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**Compendium Program: 12 Step Program**

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**Gender Specific for: BOTH**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* NA Writing Step for Recovery - correspondence based.
- \* Al-Anon (YCI only)
- \* Alcoholics Anonymous - Spanish
- \* Alcoholics Anonymous - English
- \* CODA - Codependents Anonymous
- \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for: BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Anger Management Program**

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**Gender Specific for: BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

*BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)*

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**Compendium Program: Biohazard Cleaning Training**

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**Gender Specific for: BOTH**

*Description:*

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

*Facilities:*

*BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Unknown*

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for: BOTH**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; WALKER RC; YORK CI*

*Auspices:*

*Religious Services*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Bible Study (Spanish)**

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**Gender Specific for: BOTH**

*Description:*

This is the Catholic Bible Study held in Spanish.

*Facilities:*  
*BRIDGEPORT CC; GARNER CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Faith Sharing**

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**Gender Specific for: MALE**

*Description:*

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

*Facilities:*  
*CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Retreats**

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**Gender Specific for: BOTH**

*Description:*

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

*Facilities:*  
*GARNER CI; MACDOUGALL CI; YORK CI*

*Auspices:*

As of :01/16/2025

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for: BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for: BOTH**

*Description:*

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*  
Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Cognitive Behavior Therapy**

---

**Gender Specific for:MALE**

*Description:*

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

---

**Compendium Program: Culinary Arts**

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**Gender Specific for:BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*

CORRIGAN CI;GARNER CI;MACDOUGALL CI;MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Discharge Orientation**

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**Gender Specific for:BOTH**

*Description:*

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

*Programs & Treatment Unit*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for: BOTH**

*Description:*  
A transcript review of educational needs will be completed for inmates.

*Facilities:*  
*BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*  
*Unknown*

*Treatment Types:*  
*Education (Ed)*

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for: MALE**

*Description:*  
Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*  
*CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI*

*Auspices:*  
*Programs & Treatment Unit*

*Treatment Types:*  
*Family Support (FS)*

---

**Compendium Program: Facility Addiction Services - Intensive Aftercare Program**

---

**Gender Specific for: MALE**

*Description:*  
Aftercare is a continuation of Tier 2 to further invest in recovery efforts.

*Facilities:*  
*BROOKLYN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI; ROBINSON CI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types***

***Auspices:***

*Addiction Treatment Unit*

***Treatment Types:***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

***Description:***

This group is designed for inmates who have committed a domestic violence offense. This is the facility-based domestic violence group. The group is designed to achieve the following goal:

To help inmates, who have a history of domestic violence, become

(a) more motivated to stop their violence and abuse and

(b) replace them with more positive behaviors patterns.

Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

***Facilities:***

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI*

***Auspices:***

*Programs & Treatment Unit*

***Treatment Types:***

*Aggression Replacement Training (ART);Victim Impact (VI)*

---

**Compendium Program: Facility Orientation**

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**Gender Specific for:MALE**

***Description:***

Provides newly admitted or transferring inmates to the Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

***Facilities:***

*BROOKLYN CI;CORRIGAN CI;GARNER CI;MACDOUGALL CI*

***Auspices:***

*All Facility Staff*

***Treatment Types:***

*Behavior Modification (BM)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Garner CI Chronic Discipline Interval 1**

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**Gender Specific for:MALE**

*Description:*

Chronic Discipline Program - Interval 1  
Garner CI Only

*Facilities:*

GARNER CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: Garner CI Chronic Discipline Interval 2**

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**Gender Specific for:MALE**

*Description:*

Chronic Discipline Program - Interval 2  
Garner CI Only

*Facilities:*

GARNER CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: GCI - Administrative Segregation**

---

**Gender Specific for:MALE**

*Description:*

GCI - Administrative Segregation

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)



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**Compendium Program: GCI Anger Management**

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**Gender Specific for:MALE**

*Description:*

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

---

**Compendium Program: GCI Farming/Gardening Program**

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**Gender Specific for:MALE**

*Description:*

The GGCI Farming/Gardening Program will provide inmates with classroom instruction in gardening/farming skills and techniques. Inmates will also receive hands on experience in soil prep, sowing, planting, growing, hydration, fertilization, weeding, pest control, and harvesting techniques. A variety of fruits, vegetables, flowers, and edible plants will be grown within the interior courtyard. Harvested produce will be filtered into the kitchen for use in the food supply. Abundant and extra product may be donated to local food pantries or soup kitchens at the discretion of the Warden.

*Facilities:*

GARNER CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS)

---

**Compendium Program: General Referral for ASU (Addiction Services Unit) Program**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Substance Abuse (SA)

---

**Compendium Program: General Referral for Vocational Education**

---

**Gender Specific for: BOTH**

**Description:**

A review of vocational education needs will be completed for inmates.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Education (Ed)

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**Compendium Program: Grief Recovery Loss**

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**Gender Specific for: MALE**

**Description:**

Grief Recovery Group is for inmates dealing with past losses that may include death, family separation, loss of faith, or growing up in an abusive home; and the current loss of freedom due to incarceration. The course addresses the effect of incarceration and substance abuse on the grief process, the importance of taking responsibility for one's self, and how to find forgiveness and hope in life. The goal is for the group to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose - making it less likely they will reoffend and become re-incarcerated.

Program will utilize LIFE BEYOND LOSS - a Workbook for Incarcerated Men by Beverly Welo

**Facilities:**

GARNER CI

**Auspices:**

Religious Services

**Treatment Types:**

Education (Ed);Life Skills (LS);Mental Health (MH)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Hebrew Language studies**

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**Gender Specific for:MALE**

*Description:*

Inmates will learn the Hebrew language.

*Facilities:*

GARNER CI

*Auspices:*

Religious Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: High School Diploma Programs**

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**Gender Specific for:BOTH**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

---

**Gender Specific for: BOTH**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS); Medical (Med)

---

**Compendium Program: HIV Support Services**

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**Gender Specific for: BOTH**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Health Services

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

**Treatment Types:**

Family Support (FS);Life Skills (LS);Medical (Med)

---

**Compendium Program: Individual Native American Smudging**

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**Gender Specific for:BOTH**

**Description:**

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Individual Treatment Plan**

---

**Gender Specific for:MALE**

**Description:**

Individual Treatment Plan

**Facilities:**

GARNER CI;OSBORN CI

**Auspices:**

Mental Health

**Treatment Types:**

Mental Health (MH)

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**Compendium Program: Inmate Photo Program**

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**Gender Specific for:MALE**

**Description:**

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

**Facilities:**

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Family Support (FS)

---

**Compendium Program: Inside Out Prison Exchange Program**

---

**Gender Specific for:MALE**

*Description:*

The Inside Out Prison Exchange Program increases opportunities for men and women, inside and outside of prison, to have transformative learning experiences that emphasize collaboration and dialog, inviting participants to take leadership in addressing crime, justice, and other issues of social concern.

*Facilities:*  
GARNER CI;ROBINSON CI

*Auspices:*  
Volunteer Services

*Treatment Types:*  
Education (Ed);Life Skills (LS)

---

**Compendium Program: Inside Out Program Extension**

---

**Gender Specific for:MALE**

*Description:*

Intended for inside students who successfully complete the Inside-Out seminar. the primary goal of this work is to improve written communication and analytical ability.

*Facilities:*  
GARNER CI;ROBINSON CI

*Auspices:*  
Volunteer Services

*Treatment Types:*  
Education (Ed);Life Skills (LS)

---

**Compendium Program: Intercessory Prayer - Protestant**

---

**Gender Specific for:MALE**

*Description:*

A time of intercessory prayer that is held weekly.

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

*Facilities:*  
GARNER CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

---

**Compendium Program: Islamic Studies**

---

**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Jehovah's Witness Collective Service**

---

**Gender Specific for:BOTH**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*  
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*  
Volunteer Services

*Treatment Types:*  
Unknown

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**Compendium Program: Jewish Sabbath Worship**

---

**Gender Specific for:BOTH**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

*Facilities:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

*BROOKLYN CI;GARNER CI;HARTFORD CC;YORK CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Jewish Worship and Study**

---

**Gender Specific for:BOTH**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Jumah**

---

**Gender Specific for:MALE**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Kairos**

---

**Gender Specific for:BOTH**

*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

*GARNER CI;MACDOUGALL CI*



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

*Auspices:*  
*Volunteer Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Kairos Reunion**

---

**Gender Specific for:MALE**

*Description:*

A monthly two hour reunion that re-inforces the Kairos principles for inmates who have already participated in the 40 hour Kairos Retreat.

*Facilities:*  
*GARNER CI*

*Auspices:*  
*Religious Services ;Volunteer Services*

*Treatment Types:*  
*Education (Ed);Family Support (FS);Life Skills (LS)*

---

**Compendium Program: Medication Assisted Treatment - MAT**

---

**Gender Specific for:BOTH**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*  
*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*  
*Addiction Treatment Unit*

*Treatment Types:*  
*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Mindfulness (MH)**

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**Gender Specific for:MALE**

*Description:*

Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

*Facilities:*

GARNER CI;MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Native American Harvest Festival**

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**Gender Specific for:BOTH**

*Description:*

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Native American Strawberry Festival**

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**Gender Specific for:BOTH**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Native American Worship**

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**Gender Specific for: BOTH**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: New Thoughts**

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**Gender Specific for: BOTH**

*Description:*

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

*Facilities:*

BRIDGEPORT CC; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

*Cognitive Behavioral Therapy (CBT)*

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**Compendium Program: Outside Clearance**

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**Gender Specific for: BOTH**

*Description:*

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)*

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**Compendium Program: Pathway Home**

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**Gender Specific for: BOTH**

*Description:*

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

*Facilities:*

*CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI; YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Education (Ed); Life Skills (LS)*

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**Compendium Program: Patient Care Assistant**

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**Gender Specific for: BOTH**

*Description:*

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

*Facilities:*

BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; GARNER CI; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed); Life Skills (LS); Medical (Med)

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**Compendium Program: PEP - People Empowering People**

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**Gender Specific for: BOTH**

*Description:*

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; GARNER CI; YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Family Support (FS); Life Skills (LS)

---

**Compendium Program: Protestant Bible Study**

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**Gender Specific for: BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Protestant Bible Study (Spanish)**

---

**Gender Specific for:BOTH**

**Description:**

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;NEW HAVEN CC;OSBORN CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Protestant Service**

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**Gender Specific for:BOTH**

**Description:**

This is the weekly Protestant worship service.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Protestant Service (Spanish)**

---

**Gender Specific for:MALE**

**Description:**

This is the weekly Protestant worship service conducted in Spanish.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

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**Gender Specific for:BOTH**

**Description:**

Religiously Required Observations (Annual)

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Re-Entry and Discharge Planning**

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**Gender Specific for:BOTH**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Reentry Services and Identification Procurement**

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**Gender Specific for: BOTH**

*Description:*

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; Outside PCS Generic Locations; PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for: BOTH**

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)



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**Compendium Program: Second Chance Pell Program**

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**Gender Specific for: BOTH**

*Description:*

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: Special Education and Pupil Services**

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**Gender Specific for: BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: Taleem**

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**Gender Specific for:BOTH**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Thresholds**

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**Gender Specific for:BOTH**

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

CHESHIRE CI;GARNER CI;MANSON YI

*Auspices:*

All Facility Staff;Contracted Program;Volunteer Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Turning Point Program**

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**Gender Specific for:MALE**

*Description:*

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff;Volunteer Services

*Treatment Types:*

Life Skills (LS)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types*

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**Compendium Program: USD #1-Mandatory Education Unit (MEU)**

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**Gender Specific for:MALE**

*Description:*

SRG designated inmates housed at Garner CI. Youth Education Unit (YDU) are provided with comprehensive educational services. YDU is comprised of a mixture of both special and regular education students and who are between the ages of 18 and 22. the education within YDU prepares students to achieve their GED and/or High School Diploma along with transitional counseling services. Special education students are provided with the services and support required by their Individual Education Plans (IEP). Additionally, all subjects and educational levels are addressed in the daily AM and PM classes offered. Students in the YDU are offered the same number of educational hours as students housed in the general population. Name changed from Youth Development Unit (YDU) 08082016.

*Facilities:*

*GARNER CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

---

**Gender Specific for: BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

---

**Gender Specific for: BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CORRIGAN CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for: BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for GARNER CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

---

**Gender Specific for:BOTH**

**Description:**

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Victim Impact (VI)