

Alcohol and Drug Policy Council

Prevention Subcommittee

Meeting Summary

| Meeting Date / Location: | | May 20, 2024 Teams Meeting | | | |
|--|------------------------------------|-------------------------------|--------------------------------|---|-----------------------------------|
| x | Alison Karimi (DCF Agency Support) | | Giovanna Mozzo | x | Robert Kanehl |
| | Allison Fulton | | Ingrid Gillespie | | Robert Lawlor |
| x | Andrew Lyon | x | Jennifer Sussman | x | Sarju Shah (DMHAS Agency Support) |
| | Anna Gasinski | x | Judith Stonger | x | Scott Szalkiewicz |
| x | Abigail Lieberman | | Keri Lloyd (DCF Staff Support) | x | Shobha Thangada |
| x | Carleen Zambetti | | Kristi Olds | x | Surita Rao |
| | Colleen Violette | | Nancy Kingwood | | Tom Fulton |
| | Daniel Tobin | | Nathaniel Rickles | | Tom Russo |
| x | Dawn Niles (OSAC Representative) | | Rebecca Allen | | Luiza Barnat |
| x | Deborah Lake | | Rodrick Marriott | | |
| | Don Maleto | | | | |
| Supporting Leadership & Other Participants | | | | | |
| x | Aristede Hill | x | Jeanette Goyzueta | x | Rita Demo |
| x | Adekemi Suleiman | x | Justin Mehl | x | Ramona Anderson |
| x | Allison Sullivan (DPH) | x | Giovanna Mozzo | x | Samantha Forbes |
| x | Alversia Wade | x | Karonesa Logan (DCP) | x | Samantha Allard |
| x | Brittany Baines | x | Kelley Edwards (DMHAS) | x | Sara Moriarty (DPH) |
| x | Cynthia Petronia-Vazquez | x | Kelly Leppard (DMHAS) | x | Tom Fulton |
| x | Denique Weidema-Lewis | x | Kendra Epps (GPP) | x | Vanessa St.Clair (DPH) |
| x | Diana Shaw (DCP) | x | Kris Robles (DCF) | x | Wendy Mill (GPP) |
| x | Erica Previti (DPH) | x | Mya Singh-Johal (GPP) | x | Allyson Nadeau |
| x | Jessica Parmelee | | | | |

| TOPIC | DISCUSSION | ACTIONS / DECISIONS |
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| Welcome Review of Minutes | The meeting began at 1:32p.m. March and April 2024 meeting minutes approved | Minutes Approved |
| OSAC Committee Updates | <ul style="list-style-type: none"> Dawn Niles is the OSAC Representative. OSAC Committee met earlier this month. Sarju provided the OSAC updates. | Sarju Shah provided OSAC updates. All Recommendation can be sent to Luiza Barnett. |
| Recovery Friendly Communities | <ul style="list-style-type: none"> Justin supports the Recovery and Health Management Subcommittee. He rounded up the updates on recovery friendly initiatives in the state to provide an overview of Building a Recovery Friendly State and the intersection between Recovery Friendly Workplaces and the RF Communities and Campuses work that is being done within the Recovery Subcommittee. The presentation provided information on the importance of recovery friendly, what does recovery embody and the importance of reducing stigma. | Justin Mieh- Opioid Services Coordinator at DHMAS-Opioid Services Division. |

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| | <ul style="list-style-type: none"> The Recovery Friendly Logo was created by individuals incarcerated at Osbourne Correctional Facility. Their input was integral in the development of the logo. The Four Key Components to Recovery Friendly 1.Recovery Champion, 2. Key Leadership, 3. Tool kit, 4. Designation. To date there are 12 Recovery Friendly Communities. Judith Stronger asked if there is a way to keep the continuous message going on Recovery Friendly Communities and not just to get towns and communities to start but to have ongoing messaging and meetings. Justin reported that they are formalizing what the next level of Recovery Friendly Communities is going to be. Currently there is the initial designation, and then we have some Check In and so now we want to have areas to focus on and to develop regular meetings. Giovanna Mazza, Region 1, RBHAO stated that two of the towns designated are in her catchment and she doesn't even know how they became Recovery Friendly and it would be beneficial with the work being down with the RFW Coordinators to be connected to these communities and Justin agreed. | |
| Recovery Friendly Workplace Evaluation | <p>Recovery Friendly Workplace Evaluation. Toolkit Initiative Funded by SOR. DHMAS Center for Prevention Evaluation and Statistics at UConn.</p> <ul style="list-style-type: none"> The Recovery Friendly Workplace initiative was launched in 2020 by CT Department of Labor and DHMAS. The initiative is based on the development and implementation of a toolkit that is utilized by CT based organizations looking to assess existing organizational practices and resources to support substance use disorder recovery in their workplaces. DHMAS Center for Prevention Evaluation and Statistics at UConn developed methods and tools to evaluate Recovery Friendly Workplace toolkit effectiveness by assessing the barriers, facilitators to implementation and sustainability of RFW toolkit, and making recommendations based on those findings. The evaluation is still in process and so Jennifer Sussman stated they would like to come back at a later date to share the information. Key Takeaways: Being Aware of resource sharing, focus on existing relationships and personalized outreach, facilitated recruitment and engagement that regional adaptation and customization is hallmark of the implementation through SOR three of a recovery friendly workplace. Peer navigators were valuable bridges and that state level recognition and awareness building efforts both to reduce stigma and demonstrate the value of the recovery friendly credential is necessary to ensure growth and enhance engagement. Sarju led a discussion and recommended developing a joint ADPC recommendation to tell the CT Recovery Friendly Story, review the data and connect the three projects under a uniform website, and toolkits. She recommended forming a time-limited workgroup support the next step planning. <p>Next steps: Creating a recommendation to review the Toolkit and work with our subcommittees and state partner agencies on Recovery Friendly Communities. A motion was made for this by Giovanna Mozzo and Aristede Hill second the motion.</p> | Jennifer Sussman, UConn Health |

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| Governor's Prevention Partnership Presentation: Connection between Mentoring and Prevention | <p>Effects of Mentoring on Substance Use</p> <p>Presentation by Kendra Epps and Maya Singh Johal focused on the beneficial effects of mentoring and its impact on reducing substance use. Kendra and Epps, provided data on how mentoring is a protective factor, walked through several case studies, and its impact lowering on adolescent substance use.</p> <p>Become @ Mentor at Mentor Me CT</p> | Kendra Epps and Maya Sigh Johal |
| Other/Member Updates | <p>October 17,2024 we are having our first Prevention Summit for Prevention Professionals and anyone wanting to participate. The event is being held at the Delamar in West Hartford CT.</p> | Contact: Sarju Shah |
| Meeting Adjournment | Meeting adjourned at 2:59p.m. | |
| | <p><u>Next Prevention Subcommittee Meeting:</u> Monday, June 17,2024 1:30-3:30p.m.</p> <p><u>Next Full ADPC Meeting:</u> June 18, 2024, at 10:00 – 12:00pm</p> | |