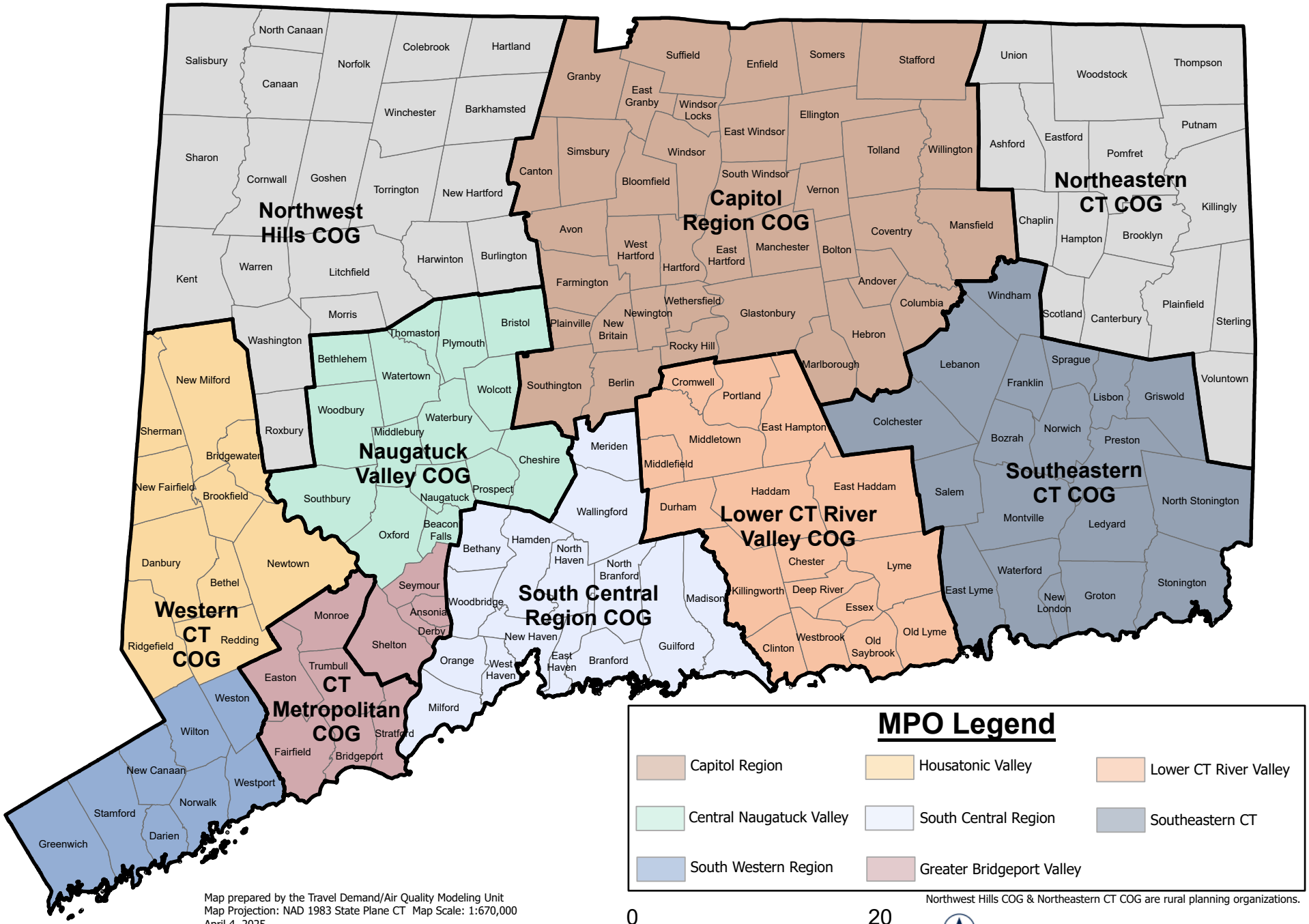
Councils of Governments & Metropolitan Planning Organizations



MPO Legend

- Capitol Region
- Housatonic Valley
- Lower CT River Valley
- Central Naugatuck Valley
- South Central Region
- Southeastern CT
- South Western Region
- Greater Bridgeport Valley

Northwest Hills COG & Northeastern CT COG are rural planning organizations.

Map prepared by the Travel Demand/Air Quality Modeling Unit
Map Projection: NAD 1983 State Plane CT Map Scale: 1:670,000
April 4, 2025

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