




Alcohol and Drug Policy Council

Prevention Subcommittee

Meeting Summary

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|---|-----------------------------------|--------------------------------|--------------------------------|---|---|
| Meeting Date / Location: | | June 17, 2024 Teams Meeting | | | |
| X | Allison Fulton (Co-Chair) | | Don Maletto | X | Nathaniel Rickles |
| X | Andrew Lyon | X | Giovanna Mozzo | | Rodrick Marriott |
| X | Anna Gasinski | X | Ingrid Gillespie | X | Robert Kanehl |
| X | Abigail Lieberman (Clearinghouse) | X | Jennifer Sussman | | Robert Lawlor |
| | Carleen Zambetti | | Judith Stonger | | Sarju Shah (DMHAS Agency Support) |
| | Colleen Violette | X | Keri Lloyd (DCF Staff Support) | X | Scott Szalkiewicz |
| | Daniel Tobin | | Kristi Olds | X | Shobha Thangada |
| X | Dawn Niles (OSAC Representative) | | Nancy Kingwood | X | Surita Rao |
| X | Deborah Lake (Co-Chair) | | | | |
| Supporting Leadership & Other Participants | | | | | |
| X | Allison Sullivan (DPH) | X | Kelly Leppard (DMHAS) | X | Brent Heineman (UConn Health/Presenter) |
| X | Allyson Nadeau | X | Kris Robles (DCF) | X | Kripa Patel (DPH/Intern) |
| | Cynthia Petronia-Vazquez | X | Ramona Anderson (DMHAS) | X | Stephanie Welch (DMHAS) |
| | Diana Shaw (DCP) | X | Haley Brown (DMHAS) | X | Steven Wolf (DCP) |
| X | Erica Previti (DPH) | X | Susan Yurasevecz (DPH) | X | Wendy Mill (GPP) |
| X | Jessica Parmelee | X | Paul McNeil (NE HIDTA) | X | Samantha Forbes (Amplify, Inc.) |
| X | Denique Weidema-Lewis (DMHAS) | X | Catherine Sisco (Wheeler) | X | Christine Hauser (CHDI) |
| X | Karonesa Logan (DCP) | X | Samantha Allard (DCP) | X | Pamela Mulready (Clearinghouse) |
| X | Kelley Edwards (DMHAS) | X | Sara Moriarty (DPH) | X | Prasanna Karupothu (DPH/Intern) |
| X | Heather Clinton | | | X | Tom Fulton |
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| TOPIC | DISCUSSION | ACTIONS / DECISIONS |
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| Welcome Review of Minutes | The meeting began at 1:30p.m. A motion to approve the May meeting minutes was made by Robert Kanehl; seconded by Thomas Fulton. | Minutes approved. |
| Happy Retirement Judith Stonger | For nearly 25 years Judy has been a major figure of Wheeler and at the forefront of the field of SUD prevention. Wishing you all the best in retirement! |  Judy Retirement Presentation.pdf |
| Supporting the mental and physical wellbeing of public health workers in CT | <p>Presentation by Brent Heineman. Overview of the Public Health Crisis and contributing factors that has challenged workforce. During the height of COVID-19, there was a dual crisis with impact of the virus itself and workforce challenges.</p> <p>Semi-structured qualitative interviews with health department staff. CDC IGLOO Model includes strategies to combat burnout - these strategies were used when conducting the interviews. Interview themes included: getting used to doing more with less; opportunities to create new partnerships with local organizations; health departments recognizing importance of epidemiologists and adding to their staff (which helps track other important trends as well - e.g. opioid epidemic); exploring opportunities to minimize silos and increase cross-collaboration within departments/divisions; flexibility in work schedules; use of EAPs.</p> |  Heineman DPH Mental Health Prom |

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| | Interventions include: Cultural Ideas from NACCHO Joy in Work Toolkit; Personalized Interventions within the EAP (including trainings/workshops); Positive Psychology (free online courses available) and Mindfulness-Based Stress Reduction (MBSR); Physical Activity; Diet; Flexible Work (hybrid work); Ergonomic work station improvement; Wellness lunch-and-learn; Mental Health Emergency Preparedness; Grant Opportunities to expand mental health and wellness (e.g. HRSA Health Workforce Grants). | |
| DMHAS Prevention – Cannabis Prevention and Awareness - Program and Campaign Updates | <p>Presentation by Denique Weidema-Lewis, BHPM, DMHAS. Reviewed Statewide Cannabis Timeline Highlights. Have completed Phase 1 of the Be In The Know campaign; gathered information/feedback for Phase 2.</p> <p>RBHAO Cannabis Contracts were executed as of 2 weeks ago. Looking for each region to identify a special needs population that needs to be addressed; building regional coalitions; working with local retailers; building knowledge. Want to ensure that we look for other opportunities to provide funding for Local Prevention Councils; piloting a 2-year pilot for 2 coalitions per region (10 total).</p> <p>What next? Numerous activities occurring this summer/fall. For the Stanford REACH Lab Training of Trainers - reach out to Denique (denique.weidema-lewis@ct.gov) if you would like to participate and are not already registered.</p> |  <p>ADPC Presentation June 2024 - Cannabi</p> |
| Other Member Updates | <p>Shobha Thangada - Introduced summer interns and Epidemiologists hosting the interns in the DPH Office of Injury and Violence Prevention.</p> <p>New Member Introductions from other agencies</p> | |
| Meeting Adjournment | Meeting adjourned at 2:45 pm. | |
| | <p><u>Next Prevention Subcommittee Meeting:</u></p> <p>Monday, July 15, 2024, 1:30 – 3:30pm</p> <p><u>Next Full ADPC Meeting:</u></p> <p>Tuesday, June 18, 2024, 10:00 am – 12:00 pm (no meeting in July)</p> | |