



**STATE OF CONNECTICUT
CONNECTICUT VALLEY HOSPITAL
ADVISORY COUNCIL**



MEETING MINUTES

In Person meeting: Connecticut Valley Hospital (CVH) Page Hall Boardroom
June 18, 2024

Present Council Members:

Nancy Navarretta, Commissioner; Erik Costa, Chief of Police, City of Middletown, ; Kevin Elak, Director of Health, City of Middletown Health Department; Lakisha Hyatt, CVH Chief Executive Officer; Lawrence McHugh, Chairperson; Dr. Edwin Renaud, General Psychiatry Division Director, CVH; Sarah Gadsby, Chief Executive Officer, River Valley Services Arafah Mehadin; Gloria Dzerovych, Interim Asst. Division Director ASD, CVH; Maria Laporto, ASD Division Director, CVH; Kichul Pak MD, Chief Medical Officer, CVH; Justin Sleeper, Chief Quality Office, CVH

Absent/Excused Council Members:

Bauer David; Davis Richard; Florshein Ben; Iovene Chris; Magnano Emilio; Semper Dan; Harry Burr, Community Member, Lived Experienced, Middletown; Rick Bush, CVH Chief Operating Officer; Chris Iovene, Detective Police (alt), City of Middletown; Philip Pessina, Community Member;

Call to Order: Mr. McHugh called the meeting to order at 8:03am.

Review of Minutes: **March 2024 Minutes Deferred to September 2024**

Topic	Discussion	Responsible Person
<i>DMHAS Commissioners Update</i>	<u>Office of the DMHAS Commission Updates</u> - Legislature #6 was reviewed and given to the committee for review. There is a new Legislative Team which created a summary. The priorities are Education. This will come out next year. - The Commissioner is planning visits in the community. People can get resources for treatment and information. The McCall Behavioral Center in Torrington Ct. New 24-hour crisis stabilization center will open in the next two weeks. Is operating as a satellite treatment facility. Working with Compass. Cornell Scott Health center opened in New Haven. Beautiful facility. Shelter beds and medical clinic. - The Commissioner will be working with The National Institute on Drug Abuse and will attend Universities to educate students. - Mr. Brian Pasquarella is conducting PFA training. This will give staff context on what Ct. Mental Health Services do. - This year the Assembly Committee will be working to open a preventative center in Middletown Ct. Mr. McHugh will be assisting with this.	Ms. Nancy Navarretta, Commissioner

<i>Chief Executive Officer Update</i>	<u>Connecticut Valley Hospital Updates</u> - The Hospital is thriving. Staffing increases. Retention rate is up. Staff leaving is down. - We have had fifty applicants for the Chief Financial Officer. We will be going through those. - CVH has implemented some new comfort measures for the staff such as breakrooms in each Unit. Wellness Wednesday. A Walking Program where staff can get out during the week and walk the campus track. A Celebration of Recovery Through the Arts for Mental Health awareness Month was held.. The artwork was created from the CVH patients. This highlighted Active treatment thru Art. Community members came to the campus to see the patients artwork. It was a great success. - People are noticing the great work happening on the campus. The rising of Active Treatment hours. Restraints hours have decreased immensely.	Ms. Hyatt, Chief Executive Officer/CVH
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	PFA – All case providers will participate, Clinical, Social Work, Psychologists and Psychiatrists . Staff will have this training completed by the end of July. 100% of staff will be trained. Volunteers were trained as trainers. This was a great strategy to make this a success.	
<i>ASD Discharge Data Status Report</i>	This report reflects patients discharged from CVH in Middletown, Ct. <u>Findings for the year 2023</u> <u>This report comes from the CVH Hospital Data Systems</u> - One unmatched Discharge from GPD. The patient was discharged to a residential program located in Middletown CT. - ASD had 1600 discharges from last year. Either permanent or short term discharges. Six unmatched discharges from ASD. Two were from the Withdrawal Management (Detoxification) in Middletown Program in Middletown CT. One discharge from the Hartford Withdrawal Management Rehabilitation Programs. One discharge from the Hartford campus Rehabilitation Program. - Every discharge is based on a clinical decision	Ms. Laporto ASD Division Director
<i>QWL Survey</i>	<u>Quality of Work Life Survey</u> - This survey is intended to assess staff's perception of communication with leaders and supervisors, training procedures and policies. There are ten questions. - This survey will be submitted to the hospital campus annually. - Feedback for communication, frequency and quality was positive. - Feedback for Quality of Training the hospital provides was positive. - The feedback from the frontline workers was not positive. On the Culture of Safety Committee, It is an issue that has implemented some protocols to get the information to the front line workers. - The distribution of this survey can either be anonymous or signed.	Ms. Laporto ASD Division Director

Other Business	There will not be any fireworks on the campus this year due to construction. However, They will be back in 2025 . Ms. Hyatt introduced Dr. Pak, Dr. Renaud, and Mr. Sleeper to the committee.	Lawrence McHugh, Chairperson
Next Meeting	September 13, 2024	
Adjournment	Mr. McHugh concluded the meeting @8:38am.	

Transcribed by: Dee Botti