

# Bridge to Recovery

## CT'S ACCESS TO RECOVERY IV THE FINAL CHAPTER

This edition of the Access To Recovery Newsletter highlights the cumulative impact of the three-year program

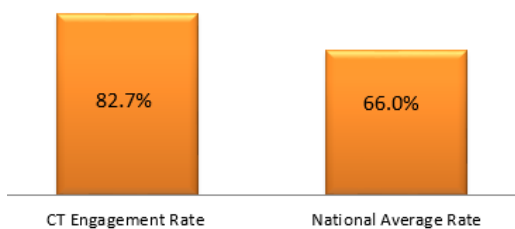
The Access to Recovery (ATR) IV program was a three-year grant program funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) through the Center for Substance Abuse Treatment (CSAT), and awarded to the Connecticut Department of Mental Health and Addiction Services in 2015. The grant covered a three-year period from May 1, 2015 through April 30, 2018 and coordinated supports and services for over **7,700** Connecticut residents.

### Key Outcomes

Individuals accessed the program through an intake process which included care coordination planning and referrals for requested ATR services. ATR service planning was directed by the participant, who created their individualized recovery plan with a care coordinator. All participants had the ability to access any desired services throughout the entirety of the grant cycle. During its busiest time period, the ATR program had a total of 40 access centers available for client intakes in all regions of the state and completed between 125-140 individual program intakes weekly. The ATR grant supported a variety of new and enhanced recovery support services throughout the state.

#### Successful Engagement

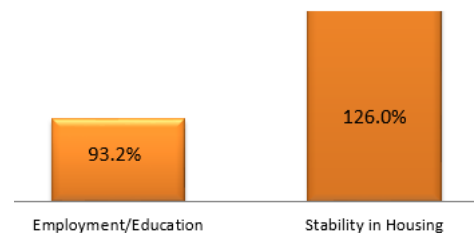
##### Six-Month Engagement Rate



Ongoing engagement is a key to successful outcomes. CT's ATR program excelled at keeping clients engaged through the critical six-month mark.

#### Successful Outcomes

##### Six-Month Improvement Rate



The CT ATR IV program provided recovery support services that successfully assisted individuals with improving their status in several domains. The most drastic improvements were related to employment and housing domains.

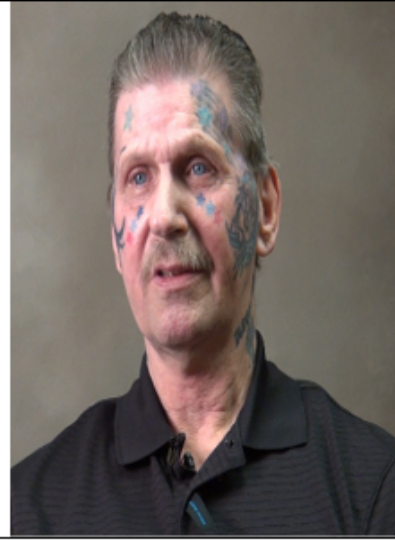
Click on the **names** below to learn how the CT ATR grant positively impacted the lives of these citizens.



Ken



Debbie



Caron



Raqeeb

## ATR IV Provider Network Expansion - Recovery and Clinical Supports

The CT ATR IV grant resulted in building new relationships with providers resulting in the development of new support services, while enhancing access to existing clinical and recovery support services. A total of 30 community-based agencies, including 10 faith-based organizations, provided a new array of Recovery Support Services and enhanced clinical services throughout the state. The CT DMHAS ATR IV program was tasked by SAMHSA with developing a provider incentive methodology. CT ATR IV completed four sets of incentive payments rewarding high performing providers who met select criteria including utilization capacity, client satisfaction survey scores, and audit visit results. Funding was sustained for at least two services after the grant's April 30, 2018 end date.

### Recovery Support and Clinical Services

- Clinical Services (\*) (IOP and Buprenorphine)
- Faith Recovery Support Services (FRSS)
- Peer Support Services (PSS)
- Recovery Management Services (RMS)
- Recovery Oriented Vocational Services (ROVS)
- Supported Recovery Housing Services (\*) (SRHS)

(\*) services sustained post-ATR IV

### ATR IV Network of Community Providers

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>A-CURE (*)</li> <li>Believe in Me Empowerment Corp. (*)</li> <li>Bethsaida Community</li> <li>Community of Hope (*)</li> <li>Community Partners in Action</li> <li>Community Renewal Team</li> <li>Coram Deo (*)</li> <li>Connecticut Counseling Centers</li> <li>Evergreen Family Oriented Tree</li> <li>Good Samaritan Mission (*)</li> <li>Grace and Mercy Missionary Baptist Church (*)</li> <li>InterCommunity Recovery Centers</li> <li>Key Recovery Homes</li> <li>Latino Community Services (*)</li> <li>Marrakech (*)</li> </ul> | <ul style="list-style-type: none"> <li>Midwestern CT Council on Alcoholism</li> <li>Pacific House (*)</li> <li>Perceptions Programs</li> <li>Pivot Ministries (*)</li> <li>RHEMA Community Developments Corp</li> <li>Recovery Network of Programs (*)</li> <li>Southeastern Council on Alcoholism and Drug Dependency (*)</li> <li>Sober Solutions (*)</li> <li>Sound Community Services</li> <li>Stepping Stone (*)</li> <li>Step Up Inn</li> <li>The Safe House</li> <li>United Services</li> <li>Victory Temple (*)</li> <li>Vita Pulita House</li> </ul> |
|--|---|

(\*) received provider incentive payments during ATR IV