

# *FREE Opioid Education & Family Support Groups*

Opioid Education and Family Support Groups are being held throughout the state both in person and virtually for adults and young-adults (age 16 and older) for family members and other loved ones of individuals who are misusing opioids (in addition to heroin) or have an Opioid Use Disorder. Meetings include an educational component, discussion, and mutual support.

Topics may include basic information about opioids/opioid use disorder, overdose prevention, Medication for Opioid Use Disorder (MOUD), how to administer naloxone, self-help groups for addiction and for co-occurring mental health disorders, family dynamics, and self-care as well as other topics suggested by group members.



Opioid Services

## *Contact information for groups near you:*

- **Clifford Beers Clinic, New Haven**  
Christine Montgomery, LCSW – (203) 915-4074 - [cmontgomery@cliffordbeers.org](mailto:cmontgomery@cliffordbeers.org)
- **Community Renewal Team, Hartford**  
(English and Spanish Speaking Groups)  
Casie DeRosier – (860) 549-3350 – [derosiere@crtct.org](mailto:derosiere@crtct.org)
- **McCall Foundation, Torrington**  
Leann Mitchell – (860) 496 – 2139 - [Leann.Mitchell@mccallbhn.org](mailto:Leann.Mitchell@mccallbhn.org)
- **NAMI Connecticut, Waterbury**  
Paul Brainerd – (860) 882-8674 – (860) 310-4055 – [pbrainerd@namict.org](mailto:pbrainerd@namict.org)
- **Sound Community Services, New London**  
Cassie Rice, LCSW – (860) 405-4169 – [Cassandra.Rice@soundet.org](mailto:Cassandra.Rice@soundet.org)
- **TriCircle Inc., Middlefield**  
Ana Gopian – (203) 213-0329 – [ana@tricycle.org](mailto:ana@tricycle.org)

