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### **Compendium Program: 12 Step Program**

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#### **Gender Specific for: BOTH**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* NA Writing Step for Recovery - correspondence based.
- \* AI-Anon (YCI only)
- \* Alcoholics Anonymous - Spanish
- \* Alcoholics Anonymous - English
- \* CODA - Codependents Anonymous
- \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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### **Compendium Program: 5 or 7 Day Job Assignments**

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#### **Gender Specific for: BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: Alternatives To Violence - Advanced Workshops**

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**Gender Specific for: BOTH**

*Description:*

Certified AVP volunteers lead advanced workshops to inmates who have completed the AVP basics workshop. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

*Facilities:*

BROOKLYN CI; MACDOUGALL CI; OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART); Life Skills (LS)

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**Compendium Program: Alternatives to Violence - Basic Workshops**

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**Gender Specific for: BOTH**

*Description:*

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

*Facilities:*

BROOKLYN CI; MACDOUGALL CI; OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART); Life Skills (LS)

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**Compendium Program: Alternatives to Violence - Training for Trainer Workshops**

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**Gender Specific for: BOTH**

*Description:*

This program is used to train inmates who have successfully completed AVP Basic and Advanced and will now be facilitating future programming as peer mentors.

*Facilities:*

BROOKLYN CI; MACDOUGALL CI; OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Aggression Replacement Training (ART);Life Skills (LS)*

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**Compendium Program: Anger Management Program**

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**Gender Specific for:BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)*

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**Compendium Program: Artists In Residence-Community Partners in Action (CPA)**

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**Gender Specific for:BOTH**

*Description:*

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Life Skills (LS)*

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### Compendium Program: Carpentry

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#### Gender Specific for:MALE

*Description:*

This program focuses on the necessary skills, tools and techniques, as well as the safety practices needed to successfully enter the world of construction and woodworking. Students will learn about home construction methodology and cabinet/furniture making as they effectively utilize shop-based stationary power tools. Students will learn, practice and apply mathematical concepts throughout the program as they design and build student-centered and community-based projects.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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### Compendium Program: Catholic Bible Study

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#### Gender Specific for:BOTH

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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### Compendium Program: Catholic Faith Sharing

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#### Gender Specific for:MALE

*Description:*

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

*Facilities:*

CYBULSKI CI;GARNER CI;MACDOUGALL CI

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Spirituality**

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**Gender Specific for:MALE**

*Description:*

This program meets on a weekly basis, and uses various methodologies (e.g. video, current events, workbooks, etc.). This program seeks to foster a deeper understanding of Catholicism and help inmates develop self-awareness, personal spiritual growth, and a deeper relationship with God and uses religious materials based upon Catholic principles and traditions.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for:BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: CBT - Chronic Pain Management**

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**Gender Specific for:MALE**

*Description:*

Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) is a time limited psychotherapeutic group focused on examining the relationships between thoughts, emotions, and behaviors to chronic physical pain. Group members will learn new cognitive and behavioral skills to assist in pain reduction to increase quality of life.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Mental Health

*Treatment Types:*

Unknown

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**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for:BOTH**

*Description:*

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Choir**

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**Gender Specific for:BOTH**

*Description:*

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;ROBINSON CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Chronic Discipline Phase 1**

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**Gender Specific for:BOTH**

**Description:**

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase one offers self-study and group reflection in basic emotions, triggers, relaxation techniques, goal setting, creating new habits and radical acceptance among others.

**Facilities:**

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed)

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**Compendium Program: Chronic Discipline Phase 2**

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**Gender Specific for:BOTH**

**Description:**

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase 2 builds off of material in Phase 1. Program offers self-study and group reflection in core beliefs, coping skills, conflict resolution, mindfulness, journaling, strength exploration and goal check ins.

**Facilities:**

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

**Auspices:**

Programs & Treatment Unit

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Education (Ed)

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**Compendium Program: Computer Education**

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**Gender Specific for:BOTH**

*Description:*

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

*Facilities:*

MACDOUGALL CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Cosmetology/Barbering**

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**Gender Specific for:MALE**

*Description:*

The Barbering and Cosmetology programs, in conjunction with the CT Department of Public Health (CT DPH), prepare students to become licensed in their respective trade. Course requirements for Barbering are 1000 hours in theory and practice and for Cosmetology, 1500 hours in theory and practice. Upon successful completion, students will receive their Affidavit of Hours which is filed with the CT DPH and which qualifies them to take the state licensure examination upon release. This program provides experiences in hair cutting and treatment, styling and shaving, human anatomy and physiology, and business practices.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Culinary Arts**

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**Gender Specific for: BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*

CORRIGAN CI; GARNER CI; MACDOUGALL CI; MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for: BOTH**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for: MALE**

*Description:*

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*

CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI

*Auspices:*

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Programs & Treatment Unit*

*Treatment Types:*

*Family Support (FS)*

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**Compendium Program: Facility Addiction Services - Intensive Aftercare Program**

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**Gender Specific for:MALE**

*Description:*

Aftercare is a continuation of Tier 2 and Tier 4 to further invest in recovery efforts.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. This is the facility-based domestic violence group. The group is designed to achieve the following goal:

To help inmates, who have a history of domestic violence, become

- (a) more motivated to stop their violence and abuse and
- (b) replace them with more positive behaviors patterns.

Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Victim Impact (VI)*

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**Compendium Program: Facility Orientation**

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**Gender Specific for:MALE**

*Description:*

Provides newly admitted or transferring inmates to the Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

*Facilities:*

BROOKLYN CI;CORRIGAN CI;GARNER CI;MACDOUGALL CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: General Referral for ATU (Addiction Treatment Unit) Program**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: General Referral for Vocational Education**

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**Gender Specific for:BOTH**

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

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### **Compendium Program: Helping Men Recover**

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#### **Gender Specific for:MALE**

*Description:*

Helping Men Recover (Stephanie S. Covington, Dan Griffin, Rick Dauer). Is the first gender-responsive, trauma- informed treatment program for me. The materials are grounded in research, theory, and clinical practice. This participant workbook has for modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. 18 sessions 1.5 hour each

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;MACDOUGALL CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)*

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## Compendium Program: High School Diploma Programs

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### Gender Specific for: BOTH

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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## Compendium Program: HIV Counseling, Testing & Risk Reduction Education

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### Gender Specific for: BOTH

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Family Support (FS);Medical (Med)

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**Compendium Program: HIV Support Services**

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**Gender Specific for: BOTH**

**Description:**

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Family Support (FS);Life Skills (LS);Medical (Med)

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**Compendium Program: Hospice Program**

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**Gender Specific for: BOTH**

*Description:*

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

*Facilities:*

MACDOUGALL CI; OSBORN CI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS)

---

**Compendium Program: Individual Native American Smudging**

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**Gender Specific for: BOTH**

*Description:*

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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### **Compendium Program: Infirmery Walking Program**

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#### **Gender Specific for:MALE**

*Description:*

The Infirmery Walking Program – Special Population will make accommodations in special situations to help facilitate patient guided exercises recommended to the patient by onsite providers and offsite specialists. Acceptance into this limited program will provide access to gym resources. Home exercise plans can be shared with the Recreation Supervisor, or designee. Home exercise plans are self-directed by the inmate

*Facilities:*

MACDOUGALL CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Medical (Med)

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### **Compendium Program: Inmate Certified Nurse's Aide Program**

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#### **Gender Specific for:MALE**

*Description:*

This program is licensed by the Connecticut Department of Public Health (DPH) with required re-licensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed);Life Skills (LS);Medical (Med)

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### **Compendium Program: Inmate Photo Program**

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#### **Gender Specific for:MALE**

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*

Recreation Services

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Invictus - DOMUS Kids**

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**Gender Specific for:BOTH**

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Islamic Studies**

---

**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: Jehovah's Witness Bible Study**

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**Gender Specific for: BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

CYBULSKI CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

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**Compendium Program: Jehovah's Witness Collective Service**

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**Gender Specific for: BOTH**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

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**Compendium Program: Jewish Holy Day Observances**

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**Gender Specific for: BOTH**

*Description:*

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

*Facilities:*

CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; HARTFORD CC; MACDOUGALL CI; OSBORN CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: Jewish Worship and Study**

---

**Gender Specific for: BOTH**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Jumah**

---

**Gender Specific for: MALE**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Kairos**

---

**Gender Specific for: BOTH**

*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

GARNER CI; MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

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### **Compendium Program: Medication Assisted Treatment - MAT**

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#### **Gender Specific for: BOTH**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*

BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Substance Abuse (SA)

---

### **Compendium Program: Meditation Group**

---

#### **Gender Specific for: MALE**

*Description:*

This group is led by a volunteer with extensive experience in teaching meditation. Basic techniques are introduced, as well as more advanced practice. The group is ongoing and meets weekly.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Life Skills (LS)

---

### **Compendium Program: Metal Working Shop**

---

#### **Gender Specific for: MALE**

*Description:*

This program teaches offenders how to utilize all types of metal working equipment. This including welding equipment; mig & tig, CNC equipment; shears and brakes and various other machinery; grinders, punching machines, notchers, plasma cutting, etc. The shop fabricates many types of metal and sheet metal products; institutional beds, lockers writing tables, vehicle caging & much more, etc. This provides offenders an opportunity to design, layout and fabricate a variety of metal products.

*Facilities:*

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

MACDOUGALL CI

**Auspices:**

Correctional Enterprises of Connecticut

**Treatment Types:**

Life Skills (LS)

---

**Compendium Program: Modern Media for Motivational Discussion and Concepts**

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**Gender Specific for:MALE**

**Description:**

The objective of the; Modern Media for Motivational Discussion and concepts is to utilize media to enhance individual teaching and learning. Media like many other teaching techniques can be used judiciously in the learning process. It can be utilized to motivate discussions, or lock in concepts. According to the Fair Use Act, exemption of teaching and educational use of materials (including film) from copyright prohibitions. (17 U.S.O Section 110(1)). The concept would utilize television (Channel 12/13) to display video footage for learning purposes. Movies can be selected to review. Participants will answer questions related to learning new concepts, and motivational discussion with an educational purpose. The participant will be provided a questionnaire, that reflects on media viewed.

**Facilities:**

MACDOUGALL CI

**Auspices:**

Programming Unit - Facility Staff

**Treatment Types:**

Education (Ed);Life Skills (LS)

---

**Compendium Program: Native American Harvest Festival**

---

**Gender Specific for:BOTH**

**Description:**

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

---

**Compendium Program: Native American Strawberry Festival**

---

**Gender Specific for:BOTH**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Native American Worship-Sweat Lodge**

---

**Gender Specific for:MALE**

*Description:*

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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### **Compendium Program: New Thoughts**

---

#### **Gender Specific for: BOTH**

*Description:*

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

*Facilities:*

BRIDGEPORT CC; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

---

### **Compendium Program: Our Piece of the Pie, Behind the Walls**

---

#### **Gender Specific for: BOTH**

*Description:*

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Support Services

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Outside Clearance**

**Gender Specific for:BOTH**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Over 40, Over 50 Wellness Program**

**Gender Specific for:MALE**

**Description:**

This program is designed for offenders over 40 and over 50 who want to participate in activities with people of the same age. Offenders can participate in weight training, handball, paddleball, basketball, Ping-Pong, and yoga without feeling pressure to compete with younger offenders. Upon admission to the program offenders are assigned a partner to start their exercise program slowly. From that point, they are able to increase stamina and activity levels. Information regarding specific fitness and health issues is also available to them.

**Facilities:**

MACDOUGALL CI

**Auspices:**

Recreation Services

**Treatment Types:**

Life Skills (LS)

---

### **Compendium Program: Pathway Home**

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#### **Gender Specific for: BOTH**

*Description:*

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

*Facilities:*

CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Education (Ed); Life Skills (LS)

---

### **Compendium Program: Principles of Manufacturing - Vocational Village**

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#### **Gender Specific for: MALE**

*Description:*

Principles of Manufacturing provides training in Mechatronics. Mechatronics is a multidisciplinary field that includes a combination of mechanical systems, robotics, electronics, telecommunications, digital processing, and digital controls. Using both instructional techniques and hands-on practice with state-of-the-art equipment, the student will receive a comprehensive and expansive education in an ever-growing career field. Students may apply their knowledge and skills in a variety of fields such as engineering, design, manufacturing, machining, troubleshooting and repair of automated equipment.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

---

### **Compendium Program: Problem Sexual Behavior Evaluation**

---

#### **Gender Specific for: BOTH**

*Description:*

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Facilities:*

MACDOUGALL CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Protestant Bible Study (Spanish)**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Protestant Service**

---

**Gender Specific for:BOTH**

*Description:*

This is the weekly Protestant worship service.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Protestant Service (Spanish)**

---

**Gender Specific for:MALE**

*Description:*

This is the weekly Protestant worship service conducted in Spanish.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Quranic Studies**

---

**Gender Specific for:BOTH**

*Description:*

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

*Facilities:*

BRIDGEPORT CC;MACDOUGALL CI;ROBINSON CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

---

**Gender Specific for:BOTH**

*Description:*

Religiously Required Observations (Annual)

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Reentry Services and Identification Procurement**

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**Gender Specific for:BOTH**

**Description:**

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

Unknown

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**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for:BOTH**

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Sacramental Preparation- Catholic**

---

**Gender Specific for:BOTH**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community. Available based on facility needs

*Facilities:*

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: Second Chance Education Alliance**

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**Gender Specific for:MALE**

*Description:*

The Second Education Alliance is a non-profit organization that offers non-accredited college level courses to offenders with a high interest in obtaining education beyond high school. Current course offerings include Philosophy & Literature, Network Design, Civics, Poetry, Science & Engineering, Economics, and Latin History & Literature.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Second Chance Pell Program**

---

**Gender Specific for:BOTH**

*Description:*

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Seeking Safety**

---

**Gender Specific for:BOTH**

*Description:*

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;YORK CI

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Auspices:*

*Mental Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Mental Health (MH);Substance Abuse (SA)*

---

**Compendium Program: Short Track Problem Sexual Behavior Group**

---

**Gender Specific for:BOTH**

*Description:*

Utilizing the risk, need, responsivity model inmates are assessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

*Facilities:*

*CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT)*

---

**Compendium Program: SMART Recovery**

---

**Gender Specific for:BOTH**

*Description:*

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for:BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Taleem**

---

**Gender Specific for:BOTH**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Tarweeh**

---

**Gender Specific for:MALE**

*Description:*

This is a nightly prayer that is conducted during the month of Ramadan.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;WALKER RC

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Therapeutic Wellness Program**

---

**Gender Specific for:MALE**

*Description:*

Takes referrals from mental Health. Medical, American with Disabilities Act and Substance Abuse/Addiction Services.

This program has three (3) tracks:

Track 1: Yoga

Track 2: Circuit

Track 3: Wheelchair

*Facilities:*

MACDOUGALL CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS);Medical (Med);Mental Health (MH)

---

**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

---

**Gender Specific for:BOTH**

*Description:*

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

---

**Compendium Program: Track 1 Problem Sexual Behavior Treatment Group**

---

**Gender Specific for:BOTH**

**Description:**

The Sex Treatment Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

**Facilities:**

CHESHIRE CI;MACDOUGALL CI;ROBINSON CI

**Auspices:**

Behavioral Health

**Treatment Types:**

Cognitive Behavioral Therapy (CBT)

---

**Compendium Program: Transitional Linkage into the Community (TLC)**

---

**Gender Specific for:BOTH**

**Description:**

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;WALKER RC;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Behavior Modification (BM);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: Upholstery Shop**

---

**Gender Specific for:MALE**

*Description:*

This shop produces new seating; ergonomic chairs, lounge chairs, sofas etc- and re-upholsters used furniture. Offenders receive on the job training in the upholstery trade. These services have been provided to many public libraries and other community based operations.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

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**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for:BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

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**Gender Specific for: BOTH**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Victim Impact (VI)

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**Compendium Program: Wicca Sabbat and Esbat Circle**

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**Gender Specific for: BOTH**

*Description:*

A 1-hour collective activity to conduct Circle on Sabbats, including: Imbolc (Feb); Ostara (Mar); Beltane (Apr/May); Litha (Jun); Lammas (Aug); Mabon (Sep); Samhain (Oct); Yule (Dec), as identified in the Religious Services Annual Calendar of Religious Holidays, and Esbats, including every Full Moon, as identified in the Religious Services Annual Calendar of Religious Holidays.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Wicca Study**

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**Gender Specific for: BOTH**

*Description:*

A 1-hour weekly collective activity reserved for studying the Wicca tradition

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Alphabetic Listing of Programs for MACDOUGALL CI, All Auspices, All Types**

*Auspices:*

Religious Services

*Treatment Types:*

Education (Ed)

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**Compendium Program: Woodworking Shop**

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**Gender Specific for:MALE**

*Description:*

This shop currently performs repairs to refinishing on all types of wood furniture. This repair work provides offenders with an opportunity to apply basic woodworking skills that will benefit them upon re-entry to the work force.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Yale Prison Education Initiative**

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**Gender Specific for:MALE**

*Description:*

The Yale Education Initiative is a higher education program offered to offenders interested in obtaining education beyond a high school level. Courses are both credit bearing and non-accredited. Yale instructors offer courses such as English Composition, Modern Sociology, Visual Arts, Philosophy, Latin and Literature.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)