



WOMEN'S REACH

RECOVERY | ENGAGEMENT | ACCESS | COACHING | HEALING

NOW OFFERING PROUD CLINICAL SUPPORTS

RECOVERY

ENGAGEMENT



HEALING

ACCESS

COACHING

A statewide peer support program for pregnant and parenting women (PPW) and parenting people impacted by substance use and co-occurring disorders. PROUD clinical services available for PPW. Support for perinatal mental health needs also available.



Priority enrollment for pregnant, parenting, and postpartum individuals



Services are free, voluntary, & individualized to your unique needs and recovery goals



Clinical counseling, community linkages & short term case management



Self referrals welcome



CONNECTICUT
Mental Health & Addiction Services

About REACH

V2.2026

The Women's REACH program is a statewide program that offers peer recovery support and short-term case management services to pregnant and parenting women (PPW) impacted by substance use (SU) and co-occurring disorders. Recovery Navigators use their own lived experience to support and link women to personalized resources in their community. Services are also available to any expecting or parenting individual impacted by personal or parental SU, including:

- Fathers
- Grandparents
- LGBTQIA+ individuals
- Partners of REACH clients
- & Other parenting immediate family or natural supports



Support for Perinatal Mental Health Needs also available

NEW: PROUD Clinical Supports

PROUD clinical services are now available through REACH! PROUD Clinicians provide counseling and case management support, including perinatal care, MAT/MOUD, behavioral health, and maternal and child wellness services. PROUD supports PPW with a current or recent history of SU and/or co-occurring disorders who want to strengthen recovery and parenting. Services can stand alone or complement REACH peer support and existing clinical care. In-home, in-office, and telehealth options are available.



Our Services

A REACH Navigator and/or a PROUD Clinician can support and help you connect with:

Medical & Behavioral Health | Addiction Treatment | Reunification | Prenatal, & Postpartum Care | Parenting & Child Health | Food & Housing Assistance | Support Groups | Employment & Education | Insurance | Harm Reduction & Overdose Prevention | & other resources that can support your recovery and family needs.

To watch a brief video on REACH or to contact your local REACH agency:



<https://portal.ct.gov/DMHAS-REACH>