FOR ADDITIONAL SUPPORT FOR WOMEN

For additional community-based support for women who may be struggling with substance use, please contact the Women's REACH (Recovery, Engagement, Access, Coaching & Healing) program.

https://portal.ct.gov/DMHAS-REACH

HERE TO HELP

Or, for real time statewide residential Substance Use Disorder treatment bed availability please visit:

ctaddictionservices.com

THE PROUD PROGRAM

If you have additional questions about PROUD or any Substance Use Disorder treatment options for women please visit **https://portal.ct.gov/womensservices**

PROUD IS FUNDED BY

SAMHSA
Substance Abuse and Mental Health Services Administration

CONNECTICUT
Mental Health & Addiction Services

mcca

Wheeler

The Connecticut Women's Consortium

CHA CONNECTICUT HOSPITAL ASSOCIATION

version 1.2025

PROUD

PARENTS RECOVERING FROM OPIOID AND OTHER USE DISORDERS

portal.ct.gov/PROUD

A PROUD PATH TO RECOVERY

The PROUD program is here to offer support and family-centered treatment to pregnant women and mothers of infants or young children, in all stages of substance use recovery. With flexible service options, mothers can get the help they need in their community. Some features of the program are:

- PROUD program staff use a holistic model that includes clinical, case management, and peer-based approaches to recovery.
- Program services are flexible, with in-home and telehealth treatment options.
- Treatment and support is personalized for every mother and her family.
- PROUD program staff will create Family Care Plans with expectant mothers.

HOPE AND HEALING WITH PROUD

The PROUD program aims to support pregnant and parenting women in achieving their recovery goals. We know addiction is complicated. For many women, this disease is rooted in painful childhood and adult traumas. Being pregnant or parenting can feel so overwhelming when struggling with addiction. There is hope. There is healing. Treatment, support, and care are available for mom, her baby and household members with PROUD.

CONTACT THE PROUD PROGRAM TODAY

Anyone can make a referral to PROUD for a pregnant or parenting woman who could benefit from the support and services we provide. Please contact a PROUD team member today!

To refer a woman who lives in the:

- **Greater Hartford, Greater New Britain, Manchester, Middletown, Waterbury, & Willimantic** area contact the Wheeler PROUD team at **is 860-418-7119**
- **Greater New Haven & Bridgeport** area contact the MCCA PROUD team at **203-285-6475 ext. 2501**

For more information, visit portal.ct.gov/PROUD

CRITERIA FOR ADMISSION

- **Adult Woman**
- **Is pregnant or is parenting an infant or young child.**
- **Current or recent substance use of any type.**
- **Would benefit from clinical services (such as counseling) with additional case management, recovery coaching or connection to community resources.**
- **Lives in any of the regions listed above.**