## CONNECTICUT GROWN CROP AVAILABILITY CALENDAR

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	EXTENDED SEASON					HARVEST			STORAGE				
CROP: VEGETABLE	JAN	FEB	MAR	APR	MAY	JUN	JULY	AUG	SEPT	OCT	NOV	DEC	
ARUGULA													
ASPARAGUS							L.						
BEANS (Snap)													
BEETS													
BOK CHOY													
BROCCOLI								6					
BROCCOLI RABE													
BRUSSEL SPROUTS													
CABBAGE		1					- 8		6				
CARROTS													
CAULIFLOWER													
CELERY													
CORN												1	
CUCUMBERS											F		
EGGPLANT												+	
GARLIC													
GREENS (Beet, Collards, Mustard, Turnip)													
HERBS													
KALE						1			Ĭ .				
KOHLRABI					- 24								
LEEKS			III										
LETTUCE								Y .					
MUSHROOMS				*		*							
ONIONS											Í		
PARSNIPS					-								
PEAS (Snap, Snow, Shelling)													
PEPPERS (Hot, Sweet)													
POTATOES			1						*		19		
PUMPKINS (Sugar)								*					
RADISHES	<b>1</b>												
RUTABAGA										1			
SALAD GREENS (Mesclun, Baby Greens, etc.)		III									i i		
SCALLIONS						*		*					
SPINACH								×					
SPROUTS													
SQUASH, SUMMER							1						
SQUASH, WINTER													
SWEET POTATOES													
SWISS CHARD													
TOMATOES													
TURNIPS		Ji a	JI .				1						













## CONNECTICUT GROWN CROP AVAILABILITY CALENDAR

	EXTENDED SEASON			HARVEST				STORAGE				
CROP: FRUIT	JAN	FEB	MAR	APR	MAY	JUN	JULY	AUG	SEPT	OCT	NOV	DEC
APPLES												
APRICOTS										2		
BLACKBERRIES												
BLUEBERRIES												
CANTALOPE			5									
CHERRIES (Tart, Sweet)												
GRAPES										S.		
NECTARINES										6		
PEACHES												
PEARS												
PLUMS												
RASPBERRIES												
RHUBARB		3									51	
STRAWBERRIES												
WATERMELONS												







## AVAILABLE YEAR ROUND

DAIRY
Cheese
Cream
Ice Cream
Milk
Yogurt

**PROTEIN** 

Beef Bison

Chicken

Eggs

Finfish

Lamb Pork

Shellfish

Turkey Veal **VALUE-ADDED FOODS** 

Cider
Honey
Jams/Jellies
Maple Products
Pickles/Relish
Salsas/Sauces
Wine/Beer/Spirits





## **Connect with Us**



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