


## T. Medication Management

### Advanced

Knows how to take medication without supervision	Demonstration/observation of skill H-63
Knows what to do if experiencing side effects from the medications	<a href="http://www.drugs.com/sfx/">http://www.drugs.com/sfx/</a>
Knows how to prepare/manage medications in a safe manner	Demonstration/observation of skill
Knows how to independently schedule and maintain appointments with medication prescriber(s)	Demonstration/observation of skill
Knows how to ask necessary and appropriate questions of doctor or pharmacist regarding medications	<a href="http://drugs.about.com/od/whattoaskyourprovider/a/Drug_Questions.htm">http://drugs.about.com/od/whattoaskyourprovider/a/Drug_Questions.htm</a> <a href="http://psychcentral.com/lib/questions-for-your-doctor-about-medications/000448">http://psychcentral.com/lib/questions-for-your-doctor-about-medications/000448</a> <a href="http://www.spineuniverse.com/treatments/medication/questions-ask-your-pharmacist-or-doctor-about-medications">http://www.spineuniverse.com/treatments/medication/questions-ask-your-pharmacist-or-doctor-about-medications</a> <a href="http://kidshealth.org/teen/your_body/medical_care/talk_doctor.html">http://kidshealth.org/teen/your_body/medical_care/talk_doctor.html</a> <a href="http://kidshealth.org/teen/your_body/medical_care/questions_doctor.html">http://kidshealth.org/teen/your_body/medical_care/questions_doctor.html</a>
Knows how to adhere to lifestyle modifications as required by prescription medications	Individualized instruction
Knows how to utilize and properly maintain all equipment/supplies related to medications independently	Individualized instruction
Understands safe medication storage practices	<a href="http://www.agis.com/Document/28/tips-for-safe-medication-use-and-storage.aspx">http://www.agis.com/Document/28/tips-for-safe-medication-use-and-storage.aspx</a> <a href="http://www.cdc.gov/Features/MedicationStorage/">http://www.cdc.gov/Features/MedicationStorage/</a>
Understands the therapeutic consequences of medication non-compliance	Individualized instruction



# Proper Disposal of Prescription Drugs

## ***Federal Guidelines:***

- ❖ Do not flush prescription drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so. For information on drugs that should be flushed visit the FDA's website.
- ❖ To dispose of prescription drugs not labeled to be flushed, you may be able to take advantage of community drug take-back programs or other programs, such as household hazardous waste collection events, that collect drugs at a central location for proper disposal. Call your city or county government's household trash and recycling service and ask if a drug take-back program is available in your community.
- ❖ If a drug take-back or collection program is not available:
  1. Take your prescription drugs out of their original containers.
  2. Mix drugs with an undesirable substance, such as cat litter or used coffee grounds.
  3. Put the mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
  4. Conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off.
  5. Place the sealed container with the mixture, and the empty drug containers, in the trash.

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