispanic Other*	8.2	5.4	11.0
Income	Less than \$35,000	12.7	10.1	15.4
	\$35,000-\$74,999	11.1	9.0	13.1
	\$75,000 and more	17.2	15.3	19.0
Insurance	Insured	13.7	12.5	14.8
	Not Insured*	19.4	13.2	25.6
Disability	Disabled	11.6	9.3	13.9
	Non-disabled	14.3	13.1	15.6
Education	High School Graduate or Less	11.7	9.8	13.5
	More than High School	14.7	13.3	16.1

## Heavy Drinking

Indicator Description: Among all adults, the proportion who reported consuming an average of more than two alcoholic drinks per day for men, or more than one per day for women in the previous month.

Demographics		%	95% CI	
Total		5.3	4.6	6.0
Age	18-34 years old*	5.5	3.8	7.2
	35-54 years old	6.1	4.9	7.3
	55 and over	5.0	4.0	6.0
Sex	Male	4.5	3.4	5.6
	Female	6.1	5.1	7.0
Race/ Ethnicity	Non-Hispanic White	6.4	5.5	7.4
	Non-Hispanic Black**	5.0	-	-
	Hispanic**	5.0	-	-
	Non-Hispanic Other***	-	-	-
Income	Less than \$35,000**	5.0	-	-
	\$35,000-\$74,999*	3.7	2.5	4.9
	\$75,000 and more	6.7	5.6	7.8
Insurance	Insured	5.5	4.8	6.3
	Not Insured***	-	-	-
Disability	Disabled*	6.3	4.4	8.2
	Non-disabled	5.0	4.3	5.8
Education	High School Graduate or Less	4.0	2.9	5.2
	More than High School	6.1	5.2	7.0

## Excessive Drinking

Indicator Description: Among all adults, the proportion of adults who drank alcohol excessively (either heavy or binge drinkers).

Demographics		%	95% CI	
Total		15.7	14.5	16.9
Age	18-34 years old	23.1	20.0	26.1
	35-54 years old	18.0	16.0	20.1
	55 and over	9.8	8.5	11.1
Sex	Male	17.6	15.8	19.4
	Female	14.0	12.4	15.5
Race/ Ethnicity	Non-Hispanic White	16.9	15.5	18.4
	Non-Hispanic Black*	11.9	8.3	15.5
	Hispanic	15.6	12.4	18.8
	Non-Hispanic Other*	8.8	5.9	11.7
Income	Less than \$35,000	14.6	11.6	17.5
	\$35,000-\$74,999	12.4	10.3	14.6
	\$75,000 and more	19.7	17.8	21.6
Insurance	Insured	15.9	14.7	17.1
	Not Insured*	20.6	14.3	26.9
Disability	Disabled	13.7	11.2	16.3
	Non-disabled	16.4	15.1	17.7
Education	High School Graduate or Less	13.2	11.2	15.1
	More than High School	17.1	15.7	18.6

## No Leisure Time Physical Activities

Indicator Description: Among all adults, the proportion who reported not participating in any leisure time physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise during the past month.

Demographics		%	95% CI	
Total		22.9	21.6	24.2
Age	18-34 years old	20.0	17.3	22.7
	35-54 years old	21.3	19.2	23.4
	55 and over	25.8	23.8	27.9
Sex	Male	19.3	17.5	21.0
	Female	26.3	24.4	28.2
Race/ Ethnicity	Non-Hispanic White	18.4	16.9	19.8
	Non-Hispanic Black	31.5	26.0	37.0
	Hispanic	37.7	33.8	41.6
	Non-Hispanic Other	18.6	14.4	22.7
Income	Less than \$35,000	38.5	34.8	42.1
	\$35,000-\$74,999	24.2	21.4	27.1
	\$75,000 and more	11.6	10.1	13.1
Insurance	Insured	21.9	20.6	23.2
	Not Insured	36.4	29.9	42.9
Disability	Disabled	39.2	35.9	42.5
	Non-disabled	17.3	15.9	18.7
Education	High School Graduate or Less	35.1	32.4	37.9
	More than High School	15.7	14.4	17.0



### Consume Fruit One or More Times

Indicator Description: Among all adults, the proportion who reported that they ate fruits at least once daily.

Demographics		%	95% CI	
Total		64.6	63.0	66.2
Age	18-34 years old	57.1	53.4	60.9
	35-54 years old	66.4	63.9	69.0
	55 and over	68.0	65.9	70.2
Sex	Male	62.3	59.9	64.6
	Female	66.7	64.5	69.0
Race/ Ethnicity	Non-Hispanic White	64.8	62.9	66.7
	Non-Hispanic Black	64.7	58.5	70.9
	Hispanic	61.4	57.0	65.8
	Non-Hispanic Other	68.8	62.9	74.7
Income	Less than \$35,000	60.8	56.8	64.8
	\$35,000-\$74,999	63.8	60.5	67.2
	\$75,000 and more	66.1	63.7	68.4
Insurance	Insured	64.8	63.1	66.4
	Not Insured	68.0	60.9	75.1
Disability	Disabled	59.2	55.6	62.7
	Non-disabled	66.3	64.5	68.1
Education	High School Graduate or Less	62.7	59.6	65.7
	More than High School	65.7	63.9	67.5

### Consume Vegetables One or More Times

Indicator Description: Among all adults, the proportion who reported that they ate vegetables at least once daily.

Demographics		%	95% CI	
Total		80.0	78.5	81.5
Age	18-34 years old	73.3	69.7	76.8
	35-54 years old	82.6	80.4	84.8
	55 and over	82.7	80.7	84.8
Sex	Male	76.6	74.4	78.9
	Female	83.0	81.0	84.9
Race/ Ethnicity	Non-Hispanic White	84.3	82.7	85.9
	Non-Hispanic Black	68.5	61.7	75.3
	Hispanic	65.5	61.1	70.0
	Non-Hispanic Other*	83.9	79.0	88.8
Income	Less than \$35,000	71.2	67.3	75.2
	\$35,000-\$74,999	77.9	74.7	81.1
	\$75,000 and more	86.5	84.5	88.4
Insurance	Insured	81.7	80.2	83.2
	Not Insured	67.9	60.2	75.6
Disability	Disabled	72.9	69.2	76.5
	Non-disabled	82.2	80.6	83.8
Education	High School Graduate or Less	70.9	67.8	74.1
	More than High School	84.9	83.4	86.4

## Current Smoker

Indicator Description: Among all adults, the proportion who reported that they had ever smoked at least 100 cigarettes in their life and that they smoke cigarettes now, either every day or on some days.

Demographics		%	95% CI	
Total		11.1	10.1	12.1
Age	18-34 years old	10.1	8.0	12.3
	35-54 years old	14.4	12.4	16.4
	55 and over	9.7	8.3	11.2
Sex	Male	12.4	10.8	14.1
	Female	9.9	8.6	11.2
Race/ Ethnicity	Non-Hispanic White	11.2	9.9	12.4
	Non-Hispanic Black	11.9	8.7	15.1
	Hispanic	12.0	9.3	14.8
	Non-Hispanic Other**	10.0	-	-
Income	Less than \$35,000	18.0	15.0	21.0
	\$35,000-\$74,999	13.8	11.2	16.3
	\$75,000 and more	6.7	5.5	7.9
Insurance	Insured	11.1	10.1	12.2
	Not Insured*	11.3	7.3	15.4
Disability	Disabled	17.1	14.4	19.7
	Non-disabled	9.0	8.0	10.0
Education	High School Graduate or Less	16.9	14.7	19.1
	More than High School	7.8	6.8	8.8

## Current Use E-cigarette

Indicator Description: Among all adults, the proportion who reported that they now use e-cigarettes or other electronic vaping products every day or some days.

Demographics		%	95% CI	
Total		5.0	4.2	5.8
Age	18-34 years old	12.2	9.8	14.7
	35-54 years old	3.7	2.6	4.8
	55 and over*	1.2	0.8	1.6
Sex	Male	6.5	5.2	7.8
	Female	3.6	2.7	4.5
Race/ Ethnicity	Non-Hispanic White	5.2	4.2	6.1
	Non-Hispanic Black***	-	-	-
	Hispanic**	5.0	-	-
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000*	4.8	2.9	6.6
	\$35,000-\$74,999	4.9	3.5	6.2
	\$75,000 and more	4.8	3.5	6.1
Insurance	Insured	4.7	3.9	5.5
	Not Insured**	10.0	-	-
Disability	Disabled*	5.8	4.1	7.5
	Non-disabled	4.7	3.8	5.6
Education	High School Graduate or Less	6.1	4.7	7.6
	More than High School	4.3	3.4	5.2

### Current Use Hookah

Indicator Description: Among all adults, the proportion who reported that they now smoke tobacco in a hookah, narghile or other type of water pipe every day or some days.

Demographics		%	95% CI	
Total		1.6	1.1	2.0
Age	18-34 years old*	4.6	2.9	6.2
	35-54 years old**	<0.1	-	-
	55 and over***	-	-	-
Sex	Male*	1.9	1.2	2.6
	Female**	<0.1	-	-
Race/ Ethnicity	Non-Hispanic White**	<0.1	-	-
	Non-Hispanic Black***	-	-	-
	Hispanic**	5.0	-	-
	Non-Hispanic Other***	-	-	-
Income	Less than \$35,000**	<0.1	-	-
	\$35,000-\$74,999**	<0.1	-	-
	\$75,000 and more***	-	-	-
Insurance	Insured	1.3	0.9	1.7
	Not Insured***	-	-	-
Disability	Disabled**	<0.1	-	-
	Non-disabled*	1.6	1.0	2.1
Education	High School Graduate or Less**	<0.1	-	-
	More than High School*	1.1	0.7	1.5

### Current Marijuana Use

Indicator Description: Among all adults, the proportion who reported that they currently use marijuana.

Demographics		%	95% CI	
Total		12.1	11.0	13.2
Age	18-34 years old	22.9	19.6	26.1
	35-54 years old	12.3	10.5	14.1
	55 and over	5.7	4.6	6.7
Sex	Male	15.4	13.5	17.3
	Female	9.1	7.8	10.4
Race/ Ethnicity	Non-Hispanic White	12.4	11.0	13.8
	Non-Hispanic Black	15.5	11.2	19.8
	Hispanic	10.9	8.1	13.7
	Non-Hispanic Other*	6.8	4.3	9.4
Income	Less than \$35,000	15.3	12.2	18.4
	\$35,000-\$74,999	12.4	10.0	14.9
	\$75,000 and more	12.3	10.5	14.1
Insurance	Insured	12.2	11.0	13.4
	Not Insured**	10.0	-	-
Disability	Disabled	16.0	13.3	18.7
	Non-disabled	10.9	9.7	12.1
Education	High School Graduate or Less	13.1	11.0	15.3
	More than High School	11.5	10.3	12.8

## Current Cigar Use

Indicator Description: Among all adults, the proportion who reported that they currently smoke cigars, cigarillos or little cigars every day or some days.

Demographics		%	95% CI	
Total		4.2	3.5	4.9
Age	18-34 years old*	6.9	4.9	9.0
	35-54 years old	4.6	3.5	5.8
	55 and over*	2.5	1.8	3.1
Sex	Male	7.4	6.0	8.7
	Female*	1.4	0.9	1.9
Race/ Ethnicity	Non-Hispanic White	3.9	3.1	4.8
	Non-Hispanic Black**	5.0	-	-
	Hispanic*	6.6	4.6	8.7
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000*	4.9	3.4	6.3
	\$35,000-\$74,999*	4.1	2.7	5.6
	\$75,000 and more	4.1	2.9	5.3
Insurance	Insured	4.1	3.4	4.8
	Not Insured**	5.0	-	-
Disability	Disabled	4.7	3.3	6.0
	Non-disabled	4.1	3.3	4.9
Education	High School Graduate or Less	6.3	4.7	7.8
	More than High School	3.0	2.4	3.7

## Secondhand Tobacco Smoke or Aerosol Exposure

Indicator Description: Among all adults, the proportion who reported they breathed the smoke or aerosol from someone else who was smoking or vaping a tobacco product during the past 7 days.

Demographics		%	95% CI	
Total		14.9	13.7	16.0
Age	18-34 years old	24.2	20.9	27.4
	35-54 years old	15.3	13.4	17.1
	55 and over	9.3	8.0	10.5
Sex	Male	16.8	14.9	18.6
	Female	13.1	11.6	14.7
Race/ Ethnicity	Non-Hispanic White	14.9	13.5	16.4
	Non-Hispanic Black*	10.7	7.4	13.9
	Hispanic	16.8	13.6	20.0
	Non-Hispanic Other*	13.2	8.8	17.7
Income	Less than \$35,000	16.6	13.6	19.5
	\$35,000-\$74,999	18.1	15.5	20.7
	\$75,000 and more	12.8	11.1	14.5
Insurance	Insured	14.5	13.3	15.7
	Not Insured	19.8	14.1	25.5
Disability	Disabled	21.0	18.1	23.9
	Non-disabled	12.9	11.6	14.2
Education	High School Graduate or Less	18.6	16.3	21.0
	More than High School	12.7	11.4	14.0

## Smoking Cessation Behavior

Indicator Description: Among smokers (including electronic vaping products), the proportion who reported they stopped using all tobacco products for one day or longer because they were trying to quit using tobacco for good.

Demographics		%	95% CI	
Total		38.7	34.6	42.8
Age	18-34 years old	43.3	35.3	51.2
	35-54 years old	40.1	33.4	46.7
	55 and over	30.8	25.0	36.6
Sex	Male	38.9	33.4	44.4
	Female	38.3	32.2	44.4
Race/ Ethnicity	Non-Hispanic White	39.8	34.7	44.8
	Non-Hispanic Black*	41.0	28.2	53.8
	Hispanic*	25.7	17.4	34.1
	Non-Hispanic Other**	50.0	-	-
Income	Less than \$35,000	40.9	32.7	49.2
	\$35,000-\$74,999	44.1	35.7	52.4
	\$75,000 and more	32.2	25.2	39.3
Insurance	Insured*	38.4	34.1	42.7
	Not Insured	52.6	36.5	68.8
Disability	Disabled	36.1	28.8	43.4
	Non-disabled	39.4	34.4	44.3
Education	High School Graduate or Less	37.7	31.4	44.0
	More than High School	40.0	34.7	45.3

## Routine Checkup in the past year

Indicator Description: Among adults, the proportion who reported that they did not have had a routine checkup in the past year.

Demographics		%	95% CI	
Total		77.1	75.9	78.4
Age	18-34 years old	66.4	63.1	69.7
	35-54 years old	74.1	71.9	76.2
	55 and over	86.0	84.5	87.5
Sex	Male	73.2	71.2	75.2
	Female	80.8	79.2	82.4
Race/ Ethnicity	Non-Hispanic White	78.0	76.5	79.5
	Non-Hispanic Black	81.1	76.6	85.7
	Hispanic	70.8	67.0	74.6
	Non-Hispanic Other	78.3	73.6	82.9
Income	Less than \$35,000	77.6	74.3	81.0
	\$35,000-\$74,999	76.7	73.8	79.5
	\$75,000 and more	77.7	75.7	79.6
Insurance	Insured	78.8	77.4	80.1
	Not Insured	45.5	38.6	52.4
Disability	Disabled	79.4	76.6	82.2
	Non-disabled	76.4	74.9	77.9
Education	High School Graduate or Less	77.0	74.6	79.4
	More than High School	77.2	75.7	78.7

## Flu Shot in the past year

Indicator Description: Among all adults, the proportion who reported that they had a flu shot in the past year.

Demographics		%	95% CI	
Total		50.9	49.3	52.5
Age	18-34 years old	37.1	33.6	40.6
	35-54 years old	43.2	40.6	45.8
	55 and over	65.4	63.3	67.6
Sex	Male	47.4	45.1	49.7
	Female	54.2	52.0	56.4
Race/ Ethnicity	Non-Hispanic White	57.0	55.1	58.9
	Non-Hispanic Black	39.1	33.2	45.0
	Hispanic	35.4	31.3	39.4
	Non-Hispanic Other	42.9	36.5	49.4
Income	Less than \$35,000	43.4	39.6	47.2
	\$35,000-\$74,999	47.0	43.6	50.4
	\$75,000 and more	57.0	54.6	59.4
Insurance	Insured	53.0	51.4	54.7
	Not Insured	24.7	18.6	30.9
Disability	Disabled	51.4	48.0	54.9
	Non-disabled	50.8	49.0	52.6
Education	High School Graduate or Less	42.6	39.6	45.6
	More than High School	55.7	53.9	57.5

## Flu Shot in the past year (65+)

Indicator Description: Among adults 65 and older, the proportion who reported that they had a flu shot in the past year.

Demographics		%	95% CI	
Total		71.6	68.7	74.5
Sex	Male	75.0	71.2	78.8
	Female	68.9	64.8	73.1
Race/ Ethnicity	Non-Hispanic White	73.6	70.6	76.7
	Non-Hispanic Black*	58.5	44.4	72.6
	Hispanic*	57.6	42.5	72.6
	Non-Hispanic Other**	70.0	-	-
Income	Less than \$35,000	64.6	57.6	71.5
	\$35,000-\$74,999	71.6	66.4	76.8
	\$75,000 and more	76.8	72.8	80.7
Insurance	Insured	72.9	70.2	75.6
	Not Insured***	-	-	-
Disability	Disabled	70.7	65.7	75.7
	Non-disabled	72.0	68.6	75.5
Education	High School Graduate or Less	68.4	62.7	74.1
	More than High School	73.8	70.7	76.8

## Ever Had Pneumonia Shot

Indicator Description: Among all adults, the proportion who reported that they ever had a pneumococcal vaccine.

Demographics		%	95% CI	
Total		31.6	30.1	33.1
Age	18-34 years old	19.9	16.5	23.2
	35-54 years old	11.8	10.1	13.6
	55 and over	50.8	48.5	53.1
Sex	Male	28.6	26.5	30.8
	Female	34.3	32.1	36.4
Race/ Ethnicity	Non-Hispanic White	36.7	34.8	38.5
	Non-Hispanic Black	24.0	18.5	29.5
	Hispanic	19.4	15.7	23.2
	Non-Hispanic Other	21.9	16.0	27.7
Income	Less than \$35,000	34.1	30.1	38.2
	\$35,000-\$74,999	34.2	30.9	37.4
	\$75,000 and more	27.2	25.1	29.3
Insurance	Insured	33.1	31.5	34.6
	Not Insured**	10.0	-	-
Disability	Disabled	47.2	43.6	50.8
	Non-disabled	26.5	24.9	28.0
Education	High School Graduate or Less	29.2	26.4	32.1
	More than High School	33.2	31.5	35.0

## Ever Had Pneumonia Shot (65+)

Indicator Description: Among adults 65 years old and over, the proportion who reported that they ever had a pneumococcal vaccine.

Demographics		%	95% CI	
Total		72.9	70.2	75.7
Sex	Male	71.7	67.8	75.5
	Female	73.9	70.0	77.8
Race/ Ethnicity	Non-Hispanic White	74.0	71.0	77.0
	Non-Hispanic Black*	67.5	55.2	79.9
	Hispanic**	70.0	-	-
	Non-Hispanic Other**	60.0	-	-
Income	Less than \$35,000	68.6	61.8	75.3
	\$35,000-\$74,999	76.1	71.2	81.1
	\$75,000 and more	75.3	71.2	79.4
Insurance	Insured	74.2	71.6	76.8
	Not Insured***	-	-	-
Disability	Disabled	78.3	74.3	82.4
	Non-disabled	69.6	66.0	73.2
Education	High School Graduate or Less	67.8	62.1	73.5
	More than High School	76.3	73.6	79.1

## Ever Tested for HIV

Indicator Description: Among all adults, the proportion who reported that they ever had been tested for HIV, apart from tests that were part of a blood donation.

Demographics		%	95% CI	
Total		36.9	35.4	38.4
Age	18-34 years old	39.5	36.0	43.1
	35-54 years old	52.9	50.1	55.6
	55 and over	24.7	22.8	26.6
Sex	Male	36.2	33.9	38.4
	Female	37.6	35.5	39.7
Race/ Ethnicity	Non-Hispanic White	32.4	30.6	34.2
	Non-Hispanic Black	48.7	42.5	55.0
	Hispanic	49.1	44.7	53.4
	Non-Hispanic Other	34.5	28.6	40.5
Income	Less than \$35,000	41.8	37.9	45.6
	\$35,000-\$74,999	40.2	36.8	43.6
	\$75,000 and more	38.3	35.9	40.8
Insurance	Insured	37.7	36.1	39.3
	Not Insured	36.1	29.0	43.2
Disability	Disabled	36.2	33.0	39.5
	Non-disabled	37.1	35.3	38.8
Education	High School Graduate or Less	34.8	32.0	37.7
	More than High School	38.2	36.4	40.0

## Current Asthma

Indicator Description: Among all adults, the proportion who reported that they were ever told by a doctor, nurse, or other health care professional that they had asthma, and still have it.

Demographics		%	95% CI	
Total		10.5	9.6	11.4
Age	18-34 years old	12.7	10.3	15.0
	35-54 years old	10.8	9.3	12.4
	55 and over	9.1	7.9	10.4
Sex	Male	7.7	6.5	8.9
	Female	13.1	11.7	14.5
Race/ Ethnicity	Non-Hispanic White	9.6	8.5	10.7
	Non-Hispanic Black	14.6	10.7	18.6
	Hispanic	13.6	11.0	16.1
	Non-Hispanic Other*	7.5	4.7	10.4
Income	Less than \$35,000	12.3	9.9	14.6
	\$35,000-\$74,999	11.9	9.8	14.0
	\$75,000 and more	9.3	7.9	10.8
Insurance	Insured	10.7	9.7	11.6
	Not Insured**	5.0	-	-
Disability	Disabled	16.2	13.8	18.5
	Non-disabled	9.0	7.9	10.1
Education	High School Graduate or Less	10.7	8.9	12.5
	More than High School	10.3	9.3	11.4



## Chronic Obstructive Pulmonary Diseases

Indicator Description: Among all adults, the proportion who reported ever being told by a doctor that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.

Demographics		%	95% CI	
Total		5.3	4.6	6.0
Age	18-34 years old**	<0.1	-	-
	35-54 years old*	2.5	1.7	3.3
	55 and over	9.8	8.3	11.3
Sex	Male	4.7	3.8	5.7
	Female	5.9	4.9	6.8
Race/ Ethnicity	Non-Hispanic White	6.1	5.3	6.9
	Non-Hispanic Black***	-	-	-
	Hispanic*	2.9	1.8	4.0
	Non-Hispanic Other**	<0.1	-	-
Income	Less than \$35,000	9.1	6.8	11.5
	\$35,000-\$74,999	6.1	4.7	7.5
	\$75,000 and more	2.6	1.9	3.3
Insurance	Insured	5.4	4.7	6.1
	Not Insured***	-	-	-
Disability	Disabled	13.3	11.0	15.6
	Non-disabled	3.0	2.4	3.6
Education	High School Graduate or Less	7.7	6.1	9.2
	More than High School	4.0	3.4	4.5

## Arthritis

Indicator Description: Among all adults, the proportion who reported ever being told by a doctor that they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Demographics		%	95% CI	
Total		24.6	23.4	25.8
Age	18-34 years old	5.3	3.8	6.7
	35-54 years old	16.6	14.7	18.5
	55 and over	43.1	41.0	45.3
Sex	Male	20.5	18.8	22.1
	Female	28.5	26.6	30.3
Race/ Ethnicity	Non-Hispanic White	28.6	27.1	30.2
	Non-Hispanic Black	23.3	18.4	28.1
	Hispanic	13.8	11.1	16.4
	Non-Hispanic Other	12.7	9.0	16.3
Income	Less than \$35,000	29.3	25.8	32.7
	\$35,000-\$74,999	27.5	24.8	30.3
	\$75,000 and more	21.1	19.3	22.9
Insurance	Insured	26.1	24.8	27.4
	Not Insured**	5.0	-	-
Disability	Disabled	43.4	40.1	46.7
	Non-disabled	18.9	17.7	20.2
Education	High School Graduate or Less	25.8	23.4	28.1
	More than High School	24.0	22.6	25.4

## Cardiovascular Diseases

Indicator Description: Among all adults, the proportion who reported being diagnosed with a heart attack, coronary heart disease, or stroke.

Demographics		%	95% CI	
Total		7.3	6.5	8.0
Age	18-34 years old**	<0.1	-	-
	35-54 years old	3.1	2.2	3.9
	55 and over	13.8	12.4	15.3
Sex	Male	8.0	7.0	9.0
	Female	6.6	5.6	7.7
Race/ Ethnicity	Non-Hispanic White	7.7	6.8	8.6
	Non-Hispanic Black**	5.0	-	-
	Hispanic	7.0	5.0	9.1
	Non-Hispanic Other**	5.0	-	-
Income	Less than \$35,000	11.2	8.9	13.5
	\$35,000-\$74,999	7.9	6.2	9.5
	\$75,000 and more	4.0	3.2	4.7
Insurance	Insured	7.6	6.8	8.4
	Not Insured**	5.0	-	-
Disability	Disabled	17.2	14.8	19.6
	Non-disabled	4.0	3.4	4.6
Education	High School Graduate or Less	9.3	7.8	10.8
	More than High School	6.1	5.4	6.9

## Diabetes

Indicator Description: Among all adults, the proportion who reported that they were ever told by a doctor that they had diabetes.

Demographics		%	95% CI	
Total		10.8	9.9	11.8
Age	18-34 years old**	<0.1	-	-
	35-54 years old	7.9	6.3	9.4
	55 and over	18.8	16.9	20.6
Sex	Male	11.9	10.4	13.3
	Female	9.9	8.6	11.1
Race/ Ethnicity	Non-Hispanic White	10.2	9.2	11.3
	Non-Hispanic Black	16.2	11.9	20.6
	Hispanic	9.6	7.4	11.8
	Non-Hispanic Other*	11.8	7.6	16.0
Income	Less than \$35,000	16.6	13.7	19.4
	\$35,000-\$74,999	11.9	9.6	14.1
	\$75,000 and more	7.6	6.3	8.8
Insurance	Insured	11.1	10.1	12.1
	Not Insured**	5.0	-	-
Disability	Disabled	19.1	16.5	21.7
	Non-disabled	8.1	7.1	9.0
Education	High School Graduate or Less	14.5	12.5	16.6
	More than High School	8.7	7.8	9.6

## Kidney Diseases

Indicator Description: Among all adults, the proportion who reported ever being told by a doctor that they had kidney disease.

Demographics		%	95% CI	
Total		2.4	2.0	2.8
Age	18-34 years old***	-	-	-
	35-54 years old*	1.5	0.9	2.0
	55 and over	3.8	3.0	4.5
Sex	Male	2.1	1.6	2.6
	Female	2.6	2.0	3.3
Race/ Ethnicity	Non-Hispanic White	2.6	2.1	3.1
	Non-Hispanic Black***	-	-	-
	Hispanic**	5.0	-	-
	Non-Hispanic Other***	-	-	-
Income	Less than \$35,000*	3.9	2.5	5.3
	\$35,000-\$74,999*	2.2	1.5	2.9
	\$75,000 and more*	1.8	1.2	2.3
Insurance	Insured	2.3	1.9	2.8
	Not Insured***	-	-	-
Disability	Disabled	5.5	4.1	6.9
	Non-disabled	1.5	1.1	1.8
Education	High School Graduate or Less	2.7	1.9	3.4
	More than High School	2.2	1.7	2.7

## Depression

Indicator Description: Among all adults, the proportion who reported ever being told by a doctor that they had a depressive disorder including depression, major/minor depression, or dysthymia.

Demographics		%	95% CI	
Total		18.0	16.8	19.1
Age	18-34 years old	25.5	22.5	28.6
	35-54 years old	16.6	14.8	18.3
	55 and over	14.7	13.3	16.1
Sex	Male	13.5	12.0	15.0
	Female	22.2	20.4	23.9
Race/ Ethnicity	Non-Hispanic White	19.9	18.4	21.4
	Non-Hispanic Black	11.7	8.4	15.0
	Hispanic	17.7	14.8	20.6
	Non-Hispanic Other*	10.2	7.1	13.3
Income	Less than \$35,000	24.3	21.1	27.6
	\$35,000-\$74,999	21.0	18.4	23.5
	\$75,000 and more	16.2	14.4	18.1
Insurance	Insured	18.7	17.4	19.9
	Not Insured*	12.2	7.9	16.5
Disability	Disabled	35.6	32.5	38.8
	Non-disabled	12.8	11.7	14.0
Education	High School Graduate or Less	18.1	16.0	20.3
	More than High School	18.0	16.6	19.3

## High Blood Pressure

Indicator Description: Among all adults, the proportion who ever been told having high blood pressure.

Demographics		%	95% CI	
Total		31.6	30.2	33.0
Age	18-34 years old	10.3	8.2	12.4
	35-54 years old	23.6	21.4	25.9
	55 and over	51.6	49.4	53.7
Sex	Male	34.2	32.2	36.3
	Female	29.1	27.2	31.0
Race/ Ethnicity	Non-Hispanic White	33.4	31.7	35.0
	Non-Hispanic Black	41.9	36.3	47.5
	Hispanic	22.6	19.2	25.9
	Non-Hispanic Other	21.6	16.6	26.6
Income	Less than \$35,000	38.1	34.4	41.7
	\$35,000-\$74,999	32.1	29.1	35.2
	\$75,000 and more	28.6	26.6	30.7
Insurance	Insured	33.4	32.0	34.9
	Not Insured*	15.0	10.4	19.6
Disability	Disabled	44.6	41.3	47.9
	Non-disabled	27.2	25.7	28.7
Education	High School Graduate or Less	34.5	31.8	37.2
	More than High School	29.9	28.4	31.5

## Take Medicine for High Blood Pressure

Indicator Description: Among adults with high blood pressure, the proportion who currently take prescription medicine for their high blood pressure.

Demographics		%	95% CI	
Total		80.1	78.0	82.1
Age	18-34 years old*	31.7	21.4	41.9
	35-54 years old	67.2	62.3	72.2
	55 and over	90.6	89.0	92.2
Sex	Male	76.7	73.6	79.7
	Female	83.8	81.0	86.6
Race/ Ethnicity	Non-Hispanic White	81.6	79.3	83.9
	Non-Hispanic Black*	83.9	77.6	90.1
	Hispanic	70.0	62.4	77.5
	Non-Hispanic Other**	75.0	-	-
Income	Less than \$35,000	81.2	76.7	85.7
	\$35,000-\$74,999	78.0	73.1	83.0
	\$75,000 and more	79.0	75.5	82.5
Insurance	Insured	80.8	78.7	82.9
	Not Insured*	48.2	31.8	64.7
Disability	Disabled	82.6	79.1	86.0
	Non-disabled	79.0	76.3	81.7
Education	High School Graduate or Less	81.3	77.8	84.8
	More than High School	79.4	76.8	81.9

## High Blood Cholesterol

Indicator Description: Among all adults, the proportion who had ever been told they have having high blood cholesterol.

Demographics		%	95% CI	
Total		34.9	33.4	36.4
Age	18-34 years old	17.0	13.8	20.1
	35-54 years old	29.8	27.3	32.3
	55 and over	46.8	44.6	49.0
Sex	Male	36.9	34.7	39.0
	Female	33.1	31.0	35.1
Race/ Ethnicity	Non-Hispanic White	37.2	35.5	39.0
	Non-Hispanic Black	33.7	28.0	39.4
	Hispanic	28.1	24.2	32.0
	Non-Hispanic Other	30.1	24.3	36.0
Income	Less than \$35,000	35.9	32.1	39.7
	\$35,000-\$74,999	37.0	33.7	40.4
	\$75,000 and more	33.9	31.7	36.1
Insurance	Insured	35.7	34.2	37.2
	Not Insured	25.6	18.5	32.8
Disability	Disabled	43.9	40.4	47.4
	Non-disabled	31.8	30.2	33.5
Education	High School Graduate or Less	35.3	32.4	38.3
	More than High School	34.7	33.1	36.4

## Take Medicine for High Blood Cholesterol

Indicator Description: Among adults with high blood cholesterol, the proportion who currently take prescription medicine for their high blood cholesterol.

Demographics		%	95% CI	
Total		25.8	24.5	27.2
Age	18-34 years old**	5.0	-	-
	35-54 years old	12.6	10.7	14.5
	55 and over	45.9	43.7	48.1
Sex	Male	28.3	26.3	30.2
	Female	23.7	21.8	25.5
Race/ Ethnicity	Non-Hispanic White	28.5	26.9	30.1
	Non-Hispanic Black	27.6	22.2	33.0
	Hispanic	16.0	12.9	19.1
	Non-Hispanic Other	19.8	14.4	25.1
Income	Less than \$35,000	29.3	25.8	32.9
	\$35,000-\$74,999	27.6	24.5	30.6
	\$75,000 and more	21.7	19.9	23.6
Insurance	Insured	26.8	25.4	28.2
	Not Insured**	10.0	-	-
Disability	Disabled	39.0	35.6	42.4
	Non-disabled	21.2	19.8	22.6
Education	High School Graduate or Less	29.2	26.5	32.0
	More than High School	24.1	22.7	25.5

## Caregiver

Indicator Description: Among all adults, the proportion who reported provide regular care or assistance to a friend or family member who has a health problem or disability in the past 30 days.

Demographics		%	95% CI	
Total		20.4	19.1	21.7
Age	18-34 years old	15.5	12.9	18.2
	35-54 years old	21.4	19.0	23.7
	55 and over	22.6	20.8	24.5
Sex	Male	17.4	15.6	19.2
	Female	23.1	21.3	24.9
Race/ Ethnicity	Non-Hispanic White	22.0	20.4	23.6
	Non-Hispanic Black	19.4	14.8	24.0
	Hispanic	16.6	13.5	19.7
	Non-Hispanic Other*	12.6	8.7	16.6
Income	Less than \$35,000	20.5	17.4	23.6
	\$35,000-\$74,999	25.2	22.2	28.2
	\$75,000 and more	18.8	16.9	20.7
Insurance	Insured	21.0	19.6	22.3
	Not Insured	10.0	5.8	14.2
Disability	Disabled	24.9	21.9	27.9
	Non-disabled	18.8	17.5	20.2
Education	High School Graduate or Less	19.5	17.1	21.9
	More than High School	20.8	19.3	22.2

## Prescription Drug Safe Storage

Indicator Description: Among all adults, the proportion who reported their opioid-based pain relievers in their home are safely stored away from others who may use them for recreational or other non-medical purposes.

Demographics		%	95% CI	
Total		32.7	31.1	34.4
Age	18-34 years old	37.8	33.9	41.8
	35-54 years old	33.3	30.6	36.1
	55 and over	29.3	27.1	31.5
Sex	Male	32.2	29.8	34.6
	Female	33.2	31.0	35.4
Race/ Ethnicity	Non-Hispanic White	29.1	27.2	30.9
	Non-Hispanic Black	41.2	34.6	47.7
	Hispanic	45.9	41.2	50.6
	Non-Hispanic Other	31.1	24.6	37.6
Income	Less than \$35,000	43.7	39.4	48.0
	\$35,000-\$74,999	37.9	34.4	41.4
	\$75,000 and more	25.9	23.6	28.3
Insurance	Insured	31.6	30.0	33.2
	Not Insured	46.4	38.0	54.7
Disability	Disabled	38.6	35.0	42.2
	Non-disabled	30.8	28.9	32.6
Education	High School Graduate or Less	41.2	37.9	44.4
	More than High School	28.2	26.4	29.9

## Prescription Drug Safe Disposal

Indicator Description: Among all adults, the proportion who reported they are aware of how to safely dispose of their prescription opioid-based pain relievers when they are finished.

Demographics		%	95% CI	
Total		77.1	75.7	78.6
Age	18-34 years old	68.9	65.2	72.6
	35-54 years old	80.5	78.2	82.8
	55 and over	80.0	78.1	81.8
Sex	Male	75.4	73.3	77.6
	Female	78.7	76.7	80.6
Race/ Ethnicity	Non-Hispanic White	80.1	78.5	81.8
	Non-Hispanic Black	71.8	65.9	77.8
	Hispanic	72.6	68.5	76.8
	Non-Hispanic Other	65.6	58.4	72.8
Income	Less than \$35,000	77.7	74.4	81.0
	\$35,000-\$74,999	78.5	75.3	81.6
	\$75,000 and more	77.7	75.5	80.0
Insurance	Insured	77.8	76.3	79.3
	Not Insured	69.5	62.1	76.9
Disability	Disabled	79.9	77.1	82.8
	Non-disabled	76.2	74.5	77.9
Education	High School Graduate or Less	76.1	73.3	78.9
	More than High School	77.8	76.1	79.4

## Overweight (5-17 years old)

Indicator Description: Among children aged 5-17 years old, the proportion of children whose BMI was between the 85<sup>th</sup> and 95<sup>th</sup> percentile for children of the same age and sex.

Demographics		%	95% CI	
Total		16.5	12.8	20.3
Age	5-11 years old*	16.1	10.8	21.4
	12-17 years old*	17.0	11.8	22.2
Sex	Male	19.6	14.1	25.1
	Female*	13.2	8.3	18.2
Race/ Ethnicity	Non-Hispanic White	15.2	11.1	19.3
	Non-Hispanic Black***	-	-	-
	Hispanic*	23.5	14.4	32.5
	Non-Hispanic Other***	-	-	-
Household Income	Less than \$35,000**	20.0	-	-
	\$35,000-\$74,999**	25.0	-	-
	\$75,000 and more*	13.0	8.7	17.2
Caregiver's Insurance	Insured	16.2	12.4	20.0
	Not Insured***	-	-	-
Caregiver's Education	High School Graduate or Less*	18.5	11.6	25.3
	More than High School	16.3	12.0	20.7

### Obese (5-17 years old)

Indicator Description: Among children aged 5-17 years old, the proportion of children whose BMI was above the 95<sup>th</sup> percentile for children of the same age and sex.

Demographics		%	95% CI	
Total		15.6	11.5	19.7
Age	5-11 years old*	21.7	14.7	28.8
	12-17 years old**	10.0	-	-
Sex	Male*	16.9	10.6	23.2
	Female*	14.2	9.3	19.1
Race/ Ethnicity	Non-Hispanic White*	8.1	5.3	10.9
	Non-Hispanic Black**	35.0	-	-
	Hispanic*	23.1	14.2	32.1
	Non-Hispanic Other**	15.0	-	-
Household Income	Less than \$35,000**	25.0	-	-
	\$35,000-\$74,999**	20.0	-	-
	\$75,000 and more*	10.2	6.7	13.8
Caregiver's Insurance	Insured	15.2	11.1	19.3
	Not Insured***	-	-	-
Caregiver's Education	High School Graduate or Less*	22.8	14.1	31.5
	More than High School*	12.9	8.8	16.9

### Ever Breastfed

Indicator Description: Among all children, the proportion of children ever breastfed or given pumped breast milk, even for a short period of time.

Demographics		%	95% CI	
Total		79.9	76.6	83.1
Age	0-4 years old*	79.0	71.7	86.3
	5-11 years old	79.2	73.1	85.3
	12-17 years old	80.0	75.7	84.3
Sex	Male	77.9	73.1	82.6
	Female	81.5	77.0	86.0
Race/ Ethnicity	Non-Hispanic White	83.1	78.7	87.5
	Non-Hispanic Black**	70.0	-	-
	Hispanic	74.1	66.8	81.4
	Non-Hispanic Other**	85.0	-	-
Household Income	Less than \$35,000	68.9	59.7	78.0
	\$35,000-\$74,999*	79.5	72.1	87.0
	\$75,000 and more	83.6	79.4	87.9
Caregiver's Insurance	Insured	79.9	76.5	83.3
	Not Insured***	-	-	-
Caregiver's Education	High School Graduate or Less	70.2	62.6	77.8
	More than High School	83.5	80.2	86.7



### Excessive Screen Time

Indicator Description: Among children aged 2-17 years old, the proportion of children who had screen time more than 2 hours daily.

Demographics		%	95% CI	
Total		68.6	64.8	72.5
Age	2-4 years old	46.8	35.9	57.6
	5-11 years old	65.6	59.5	71.7
	12-17 years old	84.7	80.5	88.8
Sex	Male	72.9	67.8	78.1
	Female	64.8	59.2	70.4
Race/ Ethnicity	Non-Hispanic White	69.0	64.1	73.9
	Non-Hispanic Black***	-	-	-
	Hispanic	64.1	55.8	72.4
	Non-Hispanic Other*	66.6	55.5	77.6
Household Income	Less than \$35,000*	70.9	61.8	80.1
	\$35,000-\$74,999*	82.7	76.7	88.7
	\$75,000 and more	65.6	60.4	70.8
Caregiver's Insurance	Insured	69.0	65.1	73.0
	Not Insured**	55.0	-	-
Caregiver's Education	High School Graduate or Less	66.8	58.4	75.2
	More than High School	68.8	64.5	73.1

### Soda Consumption

Indicator Description: Among children aged 2-17 years old, the proportion of children who drank soda or sugary drinks at least once daily.

Demographics		%	95% CI	
Total		24.8	21.0	28.6
Age	2-4 years old***	-	-	-
	5-11 years old	23.1	17.3	28.9
	12-17 years old	34.8	28.6	40.9
Sex	Male	25.5	19.7	31.2
	Female	24.4	19.4	29.4
Race/ Ethnicity	Non-Hispanic White	21.3	16.9	25.6
	Non-Hispanic Black**	35.0	-	-
	Hispanic	31.5	23.1	39.9
	Non-Hispanic Other**	20.0	-	-
Household Income	Less than \$35,000	40.4	29.8	51.1
	\$35,000-\$74,999*	26.0	17.5	34.6
	\$75,000 and more	19.9	15.3	24.5
Caregiver's Insurance	Insured	24.2	20.3	28.2
	Not Insured**	40.0	-	-
Caregiver's Education	High School Graduate or Less	36.3	27.6	44.9
	More than High School	20.8	16.9	24.8

## Fast Food Consumption

Indicator Description: Among children aged 2-17 years old, the proportion of children who ate fast food at least twice weekly.

Demographics		%	95% CI	
Total		38.0	33.9	42.1
Age	2-4 years old*	26.0	17.1	34.9
	5-11 years old	36.2	29.2	43.2
	12-17 years old	47.2	41.1	53.2
Sex	Male	38.5	32.8	44.2
	Female	37.7	31.7	43.7
Race/ Ethnicity	Non-Hispanic White	37.9	32.5	43.2
	Non-Hispanic Black*	45.0	28.7	61.4
	Hispanic	39.6	31.2	48.1
	Non-Hispanic Other*	30.7	19.1	42.4
Household Income	Less than \$35,000	38.5	28.5	48.5
	\$35,000-\$74,999	38.9	29.1	48.8
	\$75,000 and more	39.0	33.5	44.4
Caregiver's Insurance	Insured	38.4	34.1	42.7
	Not Insured**	30.0	-	-
Caregiver's Education	High School Graduate or Less	36.5	28.5	44.6
	More than High School	37.7	33.1	42.4

## Dentist Visit in the past year

Indicator Description: Among all children, the proportion of children who visited a dentist in the past year.

Demographics		%	95% CI	
Total		82.1	79.1	85.1
Age	0-4 years old	55.7	47.5	63.9
	5-11 years old**	90.0	-	-
	12-17 years old*	92.5	90.0	94.9
Sex	Male	80.2	75.4	84.9
	Female	83.9	80.4	87.5
Race/ Ethnicity	Non-Hispanic White	82.3	78.2	86.5
	Non-Hispanic Black***	-	-	-
	Hispanic*	83.5	77.4	89.6
	Non-Hispanic Other*	75.1	66.6	83.7
Household Income	Less than \$35,000*	77.4	68.8	86.0
	\$35,000-\$74,999*	84.9	79.5	90.3
	\$75,000 and more	82.3	78.1	86.5
Caregiver's Insurance	Insured	82.8	79.7	85.9
	Not Insured**	70.0	-	-
Caregiver's Education	High School Graduate or Less*	80.8	74.5	87.0
	More than High School	82.4	79.0	85.8

## Dental Sealants

Indicator Description: Among children aged 5-17 years old, the proportion of children who ever received dental sealants on their permanent teeth.

Demographics		%	95% CI	
Total		43.3	38.4	48.1
Age	5-11 years old	32.6	25.8	39.5
	12-17 years old	56.3	50.0	62.7
Sex	Male	43.7	36.6	50.7
	Female	42.8	36.2	49.4
Race/ Ethnicity	Non-Hispanic White	51.5	45.6	57.4
	Non-Hispanic Black**	30.0	-	-
	Hispanic	31.8	23.2	40.4
	Non-Hispanic Other*	48.2	33.6	62.9
Household Income	Less than \$35,000	39.1	28.2	50.1
	\$35,000-\$74,999	41.5	30.5	52.4
	\$75,000 and more	45.5	38.8	52.2
Caregiver's Insurance	Insured	43.5	38.5	48.4
	Not Insured**	45.0	-	-
Caregiver's Education	High School Graduate or Less	37.0	28.0	45.9
	More than High School	45.7	40.1	51.3

## Dental Decay in the past year

Indicator Description: Among all children, the proportion of children told they had dental decay in the past 12 months.

Demographics		%	95% CI	
Total		17.3	14.2	20.3
Age	0-4 years old***	-	-	-
	5-11 years old	19.1	14.3	23.9
	12-17 years old	15.7	11.2	20.2
Sex	Male	21.4	16.6	26.1
	Female	13.4	9.5	17.2
Race/ Ethnicity	Non-Hispanic White	16.3	12.9	19.6
	Non-Hispanic Black***	-	-	-
	Hispanic*	23.5	15.6	31.3
	Non-Hispanic Other**	20.0	-	-
Household Income	Less than \$35,000*	26.4	16.6	36.3
	\$35,000-\$74,999*	21.6	13.7	29.5
	\$75,000 and more	14.5	10.7	18.4
Caregiver's Insurance	Insured	17.1	13.9	20.3
	Not Insured***	-	-	-
Caregiver's Education	High School Graduate or Less*	23.6	15.6	31.6
	More than High School	15.7	12.5	18.8

## Current Asthma

Indicator Description: Among all children, the proportion of children ever diagnosed with asthma and still have it.

Demographics		%	95% CI	
Total		8.9	6.7	11.2
Age	0-4 years old***	-	-	-
	5-11 years old**	10.0	-	-
	12-17 years old*	13.1	8.3	17.9
Sex	Male*	10.2	6.5	14.0
	Female*	7.8	5.3	10.4
Race/ Ethnicity	Non-Hispanic White**	5.0	-	-
	Non-Hispanic Black***	-	-	-
	Hispanic**	15.0	-	-
	Non-Hispanic Other***	-	-	-
Household Income	Less than \$35,000**	15.0	-	-
	\$35,000-\$74,999**	10.0	-	-
	\$75,000 and more*	5.7	3.5	7.8
Caregiver's Insurance	Insured	9.0	6.6	11.4
	Not Insured***	-	-	-
Caregiver's Education	High School Graduate or Less**	10.0	-	-
	More than High School*	7.9	5.6	10.3

'\*' estimates have a CV between 15% and 20%;

'\*\*' estimates have a CV between 20.1% and 30%;

'-' estimates were suppressed because of limited validity (CV>30%).