

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: 12 Step Program**

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**Gender Specific for:BOTH**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* NA Writing Step for Recovery - correspondence based.
- \* Al-Anon (YCI only)
- \* Alcoholics Anonymous - Spanish
- \* Alcoholics Anonymous - English
- \* CODA - Codependents Anonymous
- \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Anger Management Program**

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**Gender Specific for:BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

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**Compendium Program: Biohazard Cleaning Training**

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**Gender Specific for:BOTH**

*Description:*

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for:BOTH**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types***

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Faith Sharing**

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**Gender Specific for:MALE**

*Description:*

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

*Facilities:*  
*CYBULSKI CI;GARNER CI;MACDOUGALL CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Prayer and Healing Program**

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**Gender Specific for:MALE**

*Description:*

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

*Facilities:*  
*CYBULSKI CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for:BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: CCAR RECOVERY COACH PROFESSIONAL DESIGNATION (RCP)**

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**Gender Specific for:BOTH**

**Description:**

This program will provide individuals with a pathway to earning a respected professional designation in the recovery coaching field. The CCAR trainings included within this offering will include the CCAR Recovery Coach Academy (currently provided by DOC addiction staff), Ethical Considerations, Professionalism and Multiple Pathways of Recovery. The latter would be provided by CCAR staff, and be facilitated in person within the DOC facilities. While a bulk of the training is in person, several resources and modules may be made accessible to residents through their DOC issued tablets.

**Facilities:**

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Substance Abuse (SA)

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**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for:BOTH**

**Description:**

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Unknown

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**Compendium Program: Certified Nurse Aide Training and Skills Program**

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**Gender Specific for:BOTH**

*Description:*

The Certified Nursing Assistant training provides education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 12 weeks training that is certified under the CT Department of Public Health. Nursing Assistant skills and training include maintaining a clean and safe environment, knowing the expectations and limits of the work role, respecting confidentiality, following directions, show respect for each patient/offender, sensitivity to beliefs and values, practicing good body mechanics, using medical asepsis for infection control, weights and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, using precautions to prevent infection, providing comfort and understanding, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in a State issued certificate and level 3 pay for placement as a CNA in a facility job classification.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed);Life Skills (LS);Medical (Med)

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**Compendium Program: Change Unit**

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**Gender Specific for:MALE**

*Description:*

The objective of the Change Unit is threefold. First to increase offenders overall personal responsibility, for their choices that led to their present incarceration and the past choices that continue to cause problems in their life. Secondly, offenders explore how their continued use of alcohol and/or drugs has influenced their decision making and consequences. They are encouraged to survey how changing their thinking around substances will change the way they feel; promoting a change in behavior(s). Lastly, participants examine abstinence from all addictive substances as a way to prevent future arrests and to better meet the challenges and opportunities that await them upon their release. CHANGE Unit participants include a COMMUNITY where offenders focus on change, make better choices, practice recovery skills and altering thinking patterns to promote growth. Staff assist offenders in the process, using available resources/support. Offenders provide support to one another by embracing the therapeutic community framework of the unit. Successful community reintegration, reduced recidivism are best achieved by a team effort. Together, we can attain the success that offenders envision for themselves. Our community is made up of a diverse population that is willing to put forth a concerted effort to invest in themselves and the therapeutic community.

*Facilities:*

CYBULSKI CI

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Behavior Modification (BM); Substance Abuse (SA)

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**Compendium Program: Choir**

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**Gender Specific for: BOTH**

**Description:**

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

**Facilities:**

BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; MACDOUGALL CI; ROBINSON CI; YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: CLICC Literacy Program**

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**Gender Specific for: BOTH**

**Description:**

**Facility-Based Services**

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These exercises will be facilitated by The Center staff, partners and mentors.

**Facilities:**

BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; HARTFORD CC; MANSON YI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Education (Ed); Family Support (FS)

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Community Details**

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**Gender Specific for:MALE**

*Description:*

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

*Facilities:*

CYBULSKI CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: DUI (Driving Under the Influence)**

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**Gender Specific for:BOTH**

*Description:*

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: DUI Home Confinement Program: Track One**

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**Gender Specific for:BOTH**

*Description:*

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson 1 Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions ; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: DUI Home Confinement Program: Track Three**

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**Gender Specific for:BOTH**

*Description:*

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)



**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: DUI Home Confinement Program: Track Two**

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**Gender Specific for:BOTH**

*Description:*

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: DUI Home Confinement Track Five**

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**Gender Specific for:BOTH**

*Description:*

DUI track 5 is for offenders returned by parole from Home Confinement for substance use. Upon re-entry into a facility, an addiction counselor will reassess the offender, to determine the appropriate level of treatment. Track 5 can be of varying lengths, based on the assessed need. Offenders may be eligible for re-release on home confinement, as determined by the Community Release Unit.

*Facilities:*

CYBULSKI CI;NEW HAVEN CC;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit;Community Addiction Services

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for:BOTH**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

Unknown

*Treatment Types:*

Education (Ed)

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**Compendium Program: Educational, Career Resources and Job Fairs**

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**Gender Specific for:BOTH**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*

CYBULSKI CI;MANSON YI;WILLARD CI

*Auspices:*

USD#1

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for:MALE**

*Description:*

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Facility Addiction Services - Intensive Aftercare Program**

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**Gender Specific for:MALE**

*Description:*

Aftercare is a continuation of Tier 2 and Tier 4 to further invest in recovery efforts.

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

***Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types***

***Facilities:***

*BROOKLYN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI*

***Auspices:***

*Addiction Treatment Unit*

***Treatment Types:***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

***Description:***

This group is designed for inmates who have committed a domestic violence offense. This is the facility-based domestic violence group. The group is designed to achieve the following goal:

To help inmates, who have a history of domestic violence, become

(a) more motivated to stop their violence and abuse and

(b) replace them with more positive behaviors patterns.

Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

***Facilities:***

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI*

***Auspices:***

*Programs & Treatment Unit*

***Treatment Types:***

*Aggression Replacement Training (ART);Victim Impact (VI)*

---

**Compendium Program: General Referral for ATU (Addiction Treatment Unit) Program**

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**Gender Specific for:BOTH**

***Description:***

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

***Auspices:***

*Unknown*

***Treatment Types:***

*Substance Abuse (SA)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types*

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**Compendium Program: General Referral for Vocational Education**

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**Gender Specific for: BOTH**

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Education (Ed)

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**Compendium Program: Goodwin University ENET**

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**Gender Specific for: MALE**

*Description:*

Goodwin University Entrepreneurial Network (ENet) is an 18- college credit small business start-up certificate program for undeserved populations and those currently and formerly incarcerated. The Entrepreneurial Network program provides students with a quality educational experience focused on essential business skills such as accounting, management, marketing, professional presentation, and positively impacting communities.

*Facilities:*

CYBULSKI CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: Helping Men Recover**

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**Gender Specific for: MALE**

*Description:*

Helping Men Recover (Stephanie S. Covington, Dan Griffin, Rick Dauer). Is the first gender-responsive, trauma- informed treatment program for me. The materials are grounded in research, theory, and clinical practice. This participant workbook has for modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. 18 sessions 1.5 hour each

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types***

***Facilities:***

*BROOKLYN CI;CYBULSKI CI;MACDOUGALL CI*

***Auspices:***

*Addiction Treatment Unit*

***Treatment Types:***

*Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)*

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**Compendium Program: High School Diploma Programs**

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**Gender Specific for:BOTH**

***Description:***

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI*

***Auspices:***

*USD#1*

***Treatment Types:***

*Education (Ed)*

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

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**Gender Specific for:BOTH**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Medical (Med)

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**Compendium Program: HIV Support Services**

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**Gender Specific for:BOTH**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS);Life Skills (LS);Medical (Med)

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**Compendium Program: Hospitality Operations Technology**

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**Gender Specific for:MALE**

*Description:*

This introduction to the hospitality industry teaches the technology used in the industry such as menu costing and cost control, marketing, how to 'wow' the customer and create customer loyalty. Students will learn all aspects of the hospitality business such as how to utilize media related outreach, the accounting process and the integral nature of human resources (hiring, firing of staff, training and evaluation of employees). Students will also learn basic food preparation, how to be an entrepreneur and own their own restaurant, food truck, catering or other food related business.

*Facilities:*

CYBULSKI CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Individual Native American Smudging**

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**Gender Specific for:BOTH**

*Description:*

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Inmate Photo Program**

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**Gender Specific for:MALE**

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*

Recreation Services

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Invictus - DOMUS Kids**

---

**Gender Specific for:BOTH**

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Islamic Studies**

---

**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.



**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Islamic Video**

---

**Gender Specific for:BOTH**

**Description:**

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

**Facilities:**

CYBULSKI CI;WILLARD CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Jehovah's Witness Bible Study**

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**Gender Specific for:BOTH**

**Description:**

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

**Facilities:**

CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

**Auspices:**

Volunteer Services

**Treatment Types:**

Unknown

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**Compendium Program: Jehovah's Witness Collective Service**

---

**Gender Specific for:BOTH**

**Description:**

This is the weekly Jehovah's Witness worship service.

**Facilities:**

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

Volunteer Services

**Treatment Types:**

Unknown

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**Compendium Program: Jewish Holy Day Observances**

---

**Gender Specific for:BOTH**

**Description:**

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

**Facilities:**

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Jewish Worship and Study**

---

**Gender Specific for:BOTH**

**Description:**

Jewish worship followed by study of the Hebrew Bible or Jewish history.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Jumah**

---

**Gender Specific for:MALE**

**Description:**

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

**Facilities:**

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Justice Dance Performance Project: Residency Performance**

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**Gender Specific for:BOTH**

**Description:**

This group (formerly named Judy Dworin Performance Project) meets weekly from September through June to develop the themes and life stories that are brought to the surface through song, dance, art, and spoken word performance(s) in late June.

**Facilities:**

CYBULSKI CI;YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Education (Ed);Family Support (FS);Mental Health (MH)

---

**Compendium Program: Medication Assisted Treatment - MAT**

---

**Gender Specific for:BOTH**

**Description:**

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

**Facilities:**

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Men's Fraternity**

---

**Gender Specific for:MALE**

*Description:*

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

*Facilities:*

CYBULSKI CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

---

**Compendium Program: Mindfulness in Corrections(Recovery)**

---

**Gender Specific for:MALE**

*Description:*

Program teaching mindfulness to inmates to develop more self-awareness, lower recidivism, encourage addiction recovery and develop internal and external peace. Teaching how to increase emotional intelligence and how to deal skillfully with, anxiety, anger, stress, cravings.

*Facilities:*

CHESHIRE CI;CYBULSKI CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

---

**Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model**

---

**Gender Specific for:MALE**

*Description:*

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

*Facilities:*

CYBULSKI CI

*Auspices:*

Mental Health

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Native American Harvest Festival**

---

**Gender Specific for:BOTH**

*Description:*

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Native American Strawberry Festival**

---

**Gender Specific for:BOTH**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Native American Video and Discussion**

---

**Gender Specific for:MALE**

*Description:*

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

*Facilities:*

BROOKLYN CI;CYBULSKI CI

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

---

**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH**

**Description:**

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: New Thoughts**

---

**Gender Specific for:BOTH**

**Description:**

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

**Facilities:**

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

BRIDGEPORT CC;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Cognitive Behavioral Therapy (CBT)

---

**Compendium Program: Our Piece of the Pie, Behind the Walls**

---

**Gender Specific for:BOTH**

**Description:**

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

**Facilities:**

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Support Services

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

---

**Compendium Program: Pathway Home**

---

**Gender Specific for:BOTH**

*Description:*

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Education (Ed);Life Skills (LS)

---

**Compendium Program: Patient Care Assistant**

---

**Gender Specific for:BOTH**

*Description:*

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed);Life Skills (LS);Medical (Med)



**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Peer Mentor Program**

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**Gender Specific for:MALE**

*Description:*

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

*Facilities:*

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Protestant Bible Study (Spanish)**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types***

*Unknown*

---

**Compendium Program: Protestant Church Leadership Course**

---

**Gender Specific for:MALE**

*Description:*

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

*Facilities:*

*CYBULSKI CI;WILLARD CI*

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Unknown*

---

**Compendium Program: Protestant Discipleship Group**

---

**Gender Specific for:MALE**

*Description:*

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

*Facilities:*

*CYBULSKI CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

---

**Compendium Program: Protestant Service**

---

**Gender Specific for:BOTH**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

As of :11/21/2025

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types***

*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Service (Spanish)**

---

**Gender Specific for:MALE**

*Description:*

This is the weekly Protestant worship service conducted in Spanish.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI*

*Auspices:*

*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Support Group**

---

**Gender Specific for:MALE**

*Description:*

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

*Facilities:*

*CYBULSKI CI*

*Auspices:*

*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

---

**Gender Specific for:BOTH**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH**

**Description:**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Unknown

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Reentry Services and Identification Procurement**

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**Gender Specific for:BOTH**

**Description:**

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Unknown

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for:BOTH**

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff. Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Reintegration Unit**

---

**Gender Specific for:MALE**

*Description:*

The Reintegration Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

*Facilities:*

CYBULSKI CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Sacramental Preparation- Catholic**

---

**Gender Specific for:BOTH**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community. Available based on facility needs.

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

**Facilities:**

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Second Chance Pell Program**

---

**Gender Specific for:BOTH**

**Description:**

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Education (Ed)

---

**Compendium Program: SMART Recovery**

---

**Gender Specific for:BOTH**

**Description:**

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

Addiction Treatment Unit

*Treatment Types:*  
Substance Abuse (SA)

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for:BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Taleem**

---

**Gender Specific for:BOTH**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

---

**Gender Specific for:BOTH**

*Description:*

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

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**Compendium Program: Transitional Case Management (TCM)**

---

**Gender Specific for:BOTH**

*Description:*

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

*Facilities:*

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Community Addiction Services;Contracted Program

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)



**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

---

**Compendium Program: USD#1 Adult Basic Education (GL 0-4)**

---

**Gender Specific for:MALE**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. It is for any individual who has been assessed by the education unit and found to have a grade functioning level between 0-4.

*Facilities:*

CYBULSKI CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: USD#1 Family Education & Parenting**

---

**Gender Specific for:BOTH**

*Description:*

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*  
CYBULSKI CI

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed);Family Support (FS)

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**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for:BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

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**Compendium Program: Veterans Service Unit**

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**Gender Specific for:MALE**

*Description:*

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

*Facilities:*

CYBULSKI CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

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**Gender Specific for:BOTH**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Victim Impact (VI)

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**Compendium Program: Wicca Sabbat and Esbat Circle**

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**Gender Specific for:BOTH**

*Description:*

A 1-hour collective activity to conduct Circle on Sabbats, including: Imbolc (Feb); Ostara (Mar); Beltane (Apr/May); Litha (Jun); Lammas (Aug); Mabon (Sep); Samhain (Oct); Yule (Dec), as identified in the Religious Services Annual Calendar of Religious Holidays, and Esbats, including every Full Moon, as identified in the Religious Services Annual Calendar of Religious Holidays.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for CYBULSKI CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Wicca Study**

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**Gender Specific for:BOTH**

**Description:**

A 1-hour weekly collective activity reserved for studying the Wicca tradition

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Education (Ed)