



Connecticut Department of Transportation Bureau of Policy & Planning Performance Management Unit

PM3 2022 Target Setting Activities

April 5th, 2023





- Target Setting Approach and Methodology
 - Variables for target setting
 - Philosophy
 - Actual performance vs targets (2018 2021, shown with each measure)
- Statewide Performance Measures
 - Congestion Mitigation and Air Quality (CMAQ)
 - System Reliability (Person-miles traveled that are reliable)
 - Interstate
 - Non-interstate NHS
 - Freight Movement (Truck Travel Time Reliability Index)
 - Interstate
- Congestion Performance Measures
 - Overview of Connecticut's six Urbanized Areas (UZAs)
 - Peak Hour Excessive Delay (PHED)
 - Non-Single Occupancy Vehicle (Non-SOV) Percentage

Target Setting Approach and Methodology

Photo Credit: CTDOT

Variables for target setting Philosophy



Variables for Target Setting



Variable	Metric Impacted	Current Trend	Why?		
COVID- 19: Telework/commuting; general travel patterns	Vehicle Miles Traveled (VMT)	Decrease 👢	COVID-19 created new traveling patterns for		
	Peak Hour Excessive Delay (PHED)	Decrease 👢	people. Work commutes vary in time and day. Telework reduces VMT, and PHED. Non-SOV decreases (less carpooling). Leisure travel is increasing, which will increase VMT and PHED. However, trends can change based on the COVID- 19 infection rates.		
	Travel Time Reliability (TTR- interstates & non-interstates) Truck Travel Time Reliability (TTTR) Non-SOV Measure	Increase Increase Increase			
	Vehicle Miles Traveled (VMT)	Increase 🛖	Connecticut vehicle registrations are increasing in the upcoming years. COVID-19 did not impact vehicle registration in 2020 and 2021. As a result of		
Vehicle Registrations	Peak Hour Excessive Delay (PHED)	Increase 🛖			
	Non-Single Occupancy Vehicle (Non-SOV)	Decrease 👢	more vehicles registered, VMT and PHED will increase. Non-SOV would decrease from less carpooling as people would drive their vehicles.		
Weather	Travel Time Reliability (TTR- interstates & non-interstates)	Decrease 🕂	Weather in Connecticut varies by year. Relating to snow events, the state could experience mild to busy seasons (based on number of snow events).		
	Truck Travel Time Reliability (TTTR)	Decrease 🖶			
Gas Prices	Vehicle Miles Traveled (VMT)	Decrease 🖶	Gas prices influence how people utilize their vehicles. Currently, VMT & PHED would increase as gas prices are declining. Non-SOV would decrease (less carpooling).		
	Peak Hour Excessive Delay (PHED)	Decrease 棏			
	Non-SOV Measure	Increase 🛖			



Philosophy

- Be conservative- set targets that are achievable.
- Account for factors that influence performance by adjusting overall target.
 - Even if not explicitly in the model.
- Omit 2020 and 2021 from trends analysis.
- More of a forecast than a target.
 - Besides the CMAQ program, congestion and system reliability do not have comprehensive, performance-based programs targeting the measures specifically.

Statewide Performance Measures

Congestion Mitigation and Air Quality (CMAQ)

Travel Time Reliability for interstate and non-interstate

Photo Credit: CTDOT

Truck Travel Time Reliability



Congestion Mitigation & Air Quality (CMAQ)

Overview of the two & four-year targets





What is CMAQ?

- CMAQ is a Congestion Mitigation & Air Quality improvement program.
- We measure three air quality measures for emissions reduction:
 - VOC
 - Nox
 - PM2.5
- Emissions reduction is cumulative.
 - Ability to achieve continual reductions is possible, as long improvement projects are in place.

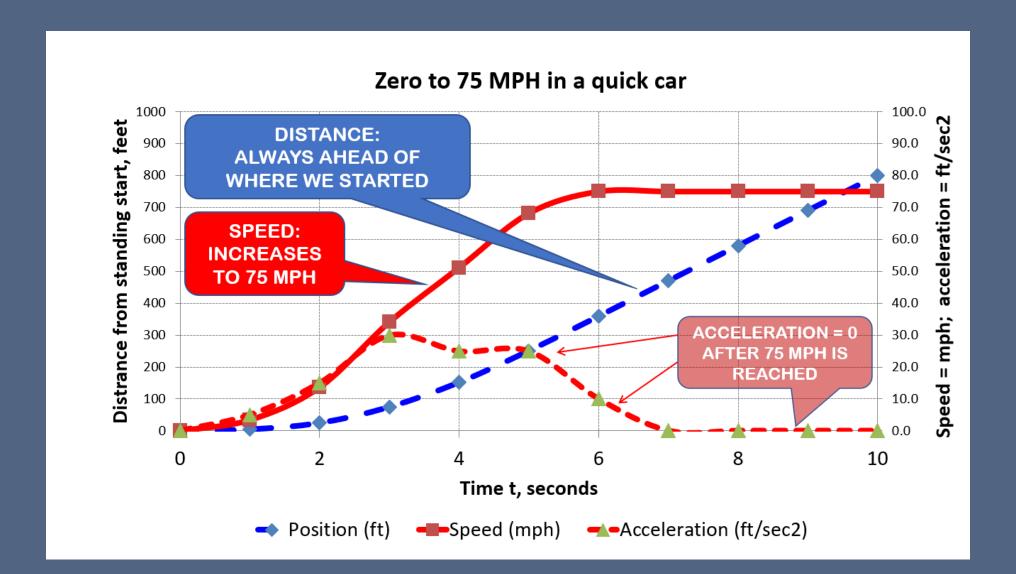


Emissions Reduction

- Emissions (kg):
 - If emissions are reduced in a project, there will be a lower quantity of pollutants in the project. (x)
- Emission reduction (kg/day):
 - Each day the project is in place, then emissions are lower by x number of kilograms of pollutants. (dx/dt)
- Rate of change emission reduction (kg/day/time):
 - The measure for CMAQ. A positive number signifies CTDOT is reducing pollutants faster than in a previous period. (d2x/dt2)



CMAQ Analogy



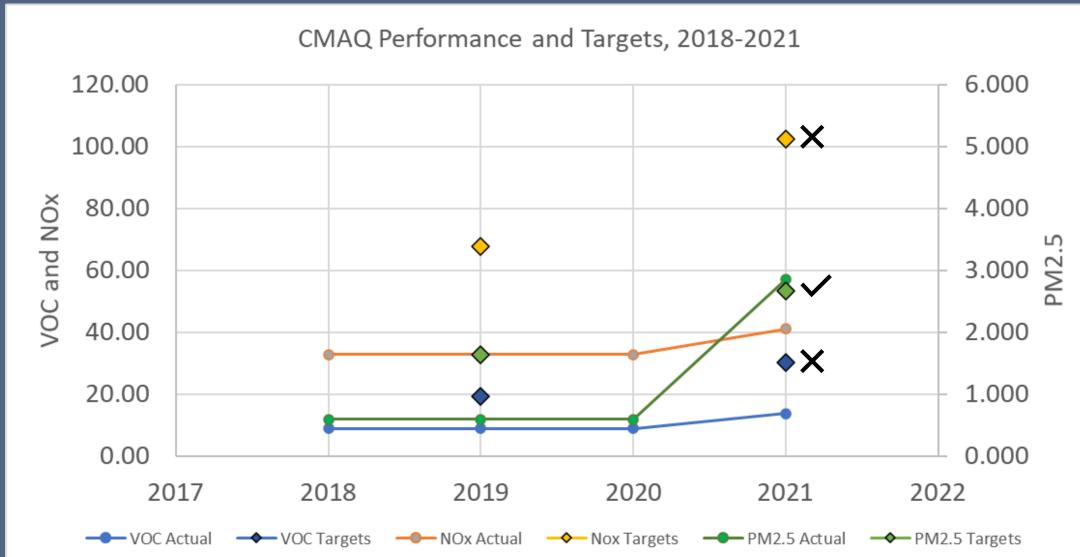


CMAQ Performance and Target Setting

- CMAQ program has emphasized project with qualitative benefits only, plus periodic large projects since 2016.
- Target setting consists of including CMAQ projects that are scheduled to be obligated within the performance period.
- 2018-2021: Met PM2.5 4-year adjusted target, missed NOx and VOC targets.
 - One project that was expected to be obligated was not ("New Haven various signal improvements").
- For next performance period, including projects that we are certain are taking place (2022).
 - Waterbury Rail Service Expansion.
 - Once new projects are obligated, they will be added at the two-year mark and targets will be adjusted.

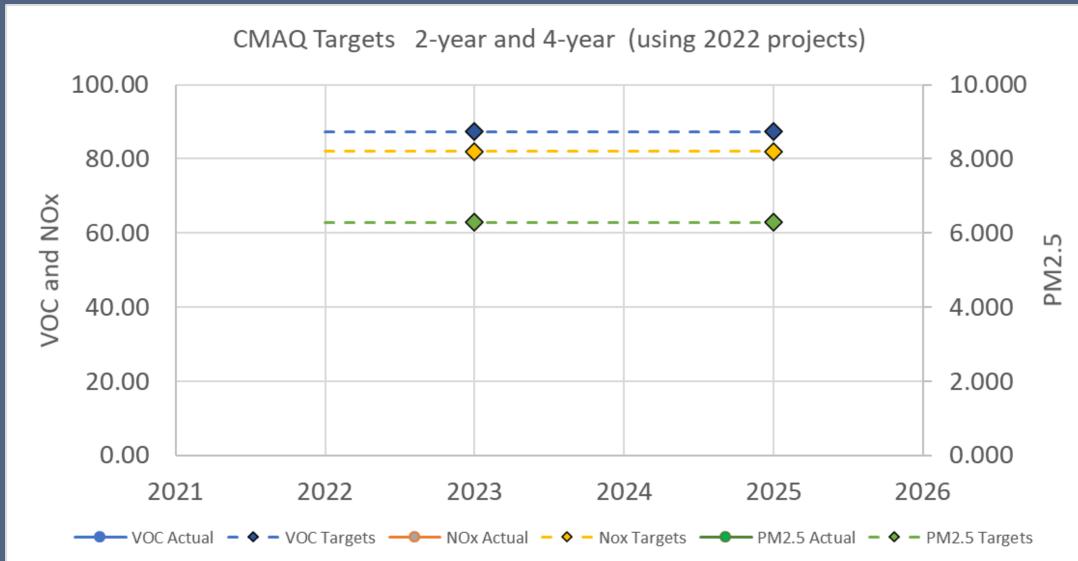


CMAQ Performance 2018-2021





CMAQ Targets (2023, 2025)

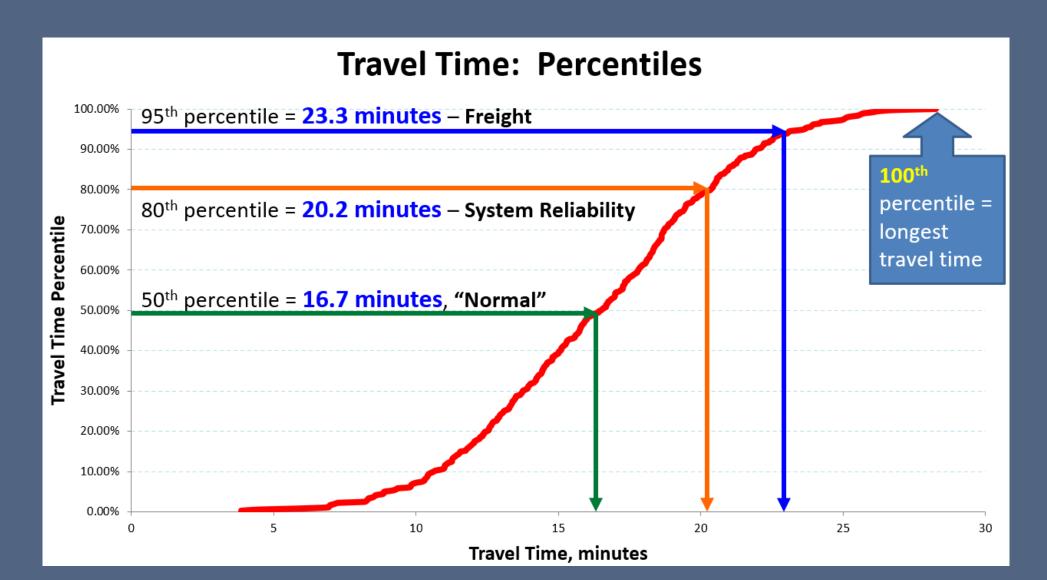




Overview of the two & four-year targets



Level of Travel Time Reliability



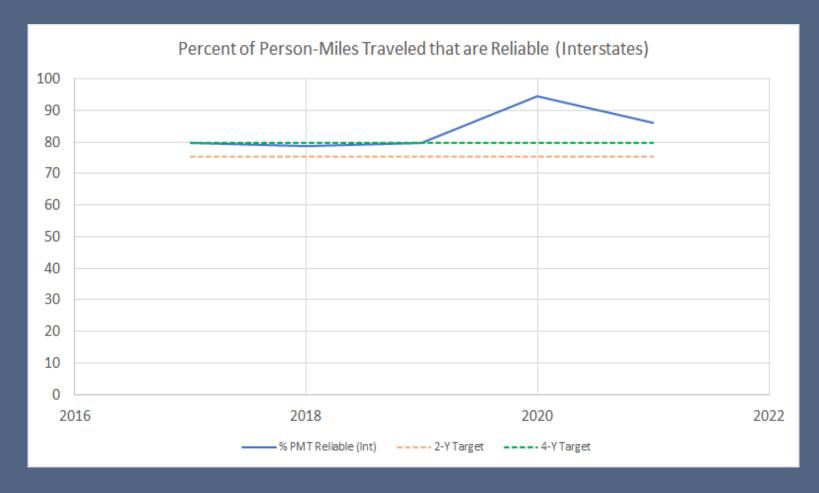


What is Travel Time Reliability?

- Travel Time Reliability (TTR) measures the extent of unexpected delays for drivers on interstates and non-interstates.
- The level of TTR as follows:
 - Median travel time: 50th percentile.
 - Longest travel time: 100th percentile.
 - The 80th percentile travel time: worse (longer) than 80% of travelers.
- Level of Travel Time Reliability (LOTTR) equation: 80th percentile / 50th percentile
 - A reliable LOTTR: 80th / 50th percentile travel time is less than 1.5.
- Data is collected in 15-minute segments from 6am 8pm on NPMRDS.

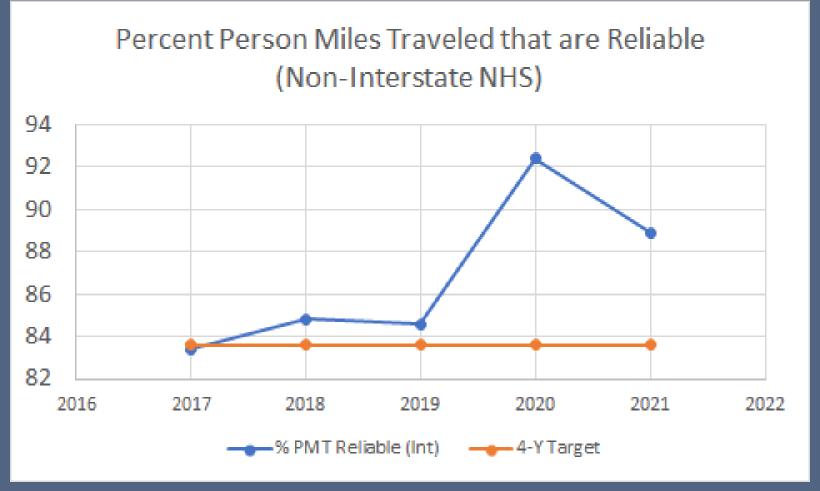








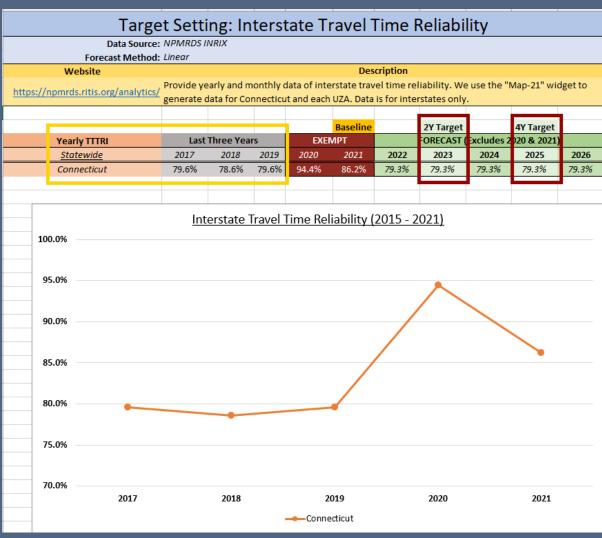




Travel Time Reliability Forecast (Interstates)

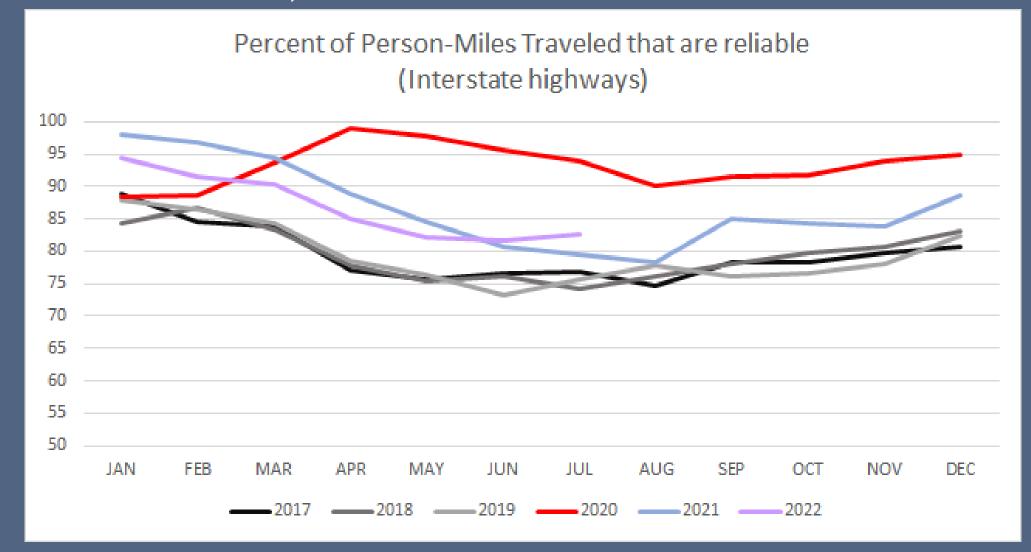
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- Measure: "Percent of Person-Miles Traveled that are Reliable"
 - Higher is better
- The calculated targets exclude 2020 and 2021.
 - Forecast identifies no increase (flat) to travel time reliability interstates.



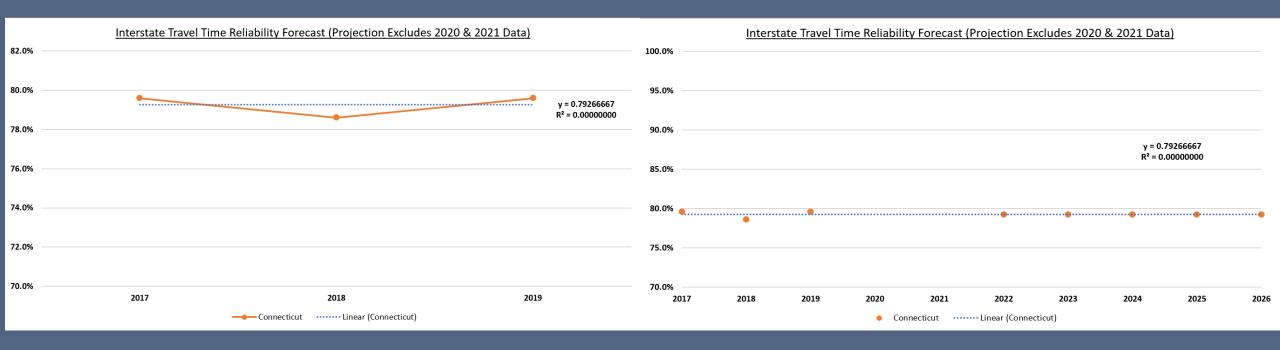
Travel Time Reliability Monthly Trends (Interstates)





Travel Time Reliability Forecast Model (Interstates)







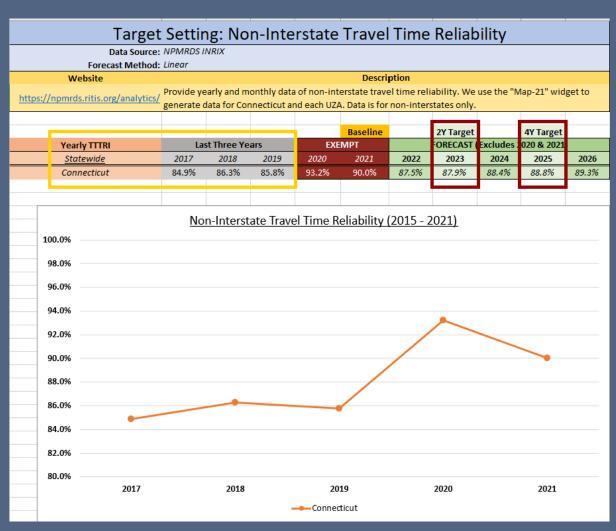


Interstate Travel Time Reliability									
Forecast Method:	od: Linear Data Source: NPMRDS								
					Baseline				
Yearly PHED	Last Three Years Exe			empt	2-Year Target	4-Year Target			
Statewide	2017	2018	2019	2020	2021	2023	2025	Reason for Recommended Targets	
	79.6%	78.6%	79.6%	94.4%	86.2%	79.3%		We propose to select a number on the low range of the observed trends prior to COVID-	
Connecticut			Recom	nmended T	argets	78.6%	78.6%	19. The p-value in the regression is 0.95, which signifies low confidence in the equal The coefficient is 0.7, which correlates to the low confidence in the value. PHED and VMT will be increasing in the trends, as this should follow suit as well.	

Travel Time Reliability Forecast (Non-Interstates)

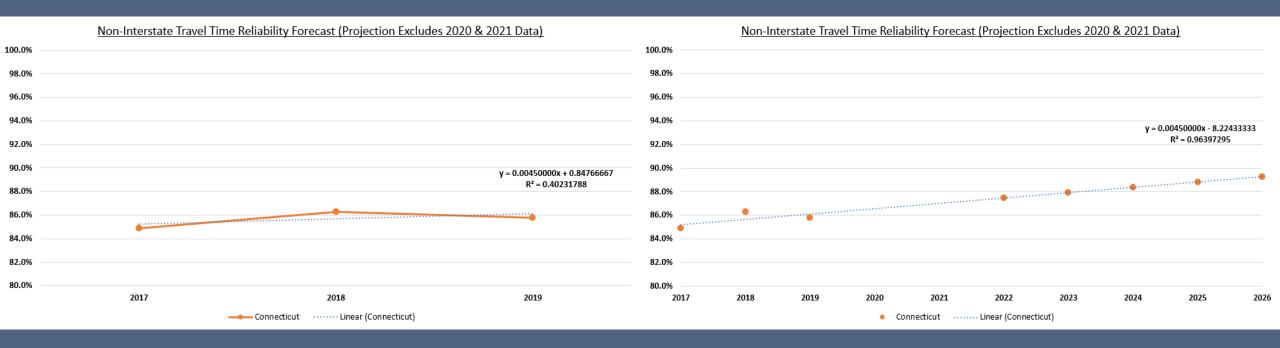


- Measure: "Percent of Person-Miles Traveled that are Reliable"
 - Higher is better
- The calculated targets exclude 2020 and 2021.
 - Forecast identifies a gradual increase to TTR non-interstates.



Travel Time Reliability Forecast Model (Non-Interstates)









Non-Interstate Travel Time Reliability									
Forecast Method:	Forecast Method: Linear Data Source: N			NPMRDS					
	Baseline								
Yearly PHED	Last Three Years			Exe	empt	2-Year Target	4-Year Target		
Statewide	2017	2018	2019	2020	2021	2023	2025	Reason for Recommended Targets	
	84.9%	86.3%	85.8%	93.2%	90.0%	87.9%		We propose to select a number on the low range of the observed trends prior to COVID-	
Connecticut			Recom	nmended To	argets	84.9%		 The linear regression has a low confidence projection (p-value is 0.59). Commuting trends will show increase to VMT and PHED. As a result, TTR should reflect that. 	

Truck Travel Time Reliability (TTTR)

Overview of the two & four-year targets

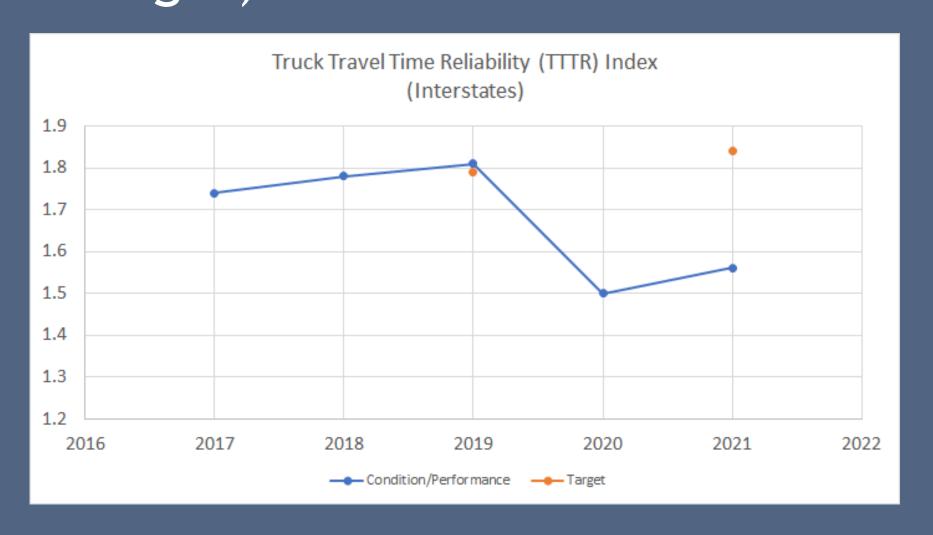




What is Truck Travel Time Reliability?

- Truck Travel Time Reliability (TTTR) index is the measure of travel time reliability on the interstate system.
- The measure focuses on freight movement through five periods:
 - Weekday
 - AM Peak (6am 10am)
 - Midday (10am 4pm)
 - PM Peak (4pm 8pm)
 - Weekend
 - Day (6am 8pm)
 - Overnight (8pm 6am)
- Truck Travel Time Reliability (TTTR) index is a <u>ratio</u>: 95th percentile / 50th percentile.
 - Calculated for each segment.
 - Higher is worse

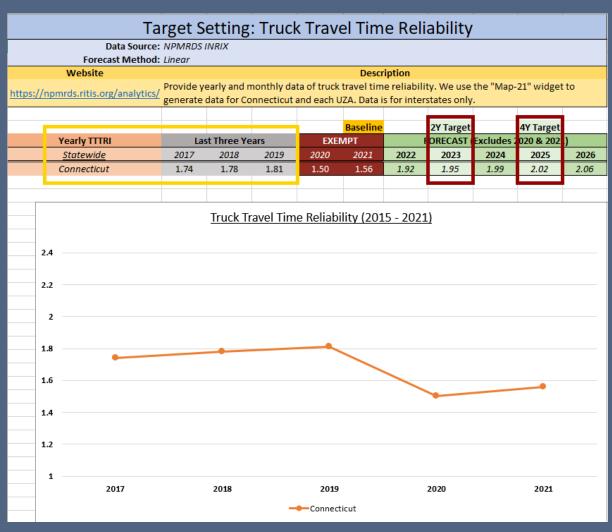
Truck Travel Time Reliability - Interstate (met target)





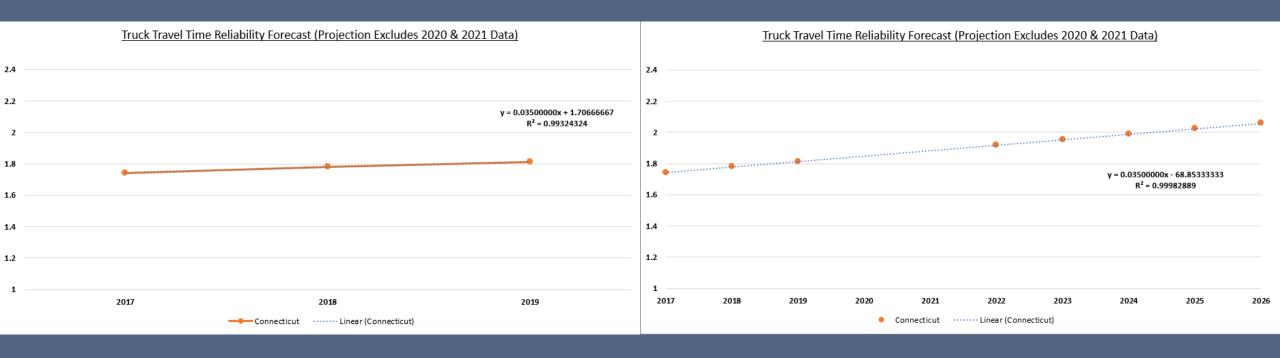
Truck Travel Time Reliability Forecast

- The calculated targets exclude 2020 and 2021.
 - Forecast identifies an increase to Truck Travel Time Reliability.



Truck Travel Time Reliability Forecast Model







Truck Travel Time Reliability Targets

Truck Travel Time Reliability									
Forecast Method:	nod: Linear Data Source: NPMRDS								
					Baseline				
Yearly PHED	Las	st Three Yea	ars	ars Exemp		2-Year Target	4-Year Target		
Statewide	2017	2018	2019	2020	2021	2023	2025	Reason for Recommended Targets	
	1.74	1.78	1.81	1.5	1.56	1.95		We propose to keep this target as the p-value is 0.05 and the coefficient is less than 0.01 on	
Connecticut			Recommended Targets			1.95	2.02	the regression. Despite the improvements on the interstate system, there will be truck bottlenecks in southwestern and southeastern Connecticut. Construction delays will occur at Gold Star Bridge and in Waterbury (mixmaster). VMT and PHED increasing also signifies additional delays trucks will face when traveling in the state.	

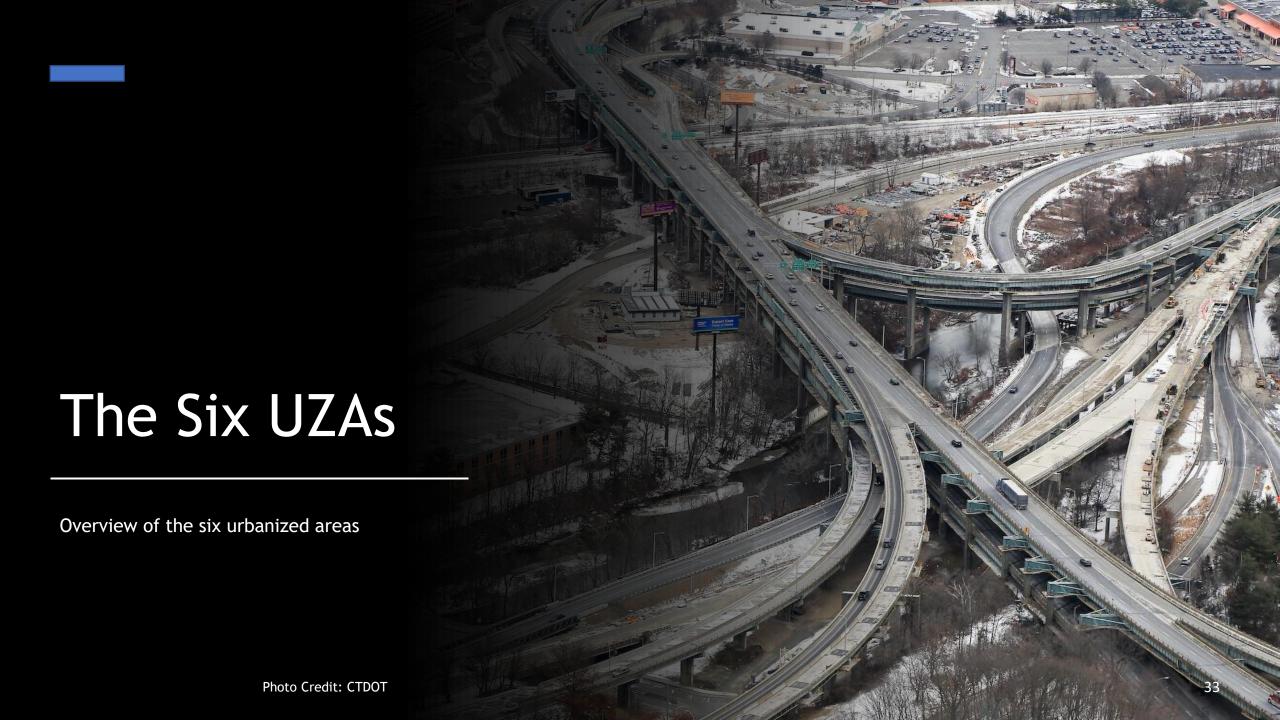
UZA Performance Measures

Summary of Connecticut's six Urbanized Areas
Peak Hour Excessive Delay

Photo Credit: CTDOT

Non-Single Occupancy Vehicle





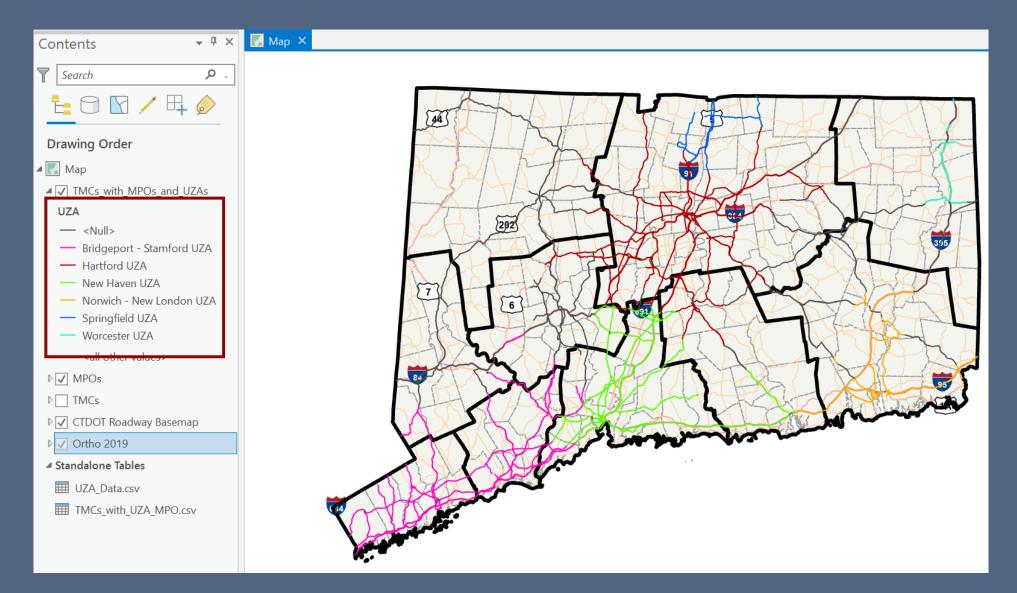


Connecticut's Six Urbanized Areas

- Connecticut has six urbanized areas with a population of 200,000 or more:
 - Hartford
 - New Haven
 - Bridgeport Stamford
 - Norwich New London (includes portion of RI)
 - Springfield (shared with MASSDOT)
 - Worcester (shared with MASSDOT)



Connecticut's Six Urbanized Areas



Peak Hour Excessive Delay (PHED)

Overview of the two & four-year targets

Photo Credit: Alex Azabache, Pexels





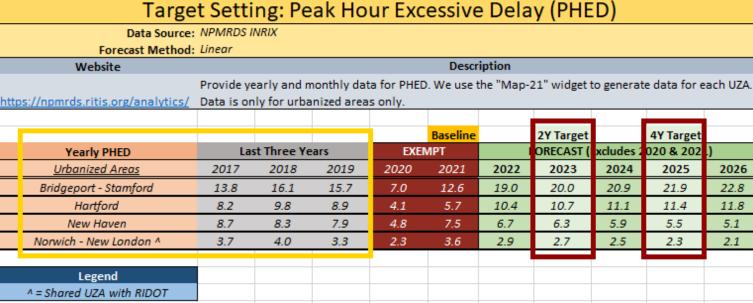
What is Peak Hour Excessive Delay?

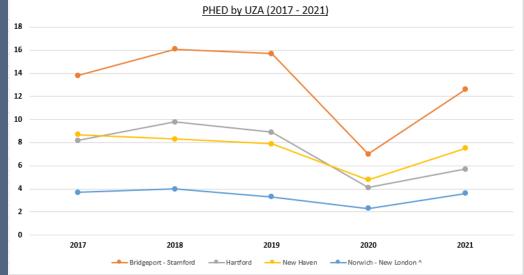
- Peak Hour Excessive Delay (PHED) is the measurement of additional delay over the regular delay in rush hour.
 - PHED is calculated by per capita.
 - We analyze Connecticut's peak hours of:
 - 6 10am
 - 3 7pm
- Reporting of PHED in urbanized areas are applicable in areas with a population of 200,000 and above.

PHED Forecast

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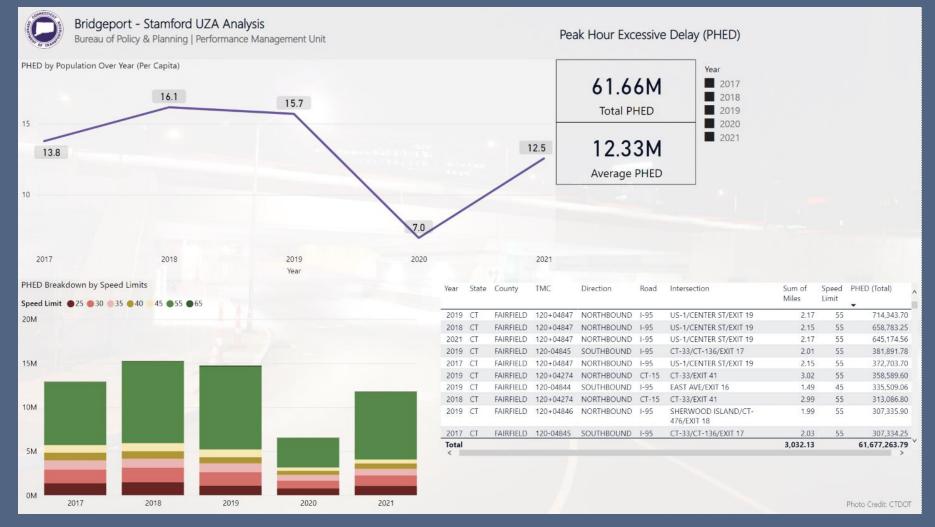
- The calculated targets exclude 2020 and 2021.
- MASSDOT is taking the lead for the Springfield and Worcester UZAs.
- CTDOT created a <u>Dashboard</u> for each UZA containing:
 - PHED by speed limit.
 - PHED by TMC segments.







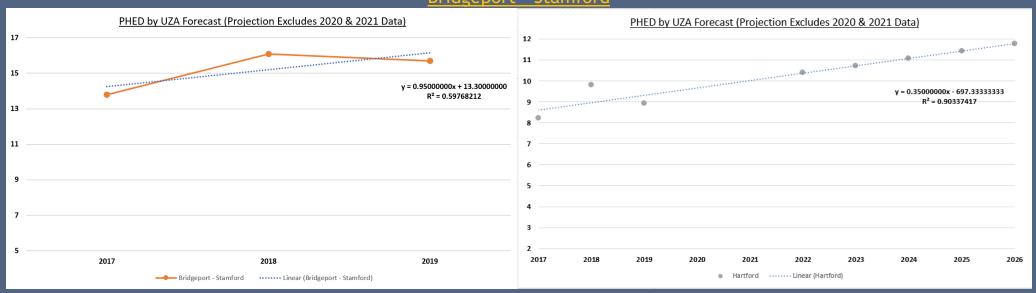




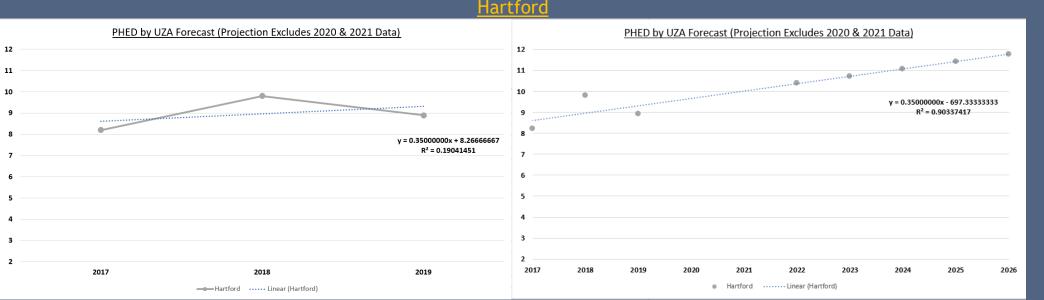
PHED Forecast Model



Bridgeport - Stamford



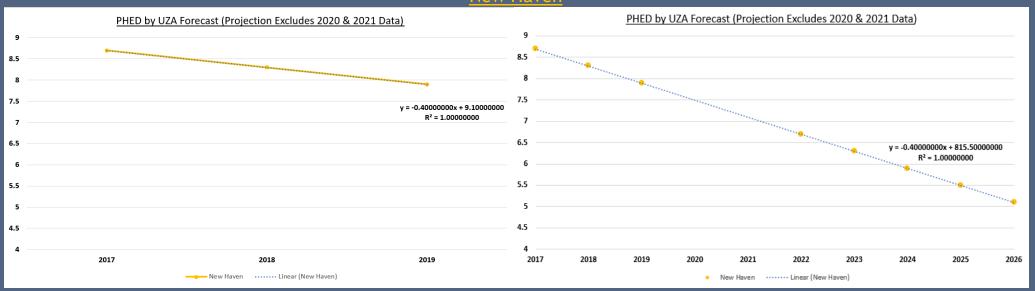




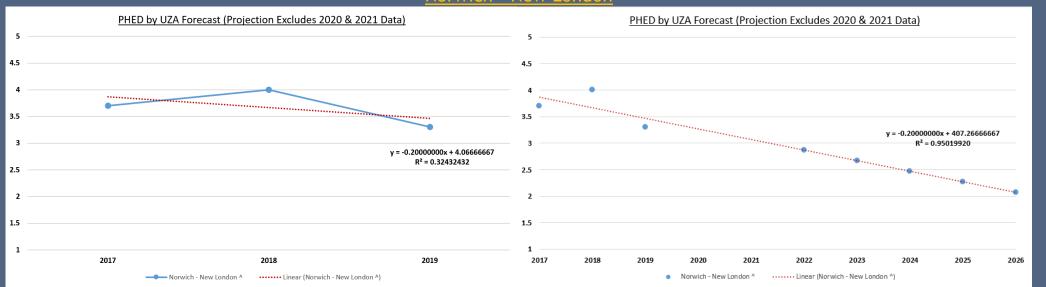
PHED Forecast Model



New Haven









PHED Targets

Peak Hour Excessive Delay (PHED)												
Forecast Method:	Linear	<u>Da</u>	ta Source:	NPMRDS								
					Baseline							
Yearly PHED	Las	st Three Ye	ars	Exempt		2-Year Target 4-Year Target						
Urbanized Area	2017	2018	2019	2020	2021	2023	2025	Reason for Recommended Targets				
	13.8	16.1	15.7	7.0	12.6	20.0	21.9	We propose 20 and 21.9 for the targets. The trend is increasing in PHED. In addition, the				
Bridgeport - Stamford			Recon	nmended T	argets	20.0	21.9	calculated p-value is 0.43 for the regression analysis. We expect further congestion along I- 95 and the Merritt Parkway.				
	8.2	9.8	8.9	4.1 5.7		10.7		Despite the significant decrease to PHED in 2020 and 2021, our approach is to select a				
Hartford			Recon	nmended T	argets	9.8		number on the high range of the observed trends prior to COVID-19. The calculated p-value for the regression is 0.71, which gives us a low confidence in the model's projection of the 10.7 and 11.4 targets.				
	8.7	8.3	7.9	4.8	7.5	6.3	0.0	We propose 7.9. We do not think the decreasing trends will continue despite a definitive				
New Haven			Recon	nmended T	argets	7.9	7 ^	decreases. The Hartford line opened in 2018, which caused a decrease into 2019. In addition, the completion of the "Q" bridge project influenced the PHED.				
Namuiah Navylandan A	3.7	4.0	3.3	2.3	3.6	2.7		Approach is to consider a zero slope (flat) projection. Given factors influencing performance,				
Norwich - New London ^			Recon	nmended T	argets	4.0	4.0	we would select a number on the high range of the observed trends prior to COVID-19.				
Legend												
Λ = Shared LIZA with RIDOT												





Peak Hour Excessive Delay (PHED)

- For 2024 and 2026 Targets:
- Boston UZA use trendline approach similar to TTR measures, with 3 data points from 2018, 2019 and 2021 (omitting 2020/pandemic outlier)
- Springfield and Worcester UZAs use the same trendline approach as above. Given data limitations, estimate PHED for 2018 and 2019 based on comparisons with Boston value for 2021 (assumption that Springfield and Worcester congestion levels have remained at approximately the same proportions relative to Boston).





Peak Hour Excessive Delay (Springfield UZA)

Based on total segments:		PHED statu	s:								
	total	with	0 or null	% 0 or null	2018	Total U	ZA PHED			4,991,623	
Mass.	798	756	42	5.3%	Springfield	UZA pop	. (latest U	S Census es	t.)	626,594	
CT	144	132	12	8.3%	2018	PHED p	er capita			7.97	
All	942	888	54	5.7%							
Based o	on total segments:	PHED statu	5:								
	total	with	0 or null % 0 or nu		2019	2019 Total UZA PHED				4,794,329	
Mass.	880	814	66	7.5%	6 Springfiel	ield UZA pop. (latest US C			est.)	624,531	
CT	166	152	14	8.4%	6 2019	2019 PHED per capita				7.68	
All	1,046	966	80	7.6%	6						
		DUED -						'	,		
Based o	on total segments:	PHED sta	tus:				'	'	'		
Based o	on total segments: tota			ıll % 0 or	r null	202	0 Total U	ZA PHED	,	2,903,725	
	•	l with	0 or nu						Census est.)		
Based o Mass. CT	tota	l with	0 or nu	4		ngfield ((latest US	Census est.)	623,816	
Mass.	tota 901	837 146	0 or nu	4	7.1% Sprir	ngfield (JZA pop.	(latest US	Census est.)	623,816	
Mass. CT All	tota 901 160	l with 837 146 983	0 or nu	4	7.1% Sprir 8.8%	ngfield (JZA pop.	(latest US	Census est.)	623,816	
Mass. CT All	tota 901 160 1,061	I with 837 146 983 PHED state	0 or nu 64 14 78	4 4 3	7.1% Sprir 8.8%	ngfield (202	JZA pop.	(latest US er capita	Census est.)	623,816 4.65	
Mass. CT All Based o	tota 901 160 1,061 on total segments:	I with 837 146 983 PHED state	0 or nu 64 14 78	4 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	7.1% Sprir 8.8% 7.4% or null	2021	JZA pop. 0 PHED p Total UZA	er capita	Census est.)	623,816 4.6 3,875,700	
Mass. CT All	tota 901 160 1,061 on total segments: tota	I with 837 146 983 PHED state with	0 or nu 64 14 78 tus:	4 4 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	7.1% Sprir 8.8% 7.4% or null	2021	JZA pop. 0 PHED p Total UZA	er capita er pHED		2,903,725 623,816 4.65 3,875,700 623,816 6.23	

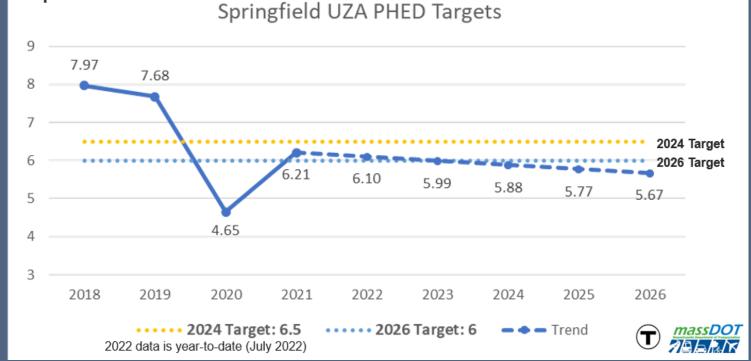




MassDOT PHED Methodology

Peak Hour Excessive Delay (Springfield UZA)

 The targets are proposed considering the uncertainty of the trend post-pandemic. A 2024 target of 6.5 sets a target that accounts for uncertainty. A 2026 target of 6 is proposed to both establish an improving target and one that is below prepandemic numbers.





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Peak Hour Excessive Delay (Worcester UZA)

Based on to	tal segments:	PHED status	5:											
	total	with	0 or null	% 0 or null	2	018 T	otal U	ZA PI	HED					5,319,662
Mass.	772	729	43	5.6%	Worcest	er UZ	A pop.	(late	est US	Cens	sus est	.)		500,780
CT	74	72	2	2.7%	2	018 P	HED p	er ca	pita					10.62
All	846	801	45	5.3%										
Based on t	otal segments:	PHED stat	us:											
	total	with	0 or null	% 0 or nu	2 اال	019	Total U	IZA F	PHED					4,460,548
Mass.	759	711	48	6.39	% Worce	ester	UZA p	op. (latest	US (Censu	s est.)		501,658
CT	75	73	2	2.79	% 2	019 F	PHED	per (capita					8.89
All	834	784	50	6.0	%									
Based on total segments:														
	tota	l with	0 or nu	ıll %0 o	r null		202	0 To	tal Uz	ZA P	HED			2,585,697
Mass.	756	704	52	2	6.9% W	orce/	ster U	IZA p	oop. (lates	st US (Census	est.)	502,832
CT	76	68		8 1	10.5%		202	O PH	IED p	er ca	pita			5.14
All	832	772	60	0	7.2%									
Based on to	otal segments:	PHED stat	us:											
	total	with	0 or nu	II % 0	or null		2021	Tota	l UZA	PHE	D			3,425,295
Mass.	767	715	52		6.8%	Wor	cester	UZA	pop.	(late	est US	Censu	ıs est.	502,832
CT	75	56	19		25.3%		2021	PHE	D per	capi	ita			6.81
All	842	771	71		8.4%									

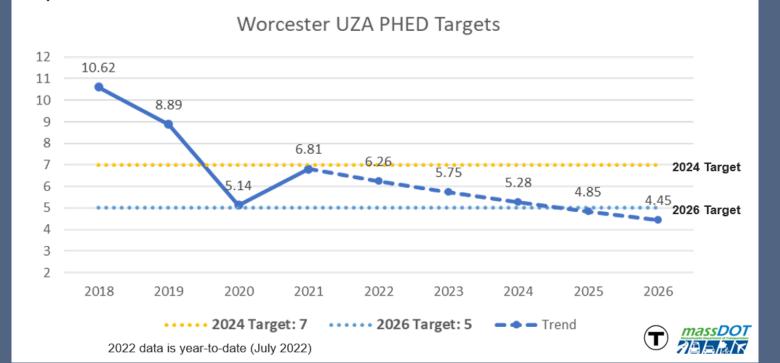




MassDOT PHED Methodology

Peak Hour Excessive Delay (Worcester UZA)

 The targets are proposed considering the uncertainty of the trend post-pandemic. A 2024 target of 7 sets a target that accounts for uncertainty. A 2026 target of 5 is proposed to both establish an improving target and one that is below prepandemic numbers.





Overview of the two & four-year targets

Photo Credit: Pixabay





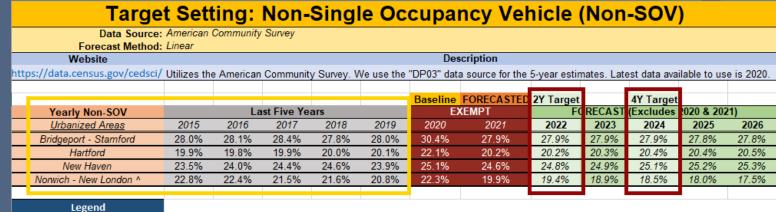


- Non-SOV is the measure of people commuting to work utilizing the following means, excluding driving alone:
 - Public transportation
 - Carpooling
 - Walking
 - Telework
 - Other means
- To calculate the measure:
 - We use the American Community Survey (ACS 5-Year Estimates).
 - Formula: Non-SOV Travel = 100% % SOV

Non-SOV Forecast

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- The calculated targets exclude 2020.
- MASSDOT is taking the lead for the Springfield and Worcester UZAs.

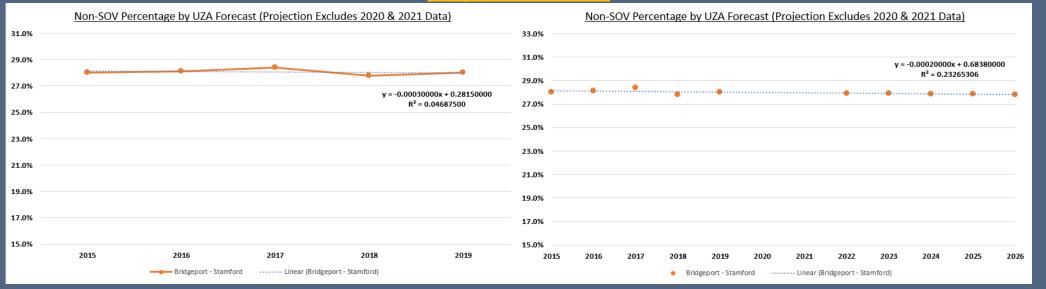


^ = Shared UZA with RIDOT Non-SOV Percentage by UZA (2015 - 2020) 33.0% 31.0% 29.0% 27.0% 25.0% 23.0% 21.0% 19.0% 17.0% 15.0% 2017 2018 2019 2020 2015 2016 Bridgeport - Stamford New Haven Norwich - New London '

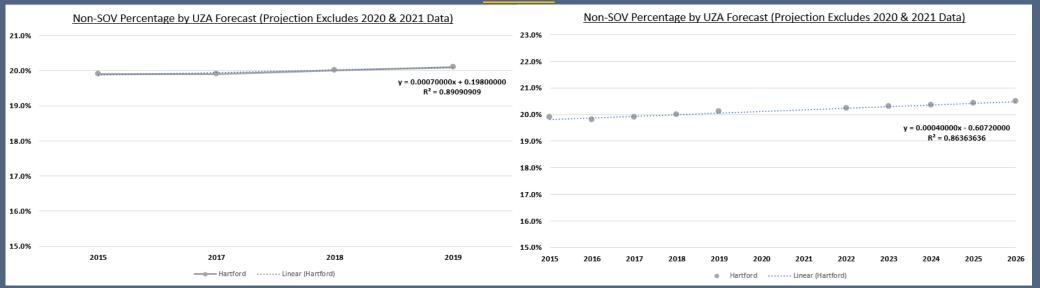
Non-SOV Forecast Model



Bridgeport - Stamford



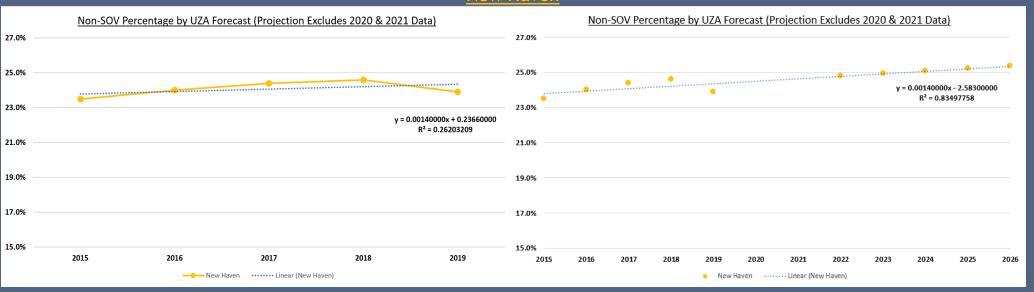




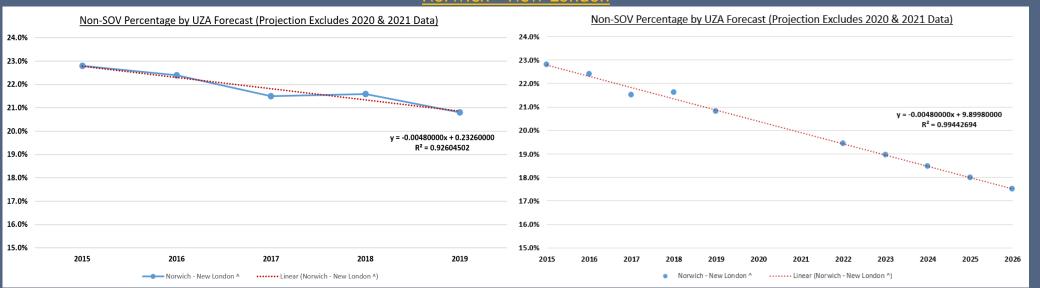
Non-SOV Forecast Model



New Haven



Norwich - New London





Non-SOV Targets

Non-Single Occupancy Vehicle (Non-SOV)														
Forecast Method:	<u>D</u> a	ata Source:	ACS											
					Baseline	Forecasted	1							
Yearly PHED		Lz	ast Five Yea	ars		Exe	empt	2-Year Target	t4-Year Target	t Reason for Recommended Targets				
Urbanized Area	2015	2016	2017	2018	2019	2020	2021	2022	2024	P-Value	Confidence	Why?		
	28.0%	28.1%	28.4%	27.8%	28.0%	30.4%	28.0%	27.9%	27.9%		1	Approach is to select a number on the low range of		
Bridgeport - Stamford					Recoi	mmended T	Targets	27.8%	27.8%	0.81	Low	the observed trends prior to COVID-19 • Based on commuting trends, people are utilizing their vehicles more, which results in PHED and VMT increasing.		
	19.9%	19.8%	19.9%	20.0%	20.1%	22.1%	20.1%	20.2%	20.2%			Approach is to use a flat (zero) slope projection.		
Hartford					Recoi	mmended T	Fargets	19.8%	19.8%	0.33	15	 We selected a number on the low range of the observed trends prior to COVID-19. 		
	23.5%	24.0%	24.4%	24.6%	23.9%	25.1%	24.6%	24.6%	25.1%		1	Our approach is to select a number on the low range of		
New Haven					Recoi	mmended T	Targets	23.5%	23.5%	0.37	High	the observed trends prior to COVID-19. The calculate p-value is 0.41, however, does not reflect current tren in commuting in the urbanized area.		
	22.8%	22.4%	21.5%	21.6%	20.8%	22.3%	19.9%	19.4%	18.5%		1	We propose to keep this target as it is a conservative		
Norwich - New London ^					Recoi	mmended 1	Fargets	19.4%	18.5%	0	I IIIGII	estimate and the p-value coefficient and intercept is less 0.01. We have high confidence in the coefficients.		
Legend	,										1			
^ = Shared UZA with RIDOT	4	7	,								7			

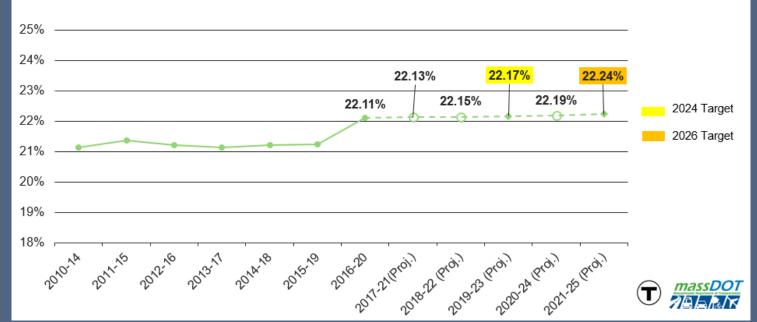


MassDOT Non-SOV Methodology

Percentage of Non-SOV Travel – Springfield

 Current data shows that non-SOV travel increased at an average rate of .056% between 2010-2014 and 2015-2019. By multiplying this rate by the 2016-2020 estimate, we expect the following:

% Non-SOV Travel in the Springfield UZA



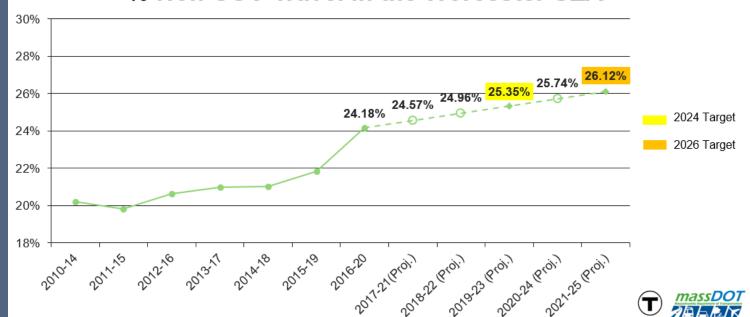




Percentage of Non-SOV Travel – Worcester

 Current data shows that non-SOV travel increased at an average rate of 0.8% between 2010-2014 and 2015-2019. By multiplying this rate by the 2016-2020 estimate, we expect the following:

% Non-SOV Travel in the Worcester UZA





Thank you!