

## **INFORMATION**

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October 30, 2001

# The Department of Mental Health and Addiction Services A Healthcare Service Agency

John G. Rowland Governor

#### **Towards Recovery at CVH**

Thomas A. Kirk Jr., Ph.D.

Commissioner

As an integral part of the DMHAS Behavioral Healthcare System, Connecticut Valley Hospital (CVH) is helping to promote DMHAS' strategic emphasis on a recovery-oriented system of care. CVH is developing a state-of-the art "Treatment Mall" that will offer patients a variety of **treatment opportunities** that meet unique patient needs. Located in a newly renovated Page Hall, the environment will emphasize **patient choice** within the entire array of hospital resources. The program is structured as an educational curriculum; patients will be offered "courses" designed after best practices in all relevant treatment modalities. The curriculum is grounded in a **recovery model** that promotes skill building and empowerment.

- ✓ Personal choice
- ✓ Array of opportunities
- ✓ Appealing environment
- ✓ Accessible setting
- ✓ Empowerment



Patients from all areas of the CVH campus will attend the Page Hall Treatment Mall during program hours and will participate in various programs and groups based upon their individual treatment plans. The program will emphasize the cognitive, perceptual and physical strengths of patients towards recovering skills for their transition to the community. Members of the Executive and Legislative branches have provided critical support for the Page Hall initiative. Program planning and physical plant renovations are scheduled to be completed by July 2002.

#### PAGE HALL RECOVERY SERVICES

### Treatment & Therapy Work Skills Development Patient Services

Physical Therapy Occupational Therapy Speech Pathology Art Therapy Music Therapy

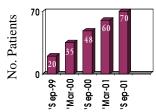
Dance Therapy Group & Individual Therapy

Vocational Rehabilitation Chapel
Library Services Exercise Room & Gym
Radio Station Unisex Salon
Two Retail Stores Patient Banking
Computer Labs

CVH is currently operating reduced scale Treatment Malls in Merritt and Dutcher Halls. Use of these programs demonstrates the popularity of the program model.

Page Hall will promote community integration by also serving as a statewide resource and meeting center for community groups.

**Dutcher Treatment Mall** 





The Page Hall Steering Committee meets regularly to oversee program design pertaining to patient assessment and programming, community interaction, consumer appeal, transportation, and mall administration. Opening is scheduled for July 2002.

Source: Department of Mental Health and Addiction Services CVH (860) 262-6103

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