

Telephone Recovery Support - "We call because we care."



Sometimes the simplest measures can have **amazing results**. That is the case with the DMHAS-funded **Telephone Recovery Support Initiative**. A person new in their recovery from a substance use disorder receives a call once a week for a minimum of twelve weeks from a trained Connecticut Community for Addiction Recovery (CCAR) volunteer, just to "check in" with them and see how their recovery is going.

Since its inception in 2005, when CCAR was calling 22 people out of their Windham Recovery Community Center, the program has grown by leaps and bounds. To date, **over 2,400 individuals have enrolled** to receive a call to see how their recovery is going. In 2008, CCAR placed **over 27,000 calls** to recoverees.

WE MADE THE CALLS!

CCAR Volunteers have made more than **52,000 outbound calls** to individuals in recovery from all four of our Recovery Community Centers.

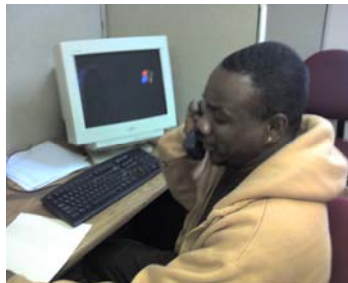


IT WORKS!

Of the 915 individuals who had been enrolled for at least 12 weeks, **763 (83%)** reported they were in recovery for the entire length of the program!

"People ask me if I get paid to make the calls. My response is, 'I get paid when you pick up!'"

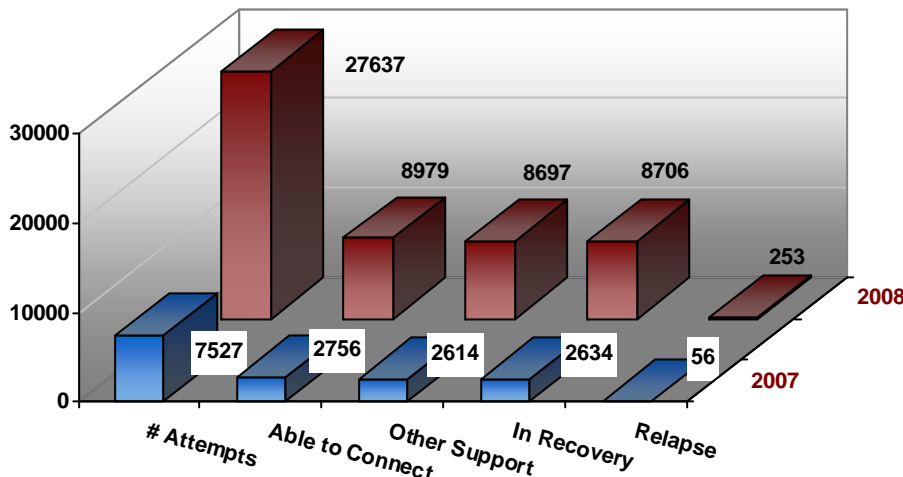
~Tyrone J.
~CCAR Telephone Recovery Support Volunteer



"I like being able to help people who just may need someone to talk to. I also like the fact that sometimes the person I speak with helps me."

~CCAR Telephone Recovery Support Volunteer

Telephone Recovery Support Status Report 2007 vs. 2008



Call Now:
To receive a call from a volunteer call **860-218-9531**.
Bi-lingual volunteers are available.



Download the Consent Form
<http://www.ccar.us/pdfs/TRSConsent.pdf>