

DMHAS
WORKFORCE DEVELOPMENT

INSTRUCTOR-LED & VIRTUAL
TRAINING

WINTER 2024

www.ct.gov/dmhas/workforcedevelopment

5 New Trainings

DMHAS WORKFORCE DEVELOPMENT PERSONNEL

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CONTINUING EDUCATION UNITS (CEU) INFORMATION

Many virtual and in-person trainings offer continuing education contact hours. Participants **MUST ATTEND 100%** of the class to be eligible to receive this certificate. Please retain your certificate of completion for your records.

The trainings listed in this catalog are open to DMHAS Operated staff and DMHAS Funded staff.

REGISTRATION INFORMATION

Please only register for trainings that have been pre-approved by your supervisor. Do not enroll in multiple trainings with plans to cancel them later; this will help us to keep wait lists more manageable.

- To register for training, you must go through our Learning Management System (LMS).
- **State employees** sign in to the LMS here: <https://ctlms-ssso.ct.gov>.
- **Non-state employees** access the LMS here: <https://ctlms-dmhas.ct.gov>.
- If you do not have a username, or to update your email or other profile information, fill out and return the [My Profile Information Form](#). You will receive an email with your login information.
- For help navigating the LMS, check out our interactive tutorial, [Introduction to the LMS](#).
- For information on available web-based trainings, please see our Web-based Training Offerings List on our website: www.ct.gov/dmhas/workforcedevelopment.
- Upon registering for a training, you will receive an email from Workforce.Development@ct.gov regarding your enrollment status (confirmed or waitlisted) and session information. Please read your emails completely and mark your calendar!
- Check your SPAM filter to mark Workforce.Development@ct.gov as SAFE. Contact your IT (Information Technology) person if you have questions.
- If you are on a waitlist and a seat becomes available, you will receive an email, offering you the seat. You must ACCEPT the offered seat through the LMS within five calendar days.
- Directions and instructor biographies, as well as other training resources and links, are on our website: www.ct.gov/dmhas/workforcedevelopment.

AMERICANS WITH DISABILITIES ACT (A.D.A.)

If you need an accommodation based on the impact of a disability or medical condition, make the request **immediately upon registering for training** by contacting Workforce.Development@ct.gov.

FREQUENTLY ASKED REGISTRATION QUESTIONS

Q: How do I attend a virtual training?




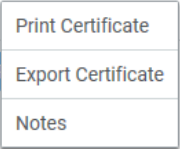
A: When you register for a virtual training, you will receive an enrollment confirmation email that contains information about launching and attending the training, as well as a link to attend the class. Please read this information carefully and follow the step-by-step instructions attached to the enrollment email. **Note: Virtual classes launch via the learning management system and you must sign in to the LMS to attend the training. If you don't know your username, please email workforce.development@ct.gov immediately.**

Q: What do I do if I forgot my password?

A: State employees should contact their facility administrator. Non-state employees: On the log in page of the LMS, click the "Forgot Password?" link. The system will prompt you to enter the email address that is associated with your LMS account. When you've entered the information, the system will send you an email with a temporary password.

Q: How do I get a certificate with Continuing Education Units (CEUs) for a virtual training?

A: Please allow for 3 business days after the completion of virtual trainings before printing certificates of completion. Then, go to your Me tab, then click on Completed Learning in the left-hand menu. Find the training you want, then click the down arrow next to the View Summary button. Click Print Certificate to open the certificate in your browser, or click Export Certificate to download a PDF copy of the certificate. For more detailed instructions, see [Introduction to the LMS](#).

TITLE	PROGRESS	ACTION
 A Brief Introduction to Working with People with Borderline Personality Disorders Instructor-Led Version:FY16	SUCCESSFUL On:09-17-2015	VIEW SUMMARY 
 Active Shooter Training: Being Prepared Web Based Training	SUCCESSFUL On:05-18-2016 Score: 100	PRINT CE 

Print Certificate

Export Certificate

Notes

- Q: **What if I have reviewed the information above and am still having problems?**
 A: Check out our tutorial, [Introduction to the LMS](#), then email Workforce.Development@ct.gov.

CANCELLATION INFORMATION

Rarely, a course may be cancelled. We strongly encourage you to check your email for cancellation notices.

If you are unable to attend a class for which you have been enrolled, **please drop your registration within ten (10) days of the training**, if possible. This will allow us to contact other participants to offer them a seat.

To drop/cancel a class, log onto the LMS and go to your Me tab. Find the training you want to drop, then click the down arrow next to the View Summary button and click Drop. A window will pop up, asking you to confirm the cancellation. Click the Yes button. For more detailed instructions, see [Introduction to the LMS](#).

Failure to cancel your enrollment for classes you are unable to attend may affect your ability to register for future classes.

Winter 2024 Training Schedule

Date(s)	Time	Title	Facility	CEUs
1/3/2024 & 1/4/2024	9:00am-3:30pm	Biology of Addiction	Connecticut Clearinghouse	10 CCB, NASW, PSY
1/8/2024	9:00am-1:00pm	An Introduction to Recovery-Oriented Care	Connecticut Valley Hospital, Page Hall	4 CCB, NASW, PSY
1/9/2024	9:00am-3:00pm	3 Essential Connections: Holistic Stress Management for Healthcare Providers	Connecticut Valley Hospital, Page Hall	5 CCB, NASW, PSY
1/10/2024	10:00am-11:30am	The Evolution of CAPTA: Supporting Families Impacted by Substance Use	Virtual Class	1.5 CCB, NASW, PSY
1/11/2024	9:00am-3:30pm	Personality Disorders: Challenges, Strategies, and Boundaries	Connecticut Valley Hospital, Page Hall	5 CCB, NASW, PSY
1/12/2024	9:00am-3:30pm	Bearing Witness to Suffering: Sustaining Self-Care in Trauma Work	Connecticut Clearinghouse	5 CCB, NASW, PSY
1/16/2024	9:00am-12:00pm	Clinical Provider Education on Hypertension: Leading Clients to Better Outcomes Through Knowledge	Virtual Class	3 CCB, NASW, PSY
1/17/2024	9:00am-12:00pm	Using Neuroscience Strategies to Improve Our Services	Connecticut Valley Hospital, Page Hall	3 CCB, NASW, PSY
1/22/2024	9:00am-3:30pm	An Overview in the Current Trends in Street Drugs and Illicit Prescription Medication Use	Virtual Class	5 CCB, NASW, PSY
1/29/2024 & 1/30/2024	9:00am-4:30pm	Motivational Interviewing Basic and Intermediate	Connecticut Valley Hospital, Page Hall	12 CCB, NASW, PSY #
2/1/2024	9:00am-3:30pm	Anger: Critical Issues in Assessment and Intervention	Connecticut Clearinghouse	5 CCB, NASW, PSY

Date(s)	Time	Title	Facility	CEUs
2/2/2024	9:00am-12:00pm	Eating Disorders: Understanding Signs and Symptoms and Creating Innovative Treatment Plans and Programs	Connecticut Clearinghouse	3 CCB, NASW, PSY
2/6/2024	9:00am-12:00pm	Introduction to Child Trafficking	Connecticut Valley Hospital, Page Hall	3 CCB, NASW, PSY
2/7/2024	9:00am-12:00pm	Self-Directed Violence: Complex Problem, Simple Solutions	Virtual Class	3 CCB, NASW, PSY
2/9/2024	9:00am-3:30pm	Supporting Grief-Work in Behavioral Health Treatment	Connecticut Clearinghouse	5 CCB, NASW, PSY
2/15/2024	9:00am-12:00pm	Understanding Gender: From a Clinical Perspective	Connecticut Valley Hospital, Page Hall	3 CCB, NASW, PSY
2/27/2024	9:00am-3:30pm	Why the DSM-5 Doesn't Acknowledge Sensory Integration Symptom and How that Harms All of Our Clients (NEW)	Connecticut Valley Hospital, Page Hall	5 CCB, NASW @, PSY
3/4/2024 & 3/7/2024	9:00am-3:30pm	Engaging Spanish Speaking Individuals through the Integration of Cultural Values and Motivational Interviewing Principles* FACILITATED SOLELY IN SPANISH	3/4/24 Connecticut Valley Hospital, Page Hall 3/7/24 Connecticut Clearinghouse	11 CCB, NASW, PSY
3/5/2024	9:00am-3:30pm	Therapeutic Breathwork for Mental Health - A Yoga Therapy Approach (NEW)	Connecticut Valley Hospital, Page Hall	5.5 CCB, NASW @, PSY
3/8/2024	9:00am-3:30pm	Assessing Risk and Suicidality: Interviewing Skills for Clinicians and Helpers	Connecticut Clearinghouse	5 CCB, NASW, PSY
3/15/2024	9:00am-3:30pm	Advanced Practice: Engaging Spanish Speaking Individuals through Motivational Interviewing Principles (NEW) FACILITATED SOLELY IN SPANISH	Connecticut Clearinghouse	5.5 CCB, NASW @, PSY
3/19/2024	9:00am-4:00pm	Women Offenders, Addiction and Re-entry (NEW)	Connecticut Clearinghouse	6 CCB, NASW, PSY

Date(s)	Time	Title	Facility	CEUs
3/27/2024	9:00am-3:30pm	Clinical Applications of Yoga Therapy for Trauma (NEW)	Connecticut Valley Hospital, Page Hall	5.5 CCB, NASW @, PSY
3/28/2024	9:00am-12:00pm	Ethics for Addiction Counselors: Boundaries	Connecticut Valley Hospital, Page Hall	3 CCB

@ NASW/CEU application pending.

*Meets the requirements for Cultural Competence Continuing Education

Thanks to the New England Addiction Technology Transfer Center for co-sponsoring trainings



New England (HHS Region 1)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration