

To all people on psychiatric medication

Given the current situation with COVID 19 and the CDC recommendation of limiting social contact, we plan to limit unnecessary clinical contact. People will be seen on an as needed basis.

What does that mean?

- we will be starting a 6 month follow up for people who are currently stable on their medication.
- lab monitoring will continue as indicated.
- We will continue to see people as clinically indicated if med changes are occurring, there are side effects or if a person is having symptoms.

We are asking for everyone's understanding in limiting the spread of this virus. HAND WASHING AND SOCIAL DISTANCING ARE CRITICAL

- If you were seen within the past month and had a follow up appointment scheduled in 90 days, your medications will be renewed for 6 months and your appointment will be scheduled near the expiration of your medication.
- We will be reviewing records and if you have been stable for the last few appointments we will continue your meds for 6 months

If you feel that you can wait to be seen and are not having any acute issues, PLEASE write to MH and let them know that your meds are working and you want to wait to be seen within 6 months

At any time if you feel you need to be seen for medication concerns, PLEASE write what the exact concerns are so the request can be triaged.

As Always: if you are experiencing any thoughts to hurt/ kill yourself please tell staff immediately- we are here to help everyone get through this!

We appreciate everyone's understanding and help in making sure people get care when they need it, and that we ALL do our part to limit the spread of Covid 19.

Please continue to put any request for MH services in the medical box