PROUD (Parents Recovering from Opioid and Other Use Disorders)

The PROUD program is here to offer support and family-centered treatment to pregnant women and mothers of infants or young children, in all stages of substance use recovery. With flexible service options, mothers can get the help they need in their community.

Anyone can make a referral:

- For Greater Hartford, Greater New Britain, Manchester, Middletown, Waterbury & Willimantic area contact the Wheeler PROUD team at 860-418-7119
- For **Greater New Haven & Bridgeport area** contact the MCCA PROUD team at 203-285-6475 ext. 2501

For more information, visit portal.ct.gov/PROUD

Women's REACH

The Women's REACH (Recovery, Engagement, Access, Coaching & Healing) program is staffed by Women's Recovery Navigators and a Family Recovery Navigator who bring their lived experience to help support other women and families through case management and recovery coaching approaches. There is no wrong door to access REACH services. Services are voluntary.

Liberation Programs, Inc.

203-479-2616 (Serving Region 1)

The Connection, Inc.

475-234-1717 (Serving Region 2)

Community Health Resources (CHR)

1-877-884-3571 (Serving Region 3)

Wheeler

860-793-4454 (Serving Region 4)

Midwestern Connecticut Council of Alcoholism (MCCA)

203-753-4540 (Serving Region 5)

THE DEPARTMENT OF MENTAL
HEALTH AND ADDICTION SERVICES
(DMHAS)

FOR MORE INFORMATION:

https://portal.ct.gov/womensservices



FOR REAL-TIME BED AVAILABILITY:

1-800-563-4086 www.ctaddictionservices.com

For more information about other DMHAS-funded services for women, please visit:

ACCESS Mental Health and Substance Use for Moms (Perinatal consultation for providers) 833-978-MOMS (6667) accessmhct.com/moms/

Substance Exposed Pregnancy Initiative-CT (SEPI-CT) sepict.org



Treatment Services for Women with Substance Use Disorders in Connecticut







For more information, visit portal.ct.gov/DMHAS-REACH

Updated 9.2025

Women's Specialty Programs

The programs listed in this brochure are designed to support the unique needs of women as they navigate their recovery journey. We offer a continuum of care to meet individuals at different points in this process. There is no wrong door to access help. As part of this continuum, DMHAS offers specialized services to individuals who may be pregnant/parenting. These programs are able to admit children with their parent.

Women's-Specific Residential **Treatment**

CHR

Milestone (3.7 RE Co-occurring Enhanced

Treatment) Putnam

860-753-4402

McCall Behavioral Health Network

Hanson House (3.5 Intermediate Treatment)

Torrington

860-618-6297 MCCA

Trinity Glen Women's Program (3.3 Specialized

Treatment) Kent

860-592-3200

SCADD

Gordon House (3.1 Halfway House)

New London

860-442-1017

Recovery Network of Programs, Inc. Tina Klem Serenity Recovery House

Bridgeport

203-366-7012

Mercy Housing and Shelter Corp. St. Elizabeth's Recovery House

Hartford

860-808-2115

Cornell Scott-Hill Health Center

Women's Recovery House

New Haven 203-503-3350

Women and Children's **Residential Treatment**

3.5 **PPW**

Liberation Programs, Inc. Families in Recovery Program (FIRP)

Norwalk

203-953-3367

APT Foundation

Amethyst House

New Haven

203-337-9943 ext.3951

CHR

New Life Center

Putnam

860-753-4402

InterCommunity, Inc.

Coventry House

Hartford

860-569-5900 ext.669

Wellmore Behavioral Health

Women and Children's Program (WCP)

Waterbury

203-574-3311

Women's Recovery Support Program (WRSP)

The Connection, Inc. 860-964-5529

Hallie House

Middletown

Coley House

Hamden

Hogan House

Hartford

Women's Outpatient and **Intensive Outpatient Services**

Family & Children's Agency

Project Reward

9 Mott Avenue, 4th Floor, Norwalk 203-523-5793

CASA, Inc.

Project Courage

592 Kossuth Street, Bridgeport 203-339-4777

APT Foundation Access Center

1 Long Wharf, New Haven 203-781-4600

The Connection, Inc.

The Center for Behavioral Health

4 Broadway, Norwich

(Pedestrian entrance and parking lot located at 67 Church St., Norwich) 860-425-5258

Wheeler

Lifeline Outpatient Programs

91 Northwest Drive, Plainville 888-793-3500

Wellmore

Behavioral Health

402 East Main Street, Waterbury 203-755-1143

MCCA

Women & Children's Outpatient

Program

38 Old Ridgebury Road, Danbury 203-792-4515