

REACH Providers and Service Areas

There is “no wrong door” for referrals. For services, contact the Women’s REACH program in your area.

Region 1- Serving greater Bridgeport, Norwalk, & Stamford communities

Chemical Abuse Services Agency, Inc. (CASA)
203-339-4777
<http://www.casaincct.org/women-s-reach-program>

Region 2- Serving greater Meriden, Middletown, & New Haven communities

The Connection
475-234-1717
www.theconnectioninc.org/family-support-services/

Region 3- Serving greater New London, Norwich, & Windham communities

Advanced Behavioral Health (ABH)
860-704-6367
www.abhct.com/Programs_Services/Women-s-REACH/

Region 4- Serving greater Bristol, Hartford, Manchester, & New Britain communities

The Village
860-236-4511
www.thevillage.org/program/womens-reach-program/

Region 5- Serving greater Danbury, Torrington & Waterbury communities

McCall Center for Behavioral Health
860-496-2100
www.mccallcenterct.org/womens-reach

For more information about DMHAS funded programs and services for women:



<https://www.ct.gov/dmhas>

For more information about REACH or to contact DMHAS Women’s Services visit

<https://portal.ct.gov/DMHAS/Programs-and-Services/Women/Womens-and-Childrens-Programs>.



Women's Recovery Engagement Access Coaching Healing Program





Women's REACH Program

The Women's REACH Program is designed to provide outreach, engagement, case management, recovery coaching, community connections to treatment, and recovery support resources to women, in particular those who are pregnant and/or parenting.

Services

The Women's REACH program provides female Recovery Navigators for pregnant or parenting women with substance use or co-occurring disorders.

The Women's Recovery Navigator will provide education, advocacy, recovery coaching and case management to individuals choosing to work with a Recovery Navigator. Engagement in the program is voluntary.

Through their personal knowledge of the recovery community, each Navigator will help connect women to services aimed at enhancing their recovery journey while supporting their goals as they develop a safe support network.

Community Outreach

Women's Recovery Navigators will spend most of their time in the community outreach to and engaging with women, establishing and maintaining community connections, and facilitating connections between the two.

Recovery Navigators help women develop collaborative relationships with community-based medical and behavioral health providers, including birthing hospitals, recovery programs, DCF, and the Office of Early Childhood.

Recovery navigators help women access the services they need to develop a personal recovery support network and become successful mothers.

The Women's Recovery Navigator is not intended to replace clinical services; rather enhance them. Within their respective agencies, Navigators are part of the team.



Family Care Plan

The Women's Recovery Navigator will support women/birthing individuals and their health care providers in the development of a Family Care Plan.

A Family Care Plan is meant to be a community safety net for families affected by substance use. Ideally, the plan is established during pregnancy, prior to child welfare involvement.

- **Physical health**

- Pre-natal & Post-partum care
- Support with breastfeeding
- Medication and pain management
- Reproductive health including contraception and pregnancy planning

- **Behavioral health**

- Engagement, treatment, recovery supports and retention
- Treatment for partner/other family members

- **Infant health and development**

- High risk follow-up care, with referral to specialty care
- Developmental screening and assessment, linkage to early intervention services
- Early care and education programs

- **Parenting/family support**

- Coordinated case management
- Home Visiting/Head Start
- Housing, employment support, child care, transportation

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<https://portal.ct.gov/DMHAS/Programs-and-Services/Women/Womens-and-Childrens-Programs>.



**Recovery
Engagement
Access
Coaching
Healing
Program**



Women's REACH Program

The Women's REACH Program is designed to provide outreach, engagement, case management, recovery coaching, community connections to treatment, and recovery support resources to women, in particular those who are pregnant and/or parenting. REACH was expanded in 2021 to include a Family Recovery Navigator on each team.

Family Recovery Navigator Services

The REACH Family Recovery Navigators provide community outreach and engagement services, case management, recovery coaching and community connections to treatment and recovery support resources to LGBTQ+ parents, single fathers, and primary caregiving family members as they enter into and sustain recovery from substance use or co-occurring disorders.

Family Recovery Navigators are not intended to replace clinical services; rather, they enhance them. Within their respective agencies, Navigators are part of the team providing care.

Community Outreach

Through their personal knowledge of the recovery community, REACH Family Navigators help connect individuals to services aimed at enhancing their recovery journey while supporting their goals as they develop a safe support network.

REACH Family Recovery Navigators spend most of their time in the community outreaching to and engaging with LGBTQ+ parents, single fathers, and primary caregiving family members who have substance use related recovery needs. Family Navigators also offer education on resources and recovery supports to community providers in an effort to enhance the service system as a whole and create better experiences for all.

Family Recovery Navigators help individuals develop collaborative relationships with community-based medical and behavioral health providers, including birthing hospitals, recovery programs, DCF, and the Office of Early Childhood.

Engagement in the program is voluntary.



Family Care Plan

All REACH Recovery Navigators will support birthing individuals and their health care providers in the development of a Family Care Plan.

A Family Care Plan is meant to be a community safety net for families affected by substance use. Ideally, the plan is established during pregnancy, prior to child welfare involvement.

- **Physical health**
 - Pre-natal & Post-partum care
 - Support with breast/chest feeding
 - Medication and pain management
 - Reproductive health including contraception and pregnancy planning
- **Behavioral health**
 - Engagement, treatment, recovery supports and retention
 - Treatment for partner/other family members
- **Infant health and development**
 - High risk follow-up care, with referral to specialty care
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