

STATE OF CONNECTICUT

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

A Healthcare Service Agency

NED LAMONT GOVERNOR NANCY NAVARRETTA, MA, LPC, NCC ACTING COMMISSIONER

November 2021

Dear Providers,

Connecticut's Department of Mental Health and Addiction Services (DMHAS) is a health care agency and serves as the state mental health authority. DMHAS' mission is to promote the overall health and wellness of persons with behavioral health needs. To that end, DMHAS operates a number of facilities throughout the state, and funds numerous private agencies, all with the goal of providing mental health and substance use services.

DMHAS, as the state mental health authority, is tasked through legislative mandate, to collect data from all behavioral health providers in the state. This state statute CGS Sec.17a-451n requires DMHAS to collect certain information from agencies that "provide care or treatment for psychiatric disabilities or alcohol or drug abuse or dependence, whether or not such agencies are operated or funded by the state..."

The intent of this statute is for the state to have a complete dataset of all mental health and addiction services being provided throughout Connecticut. The data collected from providers serves to inform state legislation regarding policies, with the goal of working to improve health outcomes for the people of Connecticut.

Your agency has been identified as having one or more programs that hold a Substance Use license from the Department of Public Health and is not funded by DMHAS. In order to comply with state statute and to ensure comprehensive data collection, a representative from the DMHAS Evaluation, Quality Management and Improvement Department (EQMI) will be contacting you to schedule a time to meet. We will be reviewing the substance use programs you administer that are licensed by the Department of Public Health and therefore require data to be submitted to DMHAS.

It is important to note that the statute referenced above appoints DMHAS as the agency to collect both substance use and mental health data from providers. Due to the scope of this project, we are beginning by working with providers to collect substance use data. In the future, we will be connecting with providers on collecting mental health data.

In the meantime, please do not hesitate to reach out to the Director of EQMI, Michael Girlamo, if you have any questions (<u>michael.girlamo@ct.gov</u>).

We look forward to collaborating and advancing our shared mission of improving the overall health of Connecticut residents.

Thank you,

Nancy Navarretta, MA, LPC, NCC

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Acting Commissioner, Department of Mental Health and Addiction Services