

State of Connecticut
State Board of Mental Health and Addiction Services
October 19, 2016
Connecticut Valley Hospital

Present: Kristie Barber, Sharon Castelli, Sandy Cole, Marcia Dufore, Kathy Flaherty, Ingrid Gillespie, Juan Hernandez, Kati Mapa, DeAndrea McFarlane, Marcus McKinney, Bob Painter, Ismene Petrakis, Brian Reigner, Kevin Sevarino, Eileen Swan, Phil Valentine, Margaret Watt, Janine Sullivan-Wiley

Excused: Peggy Ayer, Samuel Ball, John Hamilton, Irene Herden, Pat Mosiman, Manuel Paris, Tom Steen

DMHAS Staff: Commissioner Delphin-Rittmon, Deputy Commissioner Nancy Navarretta, Julienne Giard, Alice Minervino, Bill Pierce, Marilyn Duran

Agenda Item 1: Call to order and introductions

The meeting was called to order at 2:40 PM by Ingrid Gillespie.

Agenda Item 2: Minutes of previous meetings review and action

The minutes from the September 21, 2016 meeting were reviewed and accepted.

Agenda Item 3:

- **Coordinated Access Network (CAN) Update/Feedback:** Alice Minervino, from the DMHAS housing division, came to answer any questions and provide feedback. The program started around two years ago and right now the target population is the chronically homeless individuals. Individuals that are literally homeless and not quite defined as chronically homeless are the ones that there just are not enough housing options out there for them. Alice will provide the board with any updates that become available.
- **CORE Update:** Commissioner Delphin-Rittmon stated the CORE report has been completed and a press release was done on it. The ADPC recommendations were presented to the Governor. We are looking for other grants and resources to continue to move forward other areas. There are a couple of new projects that are moving forward one is with CCAR.
- **ADPC Presentation:** Julienne Giard gave an update on the specific work of the ADPC workgroups. There are three subcommittees of the ADPC, prevention, treatment, and recovery health management. A total of 15 recommendations were done by the subcommittees and 13 were approved by the ADPC and the co-chairs.

Agenda Item 4:

➤ **General Updates/Announcements:**

- **Region 1:** Margaret Watt announced that both she and Ingrid Gillespie attended and co-sponsored a safe-talk training on suicide prevention in the region. For wellness month the region does a Get Your Check-up From the Neck-up event at places like flu clinics and health fairs and the numbers keep growing of people who attend these mental health screenings. This year the region will hold 28 of these events. The screening can also be done online.
- **Region 2:** Kristie Barber stated that two of the catchment areas are taking on a project of deescalating trainings for first responders. Someone from EMERGE Connecticut, Inc., which is a transitional workforce development program with the goal of providing recently released ex-offenders in the Greater New Haven area with the opportunity to end the pattern of recidivism, attended the board meeting to talk about the program.

- **Region 3:** Kati Mapa announced that the region held their candidate forum and 17 legislators attended. An older adult community conversation event was also held in the northeast region. A workgroup that will be meeting quarterly was established to do networking events and share what is going on in the region. The next meeting will be in January.
- **Region 4:** Marcia DuFore stated that the region held a state planning council meeting. Outpatient services were the number one priority in all of the regional reports. The region also held their 1st Community Conversation Listening Forum at Manchester Community College so they can listen to what some of the issues are for young adults around healthcare.
- **Region 5:** Janine Sullivan-Wiley announced that two legislative forums were done by catchment area with one more to go. Both forums had a great turnout.
- **CCAR:** Phil Valentine announced that CCAR is working on having recovery coaches and or a dispatch model that will work with the ER department at certain hospitals to start. This will connect people with a recovery model. CCAR through the Center for Addiction and Recovery Training (CART) will now have a credential/designation for a Recovery Coach Professional (RCP).
- **CLRP/KTP:** Kathy Flaherty announced that Keep the Promise (KTP) was one of the sponsors for the Candidate Forum for Connecticut Cross Disability Lifespan Alliance and 225 people attended. The KTP awards ceremony is next Thursday. Legislative advocacy trainings will be held in November and leadership training in December. A mental health event will be held in the first week of December for newly elected or reelected legislators.
- **Achieving a Better Life Experience (ABLE) Update:** Bill Pierce from DMHAS gave an update on ABLE an act which allows people with disabilities to be able to put money aside in a trust fund similar to a 529 college savings account and can be used for disability related purchases and does not count against benefits and entitlements. For more information contact Emily Bjornberg of the Treasurer's office at Emily.bjornberg@ct.gov
- **Connecticut Prevention Network (CPN):** Ingrid Gillespie announced that CPN had their 2nd Annual Prevention Fitness Forum and around 150 people attended. The topic was on synthetic drugs and more information will be posted online. CPN would like to know what people are hearing about medical marijuana and the effects on those with serious mental illness.

Agenda Item 5: Items for future agenda

- Peer-to-Peer Models

Agenda Item 6: Adjournment

The meeting was adjourned at 4:18

The next meeting will be held on Wednesday, November 16, 2016 beginning at 2:30 PM in room 217 of CVH Page Hall.