

February 25, 2009

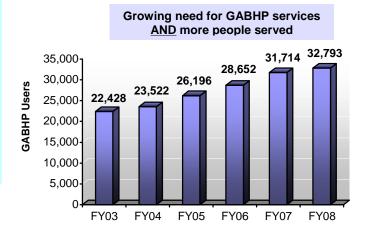
Connecticut Department of Mental Health & Addiction Services Thomas A. Kirk, Jr., Ph.D., Commissioner

Quality Healthcare: A Good Investment

Over the years, the DMHAS General Assistance Behavioral Healthcare Program (GABHP) has been highly effective in bringing value to CT taxpayers through quality care and improved outcomes. General Assistance recipients with serious mental health and substance use disorders are provided with a comprehensive array of services through GABHP including acute care (hospital), residential treatment and outpatient care. Advanced Behavioral Health, Inc. works in close partnership with DMHAS to implement innovative policies, programs and special initiatives for General Assistance recipients.

DMHAS GABHP Creates Greater Value For The Healthcare Dollar

- **★** 46% increase in people served FY03 FY08
- Outcomes are improving, especially for those with the greatest needs
- Average cost of care is decreasing (\$2,489 in FY03 compared to \$1,913 in FY08) with fewer dropouts from care
- Greater variety of recovery support services available for sustaining recovery



Improving the Quality of Care Reduces Overall Costs.

Without innovative GABHP strategies, there would have been an

ADDITIONAL \$65.5 M

claims costs over the last five years.

RESULTS?

Better outcomes and significant savings = VALUE FOR

EACH DOLLAR SPENT!

Estimated Annual Savings based on FY03 Avg. Cost/User



FY04 \$ 4.7 Million FY05 \$10.1 Million FY06 \$12.9 Million FY07 \$18.9 Million FY08 \$18.9 Million \$65.5 Million

HOW WERE THESE SAVINGS ACHIEVED?

(Click on links to more InfoBriefs)

Intensive Case Management (ICM)

- ICM Lowers Costs & Improves Outcomes
- ❖ ICM: Better Care Better Value

Access to Care

- Reducing Use of Emergency Rooms
- * Reducing Gridlock
- Discretionary Discharge Fund frees up beds

Housing

- Good Neighbors In Recovery
- Supportive Housing
- Stable Housing, Stable Lives

Employment

- Working Helps Recovery
- Supported Employment

Medication assisted therapy for substance use

- Effective Treatment for Heroin Addiction
- Quality Care for Improves Outcomes

Basic Needs & Recovery Supports

- ❖ Food, clothing & shelter
- Telephone Recovery Support
- ❖ Access to Recovery
- Individual Recovery Plans

For more information, please contact William.Halsey@po.state.ct.us
To view previous issues, visit http://www.ct.gov/dmhas/infobriefs.