

Certified Peer Support & Recovery Professional CODE OF ETHICS & VALUES

Preamble:

- The purpose of the Certified Peer Support & Recovery Professional Code of Ethics & Values is to outline the basic values and principles of peer support practice.
- The Codes serve as a guide for Certified Peer Support & Recovery Professionals (CPSRP) in Connecticut by defining professional responsibility and ethical standards for the profession.
- The primary responsibility of a Certified Peer Support & Recovery Professional is to help individuals achieve their own needs, wants, and goals.

- * Certified Peer Support & Recovery Professionals will maintain high standards of personal conduct and will conduct themselves in a manner that fosters their own recovery.
- * Certified Peer Support & Recovery Professionals will be guided by the principle of self-determination for all and shall serve as advocates for the people they serve.
- * Certified Peer Support & Recovery Professional will perform services with the boundaries of their expertise. They shall be aware of the limits of their training and capabilities and shall collaborate with other professionals to best meet the needs of the person(s) served.
- * Certified Peer Support & Recovery Professional will preserve an objective and professional relationship at all times.

1. Certified Peer Support & Recovery Professionals will share their recovery/lived experience stories to promote and support recovery, hope, and resilience to help the people they serve (as appropriate to the situation).
2. Certified Peer Support & Recovery Professionals shall strive to practice cultural humility, defined as an ongoing process of self-exploration and self-critique, combined with a lifelong willingness to learn from others, including learning about cultural identity and other areas important to the people they serve.
3. Certified Peer Support & Recovery Professionals will keep current with emerging knowledge relevant to recovery peer support and advocacy and share this knowledge with their colleagues and the people they serve.
4. Certified Peer Support & Recovery Professionals shall agree to engage in regular peer support supervision and professional development.
5. Certified Peer Support & Recovery Professionals will respect the dignity, privacy, confidentiality, and rights of the people they serve, and will adhere to federal and state confidentiality and privacy laws (e.g. HIPAA) which apply to oral, written and electronic communication (social media, texting, video conferencing).
6. Certified Peer Support & Recovery Professionals will not practice, condone, facilitate, or collaborate in any form of discrimination based on ethnicity, race, sex, sexual orientation, age, religion, national origin, marital status, political belief, mental or physical disability, or any other preference or personal characteristic, condition, or state.

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| 7. Certified Peer Support & Recovery Professionals will advocate for those that they serve to make their own decisions. CPSRP will advocate for individuals to achieve their own stated needs, wants, and goals as well as promote personal responsibility of individuals. |
| 8. Certified Peer Support & Recovery Professionals will advocate for the full participation and inclusion of individuals into the communities of their choice and will promote the inherent value of these individuals to those communities. |
| 9. Certified Peer Support & Recovery Professionals will avoid entering dual relationships or commitments that conflict with the interests of those they are serving and will disclose those relationships to their immediate supervisor. In consultation with their professional supervisor, the CPSRP shall determine whether existing or pre-existing relationships interfere with their ability to provide peer support services to the person(s) served.
Dual relationships are defined as any existing or pre-existing professional, social, or business relationships with the person(s) served |
| 10. Certified Peer Support & Recovery Professionals should not engage in sexual or intimate activities or relations with the people they are serving. |

3/15/23
Peer Advisory Committee
Developed / Approved