



**Our Mission**  
*The Department of Correction shall protect the public, protect staff, and provide safe, secure and humane supervision of offenders with opportunities that support restitution, rehabilitation and successful community intergration*

## From the Commissioner



It is with mixed emotions that I have decided that after nearly 39 years of state service, I am retiring effective April 1, 2013.

When I started as a Correction Officer back in 1974, I could never have imagined that I would spend nearly four decades working in the criminal justice system. As you all know a career in corrections is not easy; the long hours, working on weekends and holidays can really take its toll. Through it all my family has been there to support me, providing the strength that has

helped me sustain my career. It is time to repay those years of dedication by spending quality time with my wife and family.

Looking back at what we as an Agency have achieved in just over a little more than two and one half years, there is much to be proud of. Together we have accomplished great things. I say “we” knowing full well that none of our successes could have been possible without you, the staff of the Connecticut Department of Correction - a work force that is truly exceptional in every regard.

Among the successes that I take particular pride in is the fact that we have been able to stem the growth of the Department. Since its inception more than 40 years ago, the Agency has continued to grow at a steady rate. With newly passed legislation and a reduced crime rate, the offender population has dropped to levels not seen in more than a decade, providing a respite for the tax payers that support all of our work.

During my tenure as Commissioner, we have proven to be excellent stewards of the public’s tax dollars, resulting in the closing of three facilities.

I am also extremely proud that our Department has become a full partner in the response to the several statewide emergencies, helping to man the statewide emergency center and assisting in the distribution of emergency supplies.

In general the degree to which we collaborate with other state agencies is ,I believe, at unprecedented levels, another accomplishment of which I am quite proud.

These are but a few examples of our long list of accomplishments, and again, none of this could have happened without your hard work and dedication.

see Commissioner/page 2

December 22, 2012  
through  
February 6, 2012

Distributed monthly  
to 6,200 staff  
and via the Internet  
throughout Connecticut  
and the nation  
by the  
Department of Correction  
24 Wolcott Hill Road  
Wethersfield, CT 06109

Dannel P. Malloy  
Governor

Leo C. Arnone  
Commissioner

Web address:  
[www.ct.gov/doc](http://www.ct.gov/doc)

Public Information  
Office telephone:  
(860) 692-7780  
Fax: (860) 692-7783

# Commissioner Arnone to Retire

from page 1

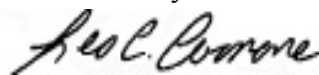
I want to also take a moment to express my sincere gratitude to the men and women of our Department who serve in our nation's armed forces protecting our freedoms.

I make this decision secure in the knowledge that I am leaving the Department in good hands. Deputy Commissioner James Dzurenda will guide the Agency as Acting Commissioner upon my retirement, while Under Secretary for Criminal Justice Policy and Planning Mike Lawlor will lead a nationwide search for my successor.

It has been a great honor and an enormous pleasure to have had the opportunity to work with and represent an agency so deserving of its reputation as one of the finest correctional agencies in the nation.

I am ready to move on to the next phase in my life. I offer you my best wishes for continued success in the important endeavors that lie ahead for our state and our Agency.

Sincerely



Leo C. Arnone  
Commissioner

---

---

## Multiple Oaths

### Pre-service Class 253 graduates

The Connecticut Department of Correction celebrated the graduation of its 253<sup>th</sup> recruit class on January 23, 2012, at the Maloney Center for Training and Staff Development in Cheshire. In addition to the 97 correctional professionals of the graduating class taking the oath, one warden, three deputy wardens, and three parole managers were also officially sworn in.

The Chief of the Hartford Police Department, James Rovella was the guest speaker.

The members of Pre-service Class 253 completed a rigorous 16-week training program, preparing them for the challenging work of corrections. The recipient of the Highest Scholastic Award for the class was Correction Officer Melissa Pelletier with a nearly perfect final average of 99.82%. The members of Class 253 selected Correction Officer Chris Rollo as the recipient of the Victor E. Harris, Jr. award, named for a deceased officer whose enthusiasm and commitment to correctional training still lives on in the memory of DoC staff.

After swearing in the members of Class 253, Commissioner Leo C. Arnone also took the opportunity to officially swear in the Department's newest warden, Jonathan Hall of the Brooklyn Correctional Institution.

In the third of four oaths being administered during the ceremony, three new deputy wardens: Karen Martucci of the Willard-Cybulski Correctional Institution, Daniel Murphy of the Maloney Center for Training and Staff Development, and Denise Walker of the Cheshire Correctional Institution - all took the oath.

Last but certainly not least three Parole Managers: Marvin Anderson, Jill Colavolpe, and Frank Mirto took the stage and were officially sworn in.



Members of Pre-service  
Class 253 are sworn in.

# Care & Share Champions

The totals for the Governor's 29<sup>th</sup> Annual Care and Share Holiday Food Drive are in, and once again the staff of the Connecticut Department of Correction has displayed their generosity by donating more food and money than any other state agency.

Thanks in large part to an agency-wide Pay-to-Park event a grand total of \$8,776.57 was raised. The majority of the donations, \$7,636.57 came in the form of cash and checks; with an additional \$1,140 was raised through the Care and Share Volleyball Tournament. Staff also donated 735 pounds of various and sundry food items to the cause.

As a reward for their efforts, the agency received the



**Manson Youth Institution's officers Natalie Robert (L) and Robert Vasquez participate in an agencywide Pay to Park event to benefit the Governor's Care and Share Food Drive.**

Governor's Cup Trophy which was presented by the Executive Director of the Connecticut Food Bank, Nancy Carrington to Commissioner Leo C. Arnone during a ceremony at the State Capitol on December 18, 2012.

The statewide total (counting all state agencies) was \$29,166 and 8,091 pounds of

food – enough food and money to provide 36,000 meals to people in need.

The Connecticut Food Bank provides more than 55,000 meals every day, while Food Share provides more than 26,000 meals every day.

Commissioner Arnone along with Deputy Commissioners James Dzurenda and Cheryl Cepelak extend their sincere gratitude to those who contributed to the Governor's Care and Share Food Drive, helping to make a difference in the lives of our Connecticut neighbors.

# Tactical Operations Toy Drive

During the 2012 holiday season, the Connecticut Department of Correction's Tactical Operations Unit conducted its 1<sup>st</sup> Annual Toy Drive to assist the Connecticut Children's Medical Center and the Child & Family Support Services Department in Hartford.



**Members of the DoC Tactical Operation delivered toys to the Connecticut Children's Medical Center.**

On December 20<sup>th</sup> & 21<sup>st</sup>, 2012 the Tactical Operations Unit delivered two vans loaded with toys. A thank you letter received from the Children's Medical Center stated that, "Our (DoC) donations made a great impact in lives of so many families. Also, families that we were able to help this season were overwhelmed with joy due to our generosity and that words cannot express the gratitude that they saw in the faces of the parents as they received their gifts".

As a result of the Tactical Operations Unit's, coupled with the donations of others, the Connecticut Children's Medical Center was able to help approximately 252 families and 531 children this holiday season.

The Chairman of the Tactical Operations Unit Toy Drive, Weapons Supervisor Greg Guillot wishes to thank all of the commanders and the team members of the Special Operations Group, C.E.R.T., K-9 and SITCON Units for their generosity. Additionally, a special thanks to Director William Colon, Captains Joseph Carlone, and Kyle Godding, Lieutenants Allen Smith, Thomas Rierdon, and Greg Chandler, Officer Christopher Rollo and Officer Peter Gingras for making this a beautiful holiday season for these children and their families.

## Carl Robinson Facility Awards



Warden Christine Whidden presents a certificate to Carl Robinson Correctional Institution's Unit of the Year - The Mental Health Unit

## Around the Cell Block



**NORTH CAROLINA** – A man who was just released from jail in North Carolina was arrested again for refusing to leave the jail after authorities would not give him a ride to a motel.

**NEBRASKA** – Prisoners in Nebraska would have to provide a \$10 co-payment for non-emergency health care each time they request it, under a bill recently introduced in the state legislature.

**CALIFORNIA** – Most arrests do not involve people who are on parole or probation, according to a 3½ year study examining millions of criminal records in four cities including Los Angeles, Sacramento, San Francisco, and Redding – an outcome that challenges the assumption that convicted criminals are driving crime rates.

On December 20, 2012 Carl Robinson CI staff enjoyed a delicious luncheon sponsored by the facility's Quality of Work Life Committee as a showing of appreciation for all of the support they have received during the past year. This was followed by Warden Christine Whidden presenting the annual facility awards to the following staff:

- Addiction Services Employee of the Year** – Pat Norton
- Clerical of the Year** – Lorry Champagne
- Employee of the Year** – Deputy Warden Faneuff
- Lieutenant of the Year** – Lieutenant Beswick
- Officer of the Year** – Correction Officer Dwight Lawrence
- Teacher of the Year** – Ofelia Baldwin
- Unit of the Year** – Mental Health
- Classification Employee of the Year** – Shannon Angeletti
- CMHC Employee of the Year** – Dave Kibe
- Food Service Employee of the Year** - John Brady
- Maintenance Staff of the Year** – Alix Acramo
- Supervisor of the Year** – Captain Marc Gargiulo
- Team of the Year** – Intelligence Team

Accolades and many thanks to this year's recipients for their hard work and dedication in an ever changing environment.

**Total  
Supervised  
Population  
on  
February 6, 2013**

**20,985**

**On February 6, 2012  
the population was  
21,388**

## Did You Know?



*“Did You Know” is an informational column written by the Facilities Management and Engineering Services Unit, aimed at increasing your knowledge of issues in our everyday lives. This article was submitted by guest columnist Michael Bibens, Director of Food & Nutritional Services and questions relating to it may be answered by contacting him at 860-451-3249. If you have any questions, or have an idea for a future column, please contact the Director of Facilities Management and Engineering, Steve Link at (860) 692-7554.*

## Food For Thought

The number one New Year’s resolution is to lose weight, and for good reason: 65% of American adults are overweight. The following is some information that just may help you stay on track and keep your resolution. According to the National Heart, Lung, and Blood Institute in conjunction with the National Institute of Diabetes and Digestive and Kidney Diseases, eating right is important to staying at a healthy weight and keeping an energy balance - the balance between the calories in what you eat and drink, and the calories you burn when moving.

The same amount of **ENERGY IN** (calories consumed) and the same amount of **ENERGY OUT** (calories burned) over time = weight stays the same.

**More IN than OUT over time = weight gain**

**More OUT than IN over time = weight loss**

The best way to make sure you have *energy balance* is to make better choices *before* you sit down to eat. Shop smart at the grocery store, choose foods that are lower in fat and have fewer calories. Learn to read the Nutrition Facts Labels on packaged foods. Choose healthy foods more often.

An easy way to learn about which foods are lower in fat and calories is to think in terms of **GO**, **SLOW** and **WHOA**. Use the **GO, SLOW and WHOA** food chart to learn what foods are better for you.

**GO FOODS:** Are good for you; eat them just about anytime.

**SLOW Foods:** Should be eaten in smaller amounts.

**WHOA Foods:** Should only be eaten rarely, or on special occasions.

**GO Foods** are: Lowest in fats and sugar. Relatively low in calories, “nutrient dense” (rich in vitamins, minerals, and other nutrients important to health). Great to eat anytime, examples include: fruits and vegetables, whole grains, fat free or low-fat milk and milk products, beans, eggs and nuts

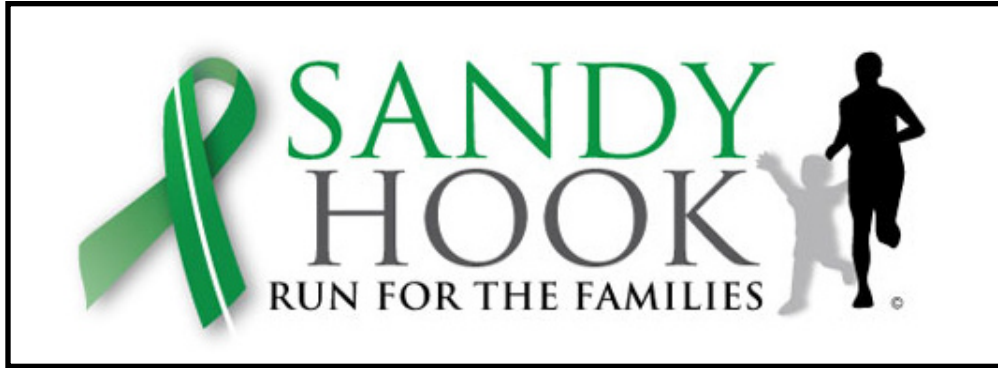
**SLOW** foods are: Higher in fat, added sugar, and calories. To be eaten sometimes.

**WHOA** foods are: Highest in fat and added sugar, “calorie-dense” (high in calories), often low in nutrients. To be eaten only once in a while/ on special occasions, in small portions.



# Sandy Hook Run for the Families

On March 23, 2013, the Hartford Marathon Foundation is sponsoring a 5k *Sandy Hook Run for the Families*. As a way of bringing staff together to honor and remember the victims of the Sandy Hook tragedy, a TEAM DOC has been created for staff wishing to participate in this event. To sign up, staff members should go to the Hartford Marathon Foundation website at [www.hartfordmarathon.com/events/sandyhookrunforthefamilies](http://www.hartfordmarathon.com/events/sandyhookrunforthefamilies) and search for TEAM DOC under Join or Create Team.



In addition to the 5k race, there is also a *Kids Fun Run* as well as a *Virtual Runner* Category which allows non-local runners to participate. The race was originally supposed to take place at Western Connecticut State University, but due to the overwhelming interest, it was transferred to Hartford in

order to enable all who want to participate to do so. The 5k road race will start on Main Street in front of the Old State House. According to the Hartford Marathon Foundation's website "*The Sandy Hook Run for the Families* is not about running. It is about life: honoring the memory of precious lives lost through tragedy and celebrating the gift of life. It is about uniting in hope for the future."

The Hartford Marathon Foundation is in the process of securing sponsors for the race so that 100% of all donations will go to the Sandy Hook School Support Fund administered by the United Way. The Foundation has donated all services to plan and conduct the event. A task force has been setup by the United Way to determine how to best utilize all the raised funds. After the race there will be a special tribute to all first responders.

Correctional Enterprises of Connecticut has customized a tee shirt which can be purchased for staff participating in the 5k event or by staff who don't want to run but want to contribute at a cost of \$10.00. Tee shirts will go on sale as soon as possible and must be ordered on or before **February 28, 2013**. Half the sales from the tee shirts will be donated to The Sandy Hook



The back of the Team DoC Tee Shirt

Elementary School Memorial Scholarship Fund. The scholarship will provide need-based financial assistance to college-bound students thus not dependent upon academic grades. Students must be residents of Newtown in order to be eligible. The scholarship is transferrable to any accredited university or trade school.

The donation to the scholarship fund would be separate from the cost of registration for the 5k which goes to the United Way. Although the race will be an opportunity for our agency to come together to show DOC support for the victims of the Sandy Hook tragedy, the separate donation to the scholarship is a means for staff to donate to a "specific" cause.

An email and flyer will be sent out shortly notifying all DoC staff of the 5k race and the tee shirt sale.

## Years Of Service

### Employees with 20 Years of Service as of November 2012

<u>Name</u>	<u>Title</u>	<u>Facility</u>	<u>Hire Date</u>
Arasimowicz, Edward	Correction Officer	Cheshire CI	11/13/1992
Arroyo, Luis	Correction Officer	HCC	11/13/1992
Austin, Derek	Correction Officer	CRCI	11/13/1992
Bartholomew, Richard	Deputy Warden	BCC	11/13/1992
Beaulieu, Jason	Lieutenant	Cen Off	11/13/1992
Bernard, John	Lieutenant	Cheshire CI	11/13/1992
Berrios, Nelson	Correction Officer	Brooklyn CI	11/13/1992
Booker, Wanda	Counselor	MYI	11/13/1992
Braun, Gordon	Correction Officer	WCCI	11/13/1992
Burch, David	Correction Officer	HCC	11/13/1992
Cody, John	Correction Officer	Garner CI	11/13/1992
Copeland, Floyd	Correction Officer	WCCI	3/6/1992
Cuevas, Alberto	Correction Officer	BCC	9/18/1992
Diaz, Ralph	Correction Officer	CRCI	11/13/1992
Dowling, Douglas	Correction Officer	MYI	11/13/1992
Driver, Sandra	Correction Officer	BCC	9/18/1992
Dubin, Christopher	Correction Officer	York CI	11/13/1992
Emigh, Scott	Food Serv Sup 2	Cen Off	11/16/1992
Farnham, William	Correction Officer	MYI	11/13/1992
Gizzi, Angelo	Correction Officer	Garner CI	11/13/1992
Golas, Amy	Correction Officer	CRCC	11/13/1992
Gonzalez, Evelyn	Correction Officer	CRCI	11/13/1992
Harpin, Gregory	Captain	Cen Off	11/13/1992
Harris, Duane	Lieutenant	Cheshire CI	11/13/1992
Johnson, Mark	Correction Officer	CRCC	11/13/1992
Lane, Darryl	Correction Officer	Brooklyn CI	11/13/1992
Laskowski, Paul	Gen Main Off	MYI	11/13/1992
Lawson, James	Food Serv Sup 2	Cheshire CI	10/20/1992
Lyons, Walter	Correction Officer	Northern CI	11/13/1992
Mazzadra, Christopher	Correction Officer	BCC	9/18/1992
McGowan, Robert	Correction Officer	Garner CI	11/13/1992
Michaud, David	Counselor	MYI	11/13/1992
Paniccia, Michael	Gen Main Off	Garner CI	11/13/1992
Plachy, Warren	Correction Officer	Enfield CI	11/13/1992
Plourde, Steven	Fscl/Admin Sup	Cen Off	11/5/1992
Reaves, Adrian	Lieutenant	CRCI	11/13/1992
Riggins, Mark	Correction Officer	MYI	11/13/1992
Roberge, Daniel	Lieutenant	HCC	11/13/1992

## Addressing the Problem



The ESI Employee Assistance Group (commonly referred to as EAP) has new contact information. ESI has been providing the Department of Correction with employee assistance consistent with civilian counseling/support services. As a result of their ongoing work with department staff, they have decided to include us in their Public Safety EAP program. The programs are very similar except that the staff of the Public Safety EAP program is trained to understand the unique needs of public safety personnel and their families.

In addition to the most comprehensive benefit package available with benefits for both on the job and off, Public Safety EAP offers several job-related Resource Centers to address common workplace issues faced by Public Safety personnel.

The new number and website are as follows:

**Public Safety/EAP**

**1-888-EAP-1060**

[www.publicsafetyeap.com](http://www.publicsafetyeap.com)

## Years Of Service cont...

### Employees with 20 Years of Service as of November 2012

<u>Name</u>	<u>Title</u>	<u>Facility</u>	<u>Hire Date</u>
Rodriguez, Carlos	Correction Officer	MWCI	11/13/1992
Romanelli, Frank	Correction Officer	Garner CI	11/13/1992
Santana, Jose	Correction Officer	Enfield CI	7/31/1992
Spears, Charles	Correction Officer	NHCC	11/13/1992
Sweat, Rocco	Captain	MYI	11/13/1992
Travaglin, Gifford	Captain	MWCI	11/13/1992
Velez, Ricardo	Lieutenant	BCC	11/13/1992
Zackery-Lewis, Wanda	Correction Officer	MYI	11/13/1992
Zipp, Bernine	Idea & Rec Spec 1	Enfield CI	9/21/1992

### Employees with 25 Years of Service as of November 2012

11/6/1987	Nelson, Kirk	Correction Officer	CRCC
	Ouellette, Allison	Idea & Rec Spec 1	WCCI
	Robert, Jerome	Food Serv Sup 3	Cen Off
	Senerth, Pamela	Deputy Warden	York CI

### Employees with 30 Years of Service as of November 2012

Lawlor, Martin	Correction Officer	Garner CI	11/1/1982
----------------	--------------------	-----------	-----------

## DOCWEB Redesign

The Public Information Office, in coordination with the Management Information Systems Unit (MIS), are in the process of redesigning the Department of Correction's Intranet site - DOCWEB. This site, intended for use by Department of Correction employees only, is currently limited to those employees who have access to a DOC desktop computer. The redesign team for this project is looking for ideas from any correctional employee regarding how you think this site can be improved. We would love your input and suggestions for design, information, links or anything you think employees would like to see or find helpful. Please contact the Office of Public Information with your suggestions by phone at, (860) 692-7780, or emailing,

[doc.pio@pio.state.ct.us](mailto:doc.pio@pio.state.ct.us)

## Correction

### K-9 Graduation

Correction Officer Aaron Bowman and K-9 Striker were one of 16 officer/K-9 teams from around the state that took part in the 156<sup>th</sup> patrol dog graduation held on Thursday, January 17, at Central Connecticut State University in New Britain.

Officer Bowman has been with the Department of Correction since 2004. The officers and their canine completed a rigorous, 16-week training course held at the Connecticut State Police K-9 Training Academy in Meriden. Each team mastered the areas, which include both classroom and field training exercises. The extensive training exposed the officers to many areas of K-9 policing duties. Some of the training exercises included evidence recovery, tracking missing people, building searches to track suspects, emergency care for a K-9 in the field and many other areas.

In the story which appeared in the December, 2012, edition of Pride at Work regarding the swearing-in of the Chief of Psychiatric Services for the Connecticut Department of Correction, Dr. Craig Burns, it was mistakenly reported that he has degrees from both Columbia and Rutgers Universities. Although he has completed post-baccalaureate coursework at both institutions, he did not receive a degree from either institution.



## Season of Giving at Willard-Cybulski CI

On Thursday, December 20, 2012, Willard-Cybulski C.I. made a large toy donation to the Town of Enfield, Social Services department. The staff was able to provide gifts for six children and four families. Through the generous donations from staff that participated, we were able to fulfill the wish lists provided by the children and parents. The generosity from staff truly gave an unfortunate child a reason to smile this holiday season.

An additional \$1,000 worth of new unwrapped toys and games was donated to the Connecticut Children's Medical Center in Hartford. The toys were distributed to children that are being treated at the hospital.

Recreation Supervisors Jeff Beiler and Al Kapitzke facilitated this endeavor. Monies were generated through the inmate photo program.



Willard Cybulski's Santa's Helpers: (LtoR): Counselors DiCioccio, Calabro and Copas.

**Special Olympics**  
Connecticut



### **Madison Penguin Plunge**

*Hammonasset Beach State Park*

Saturday, February 9

Registration: 10 AM · Plunge 12PM

Join the Department of Correction's Battle of the Facilities as we take the plunge and raise funds for

**Special Olympics Connecticut!**

Go to [www.soct.org](http://www.soct.org) click on plunges and sign up on-line or you can register on event day!

Minimum to plunge \$75

For more Information contact Lisa Carlone at [lisac@soct.org](mailto:lisac@soct.org) or (203)230-1201 x231