



# WOMEN'S REACH

RECOVERY | ENGAGEMENT | ACCESS | COACHING | HEALING

## RECOVERY

ENGAGEMENT



HEALING

ACCESS

COACHING

**A statewide peer support recovery program for women and parenting people impacted by substance use.**



Priority enrollment for pregnant & parenting individuals



Services are free, voluntary, & individualized to your unique needs and recovery goals



Community linkages & short term case management



Self referrals welcome



CONNECTICUT  
Mental Health & Addiction Services

# About REACH

V1.2025

The Women's REACH program is a statewide non-clinical program that offers recovery peer support and short-term case management services. Women's Recovery Navigators (WRNs) use their own lived experience to support and link women to personalized recovery, clinical, and parenting supportive resources in their community. Services range from 1-90 days.

## Family Navigator

In addition to supporting women, a Women and Family Recovery Navigator (WFRN) can support:

- Parenting/expecting fathers
- Grandparents
- LGBTQIA+ parents
- Partners of REACH clients
- & other immediate family or natural supports who are acting in a parenting capacity and have been impacted by substance use; either personally or by the use of the child's parent

## Our Services

A REACH Navigator can support and help you connect with:

*Medical & Behavioral Health | Addiction Treatment | Reunification | Prenatal, & Postpartum Care | Parenting & Child Health | Food & Housing Assistance | Support Groups | Employment & Education | Insurance | Harm Reduction & Overdose Prevention | & other resources that can support your recovery and family needs.*

Watch a 2 minute video about REACH



<https://tinyurl.com/REACH-Video>

To learn more or to contact your local REACH agency visit:



<https://portal.ct.gov/DMHAS-REACH>