# **Skill Building Resources Available for Purchase**

The following items are available for purchase, which address and teach skills identified in the LIST:

### **Anger Management:**

Strategies for Anger Management

http://www.couragetochange.com/Strategies-for-Anger-Management-Reproducible-Workbook-for-Teens-and-Adults/

## **Job Seeking Skills:**

The Young Person's Guide to Getting and Keeping a Good Job http://jist.emcp.com/young-person-s-guide-to-getting-and-keeping-a-good-job-fourth-edition.html

### **Relationships:**

The Teen Relationship Workbook

http://www.couragetochange.com/The-Teen-Relationship-Workbook-and-CD/

# **Multiple Domains:**

Self-Esteem and Life Skills (S.E.A.L.S.)

http://www.selfesteemshop.com/shop/seals-ii-self-esteem-and-life-skills/

Life Management Skills Books I - VIII

http://www.amazon.com/s/?ie=UTF8&keywords=life+management+skills&tag=mh0b-20&index=stripbooks&hvadid=1694027594&hvqmt=p&hvbmt=bp&hvdev=c&ref=pd\_sl\_g3erunf41\_p

Social Skill Activities for Secondary Students with Special Needs http://www.amazon.com/Social-Activities-Secondary-Students-Special/dp/0470259361

Life Skill Activities for Secondary Students with Special Needs <a href="http://www.amazon.com/Skills-Activities-Secondary-Students-Special/dp/0470259396">http://www.amazon.com/Skills-Activities-Secondary-Students-Special/dp/0470259396</a>