

C. Personal Appearance and Hygiene

Intermediate

Knows how to keep hair neat and clean (knows how to use basic grooming tools such as hair dryer, razor, brush, comb, etc., specific to their ethnicity)

Observation

http://www.ct.gov/dcf/lib/dcf/policy/pdf/ethnic_hair_and_skin_care_manual.pdf

http://www.ct.gov/dcf/lib/dcf/policy/pdf/ethnic_hair_and_skin_manual_spanish_version.pdf

Knows how to dress in clean clothing and in reasonably acceptable fashion (for season, purpose, event)

Observation

Knows how to sort laundry into loads based on color and fabric

“Looking Good” M-1

Knows how to read clothing labels to determine which clothes are to be dry-cleaned, hand-washed, and machine-washed

“Looking Good” M-2



WHAT CAN A MICROSCOPE TELL US?

If you look at a fiber under a microscope, each fiber looks different.



Cotton



Wool



Synthetic

Cotton has a lumen down the center that was used to “feed” the cotton plant. *Wool* has scales. *Synthetics* are tube-like. They resemble a plastic straw.

Each fiber needs to be handled differently. Since there are so very many synthetics, it will be meaningful to understand how to care for them in a general way. Let’s explore!

Since synthetics resemble plastic straws, list the qualities you think a plastic straw has (i.e. consider strength, durability, absorption, heat, and shape.)

Since synthetic (man-made) threads are similar to plastic straws, what does this tell you about specific laundry processes of clothes made of synthetics? Relate to the following:

Water temperature

Ironing temperature

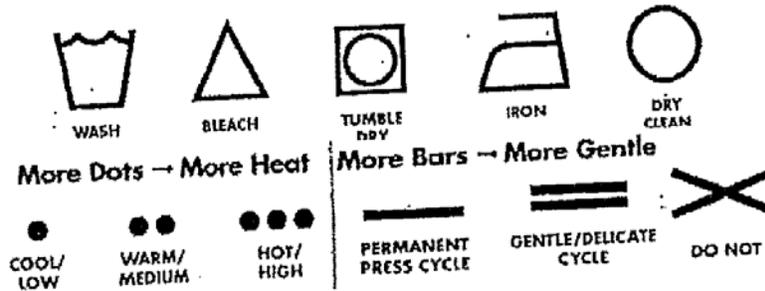
Drying process

Laundering process

Stain removal

(Now you might like to consider the handling of wool. (It resembles hair. Qualities of hair are that it tangles easily. It has oils that help its beauty. It can restore these oils. It can generally break off easily.) How do these traits relate to the care of a wool sweater?

MAKE YOUR OWN LABELS



Draw labels for clothes requiring the following care:

1. Machine wash
Warm water
Any bleach (when needed)
Normal cycle
Tumble dry any heat
2. Dry clean
Do not wash
3. Machine wash
Delicate/gentle cycle
Cool/cold water
Low tumble dry
Iron- low (dry or steam heat)
4. Hand wash
Do not tumble dry
Drip dry
Iron, medium temperature
5. Machine wash/permanent press cycle
Only non-chlorine bleach (when needed)
Tumble dry-medium heat setting
Iron medium (Dry or Steam Temperature)

Working in groups compare labels and see if labels agree.

Discuss:

- What can happen if label directions aren't followed?
- Where are clothes made?
- Why were simple symbol labels created?
- Do you know how to recognize different types of fabrics?