

THE MARVIN FOOD SERVICE PROCEDURES

The Marvin provides dinner every evening in the main dining room. Meals are prepared by Creative Culinary Services. Partial financial assistance to subsidize the meal cost is provided by the Southwestern Connecticut Agency on Aging through Catholic Charities of Fairfield County.

Menus are developed in order to provide a nutritious meal designed to meet the needs of the elderly. In accordance with the Federal Health Standards and Local Health Department Requirements, **fruit is the only food that may be taken from the dining room**. For safety reasons, residents are not permitted in the kitchen.

Dinner is one of the Congregate Services included at The Marvin and it is expected that with the exception of a short-term illness, all residents will participate in the evening meal in the dining room.

- **Hours:** The Dining Room opens at 4:45. Coffee, beverages and the salad bar are available starting at 4:45 PM. Soup is served beginning at 5:00 followed by the entrée and dessert. We encourage everyone to arrive in the dining room by 5 PM, though you may arrive up until 5:30 PM. Occasionally, for special events and holidays, the mealtime may be changed to a noon-meal. We ask that all residents be prompt in arriving at the dining room. Latecomers cannot be accommodated.
- **Seating:** There is open seating in the dining room Residents may sit wherever you choose – however, many residents prefer to sit in the same spot each evening. We encourage you to rotate your seat occasionally so you will meet a variety of other residents. (We ask the residents to be respectful not to take a seat if someone is used to sitting in a specific place.)
- **Menus:** The weekly menu is distributed in advance. We are not able to accommodate special dietary needs, however all menus are prepared with the needs of the elderly in mind and are approved by the State Nutritionist. An alternate entree is available **if requested at least a day in advance**, for those occasions when a resident may not be able to eat the planned entree.
- **Missed Meals:** We ask the residents to let us know as soon as possible if they will not be having dinner on any particular evening. This is important to help us with planning our dinner count and to minimize wasted food. **There is no reimbursement for missed meals and residents are expected to participate in meals on a regular basis.**

Dinner Delivery: As noted above, dinner may be delivered to resident's apartment in the event of a short-term illness or for an occasional late medical appointment.

Dinner delivery is NOT available just “because” they will be out for the day. Part of the benefits of having a meal in the dining room is for socialization reasons. If



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regular dinner delivery is requested by a resident – a “Request for a Reasonable Accommodation” must be completed by a doctor and approved by management.

- **Other Food:** Residents are responsible for providing their own breakfast and lunch. Each apartment has a fully equipped kitchen, with a stove, oven, and refrigerator. Norwalk has a variety of large and small grocery stores that are conveniently located and are accessible by public transportation. The Marvin is included on the complimentary transportation routes provided by some of the stores. Additionally, home delivered meals may be available if you are not able to prepare your own breakfast and lunch.