

# Adult Behavioral Health Planning Council Meeting

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NOVEMBER 9, 2023

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# Agenda

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1. **Welcome and approval of minutes** – Angela Duhaime (Chair)
2. **Block Grant updates** – Kyle Barrette (DMHAS)
3. **Focusing on Civil and Human Rights within Mental Health** – Kathy Flaherty (CLRP)
4. **Co-Occurring disorders discussion** – Angela Duhaime (Chair)
5. **Co-occurring activities/services supported by block grants** – Kyle Barrette (DMHAS)
6. **DMHAS updates** - Various
7. **Meeting planning for 2024** – Angela Duhaime / Kyle Barrette
8. **Meeting adjournment** – Angela Duhaime (Chair)

# Block Grant updates

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Full biennial application completed September 1<sup>st</sup> 2023

- Approved 10/26/2023
- Final application available for public review  
<https://portal.ct.gov/DMHAS/Divisions/EQMI/Planning-Unit---Block-Grants>

## Block Grant budget

- FFY24 Block Grant allocations to states will not be finalized until HHS spending bill approved
- House bill includes flat funding, Senate bill includes small increase
- Block Grant allocation plan and application assume flat funding
- If funding is increased will review needs assessment/discuss with BHPC

# Block Grant updates

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## First-Episode Psychosis Initiative

- Regional Early Detection and Assessment Specialists (EDACs)
- Consultation service:  
<https://www.ctearlypsychosisnetwork.org/consultation-service.html>
- Early Psychosis information, training resources, resources for individuals/families:  
<https://www.ctearlypsychosisnetwork.org/>

## SAMHSA site visit

- MHBG PO will be visiting in Spring 2024

# Co-occurring activities supported by Block Grant

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Co-occurring training/consultation for state operated facilities

Co-occurring initiative/media campaign

Web-based training tools for CBT for Substance Use clinicians

Added substance use focused clinician to mobile crisis teams

Adding clinical supports within Women's Recovery Support programs

# DMHAS Updates

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# 2023 Meeting Planning

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Continue with current Meeting structure?

- Quarterly meetings
- 2 hours
- Web-based (MS Teams)

Suggestions for topics, focus areas, presentations etc.?

Primer on Block Grants?