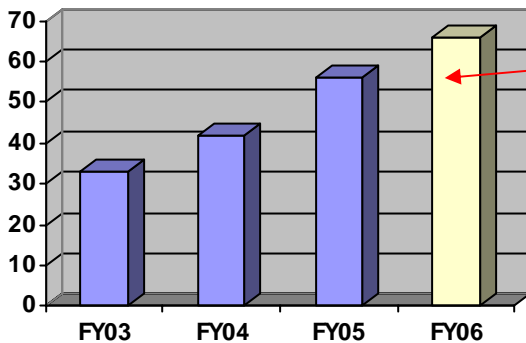


**The DMHAS Recovery Institute 2006**



The DMHAS Recovery Institute was founded to provide training and consultation to support the concept of Recovery as the guiding principle and operational framework for the DMHAS healthcare system. With support from the Community Mental Health Strategy Board, the Recovery Institute has provided training to thousands of participants with the goal of increasing awareness of recovery-oriented values and principles and the development of recovery-oriented skills and practices. A complete listing of training opportunities is available at [www.dmhas.state.ct.us/educationtraining.htm](http://www.dmhas.state.ct.us/educationtraining.htm).

**Number of Recovery Institute Classes**



To date in FY 06, **66 classes** on Recovery-oriented topics have been scheduled and **over 1126 people** have attended training. Topics range from person-centered planning, to strength-based strategies, to housing and employment, to motivational interviewing, to community integration.

**The Recovery Institute has provided training and consultation to over 50 agencies as part of the Centers of Excellence or Practice Enhancement Initiatives.**

**FY 06 Practice Enhancements:**

**Illness Management and Recovery (IMR)**

Eleven Agencies are currently receiving training and consultation and have implemented IMR programs. This evidence-based practice helps people attain their personal recovery goals by learning to cope with and manage symptoms.

**Telephone Recovery Support Program**

The Connecticut Community for Addiction Recovery has received support for training and consultation to expand their telephone recovery support program which uses people in recovery to provide telephone recovery support after discharge from treatment programs statewide.

**Peer-to-Peer Support**

Six programs at five DMHAS funded agencies, spanning addictions, co-occurring and mental health services received training and consultation to develop services where people in recovery help others seeking recovery in both paid and volunteer roles.