

State of Connecticut
State Board of Mental Health and Addiction Services
November 16, 2016
Connecticut Valley Hospital

Present: Craig Allen, Peggy Ayer, Kristie Barber, Sharon Castelli, Sandy Cole, Marcia Dufore, Kathy Flaherty, Ingrid Gillespie, Irene Herden, Juan Hernandez, Marcea Koffsky, Kati Mapa, Julie Nightingale, Bob Painter, Brian Reignier, Kevin Sevarino, Tom Steen, Phil Valentine, Margaret Watt, Janine Sullivan-Wiley, Margaret Watt, Man-Ching Yeh, Kelvin Young

Excused: Samuel Ball, Ismene Petrakis, Manuel Paris

DMHAS Staff: Commissioner Delphin-Rittmon, Deputy Commissioner Nancy Navarretta, Paul DiLeo, Diana Lejardi, Mary Kate Mason, Daryl McGraw, Michael Michaud, Marilyn Duran

Agenda Item 1: Call to order and introductions

The meeting was called to order at 2:40 PM by Ingrid Gillespie.

Agenda Item 2: Minutes of previous meetings review and action

The minutes from the October 19, 2016 meeting were reviewed and accepted.

Agenda Item 3: Budget Options

Commissioner Delphin-Rittmon gave an update to the DMHAS budget options. The Office of Policy and Management (OPM) will post the budget options online. A package of budget options that equal 5%, which is about \$30.5 million, was submitted. There were no layoff options in the budget. The budget options included a revenue option of \$1million to collaborate with providers and the division of administrative services around billing for targeted case management services; an annualized reduction option of \$14.2 million; a reduction option to reduce caseload growth and patient placement resources for \$5 million; a reduction to state operated services restructure or privatization for \$6.2 million; a reduction to relocate 16 mental health beds at CRMHC to CVH for \$320K; relocation of 21 detox beds from Blue Hills to CVH for \$2.1 million; and lastly a reduction of \$600K to look at PNP redesign for duplicate services or programs that are underperforming. DMHAS will know what the final budget looks like around June after the legislative session is over. The provider budget discussion meetings around the state were very valuable.

Agenda Item 4: Legislative Update

Mary Kate Mason provided an update on legislation. The election results are in with 18 Democrats and 18 Republicans. The House has 79 democrats and 72 republicans. Mary suggested you reach out to your legislature by sending them a letter congratulating them on their election and letting them know the issues you are interested in.

Agenda Item 5: Peer Models

Man-Ching of SWCMHS talked about rehab services and recovery support; a person in recovery talked about her experience providing peer support. Daryl McGraw of DMHAS talked about recovery support and services. Phil Valentine of Connecticut Community for Addiction Recovery (CCAR) talked about the program and services at CCAR. Kelvin Young of Advocacy Unlimited shared some of his recovery story and he talked about the services Toivo provides and he also did a healing presentation with bowls.

Agenda Item 6: General Updates/Announcements:

- Daryl McGraw announced there will be a training coming up on integrating recovery support specialists into your agency.

- Dr. Craig Allen announced that Rushford is now using other medications for medicated assisted treatment for 16 and 17 year olds in a controlled setting.
- **Region 1:** Margaret Watt stated that the catchment area councils will hold legislative forums in December instead of their regular meetings. The region has been holding some first aid mental health trainings at libraries during the day.
- **Region 2:** Kristie Barber announced that Keep the Promise (KTP) held a great meeting today where they talked about the elections and what is happening in our state. KTP is hosting a 2016 mental health educational forum for the 30 new legislators, on December 6th at the LOB.
- **Region 3:** Kati Mapa stated the region sent out letters to the new legislators in the area and now are working on meeting with them to provide them with resources. An advocacy essentials training will be hosted tomorrow and a leadership training in December.
- **Region 4:** Marcia DuFore announced that the NCMHB has moved out of Cedarcrest Hospital grounds and are now located in Hartford. The region is working on a storytelling for advocacy project; which will be scheduled for Dec.1st. Another project on community listening forums that was done throughout the year to understand what some of the issues Asian Americans face was just completed; with the help of Asian Pacific Affairs Commission.
- **Region 5:** Janine Sullivan-Wiley said the region has been very involved with their legislative forums. There were a total of 26 legislators that attended the forums and many were elected. The Behavioral Health Oversight Partnership announced that they are looking at and encouraging the services offered by the hospitals for smoking cessation.
- **Connecticut Prevention Network (CPN):** Tom Steen announced that CPN met with Regional Action Councils to discuss legislation for this session. Opiate forums are being held around the state. There are discussion going on regarding the legalization of marijuana in Massachusetts and how it is going to affect CT.

Agenda Item 5: Items for future agenda

- Health Care Coverage: Potential Changes
- Medical Marijuana Health Impact
- Additional Topics

Agenda Item 6: Adjournment

The meeting was adjourned at 4:38

The next meeting will be held on Wednesday, January 18, 2016 beginning at 2:30 PM in room 217 of CVH Page Hall.