

HOW CAN WE HELP?



The “How Can We Help?” project was developed by the CT Department of Mental Health and Addiction Services (DMHAS) in response to the opioid epidemic in CT. The focus is twofold:

- * Support individuals that have overdosed or are at risk of overdose in a variety of ways that are stigma-free which may include connecting them to treatment and harm reduction resources.
- * Support loved ones, family members, and allies of individuals who have recently overdosed.

“How Can We Help?” has been established in seven communities around CT. Outreach efforts consist of a combination of health departments, first responders, faith based supports and recovery and harm reduction outreach staff to connect with their communities. The locations and contact information for these are listed below:

BRISTOL: City of Bristol and CT Harm Reduction Alliance(CT-HRA) ; 10 North Main Street, Bristol
Marco Palmeri; marcopalmeri@bristolct.gov; 860-584-7682
Mary Kay White kwhite@ct-hra.org; 860-922-5166

HARTFORD/EAST HARTFORD: InterCommunity; 287 Main St #281, East Hartford
SusanWilk Swilk@intercommunityct.org 860-716-7548
Daniel Valentine Dvalentine@intercommunityct.org; 860-936-8596

LITCHFIELD COUNTY: Greenwoods Counseling 25 South Street, Litchfield
John Simoncelli Jsimoncelli@greenwoodsreferrals.org (860) 605-7416
Sarah Toomey Stoomey@greenwoodsreferrals.org 860-309-3845

MIDDLETOWN: Cross Street Training and Academic Ctr.; 440 West Street, Middletown
Rev. Robyn Anderson revrmanderson@gmail.com; 860-817-3330

NEW BRITAIN: Coram Deo; 363 Linwood St, New Britain
Jody Davis jody@coramdeorecovery.org; 860-479-2187

NEW LONDON: Ledge Light Health District; 216 Broad Street, New London
Jen Muggeo; jmuggeo@llhd.org 860-448-4882 / Navigator Line: 860-333-3494

NORWICH: Norwich Human Services; 100 Broadway, Norwich, Room 212
Erin Haggan EHaggan@cityofnorwich.org; 860-823-3782 X3484
Michael Doyle MDoyle@relaincehealthinc.org; 860-887-6536 X347

TORRINGTON: Center for Human Development; 59 Field Street, Torrington
Dana Mihaylo DMihaylo@chd.org; 203-695-4855

WETHERSFIELD/NEWINGTON/BERLIN/ROCKY HILL: Central CT Health District; 2080 Silas Deane Hwy, Rocky Hill
Charles Brown cbrown@ccthd.org; 860-785-8380 x201
Luis Pantoja lpantoja@ccthd.org; 860-785-8380 x209
Sara Piatti Spiatti@ccthd.org; 860-249-6340

