

DMHAS WORKFORCE DEVELOPMENT Web-Based Training Offerings

Updated July 2025

www.ct.gov/dmhas/workforcedevelopment

13 New Classes

REGISTRATION INFORMATION

The training listed in this catalog is open to DMHAS operated staff and DMHAS funded staff.

- To register for training, you must go through our Learning Management System (LMS)
- **State employees** sign in to the LMS here: <https://ctlms-sso.ct.gov>.
- **Non-state employees** access the LMS here: <https://ctlms-dmhas.ct.gov>.
- If you do not have a username, or to update your email or other profile information, fill out and return the [My Profile Information Form](#). You will receive an email with your login information.
- For help navigating the LMS, check out our interactive tutorial, [Introduction to the LMS](#).

FREQUENTLY ASKED REGISTRATION QUESTIONS

Q: What do I do if I forgot my password?

A: State employees should contact their facility administrator. Non-state employees: On the log in page of the LMS, click the “Forgot Password?” link. The system will prompt you to enter the email address that is associated with your LMS account. When you’ve entered the information, the system will send you an email with a temporary password.

Q: How do I get a copy of my transcript?

A: Online transcripts are available for classes that have been held after 1/1/09. Once you’ve logged into your LMS account, go to the Me tab, then click Analytics in the left-hand menu. Click on the report entitled User Transcript. Your transcript will open in a new window. Click on the Download button at the top right of the window to export your transcript to PDF (recommended) or Excel. For more detailed instructions, see [Introduction to the LMS](#).

Q: What does my computer need (system requirements) for me to take web-based training?

A: Your computer must have internet access (DSL or Cable recommended for faster connection) and Adobe Flash Player. Pop-up blockers must be disabled on your Browser and Google toolbar. We strongly recommend a wired internet connection. If the problem persists, contact Workforce.Development@ct.gov.

Q: If I don’t finish the web-based training in one sitting, how do I get back to it to finish?

A: After logging in, click on the Me tab. Scroll down to find the name of the training that you want to finish. To the right of the training name, click the “Launch” button.

Q: I completed a web-based training, but it did not show up on my transcript. What should I do?

A: If you have been taking the training over a wireless internet connection, connect your computer to the internet with a wired connection and log on to the LMS. Launch the training again, and retake the quiz to get credit.

Q: How do I get a certificate with Continuing Education Units (CEUs) for a web-based training?

A: Upon successful completion of the training and quiz, go to your Me tab, then click on Completed Learning in the left-hand menu. Find the training you want, then click the Print Certificate button. You can click on the down arrow next to the Print Certificate button, then click Export Certificate to download a PDF copy of the certificate.

Q: What if I have reviewed the information above and am still having problems?

A: Check out our tutorial, [Introduction to the LMS](#), then email Workforce.Development@ct.gov.

Web-Based Training Offerings

Licensed clinical psychologists in Connecticut will have to complete a minimum of **ten** (10) hours of approved continuing education in the twelve months following their license renewal. Not more than **five** (5) continuing education units during each registration period shall be completed via the Internet, distance learning or home study. DMHAS Workforce Development self-directed web-based trainings that have been approved are noted with PSY under the CEU column.

Licensed social workers, marital and family therapists, and certified and licensed alcohol and drug counselors are to complete **one** (1) contact hour of continuing education coursework in **cultural competency** during each license registration period. Trainings with an asterisk (*) by the title meet that requirement.

Licensed clinical psychologists, licensed social workers, marital and family therapists, licensed professional counselors, and certified and licensed alcohol and drug counselors, and physicians are to complete **two** (2) contact hours of continuing education related to mental health conditions common to veterans and family members of veterans during their next license renewal period and not less than once every six years thereafter. Trainings with a number sign (#) by the title meet that requirement.

Training Title	Credit Hours	CEUs Offered
Addressing Behavioral Health Needs of Veterans#	2#	CCB, SW, PSY
An Introduction to Post-Traumatic Stress Disorder (PTSD)	1	CCB, SW, PSY
An Introduction to the Americans with Disabilities Act (ADA)	1	—
An Introduction to Transference and Countertransference	1	CCB, SW, PSY
Anaphylactic Allergic Reactions and Epinephrine Auto-Injectors	3	—
Assessment in Community Support Programs (CSP) and Recovery Pathways (RP)	1	CCB, SW, PSY
Back Safety and Lifting Techniques	0.5	—
Basics of Child Occupant Safety in Motor Vehicles	0.5	—
Bed Bugs: Know the Facts	0.5	—
Blood and Body Fluid Clean Up: Overview	1	—
Bringing the Full Power of Science to Bear on Drug Abuse and Addiction	1	CCB, PSY
Citizenship Approach to Mental Health: Advocacy and the Citizenship Perspective NEW!	1	—
Citizenship Approach to Mental Health: Citizenship, Community, and Advocacy NEW!	0.5	—
Citizenship Approach to Mental Health: Community Outside the Walls of Service Settings NEW!	0.75	—
Citizenship Approach to Mental Health: Multiple Pathways to Wellness and Healing NEW!	1	—
Citizenship Approach to Mental Health: Origins of the Citizenship Approach to Mental Health NEW!	0.75	—
Citizenship Approach to Mental Health: Collective Citizenship in Action: Peer to Peer Community Building NEW!	1	—

Training Title	Credit Hours	CEUs Offered
Citizenship Approach to Mental Health: The Essential Role of Peer Support in Citizenship Work NEW!	1.75	—
Cocaine: Abuse and Addiction	1	CCB, SW, PSY
Collaborative Documentation	1	CCB, SW, PSY, CME
Community Support Programs (CSP): From Maintenance to Rehabilitation	2	CCB, SW, PSY
Connecticut Legal Rights Project: Protecting Rights to Rebuild Lives	0.5	—
Co-Occurring Disorders: A General Introduction	1.5	CCB, SW, PSY
Cultural Competence Primer for Behavioral Health Practitioners and Settings*	1	CCB, SW, PSY
Cultural Elements in the Treatment of Hispanics and Latinos with Substance Use Disorders*	3	CCB, SW, PSY
Cultural Humility: Strategies for Supporting LGBTQ+ Clients* NEW!	3	CCB, SW, PSY
Depression	1.5	CCB, SW, PSY
Diabetes Mellitus Basics	2	—
DMHAS - Supervised Self-Administration of Medication	1	—
DSM-5: A Brief Introduction	1	CCB, SW, PSY, CNA
DSM-5: Substance-Related and Addictive Disorders	1	CCB, SW, PSY, CNA
Elder Abuse: Identification and Reporting*	0.5	CCB, SW, PSY
Embrace the Rainbow: Working at the Intersection of LGBTQ+ Identity and Trauma*	1.5	CCB, SW, PSY
Employee Safety: Preventing Slips, Trips and Falls	1	—
Ethics for Social Workers	1	SW
Family Therapy with Problem Gamblers and their Families: The First Steps to Recovery	1	CCB, SW, PSY
Fentanyl	1	CCB, SW, PSY
Financial Health and Mental Health – Module 1 NEW!	1.25	—

Training Title	Credit Hours	CEUs Offered
Financial Health and Mental Health – Module 2 NEW!	0.75	—
Financial Health and Mental Health – Module 3 NEW!	0.5	—
Gender and Life - Affirming Medicine: Providing Primary and Specialty Health Care for Trans Patients*	1.5	CCB, SW, PSY
Gender Responsive Substance Abuse Treatment for Women*	2	CCB, SW, PSY
Grounding Techniques	1	CCB, SW, PSY
Harm Reduction and Stages of Change	1.5	CCB, SW, PSY
Hearing Voices: Life with Auditory Hallucinations NEW!	2	CCB, SW, PSY
Hepatitis A Virus (HAV): An Introduction	1	CCB
Hepatitis B Virus (HBV): An Introduction	1	CCB
Hepatitis C Virus (HBV): An Introduction	1	CCB
Hoarding Disorder: Intervention and Treatment	10	CCB, SW, PSY
Implicit Bias*	5	CCB, SW, PSY
Infection Control and Prevention for Community Health Care Workers (available for DMHAS Funded Agency Staff ONLY)	1	—
Inpatient Care of the Person with Dementia	0.5	—
Integrating Reproductive Health: Strategies for Discussing Contraception, Pregnancy Options, and Safer Sex* NEW!	3.75	CCB, SW, PSY
Introduction to Clinical Practice with LGBTQ Clients*	1	CCB, SW, PSY
Introduction to Gender Affirming Clinical Practice*	1	CCB, SW, PSY
Introduction to Human Trafficking	1	CCB, SW, PSY
Introduction to Integrating Gambling and Problem Gambling into Substance Use and Mental Health Disorders Programs	3	CCB, SW, PSY
Introduction to Sleep Disorders	1.5	CCB, SW, PSY
Introduction to Targeted Case Management (TCM): Administrative Requirements	1	—

Training Title	Credit Hours	CEUs Offered
Making Sense of Atypical Severe Self-Injury	3	CCB, SW, PSY
Marijuana Research Report	1.5	CCB, SW, PSY
Medicaid Rehab Option Time Study Training	1	—
Medication and Entitlement Access for Connecticut	1	CCB, SW
Medications Used in the Treatment of Mental Health Disorders	2	CCB, SW, PSY
Mental Health, Cannabis, and Cannabis Use Disorder	1.5	CCB, SW, PSY
MRSA Overview	1	—
Naloxone in the Prevention of Opioid Overdose	0.5	CCB, PSY
New Developments in Understanding, Managing and Treating Suicidal Behavior	2	CCB, SW, PSY
Older Adult Behavioral Health	1	CCB, SW, PSY
One Key Question and the Every Woman Connecticut Learning Collaborative*	1.5	CCB, SW, PSY
PCP: Understanding Phencyclidine	0.5	CCB, PSY
Person Centered Treatment Planning	3	CCB, SW, PSY
Prescription Drugs: Abuse and Addiction	1	CCB, SW, PSY
Safe Food Handling	1	—
Self-Inflicted Violence: Complex Problem, Simple Solution	3	CCB, SW, PSY
Substance Abuse and HIV/AIDS	1	CCB, SW, PSY
Suicide Risk Using the Columbia Suicide Severity Rating Scale	1	CCB, SW, PSY
The CCB Certification Process	0.5	—
The Criminal Justice System	2	CCB
The Importance of Family Acceptance in the Lives of LGBTQIA2+ People*	1.5	CCB, SW, PSY

Training Title	Credit Hours	CEUs Offered
Tobacco Addiction	1	CCB, SW, PSY
Tools for Engaging Clients in Services	2	CCB, SW, PSY
Treating Clients with Traumatic Brain Injury in Substance Abuse Treatment	1	CCB, SW, PSY
Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury	2.5	CCB, SW, PSY
Understanding Bipolar Disorder	2	CCB, SW, PSY
Understanding Compulsive Hoarding	2	CCB, SW, PSY
Understanding Drug Abuse and Addiction: What Science Says	0.5	CCB, PSY
Understanding Opioid Addiction and Treatment	1	CCB, SW, PSY
Understanding Patient Rights: Know Your Rights	1	—
Understanding Trauma	2	CCB, SW, PSY
Working with People Diagnosed with Schizophrenia	2	CCB, SW, PSY
Working with People Presenting Gambling Problems and Financial Issues in Behavioral Health Settings	1	CCB, SW, PSY

*Meets the requirements for Cultural Competence Continuing Education

#Meets the requirements for veterans and/or veteran's families Continuing Education

@NASW/CEU application pending