

HERE,  
TAKE  
SOME  
NARCAN!

THANKS,  
BUT HOW  
DO I USE  
IT?



FREE NARCAN  
TRAINING

HARM REDUCTION LANE

MIDDLETOWN  
HARM REDUCTION  
INITIATIVE

Narcan nasal spray is a safe and effective way to reverse an opioid overdose. The first step is to **identify the common signs of overdose** in the person whom you're trying to help. Anyone can administer Narcan – you don't need to be a medical professional!



## SIGNS OF AN OVERDOSE

- Unconscious, doesn't wake up when you shake them or call their name
- Small pupils
- Slow or no breathing
- Snoring sound
- Blue, grey, or pale skin color

Once you've determined that the person is likely experiencing an overdose, **call 911 immediately**. Give them your **address**, and state that you think the person is **experiencing an opioid overdose**. While they're on the way, it's time for you to administer your unexpired Narcan.



Hi, I'm at **123 MHRI Street**. I think my friend is experiencing an opioid overdose. I'll administer Narcan and wait with them until the ambulance arrives.



Now, **peel back the tab** to access the Narcan.  
**Insert the tip into either nostril** until your  
fingers are touching the person's nose. **Push**  
**the plunger** upwards with your thumb. One  
spray = the entire dose. Be sure to tilt back  
and **support their head** with your spare hand!



**Wait and watch** the person closely. If  
after **two minutes** they still **do not**  
**respond, give another dose of Narcan,**  
just as you did the first time.

MHRI

VOLUNTEER

**Oh, I'm so glad you're awake! I**  
**think you just had an overdose.**  
**Help is on the way. I won't**  
**leave your side until they arrive.**



If there's still **no response**:

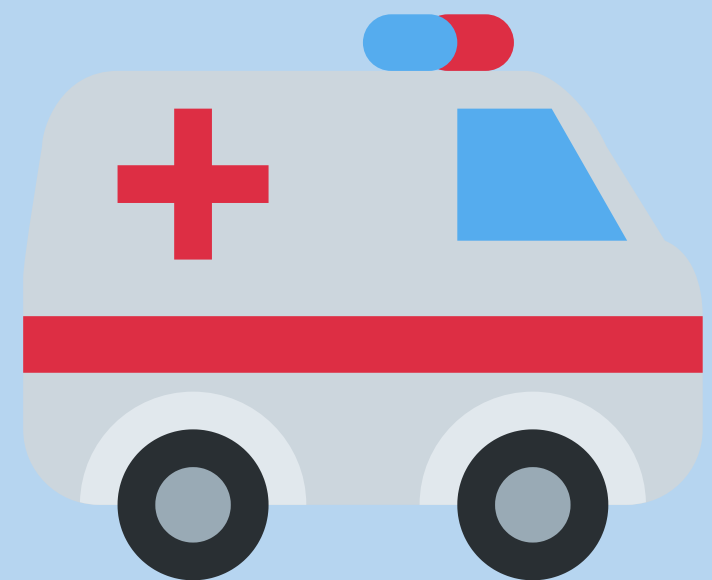
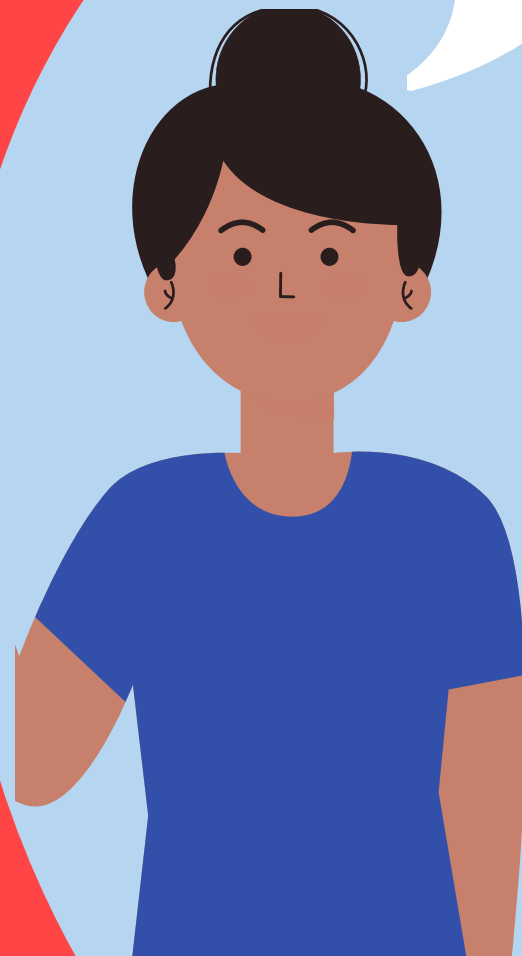
- If the person is **breathing**, **turn them on their side** with their hand supporting their head and their knee out to prevent rolling onto the stomach.
- If the person is **not breathing** and has no pulse, do **rescue breathing and CPR** (if you know how).



**Narcan wears off after 30-90 minutes, so its important that you stay with them until the ambulance arrives. Be sure to tell the EMTs that Narcan has been given.**

**I gave my friend two doses of Narcan about five minutes ago.**

**You just saved your friend's life. Good job. We'll take it from here.**





HI, I  
NEED  
MORE  
NARCAN!

SURE  
THING!

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