# State of Connecticut Department of Transportation

# Memorandum

**Subject:** Managing Prohibited Conduct and Violence in the Workplace

Date: December 29, 2023

To: All employees

From: Lora Rae Anderson

Chief of Staff

## PERSONNEL MEMORANDUM NO. 80-16

This Personnel Memorandum supersedes DOT Personnel Memorandum 80-16A entitled "Employee Conduct and Behavior" dated April 10, 2008, Personnel Memorandum 80-16B entitled "Handling and Reporting Threatening and Violent Behavior" dated March 1, 2005 and Personnel Memorandum No. 99-2, which contains the State of Connecticut, "Violence in the Workplace Prevention Policy" issued by Governor John G. Rowland dated August 13, 1999.

In accordance with former Governor John G. Rowland's Executive Order 16, the Connecticut Department of Transportation established a zero-tolerance policy for weapons or dangerous instruments, prohibited conduct and violence in the workplace. As applicable to this policy the following definitions and conditions shall be applied:

Definitions:

Weapon: A weapon is defined as any firearm, including a BB gun, whether loaded or unloaded; any knife (excluding a small pen or pocketknife), including a switchblade or other knife having an automatic spring release device; a stiletto; any police baton or nightstick or any martial arts weapon or electronic defense weapon. This may also include items that resemble a weapon and used with the intent to threaten or cause violence.

**Dangerous Instrument:** A dangerous instrument is defined as any instrument, article, or substance that, under the circumstances, can cause death or serious physical injury. Department-issued tools, instruments, and substances are excluded provided the employee is assigned such items and makes proper and appropriate use of them.

**Workplace:** All property owned or operated by the State of Connecticut and such private properties, locations, facilities, or means of transportation at or in which State business, including travel, is conducted.

**Work Related:** Any action, behavior or condition engaged in or created by an employee, either during working hours or after working hours, on State property or on private property, which either does or has the potential to adversely affect the workplace, other employees, or the Department's ability to conduct business.

**Conditions:** As an employer, the Department of Transportation has the responsibility to provide a safe and secure work environment. Additionally, employees have the responsibility to treat each other, their supervisors and the public with respect and courtesy always and to comply with all of the requirements outlined within this policy.

**Prohibited Conduct:** Abusive language or acts that harass or intimidate employees and may jeopardize the ability of the employee to perform the duties of their job.

Threatening/Violent Conduct: Violence, physical confrontations or threatening acts of any kind that may jeopardize the health and safety of our employees and/or their ability to perform their duties or that may jeopardize the public who are at the workplace or the public's ability to conduct business with the Department of Transportation.

## In addition:

- Except as may be required as a condition of employment, no employee shall bring into any state workplace any weapon or dangerous instrument as defined herein.
- Except as may be required as a condition of employment, no employee may possess, transport, store, use or threaten to use any weapon or dangerous instrument while at the workplace and/or during their duties for the Department of Transportation.
- No employee shall intentionally cause or threaten to cause death or physical injury to any individual in a state workplace as defined herein.
- Any employee who believes that there may be an immediate threat of physical violence toward them, or others should contact Security at (860) 594-3333 for immediate action.
- There is no reasonable expectation of privacy with respect to weapons or dangerous instruments in the workplace. Except as may be required as a condition of their employment, such weapons or dangerous instruments will be confiscated and turned over to the proper authorities.

Employees who violate this policy will be subject to severe disciplinary actions including lengthy suspensions or dismissal and possible criminal prosecution.

Additionally, if not otherwise dismissed from State service, employees who engage in conduct prohibited by this policy may be subject to a "fitness for duty," or other evaluation, as a condition of returning to the workplace

# Actions - Employees Responsibilities

Employees who have been subjected to or witnessed threats, violent acts and/or prohibited conduct, as defined above, must do the following:

IN A LIFE-THREATENING EMERGENCY DIAL 911 PRIOR TO NOTIFYING YOUR SUPERVISOR OR SECURITY. ANY EMPLOYEE WHO FEARS THAT THERE MAY BE AN IMMEDIATE THREAT OF PHYSICAL VIOLENCE TOWARD THEM OR OTHERS SHOULD CONTACT SECURITY AT (860) 594-3333 FOR SITUATIONS THAT REQUIRE IMMEDIATE ATTENTION.

- Remove yourself from potential danger or physical harm.
- Remain calm and use good judgment. Avoid behaviors that may escalate or intensify the situation.
- Notify your supervisor, or the appropriate supervisory level, immediately so that control measures and administrative actions may be initiated. In the absence of any supervisor, notify Security immediately at the numbers listed on page 3.
- Retaliation against an employee for reporting alleged violations of this policy will also be considered a violation and will not be tolerated.
- All employees participating in the reporting of incidents, as either a complainant or a witness, are expected to
  provide honest and complete statements to initiate the investigation.

It is important to note that any employee who knowingly brings false charges will be subject to disciplinary action, including lengthy suspensions or dismissal. Likewise, Supervisor/Managers who fail to report and/or take action in incidents of prohibited conduct that have been brought to their attention will also be subject to disciplinary action, including lengthy suspensions or dismissal. Managers and Supervisors must report all incidents of alleged workplace violence to the Director of Security. Failure to do so will be considered a violation of this policy which will lead to disciplinary action pursuant to the Department's discipline policies.

# Actions - Immediate Supervisors'/Managers' Responsibilities

When addressing prohibited conduct in which there is no threat of physical harm, the Supervisor and/or Manager evaluates the scope of the issue to determine if he/she will address the situation or confer with Human Resources to develop a Fact Finding action plan. Such evaluations should be documented to the Director of Security for review for repeated behavior or patterns.

When facing violent incidents in the workplace, Supervisors and Managers must determine a course of action <u>immediately</u>. Your actions or inactions will determine what happens next. The first 30 minutes of an incident are the most important. Following these steps will help:

# Step 1 - Size-up the Situation

You must decide based upon the facts immediately available whether the situation is beyond your control.

- If you believe there is a life-threatening condition, medical emergency, or an immediate threat of physical violence, don't wait. Dial 911.
- If you are a direct participant in the incident, or if the threats are directed toward you, immediately remove
  yourself from the situation and seek assistance.
- If you believe that the situation is within your control, continue to Step 2.

# Step 2 - Manage the Incident

- Defuse the immediate situation.
- Separate the individuals involved and, if possible, put them in separate offices, areas or locations which will help to defuse the situation.
- Contact Security and your next level Supervisor immediately to activate the Threat Assessment Team (TAT) and the TAT process, if appropriate.
- Document the incident based on initial information from the employee(s) and/or witnesses involved and the supervisory response to the situation as soon as possible.

Assist in the investigation, documentation and follow-up of the incident as required.

# Actions - Security

- Security will convene a Threat Assessment Team and document such activities as necessary.
- Security will assist the Supervisor/Manager in addressing the behavior(s).
- Security will facilitate a response action plan.

It is emphasized that the general guidelines described in this memorandum cannot replace the use of common sense and good judgment in dealing with what are often unique, emotionally charged situations.

For more information concerning the application or implementation of this policy, the State of Connecticut, Violence in the Workplace Prevention Policy, or Executive Order No. 16, please feel free to contact any of the following offices:

DOT Security, Newington	(860) 594-3053		
DOT Human Resources, Newington	(860) 594-3100		
District 1 Human Resources, Rocky Hill	(860) 258-4550		
District 2 Human Resources, Norwich	(860) 823-3235		
District 3 Human Resources, New Haven	(203) 389-3050		
District 4 Human Resources, Thomaston	(203) 591-3641		
DOT Safety	(860) 594-3104		

# DOT Threat Assessment Team CORE GROUP

The Core Group is identified as DOT employees who, due to their job function, are most routinely involved in the management of an incident. Team membership will vary in response to the specifics of each incident.

Security	Director	860-594-3053	Newington
Human Resources	Administrator	860-594-3100	Newington
Agency Labor Relations	Labor Relations Manager	860-594-3103	Newington
Human Resources	Human Resources Generalist 3	860-594-3174	Newington
Human Resources	Human Resources Generalist 3	860-594-3116	Newington
Human Resources	Human Resources Generalist 3	860-594-3107	Newington
D-1 Human Resources	Human Resources Generalist 3	860-258-4550	Rocky Hill
D-2 Human Resources	Human Resources Generalist 3	860-823-3235	Norwich
D-3 Human Resources	Human Resources Generalist 3	860-937-6548	New Haven
D-4 Human Resources	Human Resources Generalist 3	203-591-3641	Thomaston
Safety	Director	860-594-3104	Newington
Employee Assistance Program	The Lexington Group	800-676-4357	All Locations
Bureau of Finance and Administration	Bureau Chief	860-594-2202	Newington
Bureau of Engineering and Construction	Bureau Chief	860-594-3150	Newington
Bureau of Highway Operations	Bureau Chief	860-594-2630	Newington
Bureau of Planning and Research	Bureau Chief	860-594-2001	Newington
Bureau of Public Transportation	Bureau Chief	860-594-2824	Newington
Staff Maintenance	Director – Property and Facilities	860-594-2222	Newington
D-1 Maintenance	Director	860-258-4501	Rocky Hill
D-2 Maintenance	Director	860-823-3222	Norwich
D-3 Maintenance	Director	203-389-3020	New Haven
D-4 Maintenance	Director	203-591-3605	Thomaston
D-1 Construction	District Engineer	860-258-4603	Rocky Hill
D-2 Construction	District Engineer	860-823-3204	Norwich
D-3 Construction	District Engineer	203-389-3100	New Haven
D-4 Construction	District Engineer	203-591-3574	Thomaston

#### **RESPONSE PROCEDURES**

# Non-Emergency (Prohibited Conduct) Response Procedures

A non-emergency situation is defined as a situation where:

One person, through harassing or intimidating language or behavior, has induced apprehension in another person but there is no immediate danger of harm being inflicted.

# Non-Emergency (threatening) Response Procedures

A threatening situation is defined as a situation where:

One person, through intimidating words or gestures has induced fear and apprehension of physical or other harm in another person but there is no immediate danger of such harm being inflicted.

# **Emergency Response Procedure**

A situation is an emergency if: 1)an injury has occurred OR 2)there is an immediate threat of physical harm or injury.

You should consider your personal safety first in all emergency situations. If possible, you should use the following response procedure:

# Step 1

Notify HR Generalist or on-site Manager and Security

## Step 1

Notify Security or on-site Manager.

# Step 1

If a life-threatening emergency or an immediate threat of physical violence
-Dial 911

# Step 2

Labor Relations, HR, and Manager develop action plan.

# Step 2

Security meets with Threat Assessment Team (TAT) to assess options and develop an action plan.

## Step 2

First person on the scene calls for assistance – Security 594-3333

## Step 3

Labor Relations and Manager initiate investigation or document actions.

#### Step 3

Manager implements action plan.

# Step 3

First person on the scene takes steps to address the needs of the injured.

# Step 4

If appropriate, implement disciplinary action.

# Step 4

Security or Manager coordinates with Labor Relations

# Step 4

Security coordinates securing the affected areas, assessing damage, and determining if police contact is required.

# Step 5

If an emergency develops, follow steps for Emergency Response Procedure

# Step 5

If appropriate, implement disciplinary action.

# Step 5

As appropriate, Labor Relations/HR separates the parties involved until they can be interviewed and facilitates initiation of an investigation.

# Step 6

HR seeks immediate intervention assistance from EAP provider.

# Step 6

If an emergency develops, follow steps for Emergency Response Procedure

# Help is available!

The Department of Transportation has a very effective

Employee Assistance Program.

# The EAP deals with a wide range of personal concerns:

- Family and Marriage Problems
- Drug and Alcohol Abuse
- Emotional Difficulties
- Depression/Anxiety
- Work Conflicts/Stress
- Anger Management/Violence Issues

The EAP is available to employees and immediate family members.

The EAP is voluntary and confidential.

24 hours a day - 7 days/week

Call The Lexington Group, Inc. DOT's EAP Provider: 1-800-676-HELP



# The Department of Transportation is committed to providing a safe workplace environment for all its employees.

If you are confronted with a threatening or bullying situation:

- Remain calm and use your best judgment.
- Avoid behaviors that may escalate the situation.
- Remove yourself from potential harm.
- REPORT the incident.

You may choose to speak to the alleged bully directly and tell them you object to their behavior and ask them to stop the behavior.

Report all incidents of bullying to management immediately. Your supervisor or manager will conduct a prompt, thorough inquiry of your concern, and take appropriate action. You may also report the incident to your Human Resources Designee or Office of Equal Opportunity and Diversity.

# KEEP A RECORD OF WORKPLACE BULLYING

Bullying can sometimes be difficult to define and to prove. It is, therefore, important to document events, recording:

- Incidents, in as much detail as possible.
- The names and locations of people who may be witnesses.



Can you identify a bully or have you been subjected to bullying in the workplace?



"Promote a Positive and Safe Work Environment!"

# What is Workplace Bullying?

Workplace bullying is behavior *in the workplace* that intimidates, degrades or humiliates a worker, possibly in front of co-workers, clients or customers. Bullying can take place between:

- A worker and a manager (or supervisor).
- Co-workers.
- · Workers and contractors.

Bullying behavior may appear to be part of the workplace, but if the behavior intimidates, degrades or humiliates you, then it is not appropriate and should be reported. There are bound to be occasional differences of opinion, conflicts and problems in working relations. However, when the behavior is **unreasonable**, workplace bullying may exist and should not be tolerated.

#### KINDS OF BULLYING BEHAVIOR:

Workplace bullying is a pattern of abuse of workers or co-workers which can range from the subtle to the more obvious and may include:

- Screaming, abusive language, demeaning comments.
- Belittling statements.
- Repeatedly or continuously undermining work performance by deliberately withholding workrelated information or resources, or supplying incorrect information.
- Tampering with your personal effects or work equipment.
- Regularly being made the brunt of pranks/practical jokes.
- Inconsistent application of administrative procedures with the purpose of having an abusive effect.

Nothing in this brochure is intended to preclude a supervisor's ability to exercise their supervisory responsibilities to assign work that is operationally necessary and to monitor and address work performance issues.

# WHAT CAN YOU DO?

Choose to behave in a way that promotes a positive work environment. Treat everyone in a professional manner with respect.

Your role in creating a Bully-Free Workplace is absolutely essential.

# DOT EMERGENCY CONTACT NAME AND PHONE NUMBERS

If you experience violence in your workplace, notify your supervisor or the appropriate supervisory level.

# Immediate supervisor:

Name

Phone #

# Next level of supervision:

Name

Phone#

Questions and concerns may be referred to the following DOT Units:

# Offices of Human Resources

**DOT Human Resources, Newington** (860) 594-3100

District 1 Human Resources, Rocky Hill (860) 258-4550

District 2 Human Resources, Norwich (860) 823-3235

District 3 Human Resources, New Haven (203) 389-3050

**District 4 Human Resources, Thomaston** (203) 591-3643

# **DOT Security, Newington**

(860) 594-3333

# Civil Rights Issues:

Office of Equal Opportunity & Diversity (Racial/Ethnic/Gender & other protected classes) (860) 594-2211

# PERSONNEL MEMORANDUM NO. 80-16, Subject:

"Managing Prohibited Conduct and Violence in the Workplace". Refer to this memorandum if you fear violence or witness the same. Incidents of threatening and/or violent behavior are to be addressed through the Department's administrative fact-finding process as soon as possible.

# This policy requires that Supervisors/Managers must do the following:

- It is expected that some issues will be handled at the supervisory level. However, sometimes it will be necessary to contact the next level supervisor and human resources liaison immediately upon being notified of an incident.
- Assure employees that their concerns will be appropriately addressed.
- Document both the incident based on initial information from the employee(s) and/or witnesses involved and supervisory response to the situation.
- Arrange for post-incident training, counseling, or medical attention as the situation warrants.

It is recommended that supervisors continue to monitor the situation and follow-up with appropriate parties.

We wish to emphasize that the general guidelines described in this memorandum cannot replace the use of common sense and good judgment in dealing with what are often unique, emotionally charged situations.

Personnel Memorandum 2016-1 "Workplace Conduct and Behavior" also describes standards of conduct.

In a life threatening emergency **Dial 911**Prior to notifying your supervisor