



CONNECTICUT

Mental Health & Addiction Services



Resources for Women and Families Impacted by Substance Use



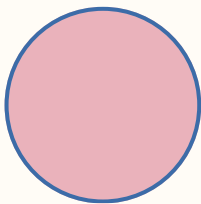
In recognition of the unique experiences and challenges faced by women seeking treatment for substance use disorders, DMHAS funds specialized and comprehensive programs for women and their children.

These include residential treatment, outpatient treatment, and specialized care management for women transitioning from a residential setting to community-based recovery services.

<https://portal.ct.gov/womensservices>

RESOURCES

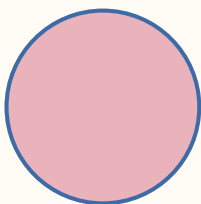
DMHAS Women's Specialty Programs



(brochure)

The programs listed in this brochure are designed to support the unique needs of women as they navigate their recovery journey. We offer a continuum of care to meet individuals at different points in this process. There is no wrong door to access help.

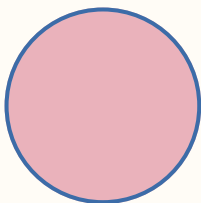
Women's REACH



(brochure)

The Women's REACH program is a statewide non-clinical program that offers recovery peer support and short-term case management services to pregnant and parenting women and families impacted by substance use. REACH is intended to provide linkages to recovery and parenting supportive resources in your community.

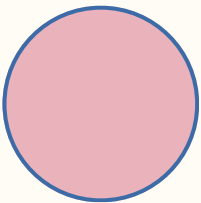
PROUD Program



(brochure)

The Parents Recovering from Opioid and Other Use Disorders (PROUD) program offers support and family-centered treatment to pregnant women and mothers of infants or young children, in all stages of substance use recovery.

SEPI-CT



(website)

The Substance Exposed Pregnancy Initiative of CT (SEPI-CT) works with both providers and families across CT to bring awareness to substance exposure during pregnancy, and to ensure families have access to the treatment, recovery, and support resources they need, including CAPTA and Family Care Plans.

For more details on the programs and resources listed here visit:

<https://portal.ct.gov/womensservices>