



Connecticut's Community Action Agencies

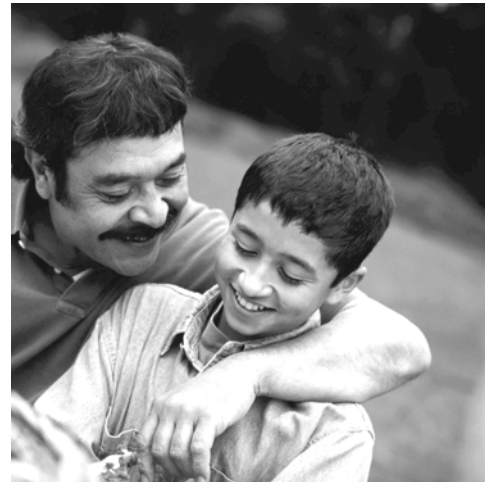
Do you need emergency assistance for food or housing, or training for a job?

Maybe you need help paying your heating bill or to find day care for your child.

Luckily, Connecticut's Community Action Agencies (CAAs) offer many programs and services to help people with housing, job training, family crisis counseling, child care, and support for seniors – services that strengthen families and their communities.

Your local Community Action Agency (CAA) is your first stop to connect you to Connecticut's human service network.

- CT CAAs help low-income individuals, children and families, and the elderly maintain their independence and improve their lives.
- CT CAAs have local self-sufficiency neighborhood centers that provide comprehensive services and referrals for people in need.
- CT CAAs serve every city and town in Connecticut. No matter where you live, there is a local CAA that can help.



Services from Connecticut's Community Action Agencies

Community Action Agencies provide direct services. Some of the many programs available include:

Community and Neighborhood

Neighborhood-based Service Centers that can connect you to services you need, including information and referral, emergency services such as food pantries and case management.

Employment and Training

One Stop Employment Centers, vocational and technology skills training, G.E.D. and English as a Second Language programs, job search and job readiness services.

Housing

Homeless shelters and Eviction Prevention services are available. Supportive Housing programs and homeownership assistance services can assist you to find housing.

Health

HIV/AIDS prevention and counseling, Substance Abuse prevention and treatment, transportation for health services, and health counseling services.

Early Childhood

Head Start, School Readiness, and Child Day Care Centers that prepare children for school. Also other programs that support families, such as helping fathers stay involved with their children.

Energy & Weatherization Assistance

Energy and heating assistance along with energy audit and weatherization services to insulate homes and reduce energy bills.

Financial and Budgeting

Individual Development Accounts, budgeting workshops, credit repair, and free help filing your income tax and claiming the earned income and child tax credits.

Elderly

Meals on Wheels, Senior Community Cafes, Retired Seniors Volunteer Programs, Adult Day Care, and Homemaker Services that help seniors maintain independent living.

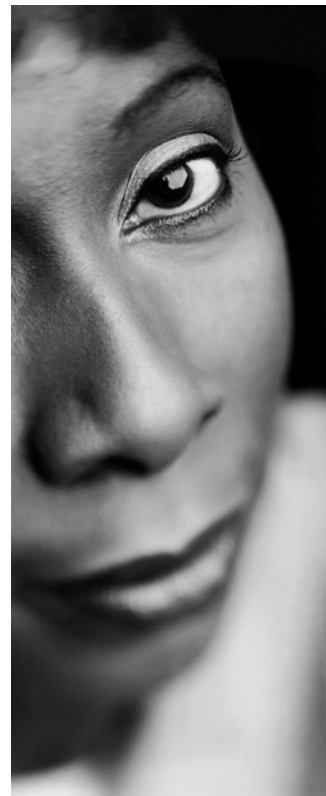
Nutrition

Nutrition services are provided for children, adults and the elderly through meal programs, food pantries, nutritional counseling sessions and the Women, Infants and Children (WIC) program.

Youth and After School

A variety of youth programs are provided including academic and cultural enrichment, life skills and independent living, and group homes.

***Connecticut Community Action:
Helping Families, Strengthening
Communities.***



The services offered through the CAA network are designed to help make families stronger.