

# STATE OF CONNECTICUT DEPARTMENT OF CORRECTION

## **Suicide Elimination Initiative**

*Information for Families and Loved Ones of persons housed within a  
State of Connecticut Correctional Facility*

# Warning Signs of Suicidal Thinking

- Talking about wanting to die or to kill oneself
- Looking for a way to kill oneself
- Talking about feeling hopeless or having no reason to live

# Subtle Warning Signs

- ◉ Giving away possessions
- ◉ Talking about feeling trapped or having unbearable pain
- ◉ Talking about being a burden to others
- ◉ Staying alone in the cell and not going out
- ◉ Acting anxious or agitated; behaving recklessly
- ◉ Sleeping too little or too much
- ◉ Withdrawing or feeling isolated
- ◉ Showing rage or talking about seeking revenge
- ◉ Displaying extreme mood swings

# High Risk factors

- ⦿ First 4 months in jail
- ⦿ Within 2 days before or after a court hearing
- ⦿ After getting bad news from a court hearing
- ⦿ After a difficult visit or getting bad news (i.e. death of close family member, divorce notice)

## ***Facility Phone Numbers to Report Information Related to a Possible Inmate Suicide.***

○ Hartford Correctional Center	(860) 240-1800
○ New Haven Correctional Center	(203) 974-4111
○ Bridgeport Community Correctional Center	(203) 579-6131
○ Brooklyn Correctional Institution	(203) 779-2600
○ Carl Robinson Correctional Institution	(860) 651-6100
○ Corrigan Correctional Institution	(860) 848-5700
○ Ragowski Correctional Institution	(860) 848-5720
○ Enfield Correctional Institution	(860) 814-4300
○ Garner Correctional Institution	(203) 270-2800
○ MacDougall Correctional Institution	(860) 627-2100
○ Walker Correctional Institution	(860) 627-2101
○ Manson Youth Institution	(860) 806-2500
○ Northern Correctional Institution	(860) 763-8600
○ Osborn Correctional Institution	(860) 814-4600
○ Willard Cybulski Correctional Institution	(860) 763-6100
○ York Correctional Institution	(860) 451-3001

*When speaking with correctional employees, please indicate you wish to speak with a supervisor about information related to a possible inmate suicide or self injury.*

# Suicide Elimination Subcommittee Members

## Department of Correction Members:

- Dr. Craig Burns, Chief of Psychiatric Services
- Dr. Thomas Kocienda, Director of Psychological Services
- Jeffrey Fargo, Correctional Counselor Supervisor
- Andrea Reischerl, Psychiatric APRN

## UCHC: Correctional Managed Health Care:

- Dr. Robert Berger, Director of Mental Health and Psychiatric Services
- Dr. Paul Chaplin, Director of Psychological Services
- Barbara Kuzebski, LCSW

## Credits

Thomas Kocienda, Psy.D. CTDOC Director of Psychological Services

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Captain Kimberly Lauray, CTDOC (Presenter)

*Special thanks to the State of Connecticut  
Department of Developmental Services for  
their generosity in producing this video in  
collaboration with the State of Connecticut  
Department of Correction*