

### What is Narcan<sup>®</sup>?

Narcan<sup>®</sup> (naloxone) treats opioid overdoses in emergency situations.

It works by reversing the effects of opioid overdose.





#### IMPORTANT

ALWAYS call 9-1-1 immediately if you think someone is overdosing, even if Narcan<sup>®</sup> as already been given.

Stay with the person until help arrives. If you must leave them alone, make sure they are in the rescue position (see inside).

#### Connecticut Resources Opioid Use Disorder

CT Access Line: 860-563-4086 CT MAT Resources Locator Map: www.ctbhp.com liveloud.org www.drugfreect.org www.ct.gov/dmhas www.ctclearinghouse.org http://bit.ly/CTprevention https://egov.ct.gov/norasaves





www.opioidresponsenetwork.org

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# Narcan® (Naloxone) and Opioid Safety

# General Information and Administration

IN CASE OF AN OVERDOSE... YOU SOULD SAVE ALIFE.

1.800.563.4086 coming soon // liveloud.org



## Overdose death is **preventable**

Know the Facts

# What to do if you suspect an opioid overdose.



#### Look and listen for:

- Slow or no breathing
- Gurgling, gasping or snoring
- Clammy, cool skin 📹
- Blue lips or nails
- Pill bottles, needles or alcohol

#### Try to wake them up:

- Shake them and call their name
- Rub your knuckles hard over their chest bone



# If they don't wake up, you need to act fast!



- Say where you are and that the person isn't breathing or cannot be woken up.
- You don't need to say anything about drugs or medications when you call.





#### Give Narcan®/naloxone and start rescue breathing

• **Give the naloxone.** Follow the instructions on the

package or in the overdose rescue kit.

- $\cdot\,$  Start rescue breathing.
- If they don't respond in 3-5 minutes, give a second dose of naloxone. Keep rescue breathing.

Do rescue breathing even if you don't have naloxone. **Oxygen is critical!** 



#### Stay with them

- If they start to wake up and breathe, stay with them.
- Watch them until medical help arrives. Naloxone wears off in 30-90 minutes. When it does, the person can stop breathing again.
- If you must leave, put them into the recovery position and in a place they can be found.



### **Rescue Breathing**

- Tilt head back. Lift chin. Pinch nose.
- Give 2 quick breaths.
- Chest should rise.
- Then give **1** slow breath every **5** seconds.
- **Keep going** until they start breathing or until help arrives.



### **Recovery Position**

