CONNECTICUT WEEKLY



Connecticut Department of Agriculture

Dannel P. Malloy, Governor; Steven K. Reviczky, Commissioner Robert R. Pellegrino, Bureau Director



Marketing & Technology Bureau, (860) 713-2503 Linda Piotrowicz, Interim Editor **Wednesday, June 22, 2011**

NOTES from the DEPARTMENT...

D. Diameter

REDUCE YOUR RISK OF SKIN CANCER

By Steven K. Reviczky, Commissioner

"You have malignant melanoma."

Hearing those words as the doctor informed me that my lymphnode biopsy was positive changed my world forever.

As someone who loves the outdoors and spent a lot of time in the sun (working and playing), having a dark complexion meant nothing. While friends and relatives burned easily, I didn't and never gave it much thought. The diagnosis of stage III malignant melanoma in 2001 changed that; I was 41, the father of two schoolaged children, had a mortgage to pay, and had my whole life ahead of me. Melanoma is the deadliest form of skin cancer and the diagnosis took me on a multi-year odyssey that included three surgeries and an intensive year-long chemotherapy regimen. I'm lucky. I am here to talk about it.

There are some things in life that we simply cannot control. Exposure to the sun is one place that each of us can affect our destiny. Being ever mindful of the negative effects of the sun can limit your chances of skin cancer.

There are simple things that you can and should do to limit your exposure and risk from the harmful rays of the sun. Please read and follow the advice of the American Academy of Dermatology below. Do these things for yourself, your family, and the future of your farm business.

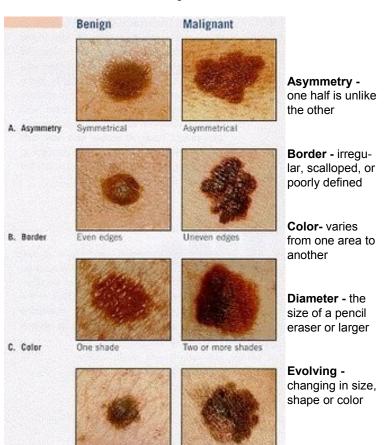
I speak from experience.

MAKE SKIN CHECK A PRIORITY

From the American Academy of Dermatology

Farming has plenty of challenges, but probably one of the hazards that farmers worry about the least is the danger from working in the sun year round. Farmers should pay attention to the condition of their skin. When detected early, skin cancer has a cure rate of 99 percent. Since research shows farmers are among the least likely workers to receive a skin examination by a physician, it's important that farmers perform regular skin self examinations, which could mean the difference between life and death.

It's as easy as "ABC" to remember how you can identify a mole or lesion that needs dermatologist attention:



To help farmers minimize their risk of skin cancer, the American Academy of Dermatology recommends that everyone be sun smart:

Larger than 6 mm

(continued on Page 4)

ORGANIC FRUITS AND VEGETABLES

ARUGULA,12,GA	18.75	18.75
BLUEBERRIES, 12/6oz, GA	30.75	30.75
BOK CHOY.35lb.FL	52.00	52.00
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CUCUMBERS,GA,1/2BU	36.00	36.00
CORN,4 1/2dz,FL	38.00	38.00
GINGER ROOT,20lb	42.00	42.25
GREEN BEANS,bu,FL	49.50	49.50
LEEKS,12s,CA	44.00	44.50
LETTUCE,greenlf,24ct,NC	41.75	41.75
MANGOES, 10ct, MX	10.00	10.00
MUSHRM,wht,10lb,lg,PA	25.50	25.50
NECTARINES,1/2bu,NC	55.00	55.50
ONION,40lb,Vidalia,GA	51.50	51.50
PEACHES,60ct,NC	20.00	20.00
PEPPER,RED bell,xl,FL	48.75	48.75
RASPBERRIES,12/6oz,CA	31.00	31.00
SQUASH,yellow,20lb,GA	34.50	34.50
STRWBRY,8/1lb,CA	26.75	26.75

NEW HOLLAND, PA HOG AUCTION

June 20, 2011

Hogs sold by actual weights, prices quoted by hundred weight. 49-54 220-270 lbs 68.00-71.00 270-400lbs 67.50-68.50 300-400lbs 63.00-64.25 45-49 270-300 lbs 64.00-67.00 Sows: US 1 300-500 lbs 45.00-50.00 500-700 lbs 48.00-52.25 300-800 lbs 33.00-33.50 Boars:

MIDDLESEX LIVESTOCK AUCTION

Middlefield, Conn., June 20, 2011 Live animals brought the following average prices / cwt. **SALES WILL BE HELD JULY 4**

Bob Calves:	Low	High
45-60 lbs.	18.00	20.00
61-75 lbs.	25.00	27.50
76-90 lbs.	30.00	35.00
91-105 lbs.	40.00	43.00
106 lbs. & up	45.00	50.00
Farm Calves	60.00	80.00
Started Calves	20.00	25.00
Veal Calves	72.00	131.00
Open Heifers	74.00	142.50
Beef Heifers	78.00	92.00
Feeder Steers	81.00	90.00
Beef Steers	77.50	83.00
Stock Bulls	70.00	105.00
Beef Bulls	69.50	78.25
Replacement Heifers	300.00	550.00
Lambs each	50.00	155.00
Goats each	65.00	190.00
Kid Goats each	45.00	65.00
Canners	Up to	70.50
Cutters	71.00	74.00
Utility Grade Cows	75.00	79.00
Rabbits each	5.00	23.00
Chickens each	5.00	20.00
Ducks each	7.00	25.00



FRESH FRUITS & VEGETABLES

BEAN SPROUTS,10lb,film	4.50	5.00
CHARD,12S	15.00	15.00
COLLARD,crtn,bnchd	11.00	11.00
CUCUMBERS,bu	25.00	25.00
KALE,crtn,bnchd	11.00	11.00
LETTUCE,Boston,12ct	7.00	7.50
LETTUCE,Boston,24ct	10.00	12.00
LETTUCE,greenleaf,24ct	10.00	12.00
PEAS,English,bu	30.00	35.00
PEAS, sugar snap, 10lbs	22.00	22.00
PEAS,snow,10lb	18.00	18.00
RADISHES,24ct	14.00	14.00
RHUBARB,20lb	32.00	32.00
ROMAINE,24ct	10.00	12.00
ROMAINE,12ct	7.00	7.50
SQUASH,green,1/2bu	17.00	19.00
SQUASH,yellow,1/2bu	17.00	19.00
STRAWBERRIES,8/1qt	25.00	27.00
TOMATOES,GH,25loose	34.00	34.00

SHIPPED IN

APRICOTS,72ct,CA	23.00	23.00
ARUGULA,4/4bu,NJ	14.00	14.00
BEANS,green,bu,VA	34.00	35.00
BEETS,12s,NJ	15.00	15.00
BLUEBERRIES,12/1pt,NJ	16.00	21.00
CABBAGE,green,50lb,NJ	14.00	16.00
CANTALOUPE,9ct,CA	13.00	14.00
CHERRIES,16lb,10rows,CA	55.00	70.00
CORN,4-1/2dz,GA	14.00	17.00
KOHLRABI,1-3/5bu,NJ	16.00	18.00
LEEKS,12s,CA	26.00	30.00
MUSHROOM,10lb,wht,lg,PA	16.50	17.00
PEACHES,1/2BU,SC	24.00	24.00
PEPPER,cubanelles,1-1/9bu,NJ	18.00	18.00
POTATOES,long white,50lb,CA	17.00	22.00

Above quotations are based on Boston Terminal Prices

NEW ENGLAND GROWN

WEEKLY NEW ENGLAND SHELL EGGS Prices paid per dozen. Grade A brown egg in

carton delivered store door. (Range) XTRA LARGE 142-152

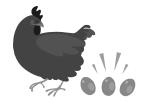
LARGE 130-139 MEDIUM 111-121

NORTHEAST EGG PRICES USDA

June 20, 2011

Prices to retailers, sales to volume buyers, USDA Grade A and Grade A, white eggs in cartons, warehouse, centers per dozen. (Range)

> **EXTRA LARGE** 90-115 **LARGE** 86-100 **MEDIUM** 69-82



VIRGINIA WEEKLY HAY REPORT

June 20, 2011

Hay market for Harrisonburg, VA. All hay prices paid by dealers at the

small round

Alfalfa Orchard Grass

good 400-500lbs 25.00 per bale Mixed Grass large square 650-750lbs good 29.00-43.00 bale **Orchard Grass** dood small round 400-500lbs 86.00 per bale

NEW HOLLAND LIVESTOCK AUCTION

Monday, June 20, 2011 Bulk/ High/ Low Dressing SLAUGHTER COWS: Breakers 75-80%lean 79.00-83.00 74.00-77.00 Boners 80-85% lean 73.00-77.50 79.00-80.00 67.00-71.00 Lean 85-90% lean 67.00-72.00 72.50-74.00 62.00-66.00 SLAUGHTER BULLS: Yield Grade 1

1045-1980 lbs 89.50-93.50 CALVES: All prices per cwt. Holstein Bull Calves: Number 1 95-115 lbs 115.00-135.00 80-90 lbs -80.00-90.00 Holstein Heifers: Number 1 85-100 lbs 180.00-240.00

SLAUGHTER LAMBS: Non-Traditional Markets: Wooled & Shorn Choice and Prime 2-3

40-60 lbs 195.00-215.00 60-80 lbs 206.00-220.00 80-90 lbs 209.00-218.00 90-110 lbs 210.00-218.00 110-130 lbs 213.00-228.00 130-150 lbs N/A

Wooled & Shorn Choice 2-3 40-60 lbs 145.00-161.00 60-80 lbs 165.00-182.00 80-90 lbs 185.00-192.00 90-110lbs 194.00-208.00 110-130lbs 177.00-190.00 SLAUGHTER EWES: Good 2-3: Med. Flesh 120-160 lbs 77.00-92.00 160-200 lbs 75.00-90.00 200-300lbs N/A

Utility 1-2: Thin Flesh

120-160 lbs 50.00-65.00

160-200 lbs 52.00-64.00 SLAUGHTER GOATS: All goats are Selection 1, sold by the head, on est. weights.

Kids: 30-40 lbs 100.00-110.00 40-60lbs 112.00-132.00 60-80lbs 143.00-162.00 80-90lbs 152.00-167.00 90-100lbs N/A 100-110lbs N/A

Nannies/Does: 80-130 lbs 127.00-140.00 130-180 lbs 144.00-147.00

Bucks/Billies: 100-150 lbs 190.00-205.00 150 250 lbs 221.00-236.00

ADVERTISEMENTS

The Connecticut Week Agricultural Report offers affordable classified advertisements for your farm-related needs. See Page 4 for details and rates, or contact Jane Slupecki at 860-713-2588 or Jane.Slupecki@ct.gov for more information.

FOR SALE

1-R. CT Christmas Tree Growers, CT Sheep Breeders and CT Beekeepers Associations Special Insurance Packages available through Blumenthal/Donahue Insurance Agency—Toll Free 1-800-554-8049, 1-877-267-8323, 1-888-526-8815, ddonahue01@comcast.net or www.hobbyfarmusa.com. Farm Commercial Auto Coverage now available.

2-R. Farm Insurance for all types of farming at very competitive rates. 1-800-554-8049, 1-877-267-8323, donahue01@comcast.net or www.hobbyfarmusa.com, Blumenthal/Donahue Insurance Agency. Farm Commercial Auto Coverage now available.

4-R. Gallagher electric fencing for farms, horses, deer control, gardens, & beehives. Sonpal's Power Fence 860-491-2290.

6-R. Packaging for egg sales. New egg cartons, flats, egg cases, 30 doz and 15 doz. Polinsky Farm 860-376-2227.

9-R. Rough sawn lumber, fence boards, trailer planks, tomato stakes, custom and portable sawing 203-788-2430.

104-R. Tomato stakes, tobacco lath, landscape beams, rough cut lumber. Staehly Products Co. LLC 860-873-9774.

123-R. M.F. Model 124 hay baler. Complete for parts. \$200.00. Call 860-305-5515.

125-R. Heritage turkey poults for sale: 3-4 week Narragansetts \$10 each, 5-8 week Narr/Bourbon cross \$8 each. Fort Hill Farm, New Milford, 860-350-3158. Pick up only.

126-R. Firestone, 15.5X38 tractor tire, 50% tread, 860-485-1753.

127-R. Suffield – Protected farm land for sale. Two parcels totaling 160+ acres, each with 3 acre homestead areas, to be sold together or separate. Call for invitation package. 860-286-7660 x201.

128-R. 1000 6' Norway Spruce. U-Dig. 860-942-1818. 8 AM to 5 PM.

WANTED

129-R. Need engine parts for older Onan diesel engine, pistons/ rings. 860-673-6100.

MISCELLANEOUS

7-R. Farm/Land Specializing in land, farms, and all types of Real Estate. Established Broker with a lifetime of agricultural experience and 40 years of finance. Representing both Buyers and Sellers. Call Clint Charter of Wallace-Tustin Realty (860) 644-5667.

118-R. Bulldozing in E. CT. Land clearing, ponds, especially for farmers. Don Kemp Excavating, 860-546-9500.

122-R. Heavy duty brush and small tree mowing services. Specializing in WHIP Programs, overgrown fields, hedge row removal, drainage ditch maintenance or any other out of control brush or overgrowth. Visit Burke Construction, LLC on Facebook or

www.burkeridgeconstructionllc.com, www.whipbrushmowingnewengland.com 860-875-0280 or 860-553-3009.

CELEBRATION OF CT FARMS WILL BE SEPT 11

The Annual Celebration of Connecticut Farms fundraiser is Sunday, September 11th, at Jones Family Farms in Shelton. Come enjoy spectacular dishes featuring ingredients from over 50 Connecticut farms prepared by 24 of the state's top chefs. Your ticket of \$150 will support farmland preservation; please see www.ctfarmland.org for more information.

JUNE IS NATIONAL DAIRY MONTH

The National Dairy Council offers a free tip sheet, 30 Days of Dairy, on its website, www.nationaldairycouncil.org. The sheet offers nutritional recommendations, helpful hints, and recipes for integrating three daily servings of dairy into a balanced diet.



2011 FARM-TO-CHEF WEEK: SEPTEMBER 18-24

This year's Farm-to-Chef Week will run September 18-24, 2011. Open to all restaurants and foodservice businesses in the state, it invites participants to create a special Farm-to-Chef menu that showcases Connecticut Grown ingredients and wines.

This promotion is an initiative of the department's Farm-to-Chef Program, which connects farmers and distributors of Connecticut Grown products with chefs and other culinary professionals. Last year's event attracted over 80 restaurants, caterers, schools, farms, wineries, and other eateries. Participants created unique, diverse menus offered at multi-course farm dinners, food-trucks, white-tablecloth restaurants, coffee shops, school cafeterias, and ice cream parlors. Featured Connecticut Grown ingredients included produce, herbs, meats, seafood, dairy, maple, honey, and more.

Restaurants and food venues interested in participating can download the guidelines and registration forms at www.CTGrown.gov (look under featured links). The deadline to register is June 30, 2011. For more information, contact Linda Piotrowicz at Linda. Piotrowicz@ct.gov or 860-713-2558.

CT GROWN PRODUCER LISTINGS AND BROCHURES

The Connecticut Department of Agriculture offers a variety of online listings on its <u>Publications</u> page. Applications currently being accepted include 2011 Connecticut Agritourism, 2011 Connecticut Farm Stands/Stores, 2011 Connecticut Pick-Your-Own Farms, 2011 CT Grown Dairy and Egg Producers, 2011 CT Grown Honey Producers, and 2011 CT Grown Meat Producers.

These online listings are updated year round and applications can be submitted at any time. Applications can be found on the Department of Agriculture's website at www.CTGrown.gov (click on Publications then the Commodity Brochures link at the end of the second paragraph).

For more information, contact Linda Piotrowicz at 860-713-2558 or Linda. Piotrowicz@ct.gov.

FSA PROGRAM DEADLINE REMINDERS

Marsha B. Jetté, State Executive Director of the Connecticut Farm Service Agency, reminds producers of FSA deadlines:

- July 15, 2011 2011 crop year acreage reporting for most crops and filing of 2010 production reports for most Noninsured Crop Disaster Assistance Program (NAP) crops.
- July 29, 2011 2009 Supplemental Revenue Assistance (SURE) Program signup
- August 1, 2011 Requests for 2011 farm reconstitution
 Farmers are urged to contact their local county office to set up
 appointments before the enrollment deadlines. Sign-ups for several
 other programs are ongoing. For more information contact your
 county FSA office or visit the FSA website at: www.fsa.usda.gov.

News and events from local agricultural organizations are published on a first-come, first-served basis as space allows. Submit concise summaries (150 words maximum) to linda.piotrowicz@ct.gov for consideration. There is no guarantee that submissions will be published.

REDUCE YOUR RISK OF SKIN CANCER (continued from Page 1)

- Use water-resistant sunscreen with a sun protection factor (SPF) of at least 30 on all exposed skin before heading outdoors. Re-apply every two hours, even on cloudy days.
- Wear long-sleeved shirts, pants, a wide-brimmed hat, and sunglasses.
- Stay in the shade when possible, and make sure your tractor has a sun umbrella. The sun is strongest between 10 a.m. and 4 p.m.
- If working near water, snow, or sand, seek extra shade because these surfaces reflect the sun's rays and increase your chance of sunburn.
- Look at your skin after each harvest. Ask a partner to help. If you notice any moles or spots changing, growing or bleeding, make an appointment to see a dermatologist.



At left: melanoma

NOP PROGRAM SEEKS PUBLIC INPUT

USDA's National Organic Program (NOP) has made available draft guidance addressing the following issues: kelp in organic livestock feed, allowed ingredients and sources of vitamins and minerals in organic livestock feed, pesticide residue testing, and seeds and planting stock in organic crop production.

The NOP is addressing these topics and seeking input from the public in response to recommendations issued by the National Organic Standards Board (NOSB) and requests by the organic industry for clarification about regulatory intent.

Guidance documents, once finalized, are intended to improve consistency in how certifying agents and certified operations implement the national organic standards by clarifying NOP's current thinking on these topics. They provide a uniform method for operations to comply with the regulations while reducing the burden of developing their own methods and simplifying audits and inspections. These documents are available for consideration and public comment at http://www.ams.usda.gov/NOPDraftGuidance.

NOP PROGRAM HANDBOOK HAS NEW APPENDICES

USDA's National Organic Program (NOP)'s *Program Hand-book* has several new tools and reference documents including sample organic system plan templates, sample documentation forms, and an overview of the NOP's Access to Pasture Rule. These publications have been incorporated into the *Program Hand-book* to serve as optional compliance tools for anyone exploring or undergoing organic certification, and are accessible at http://www.ams.usda.gov/AMSv1.0/NOPProgramHandbook.



Advertising Rates: Fifteen words or less \$3.75 per insertion. For ads of more than 15 words, 25 cents per word per insertion. Initial letters, hyphenated words, phone numbers, and addresses, etc., are counted separately. Print or type copy. Publication on a specific date cannot be guaranteed. Advertisements will be published on a first-come, first-served basis. Ads must be received by noon the Friday before a publication date to be considered for inser-

tion. Only ads of an agricultural nature with a Connecticut phone number will be accepted. Remittance with copy required. Make check or money order payable to the Connecticut Department of Agriculture.

CONNECTICUT DEPARTMENT OF AGRICULTURE

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860-713-2516

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FAX NUMBERS

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