

Agricultural Report

Connecticut Department of Agriculture
Ned Lamont, Governor
Bryan P. Hurlburt, Commissioner



Wednesday, December 11, 2019

CONNECTICUT AG WELLNESS SUMMIT

Bureau of Agricultural Development and Resource Conservation

The Connecticut Ag Wellness Summit was held on Thursday, December 5, 2019 in South Windsor. This program was a collaborative effort between the Connecticut Department of Agriculture (DoAG), UConn Extension, Farm Credit East, the Connecticut Farm Bureau Association, the Connecticut Veterinary Medical Association, CT NOFA, and the Connecticut Department of Mental Health and Addiction Services (DMHAS).

Approximately 70 participants attended the free event which was intended for farmers, producers, and agricultural service providers, including veterinarians.

The goal of the Wellness Summit was to provide information and resources to attendees about ways to identify sources of stress, how to manage stress, and techniques for communicating with farmers who may need help dealing with stress.

“Mental health is an issue of critical importance to the agriculture industry,” said Connecticut Department of Agriculture Commissioner Bryan P. Hurlburt who spoke during the Wellness Summit. “We are committed to collaborating with our partners and working together to make resources available to the support the health and well-being of our state’s hard working farm families.”

Speakers at the Wellness Summit included Dr. Jennifer Quammen of Veterinarian Coaching. , Dr. Quammen’s veterinary work is primarily in Kentucky and Indiana, with a special emphasis on surgery. She presented information about how the human brain and body are critical to success in any field.

“Taking care of animals is paramount to our success, financially and otherwise. The one animal we tend to forget is the human animal, ourselves or our family, friends and coworkers,” said Dr. Quammen.

Jon Jaffe with Farm Credit East, who has 36 years of experience

in agricultural lending, also spoke.

“It’s not always about the finances,” said Jon. “Folks can also become overwhelmed with the intense workload that can lead to burnout—physically and emotionally.”

Jon grew up on a dairy farm and then owned and operated his own dairy farm for a few years. He focuses on both the personal and business aspects of estate planning and farm succession.

“Often, a financial improvement strategy is key but sometimes just getting a plan developed that defines where we are going helps put things into perspective and reduce the overwhelmed feeling,” said Jon.

The Wellness Summit also included a presentation from Andrea Iger Duarte, LCSW, MPH. Andrea is the Suicide Prevention Project Director in the Prevention and Health Promotion Division of DMHAS. Ms. Duarte provided information about suicide prevention resources available in Connecticut.

The Wellness Summit included a networking activity intended to promote awareness of self-care. Self-care is something done deliberately specifically to take care of our mental, emotional, and physical health. Farmers do a lot of physical

activity, but may not engage in activities to address their mental and emotional health.

In an effort to stimulate discussion during the networking activity, participants were asked to toss a small beach ball around the table with questions that include: Do you ever take a vacation? What do you do for self-care? How do you de-stress each day? Do you feel like you can talk to someone or ask for help with mental or physical health issues?

Some of the self-care ideas that were talked about at the conference were yoga, reading, hiking, listening to podcasts, exercis-

Connecticut Ag Wellness Summit partner organizations and sponsors.

(continued on Page 3)

(continued from Page 1)

ing, and crocheting.

UConn Extension Program Assistant, MacKenzie White, helped organize the Wellness Summit, which was a follow-up to UConn Extension's Farmer Stress Support Training held in May 2019.

"We feel that this topic is critical to address in our state, and this is not a one and done program. The goal of the program was to provide knowledge and resources for our attendees to not only help themselves, but for them to help others too," said MacKenzie. "We plan to continue our efforts as a collaborative in order to provide the support that our producers and farmers need. This is just the beginning stage of what we hope to be a successful continuing program and resource for our agriculture community."



Photo courtesy of UConn Extension.

The Wellness Summit concluded with QPR (question, persuade, and refer) training; a program to aid individuals with how to recognize the warning signs of suicide. This training was provided by Joan Nichols of the Connecticut Farm Bureau Association and Willow Lake of DoAg.

Both events came from an effort by the UConn Farm Risk Management Advisory Committee to develop a program that would provide support to farmers and the people around them. The committee had identified stress as an important issue for Connecticut farmers in 2018.

For more information about UConn Extension's farmer stress support resources go to <http://ctfarmrisk.uconn.edu/agstress.php>



CONNECTICUT
FARM ENERGY PROGRAM

CT FARM ENERGY WORKSHOPS

Are you a farm or rural small business who would like to reduce your energy consumption and costs?

The Connecticut RC&D and the Connecticut Farm Energy Program will be hosting the following Farm energy Workshops:

January 16, 2020, at 3:00 p.m., USDA Service Center - 238 W. Town St. Norwich, CT. Snow date: January 17th at 3:00 p.m. Hosted by Eastern CT Conservation District & CT Farm Energy Program. For more info, contact us at 860.345.3977 or amanda@ctfarmenergy.org

January 23, 2020 at 2:00 p.m., UConn Extension Center - 843 University Drive, Torrington, CT. Snow date: January 30th at 2:00 p.m. Hosted by Northwest Conservation District & CT Farm Energy Program. Advanced registration requested. For questions and to RSVP, call 860.626.7222 or email info@nwcd.org.

Guest speakers will cover energy efficiency and renewable energy options along with State & Federal incentives including Energize CT, USDA REAP, ZREC, Metering, Tax Incentives, and C-PACE. Followed by one-on-one time to speak directly with presenters about your specific operation. For more information go to <https://ctfarmenergy.org>.

ADVERTISEMENTS

FOR SALE

1-R. Blumenthal & Donahue is now Connecticut's first independent NATIONWIDE Agri-Business Insurance Agency. Christmas tree growers, beekeepers, sheep breeders, organic farmers and all others, call us for all your insurance needs. 800-554-8049 or www.bludon.com

2-R. Farm, homeowner and commercial insurance—we do it all. Call Blumenthal & Donahue 800-554-8049 or www.bludon.com

3-R. Gallagher electric fencing for farms, horses, deer control, gardens, & beehives. Sonpal's Power Fence 860-491-2290

4-R. Packaging for egg sales. New egg cartons, flats, egg cases, 30 doz and 15 doz. Polinsky Farm 860-376-2227

5-R. Nationwide Agribusiness Insurance Program, endorsed by the CT Farm Bureau, save up to 23% on your farm insurance and get better protection. References available from satisfied farmers. Call Marci Zyskowski today at 203-444-6553

59-R. Compost, screened & unscreened Top Soil, Mulch. Pick up at any of our 3 yards. Supreme Forest Products. Southington, Harwinton, West Hartford. Please call 860-485-1636

60-R. E.R. Hinman Since 1830. Producing fine Native Hardwoods & Softwood. Rough sawn, planed, kiln dried lumber. Native Hemlock for your out building needs. For the Farmer, Contractor, Homeowner. Please call 860-673-9170

77-R. Heifers, crossbred beef, Hereford/Angus, April calves. \$450 each. 2 available. Call 860-537-1974

79-R. Pollination services for small scale farms. Call Hilltop Apiaries for information at 860-408-9039

82. Tobacco spear lath, like new condition. Call 860-749-0297

83-R. Kiln dried sawdust shavings mix delivered in 100 yard loads or picked up at the farm. Call 860-749-0297.

WANTED

6-R. Livestock wanted: Dairy cattle, heifers of any age, beef cows, bulls, steers, feeder cattle, veal, groups of sheep and goats. RyanM01@comcast.net or 860-655-0958. If no answer, leave message. All calls returned

MISCELLANEOUS

65-R. Connecticut Greenhouse Co. Installation, maintenance and fabrication of greenhouses, cold frames and NRCS high tunnels. 12' to 30' wide by any length. Designed and manufactured in CT, a farmer owned and operated business. Maintenance parts, supplies and custom plastic. www.ctgreenhouse.com or call Toby 203-654-1595

80-R. Burlington, CT. Free 20+ pine logs 18"x4' Perfect for outdoor furnace, dry a year. Call 860-673-1025 or 203-509-4361

AG JOB CONNECTION

81-R. New London is seeking a planner/manager for two farmers' markets. Market's July-October. 860-460-3385, Art http://fog.newlondonfarmersmarket.com/?page_id=718



CONNECTICUT
GROWN
CTGrown.gov

NORTHEAST EGGS/USDA

Per doz. Grade A and Grade A white in cartons to retailers (volume buyers)

XTRA LARGE	1.35	1.49
LARGE	1.32	1.46
MEDIUM	.82	.95

NEW ENGLAND SHELL EGGS

Per doz. Grade A brown in carton delivered store door. (Range)

XTRA LARGE	1.75	1.89
LARGE	1.65	1.79
MEDIUM	1.20	1.29
SMALL	.69	.79

LANCASTER, PA LIVESTOCK

Avg. Dressing. Per cwt. Unless noted

SLAUGHTER STEERS

Choice and Prime 2-3	114.00	127.00
Choice and Prime 3-4	116.00	126.00
Choice 2-3	109.50	120.50

SLAUGHTER COWS Avg. Dressing

boners 80-85% lean	42.00	58.50
breakers 75-80% lean	46.00	62.00
lean 85-90% lean	37.00	49.50

SLAUGHTER LAMBS: Woolled & Shorn
Markets: Choice and Prime 2-3

78-79 lbs	230.00	245.00
80-89 lbs	230.00	245.00
95-99 lbs	212.00	237.00
103-134 lbs	205.00	245.00

Choice 1-2

61-69 lbs	226.00	240.00
71-79 lbs	210.00	235.00
80-88 lbs	200.00	225.00

Choice 2-3

90-99 lbs	187.00	215.00
100-133 lbs	175.00	217.00

SLAUGHTER EWES: Good 2-3

90-93 lbs	110.00	130.00
108-145 lbs	95.00	130.00
150-195 lbs	80.00	115.00

SLAUGHTER GOATS: Per head/ Est. weight

SLAUGHTER KIDS: Sel 1

40-49 lbs	140.00	150.00
50-59 lbs	150.00	172.00
60-69 lbs	165.00	185.00
70-79 lbs	170.00	197.00
80-89 lbs	180.00	210.00
90-99 lbs	185.00	210.00

SLAUGHTER NANNIES/DOES: Sel 1

100-149 lbs	175.00	215.00
150-199 lbs	200.00	255.00
200-249 lbs	265.00	285.00

SLAUGHTER BUCKS/BILLIES: Sel 1

100-149 lbs	235.00	295.00
150-199 lbs	290.00	325.00
200-249 lbs	345.00	400.00

DAIRY CATTLE

New Holland, PA. Price per animal.

FRESH/MILKING COWS

APPROVED	900.00	1425.00
MEDIUM	650.00	1050.00

BRED COWS

APPROVED	950.00	1200.00
----------	--------	---------

SPRINGER COWS:

APPROVED	1150.00	1400.00
----------	---------	---------

BRED HEIFERS

APPROVED	675.00	875.00
MEDIUM	500.00	625.00

SPRINGER HEIFERS:

APPROVED	850.00	1175.00
----------	--------	---------

WHOLESALE FRUITS & VEGETABLES

Boston Terminal and Wholesale Grower Prices
CONNECTICUT AND NEW ENGLAND GROWN

	LOW	HIGH
ALFALFA SPROUTS, 5 LBS	14.00	15.00
APPLE, MAC, XFCY, 72S	28.00	32.00
APPLE, MAC, XFCY, 80S	28.00	28.00
APPLE, MAC, XFCY, 100S	29.00	29.00
APPLE, RED DEL, EXFCY, 80S	24.00	24.00
APPLE, RED DEL, FCY, 125S	18.00	19.00
APPLE, RED DEL, FCY, 138S	18.00	19.00
BEAN SPROUTS, 10 LBS	6.00	8.00
BEAN SPROUTS, 12-12 OZ	12.00	15.00
CIDER, APPLE, 4-1 GAL	20.00	20.00
CIDER, APPLE, 9-1/2 GAL	22.00	22.00
CORN STALKS, 36 IN. BIN, 25S	125.00	125.00
CRANBERRIES, 24- 12 OZ BAGS	32.50	32.50
ORNAMENTAL CORN, MINI	25.00	25.00
ORNAMENTAL CORN, INDIAN	40.00	50.00
ORNAMENTAL CORN, STRAWB	25.00	28.00
ORNAMENTAL GOURDS, 1/2 BU	21.00	24.00
STRAW BALES	6.00	10.00
STRAW BALES, MINI	4.50	6.00
TOMATOES, VINE RIPES, 11 LB	15.00	18.00
TURNIPS, PURPLE TOP, 25 LB	12.00	14.00

SHIPPED IN

Price Range. Per unit.

APPLE, FUJI, NY, XFCY, 64S	31.00	31.00
APPLE, FUJI, NY, FCY, 125S	19.00	19.00
APPLE, GNGR GLD, NY, XFCY, 64S	32.00	32.00
APPLE, GNGR GLD, NY, XFCY, 80S	32.00	32.00
APPLE, GNGR GLD, NY, XFCY, 88S	32.00	32.00
APPLE, MAC, NY, US ONE, 125S	18.00	18.00
APPLE, PAULA RED, XFCY, 80S	32.00	32.00
APPLE, PAULA RED, XFCY, 100S	26.00	28.00
BEETS, RED, SC, 12S, BNCH	16.00	20.00
BEETS, GOLD, CND, 12S, BNCH	13.00	14.00
BROCCOLI, 20 LB, CRTN AZ/CA	14.00	18.00
BRUSSEL SPROUTS, AZ/CA, 25 LB	31.00	36.00
CABBAGE, RED, GA, 50 LB, M/L	17.00	18.00
CABBAGE, GRN, GA, 50 LB, M/L	16.00	20.00
CABBAGE, SAVOY, GA, 50 LB	16.00	20.00
CARROTS, CA, 50 LB	25.00	28.00
CAULIFLOWER, AZ/CA, CRT, 12S	16.00	20.00
COLLARDS, GA, CRTN, 12S	13.00	15.00
DANDELION GREENS, GA, 12S	15.00	18.00
KALE, GA, CRTN, BNCH, 12'S	13.00	16.00
LETTUCE, BOSTON, CND, 12 4-OZ	16.00	18.50
KOHLRABI, GA, CRTN, 12'S	18.00	20.00
MESCLUN MIX, CA, 3LB CRTN	6.50	7.00
MUSHROOM, PA, OYSTER, 5 LB	18.00	20.00
ONION, GREEN LEEK, AZ/CA, 12S	24.00	24.00
PARSNIPS, MI, 20 LB BAG, LOOSE	25.00	25.00
RUTABAGA, CND, 50 LB SACKS	26.00	26.00
RADISHES, OH, 14 1-LB BAG	14.00	16.00
SWEET POTATOES, NC, 40 LB	26.00	28.00
SWT POTATOES, NJ, WHT, 20 LB	25.00	25.00

BOSTON MARKET ORGANIC

Price Range. Per unit.

APPLE, FUJI, WA, XFCY, 80'S	35.00	35.00
CABBAGE, GRN, 45 LB CRT	23.00	23.00
CABBAGE, RED, 45 LB CRT	31.00	31.00
CARROTS, CA, 25 LB LOOSE	23.00	24.00
KALE, BNCH, 12S, CRT	25.00	25.00
MESCLUN MIX, CA, 3 LB	6.50	10.00
MUSHROOMS, WHITE, 12-8OZ	17.00	17.00
SWEET POTATOES, #1, 40 LB	37.00	43.00

MIDDLESEX LIVESTOCK AUCTION

Middlefield, CT - December 9, 2019

	LOW	HIGH
Bob Calves:		
45-60 lbs.	n/a	n/a
61-75 lbs.	8.00	10.00
76-90 lbs.	15.00	20.00
91-105 lbs.	24.00	30.00
106 lbs. & up	35.00	40.00
Farm Calves	n/a	n/a
Starter Calves	n/a	n/a
Veal Calves	110.00	175.00
Feeder Heifers	80.00	185.00
Beef Heifers	52.00	57.00
Feeder Steers	75.00	145.00
Beef Steers	70.00	85.00
Feeder Bulls	150.00	180.00
Beef Bulls	58.00	70.00
Replacement Cows	n/a	n/a
Replacement Heifers	n/a	n/a
Boars	n/a	n/a
Sows	n/a	n/a
Butcher Hogs	n/a	n/a
Feeder Pigs each	40.00	70.00
Sheep each	85.00	125.00
Lambs each	145.00	180.00
Goats each	75.00	260.00
Kid Goats each	65.00	155.00
Canners	up to	54.00
Cutters	55.00	58.00
Utility Grade Cows	59.50	62.00
Rabbits each	6.00	17.00
Chickens each	4.00	23.00
Ducks each	6.00	12.00

The Middlesex Livestock Auction will run on it's regular schedule on Monday, December 23, 2019 and Monday, December 30, 2019.

NEW HOLLAND, PA. HOG AUCTION

Per cwt.

SLAUGHTER HOGS

BARROWS AND GILTS

US 1-2 216-298 lbs	55.00	64.00
US 1-2 315-332 lbs	55.00	64.00
US 2-3 221-273 lbs	42.00	56.50
US 2-3 305-318 lbs	48.00	54.00

SOWS

US 1-2 343-383 lbs	38.00	46.00
US 1-2 425-460 lbs	37.00	46.00
US 1-2 509-580 lbs	31.00	49.00
US 1-2 615-623 lbs	39.00	44.00

BOARS

US 1-2 134-178 lbs	34.00	47.00
US 1-2 243-290 lbs	24.00	32.00

NEW HOLLAND, PA HAY REPORT

Price per ton, small squares. December 9, 2019

ALFALFA/ORCHARD MIX

PREMIUM	385.00	435.00
GOOD	310.00	320.00
FAIR	250.00	250.00

ORCHARD GRASS

PREMIUM	400.00	400.00
GOOD	300.00	300.00
FAIR	260.00	260.00

ORCHARD/ TIMOTHY GRASS

GOOD	340.00	370.00
------	--------	--------

CONNECTICUT HEMP CONFERENCE AND TRADESHOW

UConn Extension, the Connecticut Department of Agriculture, and CT RC&D are hosting the first annual Connecticut Hemp Conference and Tradeshow on Wednesday, February 26, 2020, at Maneely's Conference Center, 65 Rye St., South Windsor, CT.

The goal of the conference is to bring together advocates, cultivators, and businesses interested in the industry. The conference will cover healthy soils practices, local policy and regulations, Connecticut field trial results, as well as innovative production markets. The event will be a valuable resource for local producers and farmers who are seeking connections in the state as well as knowledge about local issues and opportunities. Partners include USDA NRCS, the Connecticut Farm Bureau Association and CT RC&D.

Registration is required. The registration fee is \$50 until January 31, 2020 and \$65 starting February 1, 2020. For additional information and registration go to <https://ctrcd.org/ct-hemp-conference-trade-show/> or call 860-345-3977.

HEMP PRODUCER LISTENING SESSIONS

Topics will include: Information from the 2019 Growing Season, New USDA Hemp Regulations, CT Agriculture Experiment Station research, and Q&A with DoAg staff.

- Thursday, December 12, 2019, 5:30 - 7:30 PM
UConn Storrs, WB Young Building Room 101, Storrs, CT
Growers, Processors, and Manufacturers are encouraged to attend. Great networking opportunity! Please RSVP to: AGR.Hemp@ct.gov; 860-713-2502. www.CTGrown.gov/hemp.

PRODUCTION AGRICULTURE- BACK TO BASICS

Farmers of all experience are encouraged to join the Connecticut Department of Agriculture, University of Connecticut, and the American Farmland Trust on Thursday, January 9, 2020 from 9 AM to 1 PM at the Tolland Agricultural Center in Vernon, Connecticut to hear the latest in IPM, soil management, and water programs. Aaron Ristow of the American Farmland Trust will discuss his findings on the economic and environmental impacts of soil health practices. This is a free program and pesticide credits will be offered. For more information or to register, please contact Erin Windham at 860-713-2543 or Erin.Windham@ct.gov.

ARTISAN DAIRY FOOD SAFETY PLAN WORKSHOP

UConn is hosting a coaching workshop intended for artisan cheese and dairy food producers who are preparing to develop, or are already developing, a Food Safety Modernization Act (FSMA) compliant, preventive control (PC)-based, food safety plan for their facility.

The two-day workshop will be held January 16-17, 2020 at the Hartford Times Building, 10 Prospect Street, Hartford, CT. The goal of the workshop is to provide Food Safety Plan review and coaching sessions to guide attendees through each step in development process. This course is being offered at a reduced cost to artisan dairy producers for \$49. Registrations and payments must be received by January 9, 2020. This course is limited to the first 20 registrants. For information and registration visit <https://dairyextension.foodscience.cornell.edu/programs/artisan-dairy-food-safety-coaching/>.

CONNECTICUT DEPARTMENT OF AGRICULTURE

CTGrown.gov

Advertising Rates: Fifteen or fewer words: \$3.75 per insertion. More than 15 words: 25 cents per word per insertion. Ads must be related to agriculture in Connecticut and are accepted on a first-come, first-served basis. Payment must be received by noon on Friday before publication the following Wednesday. Make check or money order payable to the Connecticut Dept. of Agriculture, and mail copy and remittance to the department at 450 Columbus Blvd., Suite 701, Hartford, CT 06103. For more information contact Crystal.Morris@ct.gov or call 860-713-2533.

POSTMASTER: Send address changes to the Connecticut Department of Agriculture, 450 Columbus Blvd., Suite 701, Hartford, CT 06103.

Print subscriptions expire Dec. 31, 2019.

CONNECTICUT DEPARTMENT
OF AGRICULTURE
www.CTGrown.gov
860-713-2500

Commissioner	Bryan P. Hurlburt
bryan.hurlburt@ct.gov	860-713-2501
Agricultural Development and Resource Conservation	860-713-2503
Regional Market	860-566-3699
Regulatory Services	Dr. Bruce Sherman
bruce.sherman@ct.gov	860-713-2504
State Veterinarian	Dr. Mary J. Lis
mary.lis@ct.gov	860-713-2505
Aquaculture	David Carey
david.carey@ct.gov	203-874-2855

**VOL. XCIX
No. 50
December 11, 2019**