

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: 12 Step Program**

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**Gender Specific for:BOTH**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
  - \* Narcotics Anonymous
  - \* NA Writing Step for Recovery - correspondence based.
  - \* Al-Anon (YCI only)
  - \* Alcoholics Anonymous - Spanish
  - \* Alcoholics Anonymous - English
  - \* CODA - Codependents Anonymous
  - \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: 24/7 Dad**

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**Gender Specific for:MALE**

*Description:*

Program to assist dads look at their own backgrounds to help them understand how their history effect their fathering.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: A New Direction**

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**Gender Specific for:MALE**

*Description:*

An Addiction Services program to meet the needs of the sentenced and unsentenced offenders at the direct admission facilities. Addiction Services units shall offer a short-term drug and alcohol education program using the evidenced based Cognitive-Behavioral Treatment Curriculum "A New Direction" by Hazelden. This curriculum addresses criminal and addictive thinking based on real life experiences of incarcerated addicts.

*Facilities:*

CORRIGAN CI;NEW HAVEN CC

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: Addiction Services - Assessment & Orientation**

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**Gender Specific for:BOTH**

*Description:*

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

MANSON YI;WALKER RC;YORK CI

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

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*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Administrative Segregation - York CI - Phase 1**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: Administrative Segregation - York CI - Phase 2**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: Administrative Segregation - York CI - Phase 3**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All Behavior Modification (BM)**

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**Compendium Program: Administrative Segregation Phase 1**

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**Gender Specific for:MALE**

*Description:*

Phase One programming for offenders classified to Administrative Segregation. Modules of programming include: Getting Settled - Getting Going, Handling a Crisis, and Interpersonal Effectiveness.

*Facilities:*

WALKER RC

*Auspices:*

All Facility Staff;Programming Unit - Facility Staff

*Treatment Types:*

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Administrative Segregation Phase 2**

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**Gender Specific for:MALE**

*Description:*

Phase Two programming for offenders classified to Administrative Segregation. Modules of programming include: Orientation and Communication, Controlling Your Anger, and A Better Way.

*Facilities:*

WALKER RC

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: Administrative Segregation Phase 3**

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**Gender Specific for:MALE**

*Description:*

Phase Three programming for offenders classified to Administrative Segregation. Modules of programming include: How to do your Bid, Relapse Prevention, and Bridge Group.

*Facilities:*

WALKER RC

*Auspices:*

All Facility Staff

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Treatment Types:

Behavior Modification (BM)

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**Compendium Program: Advanced Manufacturing - Vocational Village**

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**Gender Specific for:MALE**

*Description:*

This program provides students with the opportunity to train in a hands-on manufacturing environment. Students will develop an advanced level of skillsets that will lead directly to a career in the vast world of manufacturing, such as an entry-level machinist or a quality inspector. The program directly responds to Connecticut manufacturers' need for a highly skilled workforce to match the needs of the regional industry sector partnerships around the state of Connecticut.

*Facilities:*

ROBINSON CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

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**Compendium Program: Advanced TREM**

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**Gender Specific for:FEMALE**

*Description:*

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Al-Anon**

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**Gender Specific for:BOTH**

*Description:*

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Alternatives To Violence - Advanced Workshops**

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**Gender Specific for:BOTH**

*Description:*

Certified AVP volunteers lead advanced workshops to inmates who have completed the AVP basics workshop. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

*Facilities:*

BROOKLYN CI;MACDOUGALL CI;OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS)

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**Compendium Program: Alternatives to Violence - Basic Workshops**

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**Gender Specific for:BOTH**

*Description:*

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors. The workshop is completed over a 2-3 day period.

*Facilities:*

BROOKLYN CI;MACDOUGALL CI;OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

As of :02/24/2026

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**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Aggression Replacement Training (ART);Life Skills (LS)**

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**Compendium Program: Alternatives to Violence - Training for Trainer Workshops**

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**Gender Specific for:BOTH**

*Description:*

This program is used to train inmates who have successfully completed AVP Basic and Advanced and will now be facilitating future programming as peer mentors.

*Facilities:*

BROOKLYN CI;MACDOUGALL CI;OSBORN CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS)

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**Compendium Program: American Job Center - Employment Readiness Workshop**

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**Gender Specific for:MALE**

*Description:*

The goal of this Employment Readiness Workshop is to provide resources and materials that will assist returning citizens (inmates) with job search strategies. This 4-5 session workshop will cover tools, suggestions and tips with various steps in your employment search process. In each of these sessions participants, will work on various activities and exercises designed to assist in their job search strategies. There are assignments that are provided to prepare these individuals for the next session. The topics that are covered over the 4-5 session include: Personality Assessment, Job Description Review, Cover Letter, Resume, Completing Application and Interview Questions and Strategies. There are many opportunities to answer and discuss concerns and questions as they relate to (inmates, ex-offenders) participant employment application. There are opportunities for mock interviews and to discuss interview questions and especially tips on answering the question regarding their background. Lastly, participants are provided with an overview of the resources and services available at the American Job Center.

*Facilities:*

NEW HAVEN CC

*Auspices:*

Volunteer Services

*Treatment Types:*

Life Skills (LS)

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**Gender Specific for:MALE**

*Description:*

2 inmates (Primary and Secondary) are paired with a puppy (9 or 10 weeks old) and raise it until 1 year of age. During that time period they teach the dog approximately 48 different commands that would be of use to a disabled Veteran.

*Facilities:*

CORRIGAN CI;OSBORN CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Life Skills (LS);Mental Health (MH)

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**Compendium Program: Anger Management Program**

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**Gender Specific for:BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

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**Compendium Program: Anger Management Youth Life Skills**

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**Gender Specific for:MALE**

*Description:*

Explores interactive learning to help identify key living skills and handle difficult situations. Learners will learn how to identify anger triggers, what to do (and not do) when angry, and when anger can be managed in positive way.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

**PROGRAMS & TREATMENT UNIT**

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*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Artists In Residence-Community Partners in Action (CPA)**

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**Gender Specific for:BOTH**

*Description:*

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Auto Body Technology**

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**Gender Specific for:MALE**

*Description:*

This program is designed to provide the student with a comprehensive understanding and hands-on application of industry standard collision repair and refinishing techniques. Program instruction provides participants with applications using the latest collision repair tools, equipment, and techniques as well as important safety tips and strategies for students to use in protecting themselves and the environment.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Auto Detailing**

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**Gender Specific for:MALE**

*Description:*

This vocational program provides students with the knowledge and experience required to work in new and used car dealerships and/or automotive detail shops. The program also emphasizes the elements of entrepreneurship equipping students with the knowledge to begin their own automobile detailing business.

*Facilities:*

CHESHIRE CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Automotive Technology**

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**Gender Specific for:MALE**

*Description:*

This program seeks to meet the needs of individuals interested in a basic exposure to and/or an exploratory opportunity in the automotive technology field. Instruction will include understanding the basic operating principles of an automobile and providing in-depth theory of brake, steering and suspension systems. Students will identify and use appropriate tools, testing and measurement equipment to accomplish certain tasks related to the occupation using current reference and training materials.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Beyond Violence: A Prevention Program for Women**

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**Gender Specific for:FEMALE**

*Description:*

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

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**Facilities:**  
YORK CI

**Auspices:**  
All Facility Staff;Programs & Treatment Unit

**Treatment Types:**  
Aggression Replacement Training (ART);Family Support (FS);Victim Impact (VI)

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**Compendium Program: Biohazard Cleaning Training**

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**Gender Specific for:BOTH**

**Description:**

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

**Facilities:**  
BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**  
Addiction Treatment Unit

**Treatment Types:**  
Unknown

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**Compendium Program: Book Club - CCI**

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**Gender Specific for:MALE**

**Description:**

The goal of the program is to provide books and a forum to discuss the books with the inmate population at the participating facilities. All books will be pre-approved by CTDOC; books may cover many genres to include self-help books, and fiction books that will broaden perspectives, promote self-initiated rehabilitation, drive positive change and develop self-confidence.

**Facilities:**  
CHESHIRE CI

**Auspices:**  
Contracted Program

**Treatment Types:**  
Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Braille Program**

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**Gender Specific for:BOTH**

*Description:*

The Braille Program enables qualified inmates to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Brooklyn VET Unit**

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**Gender Specific for:MALE**

*Description:*

Level 2/3 program for Veterans who meet eligibility. Program provides dorm housing and weekly scheduled meetings to provide information to vets and a safe space to share concerns.

*Facilities:*

BROOKLYN CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Building Trades- Vocational Village**

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**Gender Specific for:MALE**

*Description:*

The Building Maintenance program teaches the skills and techniques used in many building trades including electrical, plumbing, carpentry, masonry and more. The students learn how to repair and maintain residential and commercial structures and their systems. The knowledge and skills taught will provide the basics needed for related career paths.

*Facilities:*

OSBORN CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All Vocational Village**

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Business Education**

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**Gender Specific for:FEMALE**

*Description:*

This course is designed to give students the basic business skills essential to function both in a workplace environment and on a personal level. Students will learn how to evaluate principles, techniques and major functions of management and business organizations. They will understand the U.S. legal system and be able to apply the principles to the environment in which organizations conduct business. Students will learn how to interpret financial statements using accounting and finance principles in order to make evidence- based decisions. Consumer skills, the importance of insurance and the reality of taxes will also be explored.

*Facilities:*  
YORK CI

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Caregiver and Me**

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**Gender Specific for:FEMALE**

*Description:*

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

*Facilities:*  
YORK CI

*Auspices:*  
Parenting Unit- Facility Staff

*Treatment Types:*  
Family Support (FS);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies - All**

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**Compendium Program: Carpentry**

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**Gender Specific for:MALE**

*Description:*

This program focuses on the necessary skills, tools and techniques, as well as the safety practices needed to successfully enter the world of construction and woodworking. Students will learn about home construction methodology and cabinet/furniture making as they effectively utilize shop-based stationary power tools. Students will learn, practice and apply mathematical concepts throughout the program as they design and build student-centered and community-based projects.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Carpentry- Vocational Village**

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**Gender Specific for:MALE**

*Description:*

This program focuses on the necessary skills, tools and techniques, as well as the safety practices needed to successfully enter the world of construction and woodworking. Students will learn about home construction methodology and cabinet/furniture making as they effectively utilize shop-based stationary power tools. Students will learn, practice and apply mathematical concepts throughout the program as they design and build student-centered and community-based projects.

*Facilities:*

OSBORN CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for:BOTH**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI . All Auspices: All BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI**

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Bible Study (Spanish)**

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**Gender Specific for:BOTH**

*Description:*

This is the Catholic Bible Study held in Spanish.

*Facilities:*  
BRIDGEPORT CC;GARNER CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Choir**

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**Gender Specific for:BOTH**

*Description:*

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

*Facilities:*  
YORK CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Faith Sharing**

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**Gender Specific for:MALE**

*Description:*

A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

*Facilities:*

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*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Prayer and Healing Program**

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**Gender Specific for:MALE**

*Description:*

A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

*Facilities:*  
CYBULSKI CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Catholic Prayer-English or Spanish**

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**Gender Specific for:MALE**

*Description:*

Catholic Prayer enhances the spiritual life of the inmates by utilizing traditional forms of prayer,art, music and poetry.

*Facilities:*  
HARTFORD CC

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Catholic Spirituality**

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**Gender Specific for:MALE**

*Description:*

This program meets on a weekly basis, and uses various methodologies (e.g. video, current events, workbooks, etc.). This program seeks to foster a deeper understanding of Catholicism and help inmates develop self-awareness, personal spiritual growth, and a deeper relationship with God and uses religious materials based upon Catholic principles and traditions.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for:BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Worship Service (Spanish)**

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**Gender Specific for:BOTH**

*Description:*

The weekly Catholic service is the mass (or a communion service when mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

HARTFORD CC;OSBORN CI

*Auspices:*

Religious Services

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All Unknown**

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**Compendium Program: CBT - Chronic Pain Management**

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**Gender Specific for:MALE**

*Description:*

Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) is a time limited psychotherapeutic group focused on examining the relationships between thoughts, emotions, and behaviors to chronic physical pain. Group members will learn new cognitive and behavioral skills to assist in pain reduction to increase quality of life.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Mental Health

*Treatment Types:*

Unknown

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**Compendium Program: CCAR RECOVERY COACH PROFESSIONAL DESIGNATION (RCP)**

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**Gender Specific for:BOTH**

*Description:*

This program will provide individuals with a pathway to earning a respected professional designation in the recovery coaching field. The CCAR trainings included within this offering will include the CCAR Recovery Coach Academy (currently provided by DOC addiction staff), Ethical Considerations, Professionalism and Multiple Pathways of Recovery. The latter would be provided by CCAR staff, and be facilitated in person within the DOC facilities. While a bulk of the training is in person, several resources and modules may be made accessible to residents through their DOC issued tablets.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**  
**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for: BOTH**

*Description:*

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: CEC - Work Assignment**

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**Gender Specific for: BOTH**

*Description:*

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

*Facilities:*

CHESHIRE CI; OSBORN CI; YORK CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: CEC Voc. Ed: Graphics Arts Center**

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**Gender Specific for: MALE**

*Description:*

This shop produces all types of signage and engraving. Using technologies such as silk-screening and laser engraving, the shop has been able to produce highly technical, complex products. This training and "real world" work experience prepares inmates for obtaining and maintaining a job in the private business sector. Offenders are employed in this center.

*Facilities:*

CHESHIRE CI

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Auspices:*

*Correctional Enterprises of Connecticut*

*Treatment Types:*

*Education (Ed)*

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**Compendium Program: Certified Nurse Aide Training and Skills Program**

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**Gender Specific for:BOTH**

*Description:*

The Certified Nursing Assistant training provides education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 12 weeks training that is certified under the CT Department of Public Health. Nursing Assistant skills and training include maintaining a clean and safe environment, knowing the expectations and limits of the work role, respecting confidentiality, following directions, show respect for each patient/offender, sensitivity to beliefs and values, practicing good body mechanics, using medical asepsis for infection control, weights and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, using precautions to prevent infection, providing comfort and understanding, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in a State issued certificate and level 3 pay for placement as a CNA in a facility job classification.

*Facilities:*

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Education (Ed);Life Skills (LS);Medical (Med)*

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**Compendium Program: CHANGE Program**

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**Gender Specific for:FEMALE**

*Description:*

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

*Facilities:*

*YORK CI*

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Mental Health**

**Treatment Types:**

Education (Ed);Mental Health (MH)

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**Compendium Program: Change Unit**

**Gender Specific for:MALE**

**Description:**

The objective of the Change Unit is threefold. First to increase offenders overall personal responsibility, for their choices that led to their present incarceration and the past choices that continue to cause problems in their life. Secondly, offenders explore how their continued use of alcohol and/or drugs has influenced their decision making and consequences. They are encouraged to survey how changing their thinking around substances will change the way they feel; promoting a change in behavior(s). Lastly, participants examine abstinence from all addictive substances as a way to prevent future arrests and to better meet the challenges and opportunities that await them upon their release. CHANGE Unit participants include a COMMUNITY where offenders focus on change, make better choices, practice recovery skills and altering thinking patterns to promote growth. Staff assist offenders in the process, using available resources/support. Offenders provide support to one another by embracing the therapeutic community framework of the unit. Successful community reintegration, reduced recidivism are best achieved by a team effort. Together, we can attain the success that offenders envision for themselves. Our community is made up of a diverse population that is willing to put forth a concerted effort to invest in themselves and the therapeutic community.

**Facilities:**

CYBULSKI CI

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Behavior Modification (BM);Substance Abuse (SA)

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**Compendium Program: Choir**

**Gender Specific for:BOTH**

**Description:**

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;ROBINSON CI;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Auspices All Unknown**

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**Compendium Program: Christian Fatherhood Initiative**

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**Gender Specific for:MALE**

*Description:*

The purpose of this program is to promote fatherhood and build strong fathers who are involved in their children's lives. This comprehensive fathering program focuses on helping offenders to develop characteristics and skills that every father needs to be an effective dad. Teaching is conducted from a Christian perspective.

*Facilities:*

ROBINSON CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Chronic Discipline Phase 1**

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**Gender Specific for:BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase one offers self-study and group reflection in basic emotions, triggers, relaxation techniques, goal setting, creating new habits and radical acceptance among others.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

**Compendium Program: Chronic Discipline Phase 2**

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**Gender Specific for: BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase 2 builds off of material in Phase 1. Program offers self-study and group reflection in core beliefs, coping skills, conflict resolution, mindfulness, journaling, strength exploration and goal check ins.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Education (Ed)

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**Compendium Program: Circle of Security**

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**Gender Specific for: MALE**

*Description:*

To provide health parenting skills. Curriculum based program for parents and caregivers. DCF may provide referrals.

*Facilities:*

CHESHIRE CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Family Support (FS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: CLICC Literacy Program**

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**Gender Specific for: BOTH**

*Description:*

Facility-Based Services

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These exercises will be facilitated by The Center staff, partners and mentors.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Family Support (FS)

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**Compendium Program: Cognitive Behavior Therapy**

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**Gender Specific for: MALE**

*Description:*

This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

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**Compendium Program: Commercial Cleaning**

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**Gender Specific for: MALE**

*Description:*

This program prepares students to clean and care for commercial spaces in an entry-level capacity. Students learn the operation and maintenance of equipment, chemical and non-chemical cleaning operations, sanitation and safety. Students will gain valuable knowledge and skills that will allow them to manage custodial businesses and services.

*Facilities:*

CHESHIRE CI

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Commercial Driver's License (CDL) - Vocational Village**

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**Gender Specific for:BOTH**

*Description:*

The Commercial Driver's License (CDL) program is a hands-on career-training program in which students have the opportunity to earn their CT CDL Learner's Permit through the CT Department of Motor Vehicles. Eligibility is determined by guidelines established by the Federal Motor Carrier Safety Administration (FMCSA) in conjunction with the CT DMV. Safety and knowledge training is aligned with Federal guidelines and students have the opportunity to also engage in virtual practice using a state-of-the-art simulator in various driving scenarios and road conditions.

*Facilities:*  
BROOKLYN CI;ROBINSON CI;YORK CI

*Auspices:*  
USD#1;Vocational Village

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Community Details**

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**Gender Specific for:MALE**

*Description:*

In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.

*Facilities:*  
CYBULSKI CI

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Community Outreach Program**

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**Gender Specific for:FEMALE**

*Description:*

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Community Outreach Program Support (COPS)**

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**Gender Specific for:MALE**

*Description:*

This program was developed at Osborn Correctional Institution. Groups of youth from schools and other organizations come into the prison. While visiting the prison they meet with staff and inmates. The program is designed to encourage participants to make wise decisions, to act responsibly, and to establish and work on personal goals. Inmate testimonials are used to show youth the consequences that the inmates now face as a result of their personal failure in these areas.

*Facilities:*

OSBORN CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Community Services Detail**

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**Gender Specific for:MALE**

*Description:*

The Community Services Detail provides inmate labor to various state and local non-profit organizations. Examples of work performed are basic carpentry, painting, refinishing floors, grounds landscaping and maintenance. A cornerstone of the restorative justice concept, the community services detail provides enormous benefit to the community and to the inmate participants.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All ROBINSON CI**

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Computer Coding- Vocational Village**

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**Gender Specific for:MALE**

*Description:*

This course is designed to empower individuals with the essential skills and knowledge needed to thrive in the dynamic world of software development. Through a carefully crafted curriculum, hands-on projects, and exposure to industry practices, participants will gain proficiency in coding languages, problem-solving techniques, and collaborative software development. This program aims to cultivate a new generation of skilled programmers who can create innovative solutions, contribute to technology advancements, and excel in diverse sectors of the digital economy.

*Facilities:*  
OSBORN CI

*Auspices:*  
Vocational Village

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Computer Education**

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**Gender Specific for:BOTH**

*Description:*

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

*Facilities:*  
MACDOUGALL CI

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

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**Compendium Program: Concrete - Vocational Village**

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**Gender Specific for:MALE**

*Description:*

This training will prepare offenders to become a Certified Concrete Technician. This certification allows them to test fresh concrete at the time of placement to ensure durability and performance. Upon completion of the training, the offender will test for the Field Grade 1 Testing Technician certification, which is offered by the American Concrete Institution and recognized throughout the United States. Offenders are required to pass both written and performance exams to receive their certification. This certification lasts for 5 years and requires the ability to lift 35-40 pounds, as well as the ability to work in the field at construction sites

*Facilities:*

ROBINSON CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

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**Compendium Program: Coping Skills - Corrigan**

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**Gender Specific for:MALE**

*Description:*

Groups focus on various topics including: adjustment to incarceration, stress reduction, anger management, interpersonal skills, conflict resolution, and recommendations for patient/inmates living with MH issues such as anxiety or depression. This is a weekly group, which is provided on an ongoing- basis.

*Facilities:*

CORRIGAN CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Coping Skills- York CI**

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**Gender Specific for:FEMALE**

*Description:*

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All YORK CI**

**Auspices:**

Behavioral Health

**Treatment Types:**

Mental Health (MH);Substance Abuse (SA)

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**Compendium Program: Cosmetology/Barbering**

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**Gender Specific for:MALE**

**Description:**

The Barbering and Cosmetology programs, in conjunction with the CT Department of Public Health (CT DPH), prepare students to become licensed in their respective trade. Course requirements for Barbering are 1000 hours in theory and practice and for Cosmetology, 1500 hours in theory and practice. Upon successful completion, students will receive their Affidavit of Hours which is filed with the CT DPH and which qualifies them to take the state licensure examination upon release. This program provides experiences in hair cutting and treatment, styling and shaving, human anatomy and physiology, and business practices.

**Facilities:**

CHESHIRE CI;MACDOUGALL CI;MANSON YI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

---

**Compendium Program: Cosmetology/Barbering - Vocational Village**

---

**Gender Specific for:BOTH**

**Description:**

The Barbering and Cosmetology programs, in conjunction with the CT Department of Public Health (CT DPH), prepare students to become licensed in their respective trade. Course requirements for Barbering are 1000 hours in theory and practice and for Cosmetology, 1500 hours in theory and practice. Upon successful completion, students will receive their Affidavit of Hours which is filed with the CT DPH and which qualifies them to take the state licensure examination upon release. This program provides experiences in hair cutting and treatment, styling and shaving, human anatomy and physiology, and business practices.

**Facilities:**

OSBORN CI;YORK CI

**Auspices:**

Vocational Village

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Auspices All**

*Treatment Types:*  
*Education (Ed)*

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**Compendium Program: Creative Writing**

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**Gender Specific for:MALE**

*Description:*

A volunteer writing instructor gives weekly writing assignments to students followed by sessions of critical reflection.

*Facilities:*  
*CHESHIRE CI*

*Auspices:*  
*Recreation Services;Volunteer Services*

*Treatment Types:*  
*Life Skills (LS)*

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**Compendium Program: CT Violence Intervention - Confident Mind**

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**Gender Specific for:MALE**

*Description:*

This Program that provides comprehensive education in Skills of Socialization, building strong relationships with the youth to help in reducing conflict, neighborhood shootings and homicides. The goal of the program is to build bridges between incarcerated individuals and the community they reside

*Facilities:*  
*CHESHIRE CI;MANSON YI;NEW HAVEN CC*

*Auspices:*  
*Contracted Program*

*Treatment Types:*  
*Education (Ed);Family Support (FS);Life Skills (LS)*

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**Compendium Program: Culinary Arts**

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**Gender Specific for:BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All CORRIGAN CI;GARNER CI;MACDOUGALL CI;MANSON YI**

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: Culinary Arts- Vocational Village**

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**Gender Specific for:BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*  
YORK CI

*Auspices:*  
Vocational Village

*Treatment Types:*  
Education (Ed)

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**Compendium Program: DEFY Ventures**

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**Gender Specific for:FEMALE**

*Description:*

Defy Ventures is an employment, entrepreneurship, and personal development training program that supports the incarcerated and formerly incarcerated to become successful, legal entrepreneurs and employees. We “transform the hustle” and maximize the potential of Entrepreneurs-in-Training (EITs) impacted by the criminal justice system by building redemptive communities that pursue entrepreneurship and personal growth.

*Facilities:*  
YORK CI

*Auspices:*  
Contracted Program

*Treatment Types:*  
Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YL NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Dialectical Behavior Therapy (DBT Skills Group)**

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**Gender Specific for:FEMALE**

*Description:*

This highly structured treatment approach is designed to deal with individuals with a history of self-abuse, such as self-mutilation. It is a cognitive-behavioral modality with an additional element of relaxation/self-soothing.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: DUI (Driving Under the Influence)**

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**Gender Specific for:BOTH**

*Description:*

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: DUI Home Confinement Program: Track Four**

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**Gender Specific for:BOTH**

*Description:*

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

*Facilities:*

OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**  
**Compendium Program: DUI Home Confinement Program: Track One**

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**Gender Specific for:BOTH**

*Description:*

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson 1 Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions ; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

*Facilities:*

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: DUI Home Confinement Program: Track Three**

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**Gender Specific for:BOTH**

*Description:*

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

*Facilities:*

*CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**  
**Compendium Program: DUI Home Confinement Program: Track Two**

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**Gender Specific for:BOTH**

*Description:*

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: DUI Home Confinement Track Five**

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**Gender Specific for:BOTH**

*Description:*

DUI track 5 is for offenders returned by parole from Home Confinement for substance use. Upon re-entry into a facility, an addiction counselor will reassess the offender, to determine the appropriate level of treatment. Track 5 can be of varying lengths, based on the assessed need. Offenders may be eligible for re-release on home confinement, as determined by the Community Release Unit.

*Facilities:*

CYBULSKI CI;NEW HAVEN CC;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit;Community Addiction Services

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for:BOTH**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Unknown**

*Treatment Types:*  
*Education (Ed)*

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**Compendium Program: Educational, Career Resources and Job Fairs**

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**Gender Specific for:BOTH**

*Description:*

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

*Facilities:*  
*CYBULSKI CI;MANSON YI;WILLARD CI*

*Auspices:*  
*USD#1*

*Treatment Types:*  
*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

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**Compendium Program: Effective Fatherhood**

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**Gender Specific for:MALE**

*Description:*

Effective Fatherhood program is a 12 week parenting course based on Circle of Security Parenting framework. The program looks specifically at some of the unique challenges of parenting behind bars, using examples from scenarios relevant to the empirical experiences of incarcerated people. The program will be based on reflective learning using the action reflection model to encourage a new and better informed action. The program will draw heavily on attachment theory and focus on helping parents better respond to the needs of their children and hopefully create secure attachments. Effective fatherhood debunks the myth of the perfect parent and instead encourages participants to be good enough parents.

*Facilities:*  
*ROBINSON CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Family Support (FS)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies , All**

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**Compendium Program: Embracing Fatherhood**

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**Gender Specific for:MALE**

*Description:*

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Exercise Class**

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**Gender Specific for:FEMALE**

*Description:*

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

*Facilities:*

YORK CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Expressive Art Therapy**

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**Gender Specific for:FEMALE**

*Description:*

This program combines psychotherapy with the arts: including art therapy, music therapy, movement therapy, drama therapy and creative writing. It is designed to provide a positive way to manage stress and respond to critical issues of incarceration\_ The goals of the program are to foster more positive behavior patterns, increase self awareness, and encourage participants to become more productive and kindle new and profound ways to move through the world\_

*Facilities:*

YORK CI

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Auspices:*

*Mental Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Mental Health (MH)*

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**Compendium Program: Expressive Arts**

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**Gender Specific for:MALE**

*Description:*

Expressive Arts is a process group that is facilitated by a Rehabilitation Therapist (Recreational Therapist) which focuses on visual arts. The expressive art group is a way to help individuals sense normalcy without judgement, while encouraging them to show their individual character. Expressive Art Groups promote healthy communication and encouragement between group members.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)*

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**Compendium Program: Facility Addiction Services - Intensive Aftercare Program**

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**Gender Specific for:MALE**

*Description:*

Aftercare is a continuation of Tier 2 and Tier 4 to further invest in recovery efforts.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. This is the facility-based domestic violence group. The group is designed to achieve the following goal:

To help inmates, who have a history of domestic violence, become

(a) more motivated to stop their violence and abuse and

(b) replace them with more positive behaviors patterns.

Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Victim Impact (VI)

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**Compendium Program: Facility Orientation**

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**Gender Specific for:MALE**

*Description:*

Provides newly admitted or transferring inmates to the Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

*Facilities:*

BROOKLYN CI;CORRIGAN CI;GARNER CI;MACDOUGALL CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Fatherhood Engagement Play Dates**

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**Gender Specific for:MALE**

*Description:*

Visits facilitated for MYI dads that are currently enrolled and/or completed a fatherhood engagement program. Skills will be identified and encouraged to be utilized during this visit. Reading/ Sensory play/ floor engagement. Interactive play as well as assisting in fostering co-parenting relationships.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Finding Your Best Self**

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**Gender Specific for:FEMALE**

*Description:*

Recovery from Addiction, trauma or both is a group based on the book by Lisa M Najavits, PhD. The group teaches patients to: build coping skills, keep themselves safe and find support, set goals, choose compassion over self blame and shame, and move toward their best selves.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Forever in My Heart Foundation (Canine Program)**

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**Gender Specific for:FEMALE**

*Description:*

The Forever in My Heart Foundation is an organization that trains rescue dogs to become service animals for disabled veterans. Offenders participate in the dog training program as handlers; they meet with the head trainers of the FIMHF to learn how to properly train each dog. The goal of the program is for each individual service dog to master skills in various components of training in order to enhance the lives of disabled and disadvantaged veterans in Connecticut.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All YORK CI**

*Auspices:*  
Contracted Program

*Treatment Types:*  
Life Skills (LS)

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**Compendium Program: Forklift Certification- Vocational Village**

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**Gender Specific for:BOTH**

*Description:*

The Forklift Operator Certification Program trains participants to become certified forklift operators. The program aims to produce skilled and safety-conscious forklift operators, who can contribute to workplace efficiency, reduce accidents, and comply with industry regulations. Participants will gain proficiency in forklift operation, load handling, safety procedures, and workplace communication, ensuring they are well-prepared to excel in various industries that require forklift expertise. This program is offered ad hoc to participants who are in facilities conducive to forklift operation, and who are enrolled in a vocational or GED program. The Department of Correction will adopt the State Community Colleges Curriculum and offer a 40-hour training, which encompasses both classroom and practical operation of the forklift.

*Facilities:*  
ROBINSON CI;YORK CI

*Auspices:*  
Vocational Village

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Freedom Reads**

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**Gender Specific for:FEMALE**

*Description:*

The book club, coordinated by Freedom Reads, is dedicated to fostering meaningful dialogue, reflection, and community through literature. The goal of the program is to provide books and a forum to discuss the books with the inmate population at the participating facility. This program will benefit the inmates' rehabilitation and the institution as a whole. Inmates will be brought together in a positive way that will build a community based on encouraging critical thinking. Discussions will challenge the inmates to think differently by exposing them to different perspectives that they may not have encountered before, thereby enhancing their comprehension skills. The program also encourages reading that is proven to improve mental and emotional health, provide stress reduction, and improved vocabulary and communication skills.

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Auspices All**

**Facilities:**  
YORK CI

**Auspices:**  
Contracted Program

**Treatment Types:**  
Education (Ed)

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### **Compendium Program: Game Changers**

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#### **Gender Specific for:MALE**

**Description:**

Prerequisite: Mamba Mentality

Offenders complete MM and learn to identify those who have changed the world for the better and helped others along the way. This group also completes community service projects.

**Facilities:**  
MANSON YI

**Auspices:**  
Programming Unit - Facility Staff

**Treatment Types:**  
Behavior Modification (BM);Education (Ed)

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### **Compendium Program: Garden Program**

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#### **Gender Specific for:MALE**

**Description:**

The gardening program provides the young men with opportunities to learn foundational gardening skills through practical, reality-based learning led by correctional officers. The goal of the program is to provide opportunities for hands-on-learning of how to sow, grow, and harvest fruits and vegetables. The program supports the young men's need for practical life skills education to help them thrive in the real world. The harvested fruits and vegetables will be utilized by the facility culinary arts program and donated to local food banks in an effort to give back to local communities.

**Facilities:**  
MANSON YI

**Auspices:**  
Programming Unit - Facility Staff

**Treatment Types:**  
Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI . All Agencies . All**

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**Compendium Program: Garner CI Chronic Discipline Interval 1**

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**Gender Specific for:MALE**

*Description:*

Chronic Discipline Program - Interval 1  
Garner CI Only

*Facilities:*

GARNER CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: Garner CI Chronic Discipline Interval 2**

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**Gender Specific for:MALE**

*Description:*

Chronic Discipline Program - Interval 2  
Garner CI Only

*Facilities:*

GARNER CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: GCI - Administrative Segregation**

---

**Gender Specific for:MALE**

*Description:*

GCI - Administrative Segregation

*Facilities:*

GARNER CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: GCI Anger Management**

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**Gender Specific for:MALE**

*Description:*

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

*Facilities:*

GARNER CI

*Auspices:*

Health Services

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

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**Compendium Program: GCI Farming/Gardening Program**

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**Gender Specific for:MALE**

*Description:*

The GGCI Farming/Gardening Program will provide inmates with classroom instruction in gardening/farming skills and techniques. Inmates will also receive hands on experience in soil prep, sowing, planting, growing, hydration, fertilization, weeding, pest control, and harvesting techniques. A variety of fruits, vegetables, flowers, and edible plants will be grown within the interior courtyard. Harvested produce will be filtered into the kitchen for use in the food supply. Abundant and extra product may be donated to local food pantries or soup kitchens at the discretion of the Warden.

*Facilities:*

GARNER CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: General Referral for ATU (Addiction Treatment Unit) Program**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI . All Auspices . All**  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Substance Abuse (SA)

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**Compendium Program: General Referral for Vocational Education**

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**Gender Specific for:BOTH**

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Education (Ed)

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**Compendium Program: General Referral for Vocational Education\_NHCC**

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**Gender Specific for:MALE**

*Description:*

A review of vocational education needs will be completed for inmates under 22 years of age.

*Facilities:*

NEW HAVEN CC

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Getting Along and Keeping Cool**

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**Gender Specific for:MALE**

*Description:*

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

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**Compendium Program: Goodwin University ENET**

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**Gender Specific for:MALE**

*Description:*

Goodwin University Entrepreneurial Network (ENet) is an 18- college credit small business start-up certificate program for undeserved populations and those currently and formerly incarcerated. The Entrepreneurial Network program provides students with a quality educational experience focused on essential business skills such as accounting, management, marketing, professional presentation, and positively impacting communities.

*Facilities:*

CYBULSKI CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Graphic Arts & Print Technology**

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**Gender Specific for:MALE**

*Description:*

In this program, students will learn how to design two and three-dimensional graphics for both print and digital applications. Students will learn desktop publishing applications, the conventional pre-press and pre-press functions in addition to running, maintaining and troubleshooting the digital printing press.

*Facilities:*

MANSON YI;ROBINSON CI

*Auspices:*

USD#1

*Treatment Types:*

Unknown

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**Compendium Program: Greenhouse Program**

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**Gender Specific for:BOTH**

*Description:*

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

*Facilities:*

YORK CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Grief & Loss Recovery**

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**Gender Specific for:FEMALE**

*Description:*

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All YORK CI**

*Auspices:*  
Health Services

*Treatment Types:*  
Mental Health (MH)

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**Compendium Program: Grief Recovery Loss**

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**Gender Specific for:MALE**

*Description:*

Grief Recovery Group is for inmates dealing with past losses that may include death, family separation, loss of faith, or growing up in an abusive home; and the current loss of freedom due to incarceration. The course addresses the effect of incarceration and substance abuse on the grief process, the importance of taking responsibility for one's self, and how to find forgiveness and hope in life. The goal is for the group to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose - making it less likely they will reoffend and become re-incarcerated.

Program will utilize LIFE BEYOND LOSS - a Workbook for Incarcerated Men by Beverly Welo

*Facilities:*  
GARNER CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Education (Ed);Life Skills (LS);Mental Health (MH)

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**Compendium Program: H.O.N.O.R Program**

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**Gender Specific for:MALE**

*Description:*

Honesty, Ownership, Nobility, Obligation, Respect. Our mission is to foster a therapeutic environment where incarcerated people can find a space, tools, resources, and education allowing them to recognize and appreciate their personal development and affirm their rehabilitation. Our vision is to create programs thought and co-facilitated by incarcerated people seeking self-improvement, positive change, and transformation of self. The Cheshire C.I. H.O.N.O.R program implements collaborative community structure to establish order and allow all participants in the program to experience how they can contribute to a community, to be a leader, and deal with issues in positive and a civilized manner. This creates a smoother transition for all incarcerated people back into society and reduces the likelihood of recidivism.

*Facilities:*  
CHESHIRE CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Programming Unit - Facility Staff**

*Treatment Types:*

Family Support (FS);Life Skills (LS)

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**Compendium Program: Heads Up Barbershop**

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**Gender Specific for:MALE**

*Description:*

This program will illustrate the importance of customer service skills, hygiene and maintenance . Money management as well having uplifting conversations with peers. A way to discuss issues and concerns with one another on a one to one basis. Keeping each other's head up!

*Facilities:*

MANSON YI

*Auspices:*

Employment Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Healing Trauma**

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**Gender Specific for:FEMALE**

*Description:*

Healing Trauma was developed by Stephanie Covington LCSW. It is a 6-session trauma intervention group designed for women who have been abused. Each session runs for approximately 2 hours and is best facilitated in groups of 10-12 members in a sequentially closed group. The curriculum is available in both English and Spanish.

There are 4 session topics which include the process of trauma, power and abuse, grounding and self-soothing, and healthy relationships. There is a strong emphasis on grounding skills. Healing Trauma is particularly designed for settings requiring a shorter intervention. The 6-session curriculum allows young adults and women to have a treatment-oriented program, to include the three core things that both staff and group members need. This includes an understanding of what trauma is, its process and the impact that trauma has on both the inner self (thoughts, feelings, beliefs and values) and the outer self (behavior and relationships).

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Mental Health (MH)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Healthy Relationships**

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**Gender Specific for:FEMALE**

*Description:*

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Hebrew Language studies**

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**Gender Specific for:MALE**

*Description:*

Inmates will learn the Hebrew language.

*Facilities:*

GARNER CI

*Auspices:*

Religious Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Helping Men Recover**

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**Gender Specific for:MALE**

*Description:*

Helping Men Recover (Stephanie S. Covington, Dan Griffin, Rick Dauer). Is the first gender-responsive, trauma- informed treatment program for me. The materials are grounded in research, theory, and clinical practice. This participant workbook has for modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. 18 sessions 1.5 hour each

*Facilities:*

BROOKLYN CI;CYBULSKI CI;MACDOUGALL CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Addiction Treatment Unit**

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

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**Compendium Program: Hepatitis B Vaccination Program**

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**Gender Specific for:BOTH**

**Description:**

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

**Facilities:**

MANSON YI;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Medical (Med)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**  
**Compendium Program: High School Diploma Programs**

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**Gender Specific for: BOTH**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

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**Gender Specific for: BOTH**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI . All Auspices All BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;YORK CI**

**Auspices:**

Health Services

**Treatment Types:**

Family Support (FS);Medical (Med)

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**Compendium Program: HIV Support Services**

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**Gender Specific for: BOTH**

**Description:**

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Family Support (FS);Life Skills (LS);Medical (Med)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Hospice Program**

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**Gender Specific for: BOTH**

*Description:*

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

*Facilities:*

MACDOUGALL CI; OSBORN CI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Hospitality Operations Technology**

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**Gender Specific for: MALE**

*Description:*

This introduction to the hospitality industry teaches the technology used in the industry such as menu costing and cost control, marketing, how to 'wow' the customer and create customer loyalty. Students will learn all aspects of the hospitality business such as how to utilize media related outreach, the accounting process and the integral nature of human resources (hiring, firing of staff, training and evaluation of employees). Students will also learn basic food preparation, how to be an entrepreneur and own their own restaurant, food truck, catering or other food related business.

*Facilities:*

CYBULSKI CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Hospitality- Vocational Village**

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**Gender Specific for:FEMALE**

*Description:*

This introduction to the hospitality industry teaches the technology used in the industry such as menu costing and cost control, marketing, how to 'wow' the customer and create customer loyalty. Students will learn all aspects of the hospitality business such as how to utilize media related outreach, the accounting process and the integral nature of human resources (hiring, firing of staff, training and evaluation of employees). Students will also learn basic food preparation, how to be an entrepreneur and own their own restaurant, food truck, catering or other food related business.

*Facilities:*

YORK CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

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**Compendium Program: Houses of Healing**

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**Gender Specific for:FEMALE**

*Description:*

A 13-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: How to be Happy**

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**Gender Specific for:FEMALE**

*Description:*

This is an open group designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

*Facilities:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Auspices All YORK CI**

*Auspices:*

*Mental Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)*

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**Compendium Program: Individual Native American Smudging**

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**Gender Specific for:BOTH**

*Description:*

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Individual Treatment Plan**

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**Gender Specific for:MALE**

*Description:*

Individual Treatment Plan

*Facilities:*

*GARNER CI;OSBORN CI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Infirmary Walking Program**

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**Gender Specific for:MALE**

*Description:*

The Infirmary Walking Program – Special Population will make accommodations in special situations to help facilitate patient guided exercises recommended to the patient by onsite providers and offsite specialists. Acceptance into this limited program will provide access to gym resources. Home exercise plans can be shared with the Recreation Supervisor, or designee. Home exercise plans are self-directed by the inmate

*Facilities:*

MACDOUGALL CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Medical (Med)

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**Compendium Program: Inmate Certified Nurse's Aide Program**

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**Gender Specific for:MALE**

*Description:*

This program is licensed by the Connecticut Department of Public Health (DPH) with required re-licensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed);Life Skills (LS);Medical (Med)

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**Compendium Program: Inmate Photo Program**

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**Gender Specific for:MALE**

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER RC YORK CI All Agencies All**

**Facilities:**

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

**Auspices:**

Recreation Services

**Treatment Types:**

Family Support (FS)

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**Compendium Program: Inside Out Prison Exchange Program**

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**Gender Specific for:MALE**

**Description:**

The Inside Out Prison Exchange Program increases opportunities for men and women, inside and outside of prison, to have transformative learning experiences that emphasize collaboration and dialog, inviting participants to take leadership in addressing crime, justice, and other issues of social concern.

**Facilities:**

GARNER CI;ROBINSON CI

**Auspices:**

Volunteer Services

**Treatment Types:**

Education (Ed);Life Skills (LS)

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**Compendium Program: Inside Out Program Extension**

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**Gender Specific for:MALE**

**Description:**

Intended for inside students who successfully complete the Inside-Out seminar. the primary goal of this work is to improve written communication and analytical ability.

**Facilities:**

GARNER CI;ROBINSON CI

**Auspices:**

Volunteer Services

**Treatment Types:**

Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: InsideOut Dad**

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**Gender Specific for:MALE**

*Description:*

CTDOC collaborates with The Madonna Place to offer InsideOut Dad. This program is available to offenders who are parents or in a parenting role. Give incarcerated fathers the vision that they play a unique and irreplaceable role in their children's lives with the InsideOut Dad® fatherhood program. InsideOut Dad® is the nation's most widely used evidence-based curriculum developed specifically for incarcerated fathers. It is proven to develop pro-fathering attitudes, knowledge, and skills, which helps fathers successfully reenter the lives of their families and communities

*Facilities:*

CORRIGAN CI

*Auspices:*

Contracted Program

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Integrated Care for Women with Co-Occurring Program**

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**Gender Specific for:FEMALE**

*Description:*

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Mental Health (MH);Substance Abuse (SA)

---

**Compendium Program: Intercessory Prayer - Protestant**

---

**Gender Specific for:MALE**

*Description:*

A time of intercessory prayer that is held weekly.

*Facilities:*

GARNER CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Auspices All Religious Services**

*Treatment Types:*  
Unknown

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**Compendium Program: Invictus - DOMUS Kids**

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**Gender Specific for:BOTH**

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Islamic Studies**

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**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies , All**

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**Compendium Program: Islamic Video**

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**Gender Specific for:BOTH**

*Description:*

This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

*Facilities:*

CYBULSKI CI;WILLARD CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Jehovah's Witness Bible Study**

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**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

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**Compendium Program: Jehovah's Witness Collective Service**

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**Gender Specific for:BOTH**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Jewish Holy Day Observances**

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**Gender Specific for:BOTH**

*Description:*

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Jewish Learning Services**

---

**Gender Specific for:MALE**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jewish principles. To reach out to the Jewish population.

*Facilities:*

BRIDGEPORT CC

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Jewish Sabbath Worship**

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**Gender Specific for:BOTH**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

*Facilities:*

BROOKLYN CI;GARNER CI;HARTFORD CC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Jewish Worship and Study**

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**Gender Specific for:BOTH**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Job Center - Pre-Employment Workshops**

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**Gender Specific for:BOTH**

*Description:*

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

*Facilities:*

BROOKLYN CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Jumah**

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**Gender Specific for:MALE**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Auspices All**

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**Compendium Program: Justice Dance Performance Project - Mom and Kids**

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**Gender Specific for:FEMALE**

*Description:*

The purpose of this program is to provide mothers the opporhirty to maintain and strengthen their relationship with then children, which wi he to foster bray reunification and bonding\_ This will be accomplished by haviig mothers meet with JDPP staff in a group setting weekly and having their children participate in program visits with them up to four times per year, which may contain a shared meal\_

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Unknown

---

**Compendium Program: Justice Dance Performance Project - MYI**

---

**Gender Specific for:MALE**

*Description:*

JDPP - works with offenders who are fathers, teaching them ways to acclimate while overcoming obstacles of a less than receiving world, continue to persist and ultimately thrive. while teaching them to be vulnerable through performance art and building a bridge to their children.

*Facilities:*

MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YL ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI ,All Agencies ,All**

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**Compendium Program: Justice Dance Performance Project- I.AM**

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**Gender Specific for:FEMALE**

*Description:*

JDPP is a non-profit organization that encourages creative expression as a way of increasing positive self-change. This JDPP program offers a variety of art activities and discussions based on different themes that change throughout weekly sessions. The program meets weekly within the WORTH program, including mentors, mentees, and staff. Together, the group will explore leadership, trust, communication, connection, and more through writing, movement, visual arts, and song.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS)

---

**Compendium Program: Justice Dance Performance Project: Residency Performance**

---

**Gender Specific for:BOTH**

*Description:*

This group (formerly named Judy Dworin Performance Project) meets weekly from September through June to develop the themes and life stories that are brought to the surface through song, dance, art, and spoken word performance(s) in late June.

*Facilities:*

CYBULSKI CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Family Support (FS);Mental Health (MH)

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**Compendium Program: Kairos**

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**Gender Specific for:BOTH**

*Description:*

This is a 40-hour faith retreat that is held once a year with monthly reunions.

*Facilities:*

GARNER CI;MACDOUGALL CI

*Auspices:*

Volunteer Services

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Auspices All**

*Treatment Types:*

*Unknown*

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### **Compendium Program: Kairos Reunion**

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#### **Gender Specific for:MALE**

*Description:*

A monthly two hour reunion that re-inforces the Kairos principles for inmates who have already participated in the 40 hour Kairos Retreat.

*Facilities:*

*GARNER CI*

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Education (Ed);Family Support (FS);Life Skills (LS)*

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### **Compendium Program: L.E.A.D. Delta Unit**

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#### **Gender Specific for:MALE**

*Description:*

LEAD program is to cultivate a restorative community within the prison, fostering growth and understanding among young adults through dialogue, guidance and empathy.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

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### **Compendium Program: Library**

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#### **Gender Specific for:BOTH**

*Description:*

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Health Services*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Treatment Types:*  
*Education (Ed)*

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**Compendium Program: Life Skills - A New Freedom**

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**Gender Specific for:BOTH**

*Description:*

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

*Facilities:*  
*YORK CI*

*Auspices:*  
*All Facility Staff*

*Treatment Types:*  
*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

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**Compendium Program: Life Skills - Corrigan**

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**Gender Specific for:MALE**

*Description:*

Life Skills: Groups focus on a variety of topics, depending on patient/inmate concerns. Such topics include, but are not limited to, anger management, conflict resolution, self-esteem, problem-solving skills, interpersonal skills, and building life goals, as well as identifying obstacles/resources for life goals. This is a weekly group, which is provided on an ongoing-basis

*Facilities:*  
*CORRIGAN CI*

*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Life Skills (LS)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Life Skills (Life Lessons @ YCI)**

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**Gender Specific for:BOTH**

*Description:*

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.

*Facilities:*

OSBORN CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Living Free Comprehensive Re-entry Services**

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**Gender Specific for:BOTH**

*Description:*

This program offers an integrated system of care for inmates who have been sentenced to a period of three months or more, who have substance use issues (drug/alcohol score of 3 or higher), co-occurring mental health issues (mental health score of 3 or lower), and physical health concerns (medical score of 1 or higher). The inmates are expected to be released into the greater New Haven community within a four to six-month period of time and must be committed to working with the Living Free Program's Peer Advocates on various re-entry issues and concerns. Living Free will meet with each inmate at their designated facility for a structured four step process to ideally enroll and assess their needs for addiction, mental health, and/or medical treatment and care. If enrolled, the final step of this program is to bring the inmate on an "escorted visit" from their designated facility to the ForDD Clinic to meet with their treatment providers and Peer Advocate for discharge planning prior to their release date. Once released, each inmate is expected to attend weekly appointments with the treatment providers and Peer Advocates at the ForDD Clinic.

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies , All**

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**Compendium Program: Mamba Mentality**

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**Gender Specific for:MALE**

*Description:*

Offenders identify a sports figure, entertainer or popular figure who endured tragedy and triumphed. They overcame their adversities, sacrifices, missed opportunities and failures to become an inspiration.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Manson Youth Podcast**

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**Gender Specific for:MALE**

*Description:*

MYI Podcast will allow the population to empower each other and develop skill sets for effective communication and interpersonal skills. This is a 10-week series and will teach the population to have an understanding of podcasting methods of communication and its positive influence.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Marker Plate Manufacturing**

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**Gender Specific for:MALE**

*Description:*

This manufacturing shop is the sole producer of vehicle plates to the Department of Motor Vehicles (DMV). This program provides inmates with an opportunity to work in a setting with all the demands of a private industry job, thus preparing them for a "real world" job. Inmates are required to learn to use hydraulic presses, stamping machines, and painting equipment.

*Facilities:*

CHESHIRE CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All Life Skills (LS)**

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**Compendium Program: Medicated Assisted Treatment Program**

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**Gender Specific for:BOTH**

*Description:*

Medication Assisted Treatment (MAT) is a program that combines behavioral therapy with several medication options to treat substance use disorders. MAT programming in the correctional setting has shown to prevent relapse and overdose among offenders who present with opioid and/or alcohol addiction and decrease illicit opiate use and other criminal activity. The DOC MAT program includes counseling, recovery/social supports and training on the use of NARCAN. MAT program participants are then provided NARCAN prior to discharge. The Addiction Treatment Unit (ATU) provide treatment options and will coordinate services with community providers to ensure continuity of care post release.

*Facilities:*

BRIDGEPORT CC;HARTFORD CC;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Medication Assisted Treatment - MAT**

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**Gender Specific for:BOTH**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Meditation Group**

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**Gender Specific for:MALE**

*Description:*

This group is led by a volunteer with extensive experience in teaching meditation. Basic techniques are introduced, as well as more advanced practice. The group is ongoing and meets weekly.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Meditation Group - BCI**

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**Gender Specific for:MALE**

*Description:*

Basic meditation and grounding techniques. inmates may volunteer to sign up for this group.

*Facilities:*

BROOKLYN CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Unknown

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**Compendium Program: Meditation/Prayer**

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**Gender Specific for:MALE**

*Description:*

12 Session program teaching meditation as a practice for faith development. This program will teach inmates to develop more self-awareness, cultivate calmness, develop inner wisdom and deepen their faith connection with the Divine.

*Facilities:*

BRIDGEPORT CC

*Auspices:*

Religious Services

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Men's Fraternity**

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**Gender Specific for:MALE**

*Description:*

Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

*Facilities:*

CYBULSKI CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

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**Compendium Program: Mental Health Social Skills Group**

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**Gender Specific for:MALE**

*Description:*

A group approach to teaching youth basic skills regarding emotional regulation, communication, self esteem, anger management and coping skills. This group is for Mental Health level inmates.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Mental Health Transition Group**

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**Gender Specific for:MALE**

*Description:*

The mental health transition group is a short-term group for offenders who are new to the correctional system. In this group, inmates Will learn how to deal with the stress that comes from being in jail. They Will learn skills to not only help them survive but to also function ki healthier ways. They will be able to identify the resources that are available within the system and how to access them.

*Facilities:*

HARTFORD CC

*Auspices:*

Behavioral Health

*Treatment Types:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Mental Health (MH)**

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**Compendium Program: Metal Working Shop**

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**Gender Specific for:MALE**

*Description:*

This program teaches offenders how to utilize all types of metal working equipment. This including welding equipment; mig & tig, CNC equipment; shears and brakes and various other machinery; grinders, punching machines, notchers, plasma cutting, etc. The shop fabricates many types of metal and sheet metal products; institutional beds, lockers writing tables, vehicle caging & much more, etc. This provides offenders an opportunity to design, layout and fabricate a variety of metal products.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Methadone Group**

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**Gender Specific for:MALE**

*Description:*

To discuss various topics of addiction and recovery.

*Facilities:*

BRIDGEPORT CC

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Mindfulness (MH)**

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**Gender Specific for:MALE**

*Description:*

Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

*Facilities:*

GARNER CI;MANSON YI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Behavioral Health**

*Treatment Types:*  
Mental Health (MH)

---

**Compendium Program: Mindfulness in Corrections(Recovery)**

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**Gender Specific for:MALE**

*Description:*

Program teaching mindfulness to inmates to develop more self-awareness, lower recidivism, encourage addiction recovery and develop internal and external peace. Teaching how to increase emotional intelligence and how to deal skillfully with, anxiety, anger, stress, cravings.

*Facilities:*  
CHESHIRE CI;CYBULSKI CI

*Auspices:*  
Addiction Treatment Unit

*Treatment Types:*  
Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Modern Media for Motivational Discussion and Concepts**

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**Gender Specific for:MALE**

*Description:*

The objective of the; Modern Media for Motivational Discussion and concepts is to utilize media to enhance individual teaching and learning. Media like many other teaching techniques can be used judiciously in the learning process. It can be utilized to motivate discussions, or lock in concepts. According to the Fair Use Act, exemption of teaching and educational use of materials (including film) from copyright prohibitions. (17 U.S.C. Section 110(1)). The concept would utilize television (Channel 12/13) to display video footage for learning purposes. Movies can be selected to review. Participants will answer questions related to learning new concepts, and motivational discussion with an educational purpose. The participant will be provided a questionnaire, that reflects on media viewed.

*Facilities:*  
MACDOUGALL CI

*Auspices:*  
Programming Unit - Facility Staff

*Treatment Types:*  
Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Mood Disorders Group**

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**Gender Specific for:MALE**

*Description:*

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

*Facilities:*

MANSON YI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: M-TREM: Men's Trauma Recovery and Empowerment Model**

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**Gender Specific for:MALE**

*Description:*

M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

*Facilities:*

CYBULSKI CI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Music Therapy: Intro**

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**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self image, emotion regulation and interpersonal relationships. During the intro program, youth will gain basic knowledge of recording equipment, music structure, music instruments and will begin to create music through the use of recordings and/or playing instruments.

*Facilities:*

MANSON YI

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

---

**Compendium Program: Music Therapy: Music Legends**

---

**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self- image, emotion regulation, and interpersonal relationships. During the Music Legends program, youth will gain advanced knowledge of mixing and producing music as well as learning to play instruments. Youth will be given more advanced writing topics to utilize in group to help with continuing to gain insight and promoting health self- expression. Youth in this program will have the opportunity to be mentors to lower levels of the music therapy program.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

---

**Compendium Program: Music Therapy: Rising Stars**

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**Gender Specific for:MALE**

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive change in the youths' self- image, emotion, regulation and interpersonal relationships. During the Rising Stars program youth will gain more in depth knowledge of beat making, recording original songs, and learning to play instruments. Youth will also begin to analyze lyrics and musical components of songs. Youth will begin to expand song topics that are utilized to help gain insight and promote healthy self- expression.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Musical Masterworks**

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**Gender Specific for:MALE**

*Description:*

This creative music workshop aims to develop skills including collaboration, problem solving, concentration, and teamwork, while introducing important musical and creative principles to the participants. The program focuses primarily on process and communication, with secondary emphasis placed on performance and creative skills.

*Facilities:*

CHESHIRE CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: MYI Community Council**

---

**Gender Specific for:MALE**

*Description:*

Selected participants are led by staff in the discussion of issues that concern the Manson Youth Institution (MYI) community. The young men will have the opportunity to talk about what is on their mind.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: National Prison Debate League (NPD)**

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**Gender Specific for:BOTH**

*Description:*

Coaches from the National Prison Debate League meet virtually with a team of 6 inmate participants once a week for 12 weeks. Coaches teach the participants about debate rules and techniques, which develop academic, social, public speaking, and other skills. At the end of the coaching sessions, the debate team competes live against a collegiate debate team. This group runs 2 sessions per year.

*Facilities:*

CHESHIRE CI;YORK CI

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER RC YORK CI All Agencies All**

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

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**Compendium Program: Native American Harvest Festival**

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**Gender Specific for:BOTH**

*Description:*

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Native American Strawberry Festival**

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**Gender Specific for:BOTH**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Native American Video and Discussion**

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**Gender Specific for:MALE**

*Description:*

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI , All Auspices , All**

*Facilities:*

BROOKLYN CI;CYBULSKI CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Native American Worship-Sweat Lodge**

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**Gender Specific for:MALE**

*Description:*

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI ,All Agencies , All**

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**Compendium Program: New Thoughts**

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**Gender Specific for: BOTH**

*Description:*

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

*Facilities:*

BRIDGEPORT CC;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Next Level Empowerment**

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**Gender Specific for: MALE**

*Description:*

The Next Level Empowerment Program is dedicated to teaching life skills via Creditable messengers to Emerging Adults between the ages of fifteen (15) to twenty-one (21) years of age currently incarcerated at Manson Youth Institution. Creditable Messengers are the Facilitators or Life Coaches whose lived experience allows them to convey creditable life experiences and recovery to the offenders in the Program.

*Facilities:*

MANSON YI;NEW HAVEN CC

*Auspices:*

Contracted Program

*Treatment Types:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All Education (Ed)**

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**Compendium Program: Non-credit Certificate Programs**

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**Gender Specific for:MALE**

*Description:*

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Office of Early Childhood Collaboration**

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**Gender Specific for:FEMALE**

*Description:*

The Office of Early Childhood (OEC) is working collaboratively with DOC on parenting related programs to meet the needs of the female offenders. OEC provides monthly workshops and a parenting attachment group called Circle of Security. The Monthly workshops are facilitated by OEC staff and coordinated by DOC staff to ensure inmate participation. These workshops have various topics pertaining to parenting including literacy, infant behavior and shaken baby syndrome, among others. The Circle of Security group is co-facilitated by an OEC staff member and a DOC staff member. It is an 8 week curriculum-based group. Both programs are voluntary for the offenders.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Osborn Transitional Unit**

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**Gender Specific for:MALE**

*Description:*

OCI Transitional Unit is established to deter misconduct and provide targeted programming for individuals who violate AD 9.5 Code of Penal Discipline. This will create an environment focused on rehabilitation while ensuring a safe and structured living space.

*Facilities:*

OSBORN CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Our Piece of the Pie, Behind the Walls**

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**Gender Specific for:BOTH**

*Description:*

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Outside Clearance**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All**

*Auspices:*  
Unknown

*Treatment Types:*  
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Over 40, Over 50 Wellness Program**

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**Gender Specific for:MALE**

*Description:*

This program is designed for offenders over 40 and over 50 who want to participate in activities with people of the same age. Offenders can participate in weight training, handball, paddleball, basketball, Ping-Pong, and yoga without feeling pressure to compete with younger offenders. Upon admission to the program offenders are assigned a partner to start their exercise program slowly. From that point, they are able to increase stamina and activity levels. Information regarding specific fitness and health issues is also available to them.

*Facilities:*  
MACDOUGALL CI

*Auspices:*  
Recreation Services

*Treatment Types:*  
Life Skills (LS)

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**Compendium Program: Overeater's Anonymous**

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**Gender Specific for:FEMALE**

*Description:*

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*  
YORK CI

*Auspices:*  
Addiction Treatment Unit

*Treatment Types:*  
Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Parenting from the Inside: Making the Mother-Child Connection**

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**Gender Specific for:FEMALE**

*Description:*

Parenting from the Inside is a 9-week, open group. The curriculum is based in Cognitive Behavioral Therapy (CBT) to provide psycho-education and build skills. Women will learn ways to manage their own emotions in order to respond in the best way to their child. They will learn skills to strengthen/develop a relationship with their children through topics that are specific to the Prison environment.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Parenting-How to Be a Responsible Mother**

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**Gender Specific for:FEMALE**

*Description:*

This program is designed to help inmates with children become responsible parents. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Treatment Types:*

Education (Ed);Family Support (FS)

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**Compendium Program: Pathway Home**

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**Gender Specific for:BOTH**

*Description:*

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Programs & Treatment Unit**

*Treatment Types:*  
Education (Ed);Life Skills (LS)

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**Compendium Program: Patient Care Assistant**

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**Gender Specific for:BOTH**

*Description:*

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

*Facilities:*  
BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*  
Health Services

*Treatment Types:*  
Education (Ed);Life Skills (LS);Medical (Med)

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**Compendium Program: Peer Mentor Program**

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**Gender Specific for:MALE**

*Description:*

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

*Facilities:*  
BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI

*Auspices:*  
Addiction Treatment Unit

*Treatment Types:*  
Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: PEP - People Empowering People**

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**Gender Specific for: BOTH**

*Description:*

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;GARNER CI;OSBORN CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Family Support (FS);Life Skills (LS)

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**Compendium Program: PIECP- Prison Industry Enhancement Certification - Vocational Village**

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**Gender Specific for: FEMALE**

*Description:*

The Prison Industry Enhancement Certification Program is a Pursuit Aerospace Partnership with an objective of generating 28-55 full-time positions annually. Participants in the program will be machinists, encompassing roles such as CNC grinder machinists, production planners, and technical support personnel. Individuals in this role will produce End Mills and will have the opportunity to secure employment at Pursuit Aerospace or other employers seeking to fill similar positions after their release.

*Facilities:*

OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Pre-natal Education**

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**Gender Specific for:FEMALE**

*Description:*

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a Doula from The Office of Early Childhood development (OEC). The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and Doulas. The postpartum group is available to all female offenders that have given birth while incarcerated or very recently in the community. The group is facilitated by OEC Doulas. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition. the labor coach program is a collaborative effort between OEC Doula and Lawrence and Memorial Hospital (L&M) staff in conjunction with York CI High Risk Infant program. OEC Doulas are trained to work specifically with inmate patients delivering babies at L&M Hospital.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Principles of Manufacturing - Vocational Village**

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**Gender Specific for:MALE**

*Description:*

Principles of Manufacturing provides training in Mechatronics. Mechatronics is a multidisciplinary field that includes a combination of mechanical systems, robotics, electronics, telecommunications, digital processing, and digital controls. Using both instructional techniques and hands-on practice with state-of-the-art equipment, the student will receive a comprehensive and expansive education in an ever-growing career field. Students may apply their knowledge and skills in a variety of fields such as engineering, design, manufacturing, machining, troubleshooting and repair of automated equipment.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Print Shop**

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**Gender Specific for:MALE**

*Description:*

This shop operates a variety of printing equipment including two-color and four-color printing presses, desktop publishing computers and high-speed bindery equipment. Inmates assigned to this shop learn a skill that is easily transferred to the outside job market.

*Facilities:*

OSBORN CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

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**Compendium Program: Prison Fellowship Academy**

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**Gender Specific for:FEMALE**

*Description:*

The Academy is an intensive in-prison 12-month program that prepares participants to be positive members of their communities inside and outside of prison. Utilizing the evidence-based Change Companies® Getting It Right Reentry Series curriculum and practices, and other curricula, the Academy focuses on six (6) core values of good citizenship: productivity, responsibility, integrity, community, affirmation and restoration.

*Facilities:*

YORK CI

*Auspices:*

Religious Services ;Volunteer Group

*Treatment Types:*

Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Problem Preventers - Conflict Resolution Coursework 1, 2, 3**

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**Gender Specific for:MALE**

*Description:*

This program concentrates on problem solving skill building, and peer mediation techniques. The first course begins with 10 session of conflict resolution, if a participant completes all 10 sessions without incident, they will move on to CR2 coursework. When the participant completes CR1 and 2 the CR3 coursework will not only consist of skill-building refreshers but a peer mediation component where the participant will assist on peer mediations.

Prerequisite: Facility Anger Management

*Facilities:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**  
MANSON YI

*Auspices:*  
Programs & Treatment Unit

*Treatment Types:*  
Unknown

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**Compendium Program: Problem Sexual Behavior Evaluation**

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**Gender Specific for:BOTH**

*Description:*

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

*Facilities:*  
MACDOUGALL CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*  
Behavioral Health

*Treatment Types:*  
Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Project Reentry**

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**Gender Specific for:MALE**

*Description:*

In collaboration with the Northwest Regional Workforce Investment Board, the population will participate in vocational training, earn certificates or credentials and engage in soft skills training in an effort to be best prepared for reentry. Participants will explore various careers, complete interest inventories, and skills assessments.

*Facilities:*  
MANSON YI

*Auspices:*  
Contracted Program

*Treatment Types:*  
Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: Protestant Bible Study**

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**Gender Specific for: BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Bible Study (Spanish)**

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**Gender Specific for: BOTH**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Church Leadership Course**

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**Gender Specific for: MALE**

*Description:*

College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

*Facilities:*

CYBULSKI CI;WILLARD CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All Unknown**

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**Compendium Program: Protestant Communion Service**

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**Gender Specific for:BOTH**

*Description:*

This is a sacramental service that offers the administration of the -Lord's Supper-.

*Facilities:*

HARTFORD CC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Discipleship Group**

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**Gender Specific for:MALE**

*Description:*

This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

*Facilities:*

CYBULSKI CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Sacrement of Baptism Preparation**

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**Gender Specific for:BOTH**

*Description:*

A course of studies to prepare inmates for Baptism into the Christian community.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Auspices All**

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**Compendium Program: Protestant Service**

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**Gender Specific for:BOTH**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Service (Spanish)**

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**Gender Specific for:MALE**

*Description:*

This is the weekly Protestant worship service conducted in Spanish.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Protestant Support Group**

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**Gender Specific for:MALE**

*Description:*

A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.

*Facilities:*

CYBULSKI CI

*Auspices:*

Religious Services

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All Unknown**

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**Compendium Program: Pursuit Aerospace Work Furlough**

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**Gender Specific for:MALE**

*Description:*

Pursuit Aerospace is a second chance employer. In partnership with CTDOC, the Pursuit Aerospace work furlough program gives inmates skills, training and employment during incarceration. This is in order to prepare these individuals for successful reintegration into society.

*Facilities:*

BROOKLYN CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Quinnipiac University Courses**

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**Gender Specific for:FEMALE**

*Description:*

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: Quranic Studies**

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**Gender Specific for:BOTH**

*Description:*

Qu'ran readings are reviewed with inmates. It is an informal group that is open to current issues pertaining to the Islamic faith and their application.

*Facilities:*

BRIDGEPORT CC;MACDOUGALL CI;ROBINSON CI

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Auspices All**

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

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**Gender Specific for:BOTH**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Real Dads are Forever**

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**Gender Specific for:MALE**

*Description:*

8-week cohort that foster and connects age appropriate, gender specific and culturally responsive fatherhood development strategies that enhance the emotional, physical, social and spiritual relationship between fathers and family men, and their children. Upon completion of the program striving for fathers will make behavioral changes in order to self-nurture, be more empathetic, have a stable and communicative co-parenting relationship with mom, spend more time with his child(ren,) and become involved in his child's school life.

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Family Support (FS);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies ,All**

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**Compendium Program: Recreation Leaders**

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**Gender Specific for:MALE**

*Description:*

Process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach to improve the quality of life and well-being of you. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. Youth will gain advanced knowledge of leisure management, healthy communication through leadership, positive coping techniques to encourage self-efficacy, and relationship building through team collaboration.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)

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**Compendium Program: Recreation Therapy: Intro**

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**Gender Specific for:MALE**

*Description:*

Recreation Therapy is a process group that is facilitated by Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional, and social approach to improve the quality of life and well-being of youth. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During the intro program, youth will gain awareness of leisure skills, healthy decision making through autonomy, positive coping techniques to support emotional and self-regulation and constructive relationship building.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Recreation Therapy-Re-Creators**

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**Gender Specific for:MALE**

*Description:*

This is a process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach but are not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During this program you will gain increased knowledge of applied leisure education, healthy communication styles, positive coping techniques to encourage self-expression, and relationship building through peer-to-peer support.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

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**Compendium Program: Re-Entry and Discharge Planning**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Reentry Services and Identification Procurement**

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**Gender Specific for:BOTH**

*Description:*

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER RC YORK CI All Auspices All**

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Programs & Treatment Unit

**Treatment Types:**

Unknown

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**Compendium Program: Reentry Welcome Centers**

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**Gender Specific for:BOTH**

**Description:**

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Support Services

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Reflections**

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**Gender Specific for:MALE**

**Description:**

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

**Facilities:**

MANSON YI

**Auspices:**

Programming Unit - Facility Staff

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

*Treatment Types:*

*Life Skills (LS)*

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**Compendium Program: Rehab Therapy for Juvenile Offenders ( MH 3&4)**

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**Gender Specific for:MALE**

*Description:*

Rehab Therapy Juvenile offender groups are process groups that are facilitated by a Rehabilitation Therapist (Recreational Therapist) which promote physical and mental health that encourage positive changes in the individual's emotional regulation, and physical wellness. Therapy groups focus on physical activities where the youths are working in teams to create healthy communication and team building techniques, to promote healthy relationships within the unit. during the program, individuals will also gain knowledge of weight training equipment, to promote healthy ways to relieve stress.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)*

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**Compendium Program: Reintegration Unit**

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**Gender Specific for:MALE**

*Description:*

The Reintegration Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society.

The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

*Facilities:*

*CYBULSKI CI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Education (Ed);Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Restorative Justice Circles**

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**Gender Specific for:MALE**

*Description:*

Restorative Justice Circles is a community based group focused on building peer relations, group cohesiveness, and better understanding of one another. The topics for the group are issues that affect their daily lives while incarcerated and in the community. Group topics may include healthy relationships, coping skills, current events, emotion regulation/ expression. youth are encouraged to express their individuality and have their voices heard in a safe milieu. At times youth have the opportunity to choose group topics and lead the group.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health

*Treatment Types:*

Life Skills (LS)

---

**Compendium Program: Sacramental Preparation (Spanish)**

---

**Gender Specific for:BOTH**

*Description:*

This is a course of studies conducted in Spanish.

*Facilities:*

NEW HAVEN CC

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Sacramental Preparation- Catholic**

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**Gender Specific for:BOTH**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community. Available based on facility needs

*Facilities:*

CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Religious Services**

*Treatment Types:*  
Unknown

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**Compendium Program: SCRIP INC**

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**Gender Specific for: BOTH**

*Description:*

The purpose of the In Reach Program is to provide Academic, Social, Counseling, Expert-Mentoring & Networking Development (ASCEND) workshops focusing on psychoeducational materials

approved by the Offender Programming Unit.

Over the course of the program, the workshop will educate the offender population on the effects of traumatic experiences through structured group work and psychoeducational materials found in the

ASCEND workbook. The Second Chance Reentry Initiative Program, Inc. will provide ASCEND workbooks to CTDOC offenders housed at BCI for no cost to the facility.

Second Chance Reentry Initiative Program, Inc. will also be a point of referral for any facilities who have offenders leaving to the greater Hartford Area and wish to participate in one of the many outpatient services SCRIP offers

*Facilities:*  
BROOKLYN CI

*Auspices:*  
Contracted Program

*Treatment Types:*  
Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS)

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**Compendium Program: Second Chance Education Alliance**

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**Gender Specific for: MALE**

*Description:*

The Second Education Alliance is a non-profit organization that offers non-accredited college level courses to offenders with a high interest in obtaining education beyond high school. Current course offerings include Philosophy & Literature, Network Design, Civics, Poetry, Science & Engineering, Economics, and Latin History & Literature.

*Facilities:*  
MACDOUGALL CI

*Auspices:*  
Volunteer Services

*Treatment Types:*  
Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

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**Compendium Program: Second Chance Pell Program**

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**Gender Specific for:BOTH**

*Description:*

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: Seeking Safety**

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**Gender Specific for:BOTH**

*Description:*

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH);Substance Abuse (SA)

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**Compendium Program: Self-Esteem**

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**Gender Specific for:FEMALE**

*Description:*

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.<br>

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

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*Auspices:*  
Health Services

*Treatment Types:*  
Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Short Track Problem Sexual Behavior Group**

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**Gender Specific for: BOTH**

*Description:*

Utilizing the risk, need, responsivity model inmates are assessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

*Facilities:*  
CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI

*Auspices:*  
Behavioral Health

*Treatment Types:*  
Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Skills of socialization**

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**Gender Specific for: MALE**

*Description:*

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

*Facilities:*  
MANSON YI

*Auspices:*  
Volunteer Services

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI . All Auspices: All Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)**

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**Compendium Program: Sleep Hygiene - Corrigan**

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**Gender Specific for:MALE**

*Description:*

Groups focus on sleep enhancing strategies such as avoiding naps and caffeine. Other sleep-enhancing strategies include providing education with regard to the benefits of regular exercise, developing a regular sleep/routine, establishing a relaxing bedtime routine, stress/anxiety reduction, using the bed only for sleep, deep breathing/progressive muscle relaxation, and going to bed only when tired. This group is provided as needed.

*Facilities:*

CORRIGAN CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Small Engine Repair**

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**Gender Specific for:MALE**

*Description:*

This course carefully details the many systems, tools, and parts involved in the successful repair of small engines, covering performance measurement and preventative maintenance. Students will learn the basic principles of small engine repair including safety, tools and measuring instruments, the fundamentals of electricity and electronics and ignition and lubrication systems, to name a few. Students will work on operable equipment in this realistic lab setting.

*Facilities:*

ROBINSON CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

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**Compendium Program: SMART Recovery**

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**Gender Specific for:BOTH**

*Description:*

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

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**Compendium Program: SMARTS: Stress Management & Relaxation Techniques**

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**Gender Specific for:MALE**

*Description:*

A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

*Facilities:*

*ROBINSON CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Life Skills (LS);Mental Health (MH)*

**PROGRAMS & TREATMENT UNIT**

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**Compendium Program: Solitary Garden Project**

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**Gender Specific for:FEMALE**

*Description:*

The Project comes to life through correspondence(letters) between ad FGN staffer or volunteer and an offender, also known as the gardener. Their letters articulate to the FGM what kind of flowers or plants are grown in the garden bed, which is located at the FGM. The gardens become extensions of the offender in the community - creative and positive expressions of beauty and healing that volunteers enact on behalf of the gardener. The size and layout of Artist Jackie Sumell's plot echoes prison cells with "fixtures" made from biodegradable materials that will disappear over time as the plants and flowers mature. The artist focuses her work on the effects of the prison and is interested in the empathy the gardens can help cultivate for the incarcerated.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

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**Compendium Program: Special Education and Pupil Services**

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**Gender Specific for:BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**  
**Compendium Program: SRG Affiliation - York CI**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

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**Compendium Program: SRG Security Risk Group - Phase 1**

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**Gender Specific for:BOTH**

*Description:*

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

*Facilities:*  
BRIDGEPORT CC;CORRIGAN CI;YORK CI

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Behavior Modification (BM)

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**Compendium Program: SRG Security Risk Group - Phase 2**

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**Gender Specific for:BOTH**

*Description:*

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

*Facilities:*  
BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Behavior Modification (BM)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER RC YORK CI All Auspices All**

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**Compendium Program: SRG Security Risk Group - Phase 3**

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**Gender Specific for:BOTH**

*Description:*

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: SRG Security Risk Group - Phase 4**

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**Gender Specific for:BOTH**

*Description:*

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: SRG Security Risk Group - Phase 5**

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**Gender Specific for:BOTH**

*Description:*

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

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**Compendium Program: Standing Strong**

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**Gender Specific for:FEMALE**

*Description:*

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

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**Compendium Program: Storybook Project**

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**Gender Specific for:FEMALE**

*Description:*

The Storybook Project is a program available for inmates or caregivers with children up to 17 years old.. Volunteers assist inmates in selecting an age-appropriate book to read and record on a CD The books and cds are sent to the children. An inmate may participate as many times as allowed by the volunteers

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Family Support (FS)

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**Compendium Program: Stress Management-York**

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**Gender Specific for:FEMALE**

*Description:*

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

*Facilities:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All YORK CI**

*Auspices:*  
Mental Health

*Treatment Types:*  
Mental Health (MH)

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**Compendium Program: STRIDE**

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**Gender Specific for:BOTH**

*Description:*

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

*Facilities:*  
YORK CI

*Auspices:*  
Contracted Program

*Treatment Types:*  
Life Skills (LS)

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**Compendium Program: Supportive Therapy**

---

**Gender Specific for:FEMALE**

*Description:*

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

*Facilities:*  
YORK CI

*Auspices:*  
Health Services

*Treatment Types:*  
Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment**

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**Gender Specific for:FEMALE**

*Description:*

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Auspices All**

**Facilities:**  
YORK CI

**Auspices:**  
Behavioral Health

**Treatment Types:**  
Mental Health (MH)

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**Compendium Program: T.I.M.E Treatment Involvement Meditation Empowerment**

---

**Gender Specific for:MALE**

**Description:**

TIME is used to create a positive safe environment. Designed to assist the youth with their actions to correct through behavior goals and holding space for accountability through interactions and mediations.

**Facilities:**  
MANSON YI

**Auspices:**  
Programming Unit - Facility Staff

**Treatment Types:**  
Behavior Modification (BM);Education (Ed);Life Skills (LS)

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**Compendium Program: T.R.U.E Choices**

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**Gender Specific for:MALE**

**Description:**

It is a 15-week program that reviews fundamental DOC topics that focuses on recidivism, relapse prevention, relationships, and cognitive thinking. The program will encourage participants to conduct self- examinations that identify their strengths and weaknesses, necessary lifestyle changes, and plans to reintegrate into their community.

**Facilities:**  
CHESHIRE CI

**Auspices:**  
Programs & Treatment Unit

**Treatment Types:**  
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Taleem**

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**Gender Specific for:BOTH**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*

BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Target Group**

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**Gender Specific for:BOTH**

*Description:*

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

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**Compendium Program: Tarweeh**

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**Gender Specific for:MALE**

*Description:*

This is a nightly prayer that is conducted during the month of Ramadan.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;WALKER RC

*Auspices:*

Religious Services

*Treatment Types:*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All Unknown**

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**Compendium Program: Technical Violators Program (ATU-TOP)**

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**Gender Specific for:BOTH**

*Description:*

The Addiction Services Unit - Time Out Program (ATU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ATU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

*Facilities:*

CHESHIRE CI;HARTFORD CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: Textile Shop**

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**Gender Specific for:BOTH**

*Description:*

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

*Facilities:*

OSBORN CI;YORK CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

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**Compendium Program: The Bridge-Supportive Therapy**

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**Gender Specific for:FEMALE**

*Description:*

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: The Douglass Project**

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**Gender Specific for:BOTH**

*Description:*

The Douglass Project offers a multi-state Prison Visitation Program that enables community members around the country to visit local correctional facilities and engage in open, face-to-face conversations with incarcerated people. These unique encounters will spur understanding and empathy—for both visitors and prisoners—that will, in turn, drive meaningful personal and systemic change.

Cohorts of approximately 10-20 outsiders per visit will visit correctional facilities and engage in face-to-face conversations with a same sized group of incarcerated adults. The conversations are facilitated by Douglass Project staff using proven tools and techniques that encourage respectful sharing and honest and dignified discussion. Cohorts of outside participants can join individually or as an affiliated group.

For more information or to register for a session, please visit [www.douglassproject.org](http://www.douglassproject.org)

*Facilities:*

CHESHIRE CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All**

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**Compendium Program: The Racial Justice Center Book Club**

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**Gender Specific for:MALE**

*Description:*

The goal of the RJC Book Club is to highlight the importance of education as a pathway to empowerment and rehabilitation for incarcerated individuals. The program utilizes this initiative to cultivate literacy and intellectual engagement among incarcerated individuals while fostering meaningful discussions around literature, identity, and social justice.

*Facilities:*

BROOKLYN CI;MANSON YI;NEW HAVEN CC

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: The Red Road to Wellbriety**

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**Gender Specific for:FEMALE**

*Description:*

An on-going evidence based program in spiritual growth and emotional literacy, designed to teach emotional regulation techniques, foster emotional growth, and encourage responsibility and accountability for oneself and toward others. Female offenders create meaningful narratives of their lives through working toward healing experiences of past decisions, trauma and grief and learning emotional regulation and practices. Wellbriety is a change in personal identity and values and a visible change in ones relationship with others. It is about Spiritual, physical, emotional, and relational health. This is not accomplished in isolation but in relation to those around us, family, and the community.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**

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**Compendium Program: Therapeutic Wellness Program**

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**Gender Specific for:MALE**

*Description:*

Takes referrals from mental Health. Medical, American with Disabilities Act and Substance Abuse/Addiction Services.

This program has three (3) tracks:

Track 1: Yoga

Track 2: Circuit

Track 3: Wheelchair

*Facilities:*

MACDOUGALL CI

*Auspices:*

Recreation Services

*Treatment Types:*

Life Skills (LS);Medical (Med);Mental Health (MH)

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**Compendium Program: Three Rivers Community College, TRCC**

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**Gender Specific for:BOTH**

*Description:*

TRCC is a community college in Norwich, CT., it offers associate degree and certificate programs as well as healthcare certificate programs and business and industry programming.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Thresholds**

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**Gender Specific for:BOTH**

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

CHESHIRE CI;GARNER CI;MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

As of :02/24/2026

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI . All Auspices . All Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)**

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**Compendium Program: Tier Four Addiction Services Residential Treatment Program**

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**Gender Specific for:BOTH**

*Description:*

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: Tier I - Addiction Services - Brief Substance Abuse Education Program**

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**Gender Specific for:BOTH**

*Description:*

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

*Facilities:*

*BRIDGEPORT CC;HARTFORD CC;MANSON YI;NEW HAVEN CC;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

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**Gender Specific for:BOTH**

*Description:*

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

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**Compendium Program: Tier Meeting**

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**Gender Specific for:FEMALE**

*Description:*

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI ,All Agencies , All**

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**Compendium Program: Track 1 Problem Sexual Behavior Treatment Group**

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**Gender Specific for: BOTH**

*Description:*

The Sex Treatment Program is a specialized program for inmates who have committed a sexual assault. The program is provided by mental health staff with specialized training in the treatment of sex offenders. The overall goal of the program is to decrease sexual violence. The program teaches inmates about the nature of sexual assault, helping them develop an individualized relapse prevention strategy for themselves, helping them improve the quality of normal interpersonal relationships, helping them better manage their anger, and helping them develop victim empathy.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;ROBINSON CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

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**Compendium Program: Transition Mentoring**

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**Gender Specific for: BOTH**

*Description:*

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Facilities:*

MANSON YI

*Auspices:*

Contracted Program

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

**Compendium Program: Transitional Case Management (TCM)**

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**Gender Specific for: BOTH**

*Description:*

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

*Facilities:*

BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Community Addiction Services;Contracted Program

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

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**Compendium Program: Transitional Linkage into the Community (TLC)**

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**Gender Specific for: BOTH**

*Description:*

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Behavior Modification (BM);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YL NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**  
**Compendium Program: Trauma Resolution Program (TRP)**

---

**Gender Specific for:FEMALE**

*Description:*

An open group therapy curriculum addressing the physical, emotional, and relational aspects of the healing journey. This group will focus on the after-effects of physical and/or sexual abuse and domestic violence. Women will gain education about trauma and it's impact on one's development, self-esteem, relationships, and sense of safety. Skill building will focus on ways to manage triggers/distress and establish healthy boundaries. This group will provide a foundation for women to pursue trauma therapy, during or after their incarceration.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)**

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**Gender Specific for:FEMALE**

*Description:*

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

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**Compendium Program: Trinity College Courses**

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**Gender Specific for:FEMALE**

*Description:*

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

**PROGRAMS & TREATMENT UNIT**

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**Facilities:**

HARTFORD CC;YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Education (Ed)

---

**Compendium Program: Turning Point Program**

---

**Gender Specific for:MALE**

**Description:**

In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

**Facilities:**

GARNER CI

**Auspices:**

All Facility Staff;Volunteer Services

**Treatment Types:**

Life Skills (LS)

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**Compendium Program: UCONN Asphalt Technology**

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**Gender Specific for:MALE**

**Description:**

Offenders will participate in 1 (90 minute) virtual orientation, 6 (2 hour) in-person trainings at the facility and 3 (3 hour) lab classes at The University of Connecticut Asphalt Technology lab in Storrs, CT. Upon successful completion of the training, offenders will be provided with a certificate of training course completed\_ Offenders will be provided with in-person and written opportunities for possible employers.

**Facilities:**

ROBINSON CI

**Auspices:**

Employment Services

**Treatment Types:**

Education (Ed);Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

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**Compendium Program: Unlock your Thinking: Open your Mind**

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**Gender Specific for:MALE**

*Description:*

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Upholstery Shop**

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**Gender Specific for:MALE**

*Description:*

This shop produces new seating; ergonomic chairs, lounge chairs, sofas etc- and re-upholsters used furniture. Offenders receive on the job training in the upholstery trade. These services have been provided to many public libraries and other community based operations.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Life Skills (LS)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YL ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**  
**Compendium Program: USD #1-Mandatory Education Unit (MEU)**

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**Gender Specific for:MALE**

*Description:*

SRG designated inmates housed at Garner CI. Youth Education Unit (YDU) are provided with comprehensive educational services. YDU is comprised of a mixture of both special and regular education students and who are between the ages of 18 and 22. the education within YDU prepares students to achieve their GED and/or High School Diploma along with transitional counseling services. Special education students are provided with the services and support required by their Individual Education Plans (IEP). Additionally, all subjects and educational levels are addressed in the daily AM and PM classes offered. Students in the YDU are offered the same number of educational hours as students housed in the general population. Name changed from Youth Development Unit (YDU) 08082016.

*Facilities:*

GARNER CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 Adult Basic Education (GL 0-4)**

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**Gender Specific for:MALE**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. It is for any individual who has been assessed by the education unit and found to have a grade functioning level between 0-4.

*Facilities:*

CYBULSKI CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI All Agencies All**

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**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

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**Gender Specific for:BOTH**

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

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**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

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**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI** All Auspices All  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 College Credit Program**

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**Gender Specific for:BOTH**

*Description:*

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

*Facilities:*

CHESHIRE CI;ROBINSON CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: USD#1 English As A Second Language (ESL) / TESOL**

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**Gender Specific for:BOTH**

*Description:*

Teaching English to Speakers of Other Languages (TESOL)/Language Acquisition Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

*Facilities:*

BROOKLYN CI;CORRIGAN CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI ,All Agencies , All**

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**Compendium Program: USD#1 Family Education & Parenting**

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**Gender Specific for: BOTH**

*Description:*

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*

CYBULSKI CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed); Family Support (FS)

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**Compendium Program: USD#1 GED/High School Diploma**

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**Gender Specific for: BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

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**Compendium Program: Veterans Service Unit**

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**Gender Specific for: MALE**

*Description:*

The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON VI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Auspices All CYBULSKI CI**

**Auspices:**  
Programs & Treatment Unit

**Treatment Types:**  
Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

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**Gender Specific for: BOTH**

**Description:**

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

**Facilities:**  
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON VI;OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**  
Programs & Treatment Unit

**Treatment Types:**  
Victim Impact (VI)

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**Compendium Program: Voices of Joy Choir**

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**Gender Specific for: FEMALE**

**Description:**

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

**Facilities:**  
YORK CI

**Auspices:**  
Religious Services

**Treatment Types:**  
Unknown

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON CI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER CC ,YORK CI All Agencies All**

**Compendium Program: W.O.R.T.H Unit Program Mentor**

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**Gender Specific for:FEMALE**

*Description:*

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the York Correctional Institution. Mentors are inmates who have been chosen to mentor and encourage those residing in the unit.

*Facilities:*

YORK CI

*Auspices:*

W.O.R.T.H Unit Staff

*Treatment Types:*

Unknown

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**Compendium Program: W.O.R.T.H. Unit**

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**Gender Specific for:FEMALE**

*Description:*

WORTH UNIT: The women of W.O.R.T. H's objectives are centered on restoration, rehabilitation and reintegration readiness. This restorative community, which resembles and functions more like the outside world than an institution, engages in gender responsive and youth specific strategies that are implemented through collaborations between residents, their families, staff, and the community. The WORTH unit focuses on the fostering of pro-social behaviors and the empowerment of women through the development of critical thinking and decision making skills that enhance women's opportunities to build character and positive community connections. Four Phases: Orientation Phase (14 Days) Restorative Living Phase, Restorative Leadership Phase, Transition Phase

*Facilities:*

YORK CI

*Auspices:*

W.O.R.T.H Unit Staff

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YL NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER PC ,YORK CI All Agencies All**  
**Compendium Program: Warm Up to the Day (community Meeting)**

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**Gender Specific for:FEMALE**

*Description:*

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.<br>

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: Wesleyan Center for Prison Education**

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**Gender Specific for:BOTH**

*Description:*

The Center for Prison Education is beginning it's fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

*Facilities:*

CHESHIRE CI;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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**Compendium Program: Wicca Sabbat and Esbat Circle**

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**Gender Specific for:BOTH**

*Description:*

A 1-hour collective activity to conduct Circle on Sabbats, including: Imbolc (Feb); Ostara (Mar); Beltane (Apr/May); Litha (Jun); Lammas (Aug); Mabon (Sep); Samhain (Oct); Yule (Dec), as identified in the Religious Services Annual Calendar of Religious Holidays, and Esbats, including every Full Moon, as identified in the Religious Services Annual Calendar of Religious Holidays.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI ,NEW HAVEN CC ,OSBORN CI ,ROBINSON CI ,WALKER RC ,YORK CI ,All Auspices All**  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Unknown

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**Compendium Program: Wicca Study**

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**Gender Specific for:BOTH**

*Description:*

A 1-hour weekly collective activity reserved for studying the Wicca tradition

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Religious Services

*Treatment Types:*  
Education (Ed)

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**Compendium Program: Women for Sobriety**

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**Gender Specific for:FEMALE**

*Description:*

The WFS New Life Program is a mutual aid recovery program designed specifically for women's recovery need. The purpose is to help all women find their individual path to recovery through discovery of self. Peer facilitated groups offer the experiences, hopes, and encouragement of other women in similar circumstances\_

*Facilities:*  
YORK CI

*Auspices:*  
Addiction Treatment Unit

*Treatment Types:*  
Substance Abuse (SA)

**PROGRAMS & TREATMENT UNIT**

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**Compendium Program: Women's Empowerment/Supportive Therapy**

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**Gender Specific for:FEMALE**

*Description:*

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

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**Compendium Program: Woodworking Shop**

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**Gender Specific for:MALE**

*Description:*

This shop currently performs repairs to refinishing on all types of wood furniture. This repair work provides offenders with an opportunity to apply basic woodworking skills that will benefit them upon re-entry to the work force.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Correctional Enterprises of Connecticut

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Workforce Re-Entry**

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**Gender Specific for:MALE**

*Description:*

This group will focus on life skills and professional development of individuals to enhance their confidence and improve their employment opportunities. Get a smooth transition into the community and workforce. Connect with a skilled support system, learn money management skills. Supports for technology, work clothing, housing, transportation and childcare.

*Facilities:*

MANSON YI

*Auspices:*

**PROGRAMS & TREATMENT UNIT**

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*Treatment Types:*

Family Support (FS);Life Skills (LS)

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**Compendium Program: Yale Prison Education Initiative**

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**Gender Specific for:MALE**

*Description:*

The Yale Education Initiative is a higher education program offered to offenders interested in obtaining education beyond a high school level. Courses are both credit bearing and non-accredited. Yale instructors offer courses such as English Composition, Modern Sociology, Visual Arts, Philosophy, Latin and Literature.

*Facilities:*

MACDOUGALL CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Education (Ed)

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**Compendium Program: Young Adult Offender Program**

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**Gender Specific for:MALE**

*Description:*

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the Cheshire Correctional Institution.

Offenders in the program will:

Have a daily routine that more closely resembles a schedule on the outside

Have the opportunity to develop life skills in a therapeutic community setting

Be connected with mentors

Develop leadership skills

Work towards personal and professional goals through different programming and access to opportunities

Enhance connections with family and community supports

*Facilities:*

CHESHIRE CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Aggression Replacement Training (ART);Behavior Modification (BM);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Victim Impact (VI)

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for BRIDGEPORT CC ,BROOKLYN CI ,CHESHIRE CI ,CORRIGAN CI ,CYBULSKI CI ,GARNER CI ,HARTFORD CC ,MACDOUGALL CI ,MANSON YI NEW HAVEN CC OSBORN CI ROBINSON CI WALKER CC YORK CI All Agencies All**

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**Compendium Program: Young Men's Group**

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**Gender Specific for:MALE**

*Description:*

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM);Life Skills (LS)

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**Compendium Program: Youth Specific Facility Based Domestic Violence Program**

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**Gender Specific for:MALE**

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Aggression Replacement Training (ART);Behavior Modification (BM)

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**Compendium Program: Youthful Offenders Community Meeting**

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**Gender Specific for:FEMALE**

*Description:*

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

*Facilities:*

*Connecticut Department of Correction*

**PROGRAMS & TREATMENT UNIT**

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*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)*