

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: 24/7 Dad**

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**Gender Specific for:MALE**

*Description:*

Program to assist dads look at their own backgrounds to help them understand how their history effect their fathering.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Addiction Services - Assessment & Orientation**

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**Gender Specific for:BOTH**

*Description:*

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

MANSON YI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Anger Management Program**

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**Gender Specific for:BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

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**Compendium Program: Anger Management Youth Life Skills**

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**Gender Specific for:MALE**

*Description:*

Explores interactive learning to help identify key living skills and handle difficult situations. Learners will learn how to identify anger triggers, what to do (and not do) when angry, and when anger can be managed in positive way.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Auto Body Technology**

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**Gender Specific for:MALE**

*Description:*

This program is designed to provide the student with a comprehensive understanding and hands-on application of industry standard collision repair and refinishing techniques. Program instruction provides participants with applications using the latest collision repair tools, equipment, and techniques as well as important safety tips and strategies for students to use in protecting themselves and the environment.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Automotive Technology**

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**Gender Specific for:MALE**

*Description:*

This program seeks to meet the needs of individuals interested in a basic exposure to and/or an exploratory opportunity in the automotive technology field. Instruction will include understanding the basic operating principles of an automobile and providing in-depth theory of brake, steering and suspension systems. Students will identify and use appropriate tools, testing and measurement equipment to accomplish certain tasks related to the occupation using current reference and training materials.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for:BOTH**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for:BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for:BOTH**

*Description:*

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Unknown*

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**Compendium Program: Chronic Discipline Phase 1**

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**Gender Specific for:BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase one offers self-study and group reflection in basic emotions, triggers, relaxation techniques, goal setting, creating new habits and radical acceptance among others.

*Facilities:*

*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed)*

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**Compendium Program: Chronic Discipline Phase 2**

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**Gender Specific for:BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase 2 builds off of material in Phase 1. Program offers self-study and group reflection in core beliefs, coping skills, conflict resolution, mindfulness, journaling, strength exploration and goal check ins.

*Facilities:*

*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Education (Ed)*

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**Compendium Program: CLICC Literacy Program**

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**Gender Specific for:BOTH**

*Description:*

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Family Support (FS)*

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**Compendium Program: Cosmetology/Barbering**

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**Gender Specific for:MALE**

*Description:*

The Barbering and Cosmetology programs, in conjunction with the CT Department of Public Health (CT DPH), prepare students to become licensed in their respective trade. Course requirements for Barbering are 1000 hours in theory and practice and for Cosmetology, 1500 hours in theory and practice. Upon successful completion, students will receive their Affidavit of Hours which is filed with the CT DPH and which qualifies them to take the state licensure examination upon release. This program provides experiences in hair cutting and treatment, styling and shaving, human anatomy and physiology, and business practices.

*Facilities:*

*CHESHIRE CI;MACDOUGALL CI;MANSON YI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

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**Compendium Program: CT Violence Intervention - Confident Mind**

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**Gender Specific for:MALE**

*Description:*

This Program that provides comprehensive education in Skills of Socialization, building strong relationships with the youth to help in reducing conflict, neighborhood shootings and homicides. The goal of the program is to build bridges between incarcerated individuals and the community they reside

*Facilities:*

CHESHIRE CI;MANSON YI;NEW HAVEN CC

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

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**Compendium Program: Culinary Arts**

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**Gender Specific for:BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*

CORRIGAN CI;GARNER CI;MACDOUGALL CI;MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for:BOTH**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Unknown*

*Treatment Types:*

*Education (Ed)*

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**Compendium Program: Educational, Career Resources and Job Fairs**

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**Gender Specific for:BOTH**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*

*CYBULSKI CI;MANSON YI;WILLARD CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for:MALE**

*Description:*

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*

*CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Family Support (FS)*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: Expressive Arts**

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**Gender Specific for:MALE**

*Description:*

Expressive Arts is a process group that is facilitated by a Rehabilitation Therapist (Recreational Therapist) which focuses on visual arts. The expressive art group is a way to help individuals sense normalcy without judgement, while encouraging them to show their individual character. Expressive Art Groups promote healthy communication and encouragement between group members.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

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**Compendium Program: Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. This is the facility-based domestic violence group. The group is designed to achieve the following goal:

To help inmates, who have a history of domestic violence, become

(a) more motivated to stop their violence and abuse and

(b) replace them with more positive behaviors patterns.

Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Victim Impact (VI)

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**Compendium Program: Fatherhood Engagement Play Dates**

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**Gender Specific for:MALE**

*Description:*

Visits facilitated for MYI dads that are currently enrolled and/or completed a fatherhood engagement program. Skills will be identified and encouraged to be utilized during this visit. Reading/ Sensory play/ floor engagement. Interactive play as well as assisting in fostering co-parenting relationships.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Game Changers**

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**Gender Specific for:MALE**

*Description:*

Prerequisite: Mamba Mentality

Offenders complete MM and learn to identify those who have changed the world for the better and helped others along the way. This group also completes community service projects.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM);Education (Ed)

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**Compendium Program: Garden Program**

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**Gender Specific for:MALE**

*Description:*

The gardening program provides the young men with opportunities to learn foundational gardening skills through practical, reality-based learning led by correctional officers. The goal of the program is to provide opportunities for hands-on-learning of how to sow, grow, and harvest fruits and vegetables. The program supports the young men's need for practical life skills education to help them thrive in the real world. The harvested fruits and vegetables will be utilized by the facility culinary arts program and donated to local food banks in an effort to give back to local communities.

*Facilities:*

As of :01/27/2026

Page 10 of 39

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

**MANSON YI**

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

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**Compendium Program: General Referral for ATU (Addiction Treatment Unit) Program**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Substance Abuse (SA)*

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**Compendium Program: General Referral for Vocational Education**

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**Gender Specific for:BOTH**

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Education (Ed)*

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**Compendium Program: Getting Along and Keeping Cool**

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**Gender Specific for:MALE**

*Description:*

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

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**Compendium Program: Graphic Arts & Print Technology**

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**Gender Specific for:MALE**

*Description:*

In this program, students will learn how to design two and three-dimensional graphics for both print and digital applications. Students will learn desktop publishing applications, the conventional pre-press and pre-press functions in addition to running, maintaining and trouble-shooting the digital printing press.

*Facilities:*

MANSON YI;ROBINSON CI

*Auspices:*

USD#1

*Treatment Types:*

Unknown

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**Compendium Program: Heads Up Barbershop**

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**Gender Specific for:MALE**

*Description:*

This program will illustrate the importance of customer service skills, hygiene and maintenance . Money management as well having uplifting conversations with peers. A way to discuss issues and concerns with one another on a one to one basis. Keeping each other's head up!

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

MANSON YI

*Auspices:*

Employment Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Hepatitis B Vaccination Program**

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**Gender Specific for:BOTH**

*Description:*

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

*Facilities:*

MANSON YI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Medical (Med)

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: High School Diploma Programs**

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**Gender Specific for:BOTH**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

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**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

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**Gender Specific for:BOTH**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Medical (Med)

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**Compendium Program: HIV Support Services**

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**Gender Specific for:BOTH**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Life Skills (LS);Medical (Med)

---

**Compendium Program: Individual Native American Smudging**

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**Gender Specific for:BOTH**

*Description:*

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This scared ritual prepares each individual to face the day with hope, peace and tranquility.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Inmate Photo Program**

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**Gender Specific for:MALE**

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*  
Recreation Services

*Treatment Types:*  
Family Support (FS)

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**Compendium Program: Invictus - DOMUS Kids**

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**Gender Specific for:BOTH**

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Support Services

*Treatment Types:*  
Reintegration Enhancement/Relapse Prevention (RERP)

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: Islamic Studies**

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**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Jehovah's Witness Bible Study**

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**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

*CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Jewish Worship and Study**

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**Gender Specific for:BOTH**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

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**Compendium Program: Jumah**

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**Gender Specific for:MALE**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Justice Dance Performance Project - MYI**

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**Gender Specific for:MALE**

*Description:*

JDPP - works with offenders who are fathers, teaching them ways to acclimate while overcoming obstacles of a less than receiving world, continue to persist and ultimately thrive. while teaching them to be vulnerable through performance art and building a bridge to their children.

*Facilities:*

MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

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**Compendium Program: L.E.A.D. Delta Unit**

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**Gender Specific for:MALE**

*Description:*

LEAD program is to cultivate a restorative community within the prison, fostering growth and understanding among young adults through dialogue, guidance and empathy.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Family Support (FS);Life Skills (LS)

---

### **Compendium Program: Mamba Mentality**

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#### **Gender Specific for:MALE**

*Description:*

Offenders identify a sports figure, entertainer or popular figure who endured tragedy and triumphed. They overcame their adversities, sacrifices, missed opportunities and failures to become an inspiration.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Education (Ed);Life Skills (LS)

---

### **Compendium Program: Manson Youth Podcast**

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#### **Gender Specific for:MALE**

*Description:*

MYI Podcast will allow the population to empower each other and develop skill sets for effective communication and interpersonal skills. This is a 10-week series and will teach the population to have an understanding of podcasting methods of communication and its positive influence.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

### **Compendium Program: Medication Assisted Treatment - MAT**

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#### **Gender Specific for:BOTH**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)*

---

### **Compendium Program: Mental Health Social Skills Group**

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#### **Gender Specific for:MALE**

*Description:*

A group approach to teaching youth basic skills regarding emotional regulation, communication, self esteem, anger management and coping skills. This group is for Mental Health level inmates.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

---

### **Compendium Program: Mindfulness (MH)**

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#### **Gender Specific for:MALE**

*Description:*

Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

*Facilities:*

*GARNER CI;MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

---

### **Compendium Program: Mood Disorders Group**

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#### **Gender Specific for:MALE**

*Description:*

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

*Facilities:*

**MANSON YI**

*Auspices:*  
Health Services

*Treatment Types:*  
Mental Health (MH)

---

**Compendium Program: Music Therapy: Intro**

---

**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self image, emotion regulation and interpersonal relationships. During the intro program, youth will gain basic knowledge of recording equipment, music structure, music instruments and will begin to create music through the use of recordings and/or playing instruments.

*Facilities:*  
MANSON YI

*Auspices:*  
Behavioral Health

*Treatment Types:*  
Mental Health (MH)

---

**Compendium Program: Music Therapy: Music Legends**

---

**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self- image, emotion regulation, and interpersonal relationships. During the Music Legends program, youth will gain advanced knowledge of mixing and producing music as well as learning to play instruments. Youth will be given more advanced writing topics to utilize in group to help with continuing to gain insight and promoting health self- expression. Youth in this program will have the opportunity to be mentors to lower levels of the music therapy program.

*Facilities:*  
MANSON YI

*Auspices:*  
Behavioral Health

*Treatment Types:*  
Mental Health (MH)

---

**Compendium Program: Music Therapy: Rising Stars**

---

**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive change in the youths' self- image, emotion, regulation and interpersonal relationships. During the Rising Stars program youth will gain more in depth knowledge of beat making, recording original songs, and learning to play instruments. Youth will also begin to analyze lyrics and musical components of songs. Youth will begin to expand song topics that are utilized to help gain insight and promote healthy self- expression.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Mental Health (MH)

---

**Compendium Program: MYI Community Council**

---

**Gender Specific for:MALE**

*Description:*

Selected participants are led by staff in the discussion of issues that concern the Manson Youth Institution (MYI) community. The young men will have the opportunity to talk about what is on their mind.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Life Skills (LS)

---

**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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### **Compendium Program: New Thoughts**

---

**Gender Specific for:BOTH**

*Description:*

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

*Facilities:*

BRIDGEPORT CC;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT)*

---

### **Compendium Program: Next Level Empowerment**

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**Gender Specific for:MALE**

*Description:*

The Next Level Empowerment Program is dedicated to teaching life skills via Creditable messengers to Emerging Adults between the ages of fifteen (15) to twenty-one (21) years of age currently incarcerated at Manson Youth Institution. Creditable Messengers are the Facilitators or Life Coaches whose lived experience allows them to convey creditable life experiences and recovery to the offenders in the Program.

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

MANSON YI;NEW HAVEN CC

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Non-credit Certificate Programs**

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**Gender Specific for:MALE**

*Description:*

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed);Life Skills (LS)

---

**Compendium Program: Our Piece of the Pie, Behind the Walls**

---

**Gender Specific for:BOTH**

*Description:*

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Problem Preventers - Conflict Resolution Coursework 1, 2, 3**

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**Gender Specific for:MALE**

*Description:*

This program concentrates on problem solving skill building, and peer mediation techniques. The first course begins with 10 session of conflict resolution, if a participant completes all 10 sessions without incident, they will move on to CR2 coursework. When the participant completes CR1 and 2 the CR3 coursework will not only consist of skill-building refreshers but a peer mediation component where the participant will assist on peer mediations.

Prerequisite: Facility Anger Management

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Project Reentry**

---

**Gender Specific for:MALE**

*Description:*

In collaboration with the Northwest Regional Workforce Investment Board, the population will participate in vocational training, earn certificates or credentials and engage in soft skills training in an effort to be best prepared for reentry. Participants will explore various careers, complete interest inventories, and skills assessments.

*Facilities:*

MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Life Skills (LS)

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Protestant Service**

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**Gender Specific for:BOTH**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Ramadan, Eid-Ul-Fitr, Eid-Ul-Adha**

---

**Gender Specific for:BOTH**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

---

**Compendium Program: Real Dads are Forever**

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**Gender Specific for:MALE**

*Description:*

8-week cohort that foster and connects age appropriate, gender specific and culturally responsive fatherhood development strategies that enhance the emotional, physical, social and spiritual relationship between fathers and family men, and their children. Upon completion of the program striving for fathers will make behavioral changes in order to self-nurture, be more empathetic, have a stable and communicative co-parenting relationship with mom, spend more time with his child(ren,) and become involved in his child's school life.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

---

**Compendium Program: Recreation Leaders**

---

**Gender Specific for:MALE**

*Description:*

Process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach to improve the quality of life and well-being of you. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. Youth will gain advanced knowledge of leisure management, healthy communication through leadership, positive coping techniques to encourage self-efficacy, and relationship building through team collaboration.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)*

---

**Compendium Program: Recreation Therapy: Intro**

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**Gender Specific for:MALE**

*Description:*

Recreation Therapy is a process group that is facilitated by Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional, and social approach to improve the quality of life and well-being of youth. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During the intro program, youth will gain awareness of leisure skills, healthy decision making through autonomy, positive coping techniques to support emotional and self-regulation and constructive relationship building.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

---

**Compendium Program: Recreation Therapy-Re-Creators**

---

**Gender Specific for:MALE**

*Description:*

This is a process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach but are not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During this program you will gain increased knowledge of applied leisure education, healthy communication styles, positive coping techniques to encourage self-expression, and relationship building through peer-to-peer support.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

---

**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH**

*Description:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Reentry Services and Identification Procurement**

---

**Gender Specific for:BOTH**

*Description:*

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for:BOTH**

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff. Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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### **Compendium Program: Reflections**

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#### **Gender Specific for:MALE**

*Description:*

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Life Skills (LS)

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### **Compendium Program: Rehab Therapy for Juvenile Offenders ( MH 3&4)**

---

#### **Gender Specific for:MALE**

*Description:*

Rehab Therapy Juvenile offender groups are process groups that are facilitated by a Rehabilitation Therapist (Recreational Therapist) which promote physical and mental health that encourage positive changes in the individual's emotional regulation, and physical wellness. Therapy groups focus on physical activities where the youths are working in teams to create healthy communication and team building techniques, to promote healthy relationships within the unit. during the program, individuals will also gain knowledge of weight training equipment, to promote healthy ways to relieve stress.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)

---

**Compendium Program: Restorative Justice Circles**

---

**Gender Specific for:MALE**

*Description:*

Restorative Justice Circles is a community based group focused on building peer relations, group cohesiveness, and better understanding of one another. The topics for the group are issues that affect their daily lives while incarcerated and in the community. Group topics may include healthy relationships, coping skills, current events, emotion regulation/ expression. youth are encouraged to express their individuality and have their voices heard in a safe milieu. At times youth have the opportunity to choose group topics and lead the group.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Life Skills (LS)

---

**Compendium Program: Sacramental Preparation- Catholic**

---

**Gender Specific for:BOTH**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community. Available based on facility needs

*Facilities:*

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Skills of socialization**

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**Gender Specific for:MALE**

*Description:*

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

MANSON YI

*Auspices:*

Volunteer Services

*Treatment Types:*

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: SMART Recovery**

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**Gender Specific for:BOTH**

*Description:*

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for:BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

As of :01/27/2026

Page 32 of 39

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: T.I.M.E Treatment Involvement Meditation Empowerment**

---

**Gender Specific for:MALE**

*Description:*

TIME is used to create a positive safe environment. Designed to assist the youth with their actions to correct through behavior goals and holding space for accountability through interactions and mediations.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM);Education (Ed);Life Skills (LS)

---

**Compendium Program: The Racial Justice Center Book Club**

---

**Gender Specific for:MALE**

*Description:*

The goal of the RJC Book Club is to highlight the importance of education as a pathway to empowerment and rehabilitation for incarcerated individuals. The program utilizes this initiative to cultivate literacy and intellectual engagement among incarcerated individuals while fostering meaningful discussions around literature, identity, and social justice.

*Facilities:*

BROOKLYN CI;MANSON YI;NEW HAVEN CC

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: Thresholds**

---

**Gender Specific for:BOTH**

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

*CHESHIRE CI;GARNER CI;MANSON YI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Tier I - Addiction Services - Brief Substance Abuse Education Program**

---

**Gender Specific for:BOTH**

*Description:*

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

*Facilities:*

*BRIDGEPORT CC;HARTFORD CC;MANSON YI;NEW HAVEN CC;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

---

**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

---

**Gender Specific for:BOTH**

*Description:*

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

---

### **Compendium Program: Transition Mentoring**

---

#### **Gender Specific for:BOTH**

*Description:*

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Facilities:*

MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

---

### **Compendium Program: Unlock your Thinking: Open your Mind**

---

#### **Gender Specific for:MALE**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

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**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

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**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for:BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

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**Gender Specific for:BOTH**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Victim Impact (VI)

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

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**Compendium Program: Wicca Sabbat and Esbat Circle**

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**Gender Specific for:BOTH**

*Description:*

A 1-hour collective activity to conduct Circle on Sabbats, including: Imbolc (Feb); Ostara (Mar); Beltane (Apr/May); Litha (Jun); Lammas (Aug); Mabon (Sep); Samhain (Oct); Yule (Dec), as identified in the Religious Services Annual Calendar of Religious Holidays, and Esbats, including every Full Moon, as identified in the Religious Services Annual Calendar of Religious Holidays.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Wicca Study**

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**Gender Specific for:BOTH**

*Description:*

A 1-hour weekly collective activity reserved for studying the Wicca tradition

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Education (Ed)

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**Compendium Program: Workforce Re-Entry**

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**Gender Specific for:MALE**

*Description:*

This group will focus on life skills and professional development of individuals to enhance their confidence and improve their employment opportunities. Get a smooth transition into the community and workforce. Connect with a skilled support system, learn money management skills. Supports for technology, work clothing, housing, transportation and childcare.

*Facilities:*

MANSON YI

*Auspices:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Programs & Treatment Unit*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

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**Compendium Program: Young Men's Group**

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**Gender Specific for:MALE**

*Description:*

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Behavior Modification (BM);Life Skills (LS)*

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**Compendium Program: Youth Specific Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Aggression Replacement Training (ART);Behavior Modification (BM)*