

D. Home Management

Basic

Knows how to wash dishes adequately using soap and hot water	"Cleaning My Place" M-2, M-3
Knows how to change a light bulb	"Cleaning My Place" M-17
Knows how to make a bed	"Cleaning My Place" M-16
Knows how to dispose of garbage	"Cleaning My Place" M-4, M-5

DISHES AGAIN?



Most every day brings more dishes to wash. Some people rinse them right away. Some people stack them and wait....and wait.....and wait! Some people wash them quickly. Some people wash dishes by hand. Some use a dishwasher. Which kind of methods would you use?

- Wait...and wait...and wait! Wash them right away
 Use dishwasher Wash by hand
 Other _____

1. ??? Discuss the following questions in groups and share your ideas.

If you are a "wait....and wait....and wait" person, what kind of effects could you have on:
 Roommates?
 Yourself?
 Your landlord?
 Ants and roaches?

2. Give some examples of times you categorize things in your daily life. (i.e. organizing your clothes for laundering, doing your homework.)

3. Practice categorizing with the following list of items waiting to be washed by hand. Write the name of the item in the correct group below. (Start from the most soiled to the least soiled.)

- | | | | |
|----------------|------------------|--------------|----------------|
| glasses | cookie sheet | paring knife | greasy skillet |
| cups | silverware | cereal bowl | salad plate |
| egg beater | dinner plate | scorched pan | casserole |
| serving bowl | large salad bowl | forks | spatula |
| measuring cups | dessert plate | grater | sauce pan |

Wash 1st	Wash 2nd	Wash 3rd	Wash 4th	Wash 5th	Wash 6th

3. Explain the steps in washing dishes by hand in words or pictures.

4. Explain the steps in washing dishes in the dishwasher using words or pictures.

TIME TO DO THE DISHES!

Washing Dishes by Hand

#1 Remove food particles and grease from dishes, pots, pans, skillets

How can you remove excess grease from a skillet? _____

How can you make it easier to clean very soiled pots? _____

#2 Organize items to be washed

Which do you wash first? (Number from 1 to 6 with #1 being first.)



#3 Prepare dishwater

How warm should dishwater be? _____

What cleaning product should be used? _____ How much? _____

#4 Wash in order listed above from _____ soiled to the _____ soiled. (least, most)

What should you do if the suds disappear and the water is dirty? _____

#5 Rinse with hot water

Explain rinsing process:

#6 Drain

Explain draining process:

#7 Dry

Explain two drying processes:

1.

2.

Which is the best?

Washing Dishes in Dishwasher

#1 Remove food

How can food be removed?

#2 Recognize dishwasher safe items

What are examples of items that are not dishwasher safe?

#3 Load dishes correctly

In which direction should soiled surfaces be placed?

#4 Use the right product

Does the detergent chosen have to be created for a dishwasher?

#5 Select the cycle

Do dishes need to go through a full wash cycle each time dishes are placed in dishwasher?

#6 Empty dishwasher

Should dishes be taken out before the cycle is completed?

ANYONE KNOWS HOW TO CHANGE A LIGHT BULB!

Changing a normal light bulb is an easy task BUT the choice of the light bulb is important!

Explain how you think electricity works with words or pictures:

?????? QUESTIONS TO DISCUSS:

What can happen if a wrong sized bulb is inserted into a socket?

Where can you find information on a light fixture if you need to know any limitations?

What's the difference between *wattage* and *amperes*?

How can you judge what size bulb to put into a light fixture?

DEMONSTRATE HOW TO MAKE A BED!

Make a demonstration bed.....

1. Find a box or book that is about 8x10x2 or 8x10x1 inches big. This will be your demonstration "bed" !
2. Find two men's handkerchiefs or cut fabric into 15x15" squares. These will be your "sheets" !

NOW "MAKE THE BED" as you would a "real" one....

Method # 1: "The Tuck-as-you-walk Method"

(This is used by motel professionals.)

1. Place the two "sheets" on top of each other on the "bed".
2. Fold the top sheet down so that it can cover a blanket's edge when you use one.
3. Tuck the lower sheet under the mattress all across the top of the mattress.
4. Tuck the top corner in. (You can use a military fold if you know how.)
5. Continue tucking both "sheets" under the mattress as you walk around the bed.

Method #2: "Creating a Bottom-fitted-sheet Method"

1. Place one "sheet" on top of the "bed".
2. Tuck the sheet under the mattress on all sides. Try to do it evenly so it doesn't come out on any side. (If you have a real fitted sheet for the bottom sheet of your bed, you just put it on before you put on the top sheet.)
3. Place the other "sheet" on top of the "bed".
4. Fold the top "sheet" down so that it can cover a blanket's edge when you use one.
5. Tuck the sheet in at the bottom corners and the bottom of the mattress. Leave the side edges hanging free.

Further information to discuss:

1. What are the advantages and disadvantages of using fitted sheets? (*i.e. Advantage: Ease of use. Disadvantage: Lower sheet takes greatest wear and can only be used on the bottom.*)
2. What are the advantages and disadvantages of using a comforter? (*i.e. Advantage: Can serve as a blanket. Disadvantage: May cost more than a blanket.*)
3. How often should linens be changed?
4. What sizes of sheets are available?
5. How do you judge quality of sheets?

TAKE OUT THE GARBAGE!

Role play an argument between family members or roommate about who takes out the garbage and how it must be done.

Role play a discussion with a neighbor in an apartment next to yours who sets garbage in the hallway in a paper bag until he gets enough to carry outside.

??? Discussion questions:

1. What kind of compromises might be made with family or roommate?
2. What methods could you use to get the neighbor's garbage removed from the hallway?
3. Why are sanitary garbage disposal methods important?
4. What effects do garbage disposal methods have on you? What are effects on city government, family members, neighbors?
5. What are community rules about garbage disposal and recycling? *
6. What products can be made from recycled products?
7. Does a garbage disposal in the kitchen save money?
8. Are there ways to save money when you dispose of your garbage?
9. How are people held accountable for their garbage disposal methods?
10. How can you keep garbage cans clean?

*Interview someone from the city who handles garbage and recycling. Create a list of questions to ask. (This can be done by phone, by a personal visit, or a class guest speaker. If interviewing by phone, a class member can call and report to the rest of the class.)



WHO WILL TAKE OUT THE GARBAGE?

Find the requirements for waste disposal in your area.

1. Who is responsible at the local government level for waste disposal rules?
2. Where can you find this information?
3. If you were making a phone call for the information, what questions would you ask?
4. What are the recycling rules in your community?
5. What kinds of products can be made from recycled papers, cans, and bottles?

Design a plan with a partner (could be a potential roommate or family member) for getting rid of household wastes.

Item to be disposed of	Container in which it would be placed	Preparation for disposal
wet garbage		
soda cans		
glass bottles		
margarine tubs		
newspapers		
waste paper		
milk bottles		
cardboard boxes		
tooth paste tubes		
motor oil		
paint cans		
hair spray cans		
insecticide containers		
used tissues		