



2024

ANNUAL STATISTICAL REPORT

PREPARED BY

Evaluation, Quality
Management, and
Improvement Division

portal.ct.gov/dmhas



Introduction

The Evaluation, Quality Management and Improvement (EQMI) Division at the Department of Mental Health and Addiction Services (DMHAS) is pleased to publish its eleventh Annual Statistical Report.

This report makes key information more accessible to departmental stakeholders and the public: it includes data on clients served, demographic characteristics, types of services provided, residential and inpatient bed utilization, and substance use trends.

It is important to note that this report covers Fiscal Year 2024 (July 1, 2023 – June 30, 2024).

This report utilizes data downloaded from DMHAS' Enterprise Data Warehouse on October 23, 2024.

Special thanks to all of the EQMI staff and University of Connecticut School of Social Work contractors who assisted with this report. Kristen Miller, Hsiu-Ju Lin, Jeff Johnson, and Ailan Jin compiled, tested, and analyzed the data. Kristen Miller developed this report.

Liz Feder, LMFT

Director, Evaluation, Quality Management and Improvement (EQMI)

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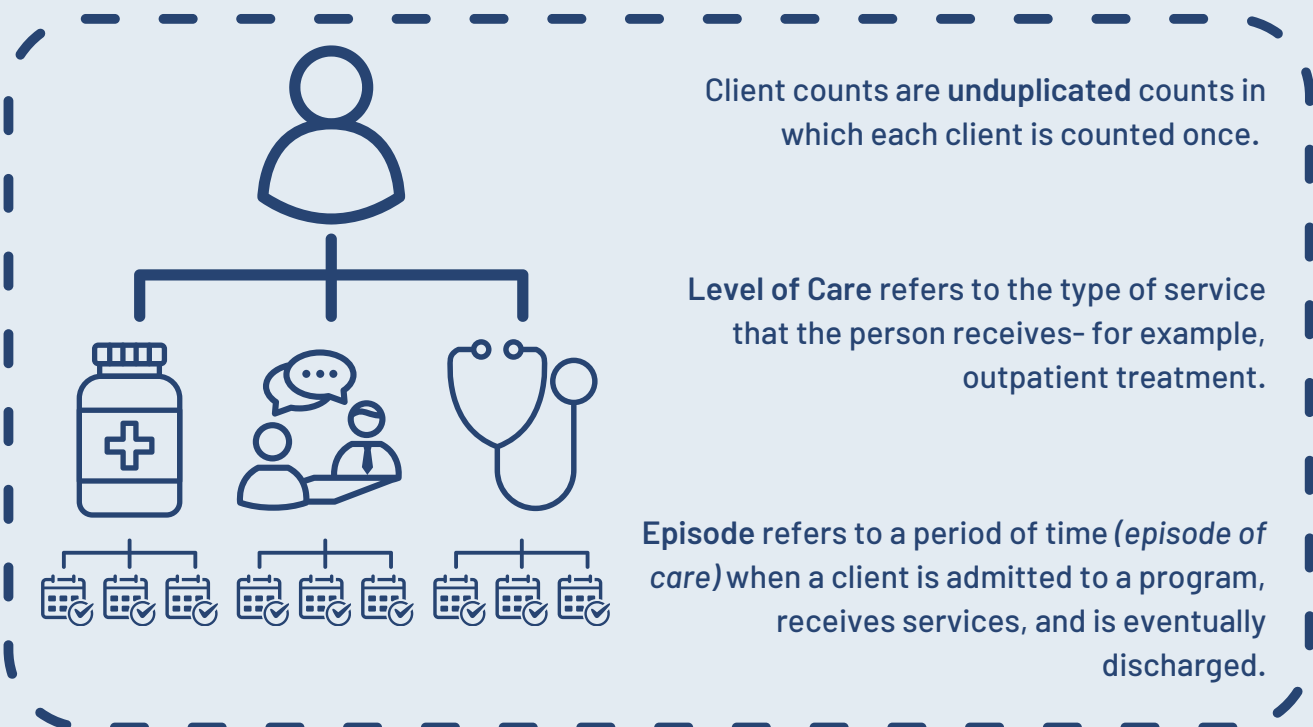
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About the Data in this Report

The numbers contained in this report are the official DMHAS data for State Fiscal Year 2024 (SFY24).

These data include clients served in DMHAS-funded or DMHAS-operated programs. The clients and the services are diverse, and the data are complex. This report will, at different times, reflect numbers that refer to different subgroups or events that are based on specific filtering of the data.

For instance, we frequently filter out programs that are not required to report treatment data when we present information from the Level of Care (LOC) perspective. We also distinguish between clients and episodes. This distinction is important.



Each client may have multiple episodes of care that occur within the fiscal year; thus, the client may be counted multiple times (i.e. duplicated) – once for each episode, if applicable.

Thus, admissions and discharges are reported as episode counts, as many clients have multiple episodes. In addition, a client may be admitted to/enrolled in several programs simultaneously; therefore, each admission will be included in the overall Admission count.

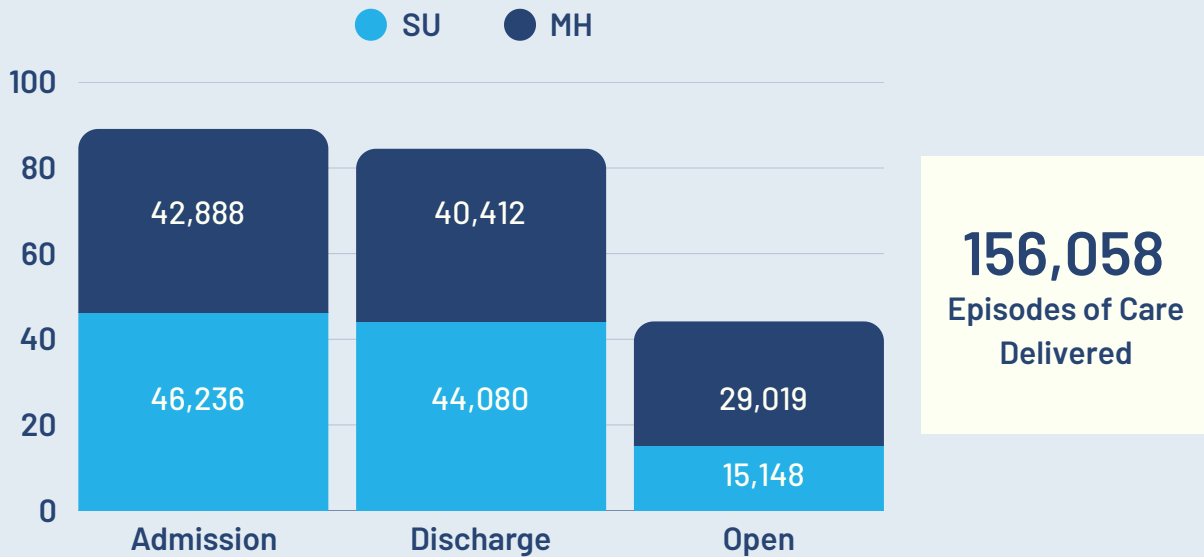
The data contained in this report were downloaded from DMHAS' Enterprise Data Warehouse (EDW) on October 23, 2024. The data warehouse is a dynamic system, so reports or other analyses performed on different dates may produce slightly different results. Several levels of care (LOCs) are not included in these analyses, including Pre-Admit, Recovery Support and Other. These LOCs may be included in EDW reports, thus resulting in potential discrepancies when comparing numbers. Finally, we do not include data that has been submitted to the agency from programs that are not funded by DMHAS Human Service Agreements.

DMHAS SFY24 Annual Statistical Data - Quick Facts

Program Type		Unduplicated Client Count		
Mental Health Programs		54,369		
Substance Use Programs		46,405		
Total Unduplicated Count		94,397		
Race		Unduplicated Client Count		%
White/Caucasian		54,936		58%
Black/African American		15,831		17%
Other		14,659		16%
Ethnicity		Unduplicated Client Count		%
Latino/Hispanic Ethnicity		20,176		21%
Gender		Unduplicated Client Count		%
Female		39,577		42%
Male		54,563		58%
Transgender/Other*		257		0.3%
Level of Care		Unduplicated Client Count		
MH Inpatient		1,022		
MH Residential		1,971		
MH Outpatient Levels of Care		53,727		
SU Inpatient Services (Withdrawal Management)		1,589		
SU Residential Rehab		8,807		
SU Outpatient Levels of Care		41,512		
Primary Substance at Admission - All SFY24 Admissions		N		%
Alcohol		15,683		44%
Heroin/Other Opioids		10,448		30%
Primary Substance at Admission - All SFY24 Active Clients		N		%
Alcohol		24,378		37%
Heroin/Other Opioids		22,658		35%
Cannabis (Marijuana/Hashish/THC)		7,724		12%
Diagnosis Categories		N		%
Serious Mental Illness (SMI) (includes PTSD)		51,172		58%
SU diagnosis		45,234		51%
Dual Diagnosis (SMI + SU)		24,982		28%

*Category includes responses of "Unknown"

SFY24 Episode Counts

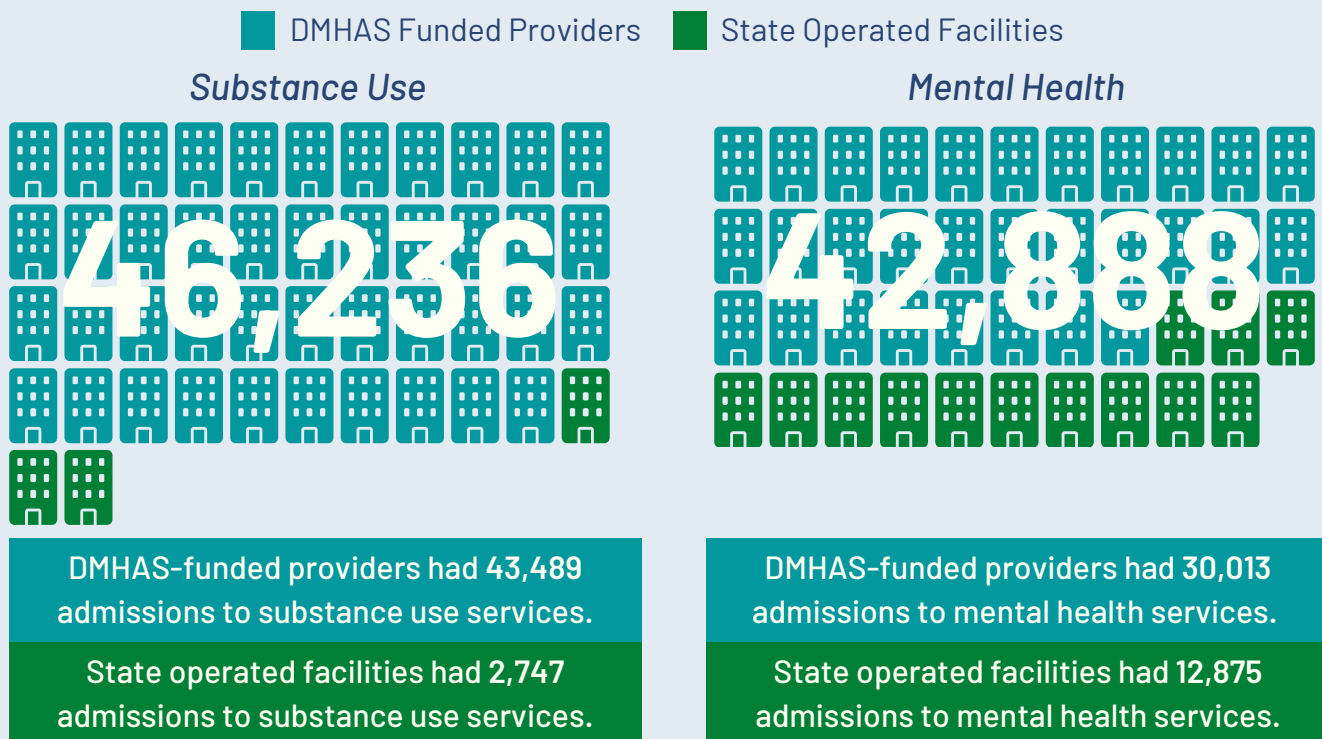


In SFY 2024, DMHAS-funded and DMHAS-operated programs had:

- 89,124 admissions
- 84,492 discharges

At year end, there were 44,167 open episodes. These are episodes with admissions before 7/1/23 and no discharges by 6/30/24.

Admissions by Type of Provider



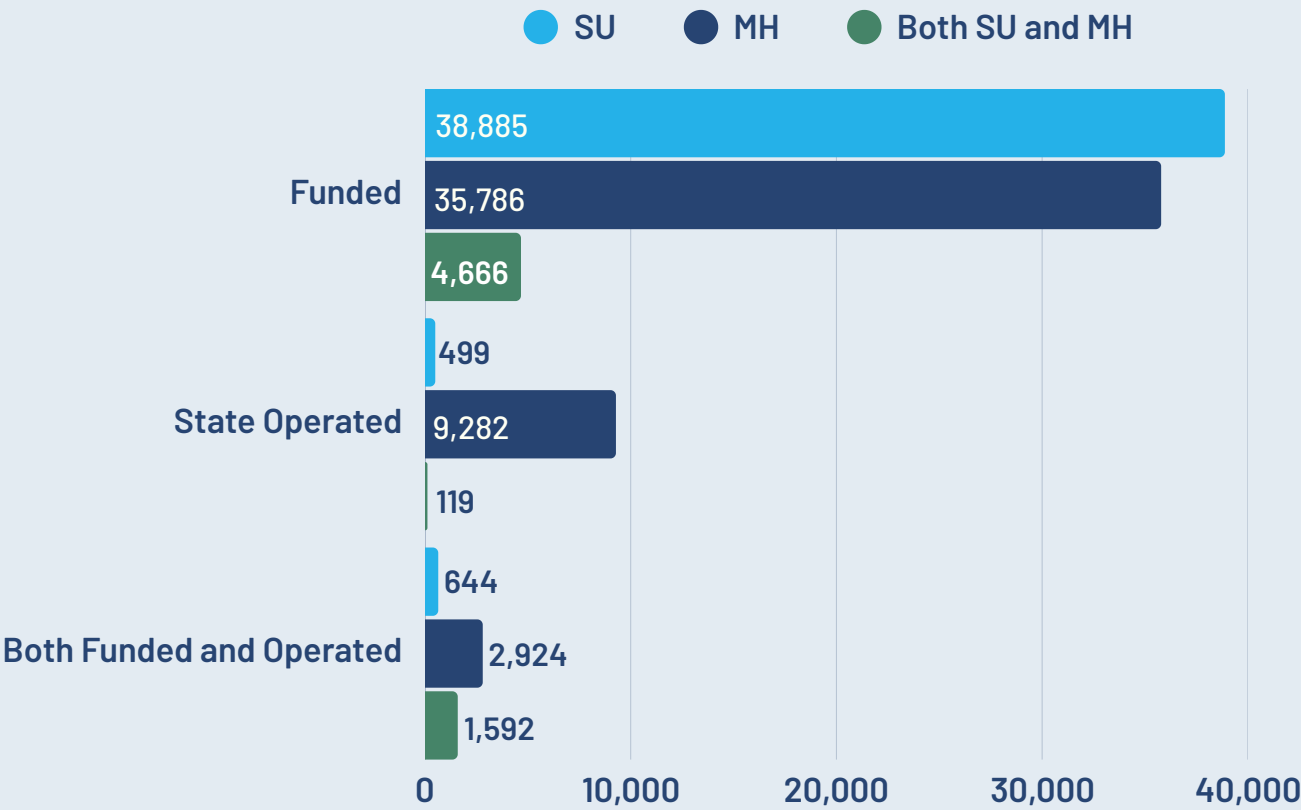
Number of Clients Served

94,397 individuals

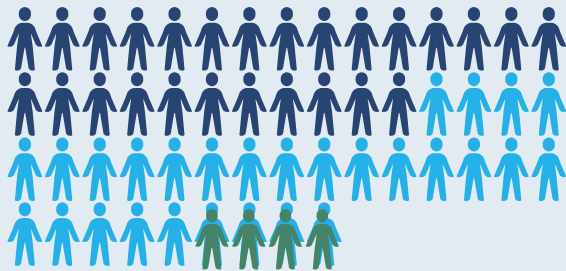


were served in SFY 2024 (July 1, 2023 - June 30, 2024).
This is slightly more than the population of Norwalk.

Most clients were served by DMHAS-funded providers. State operated facilities served about 10% of the total client population, largely providing mental health services.

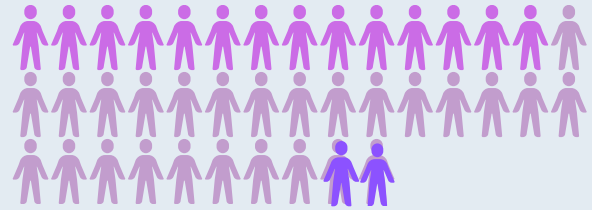


Gender



54,563 male clients

SU	26,256
MH	24,210
Both	4,097



39,577 female clients

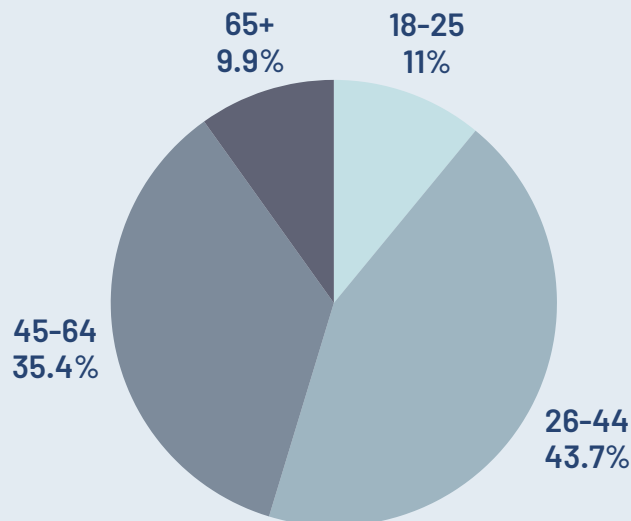
SU	13,691
MH	23,613
Both	2,273

257 transgender/other* clients

DMHAS is working to update and standardize the way in which gender related information is collected across DMHAS platforms. Note that there can be numerous factors as to why this category may be underrepresented, such as outdated data collection practices, underreporting due to stigma, etc.

*Responses of Unknown are included in this count

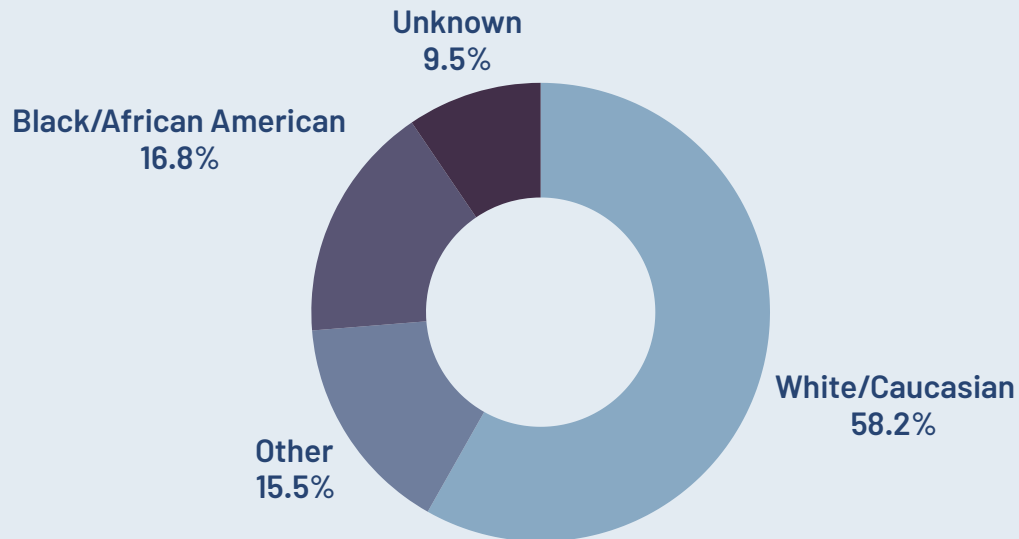
Age



During FY24, the mean client age was 44.1 (±15) years.

Clients in Substance Use programs tend to be somewhat younger (mean age: 42.0 years) while in Mental Health programs, they tend to be somewhat older (mean age: 45.8 years).

Race

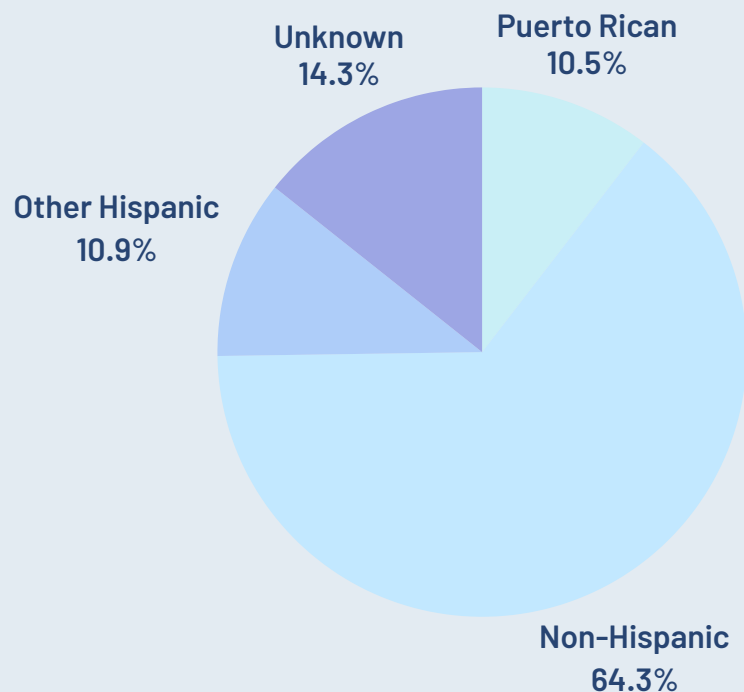


For this report, the "Other" category includes the following DMHAS race categories: Other, American Indian/Native Alaskan, Asian, Native Hawaiian/Other Pacific Islander, and Multi-Race. Many (but not all) people who indicate "Other" as their race identify as Hispanic or Latino origin. Detailed statistics may be found in the Appendix.

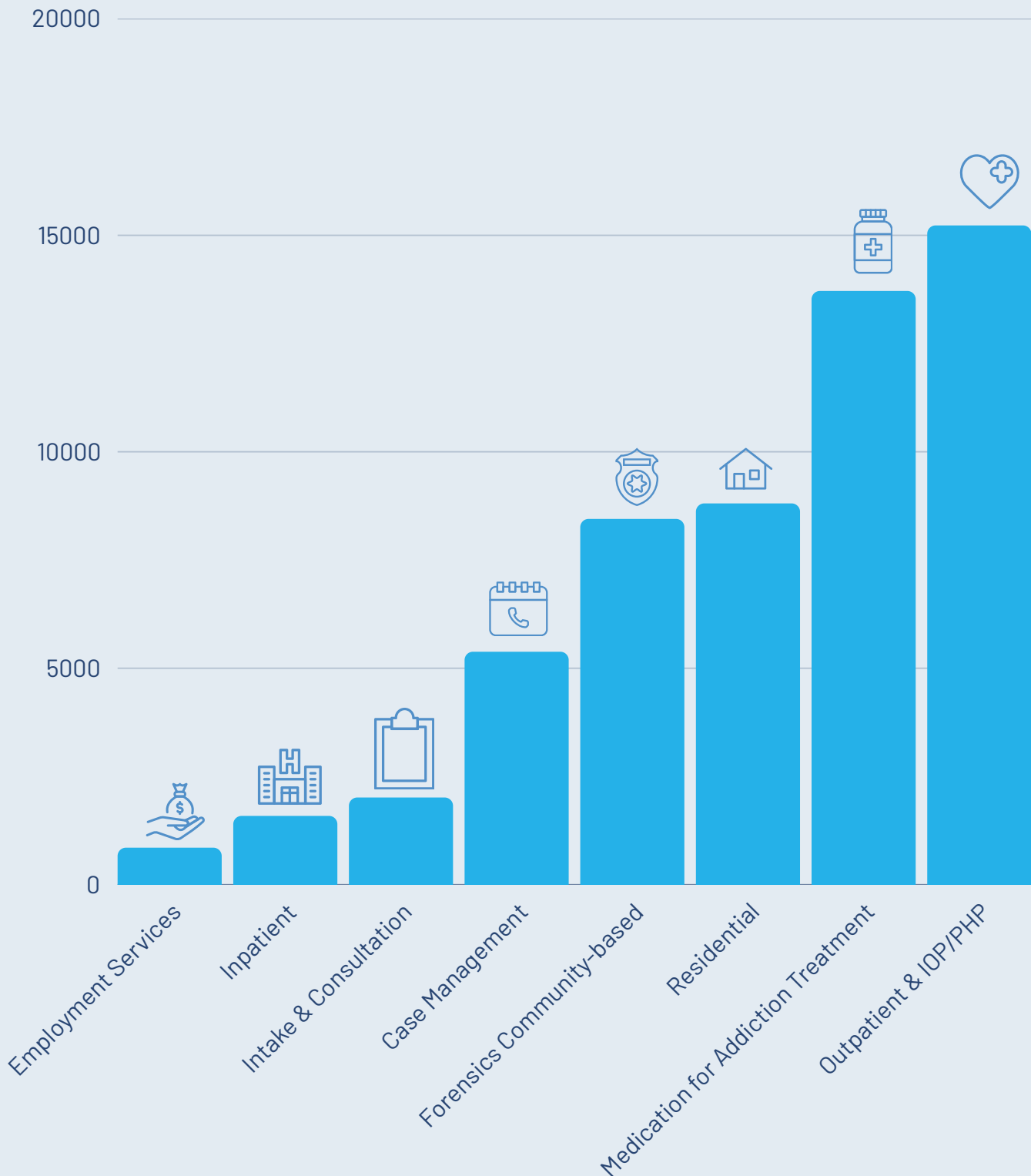
Ethnicity

In SFY24, the DMHAS population was 21% Hispanic/Latino origin.

While almost half (47%) of the Hispanic respondents are Puerto Rican, many have ties to Central and South America, Mexico, and Cuba.

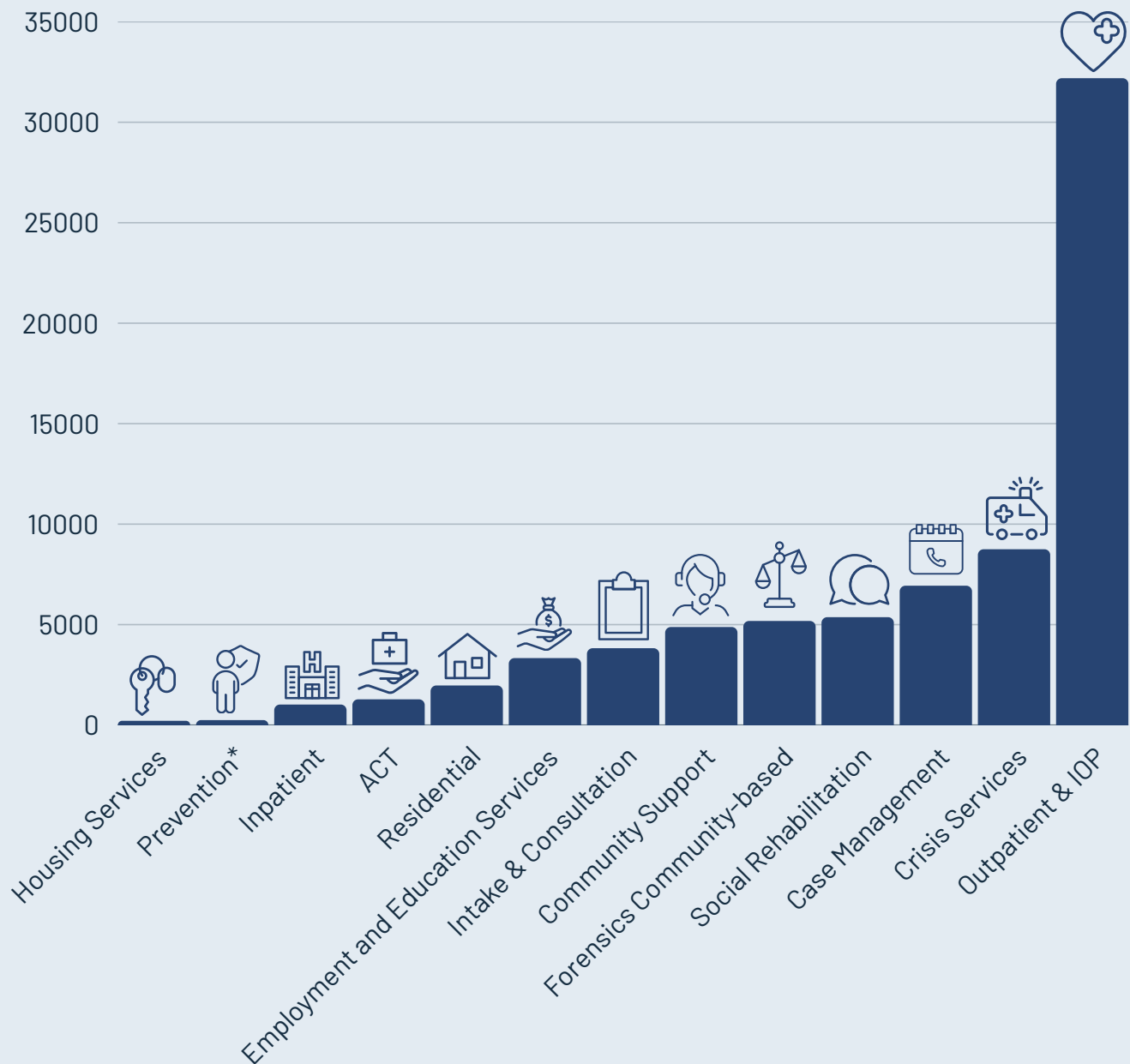


Substance Use Clients by Level of Care



This chart shows active client counts in addiction levels of care during SFY24. Some categories have been combined to enable easier rendering. Additionally, Case Management is found in both SU and Forensic SU services; those totals have been combined for this graph and thus that count may be slightly duplicated. Other categories represent unduplicated client counts. Detailed tables with active client, admission, and discharge counts may be found in the Appendix.

Mental Health Clients by Level of Care



This chart shows active client counts in mental health levels of care during SFY24. Some categories have been combined to enable easier rendering. Additionally, some levels of care that are shared between Mental Health and Forensic MH (namely, Inpatient, Residential, Crisis, Case Management, and Outpatient) may have slightly duplicated counts.

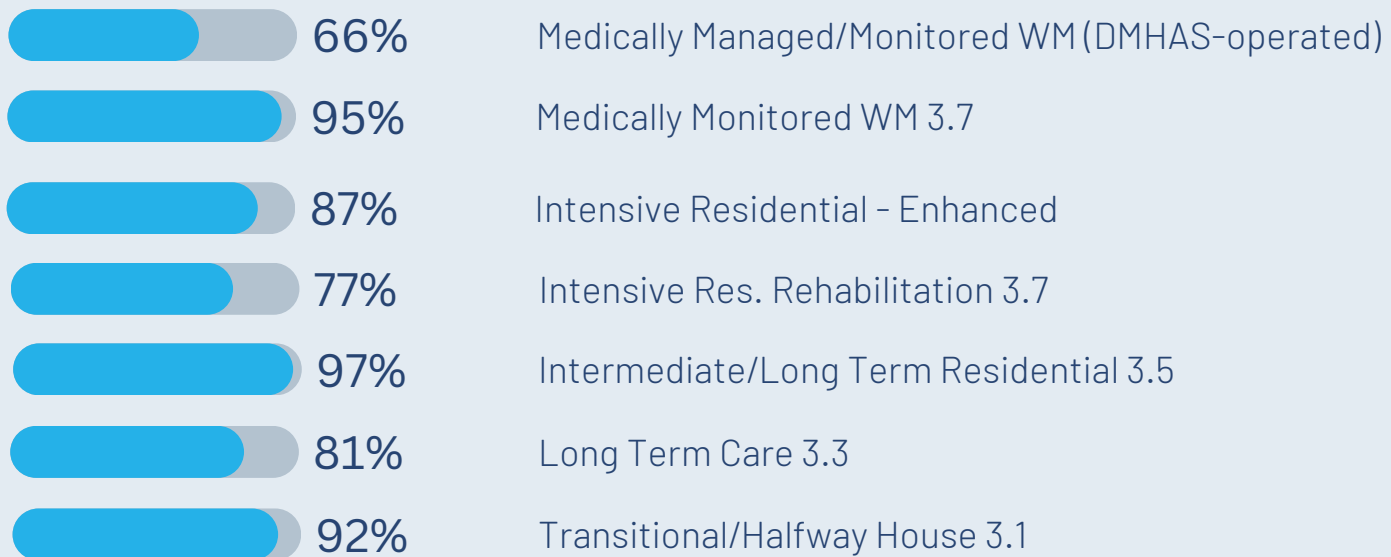
*The Prevention LOC in this report represents only two programs. Most Prevention programs collect service data outside of DMHAS-operated and DMHAS-funded systems. Thus, the Prevention data presented in this report does not represent complete statewide Prevention services.

Detailed tables with active client, admission, and discharge counts may be found in the appendix.

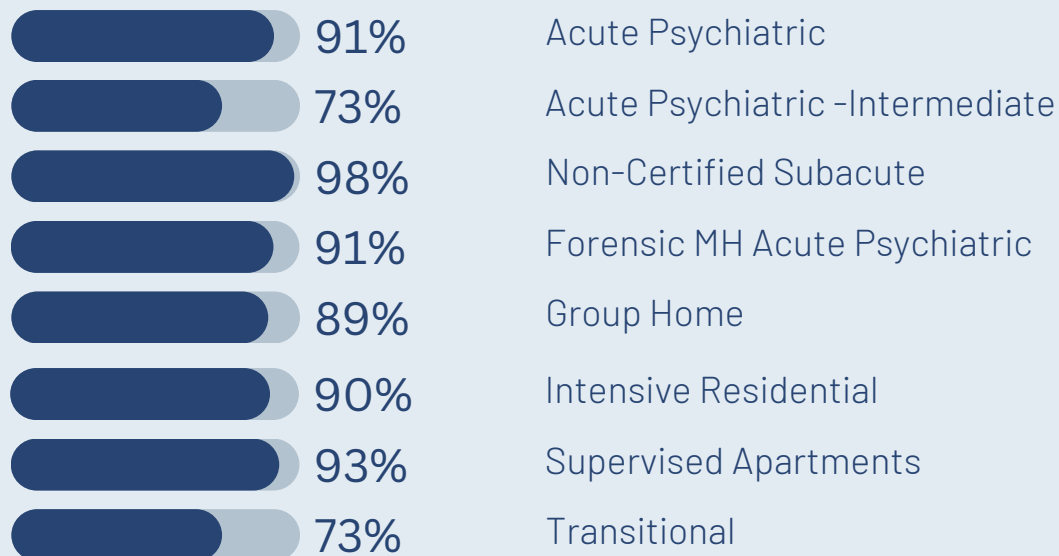
Bed Utilization

In this section, combined utilization for both DMHAS-funded and DMHAS-operated beds is reported. For additional detailed information, including regional information and Forensic Mental Health/Crisis utilization, please see the appendix of this report.

Substance Use Beds

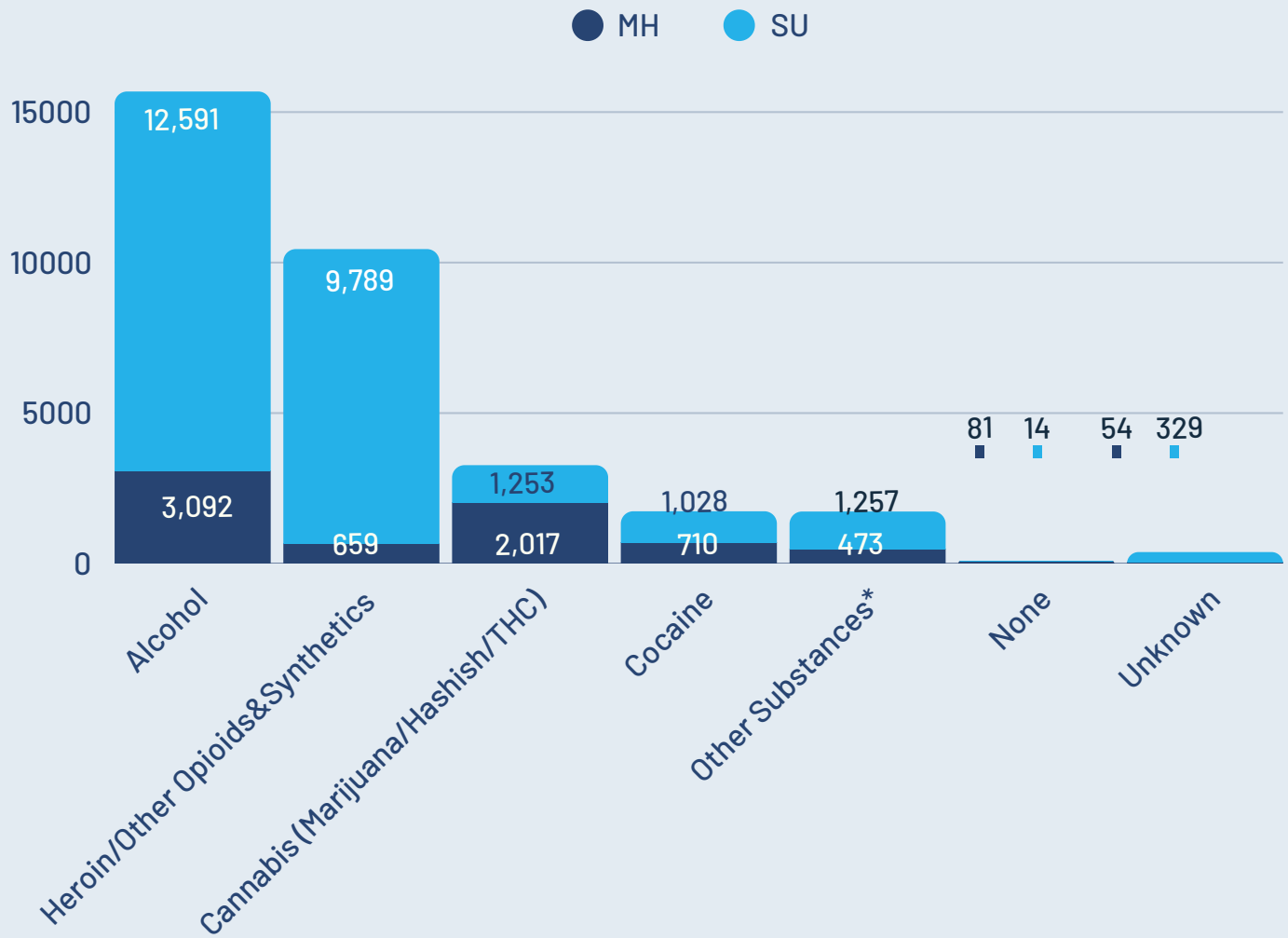


Mental Health Beds



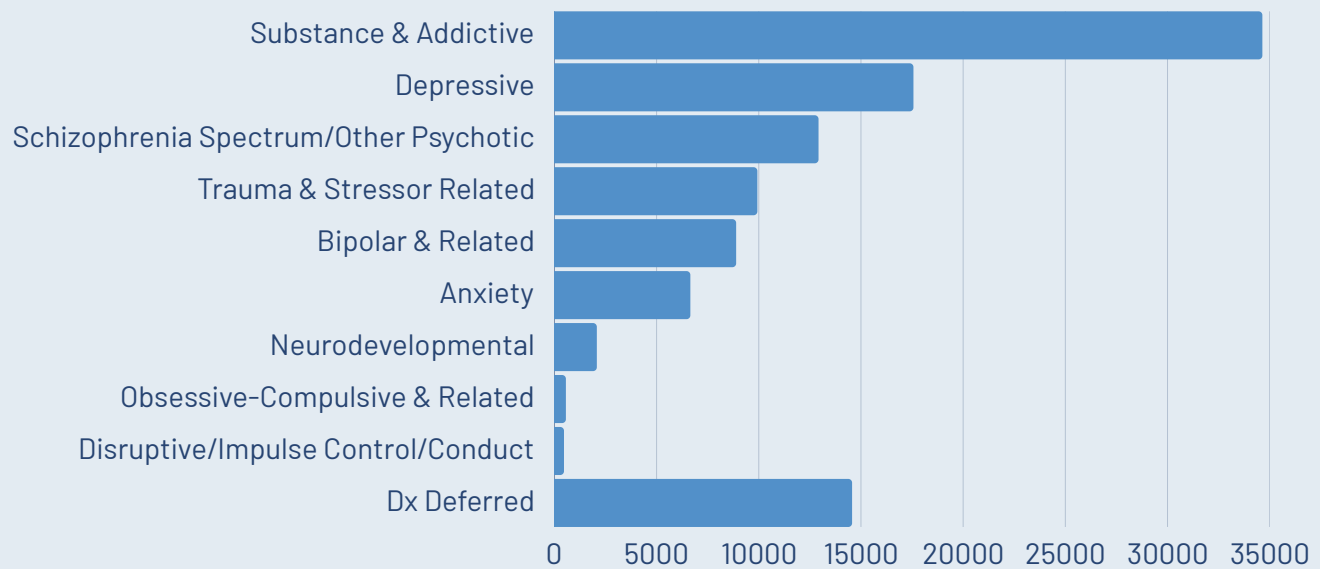
Primary Substance of Choice at Admission

Over 65,000 admission records contained information about substance(s) of choice; the primary substance frequencies are charted below. Alcohol was the most common primary substance of choice at admission in SFY24, as it has been since SFY21.



*This category includes benzodiazepines, PCP, amphetamines, hallucinogens, non-prescription methadone, other sedatives or hypnotics, barbiturates, inhalants, methamphetamines, other stimulants, tobacco, tranquilizers, and over the counter medications.

Diagnosis



Diagnosis data come from treatment related programs, and reflect the *most recent primary diagnosis* during the *most recent episode of care* that was open during the fiscal year.

"Primary diagnosis" refers to the most concerning problem for which a person seeks help.

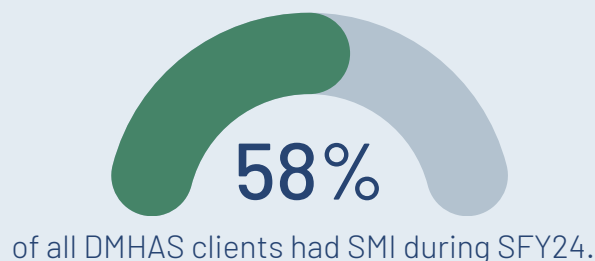
Note that clients may have more than one primary diagnosis, and many people have more than one diagnosis.

These values represent an unduplicated client count within each diagnostic category. The bar chart above represents over 99% of the diagnostic data; a detailed table may be found in the Appendix.

Serious Mental Illness (SMI) Prevalence

"Serious Mental Illness" refers to mental, behavioral, or emotional disorders that significantly interfere with one or more major life activities.*

More than half of all clients qualify for an SMI diagnosis.

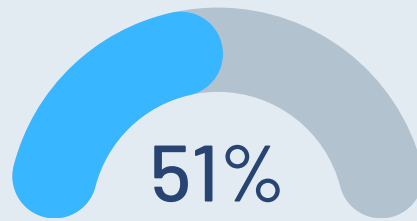


*National Institute of Mental Health (NIMH). 2022. Mental Illness. [online] Available at: <https://www.nimh.nih.gov/health/statistics/mental-illness> [Accessed 5 February 2025].

Substance Use and Co-Occurring Disorder Prevalence

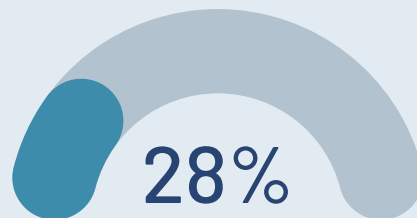
More than half of all clients served have a substance use disorder.

This statistic is based on both primary and non-primary diagnoses from the most recent treatment episode.



of DMHAS clients had a substance use/abuse disorder during SFY24.

"Co-Occurring Disorder" refers to the condition of having co-existing mental illness and substance use disorders.†

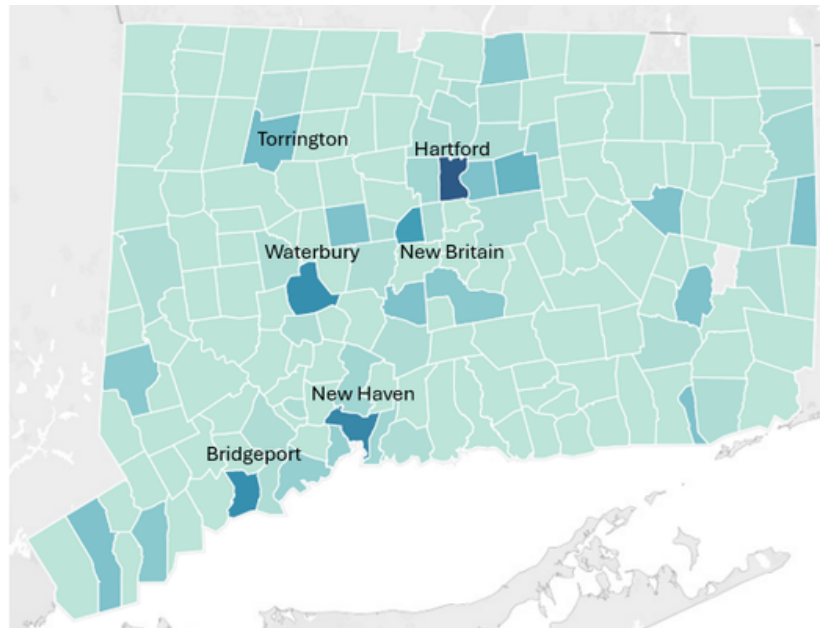


of DMHAS clients had a co-occurring disorder, defined as SMI plus a substance use/abuse diagnosis.

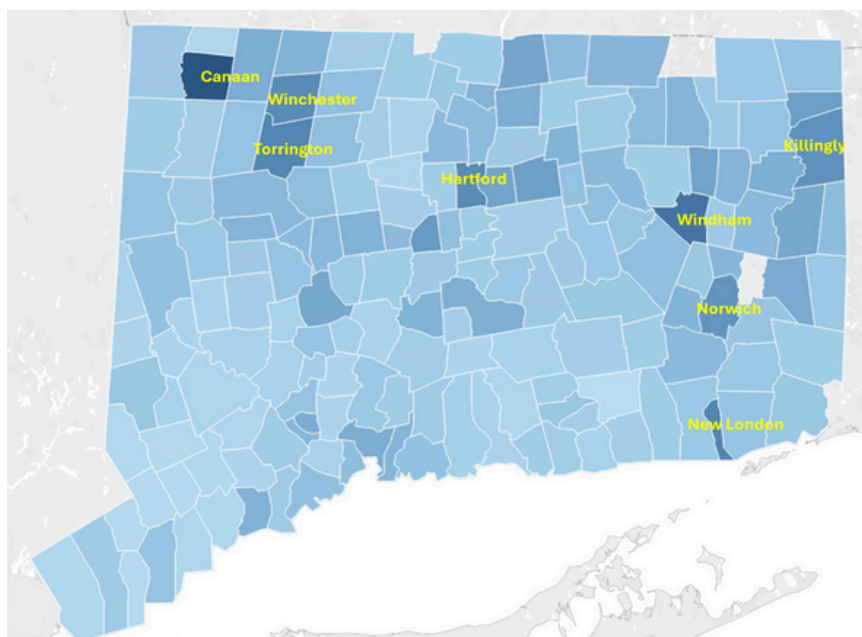
†Substance Abuse and Mental Health Services Administration (SAMHSA). 2022. [online] Available at: <https://www.samhsa.gov/medication-assisted-treatment/medications-counseling-related-conditions/co-occurring-disorders> [Accessed 5 February 2025].

DMHAS Clients Served by Town

Most DMHAS clients reside in urban areas. This map shows the DMHAS population by volume; higher counts are shown in darker shading.



DMHAS penetration rates were calculated as number of clients per 1,000 residents*. When mapped, this reveals a more complex picture. Note that two of the darkest towns - Canaan and Windham - are in rural areas. Clusters of towns appear - particularly in the eastern and western parts of the state where population density is lower.



* Population estimates taken from CT DPH, Annual Town and County Population for Connecticut, accessed April 2023.

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Episode Counts

Episode refers to a period of time (*episode of care*) when a client is admitted to a program, receives services, and is eventually discharged. A person can have more than one episode of care during the fiscal year.

Episode counts	SU	MH	Total
Admission	46,236	42,888	89,124
Discharge	44,080	40,412	84,492
Open*	15,148	29,019	44,167
Total	70,795	85,263	156,058

* Open indicates episode that started before or during FY24, but not yet discharged by 6/30/24

Unduplicated Client Counts

In the following tables, individuals are counted only once.

Unduplicated Clients	SU	MH	Both	Total
Admissions	23,182	23,834	3,878	50,894
Discharges	22,336	24,513	3,550	50,399
Open	14,121	22,904	648	37,673
Undup Clients	40,028	47,992	6,377	94,397

72% of all individuals receiving services had only one admission during FY24.

Program Type	N*
Substance Use Programs	46,405
Mental Health Programs	54,369
Total Unduplicated Count	94,397

* Each category includes people who were in both types of program; for example, for substance use:
 $40,028 + 6,377 = 46,405$

Race and Ethnicity

Detailed Race

Race	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
American Indian/ Native Alaskan*	189	0.5%	294	0.6%	39	0.6%	522	0.6%
Asian*	263	0.7%	647	1.3%	40	0.6%	950	1.0%
Black/African American	5,683	14.2%	8,866	18.5%	1,282	20.1%	15,831	16.8%
Native Hawaiian/ Other Pacific Islander*	73	0.2%	146	0.3%	18	0.3%	237	0.3%
White/Caucasian	23,611	59.0%	27,589	57.5%	3,736	58.6%	54,936	58.2%
Multi-race*	149	0.4%	383	0.8%	47	0.7%	579	0.6%
Missing/unknown	4,107	10.3%	4,544	9.5%	320	5.0%	8,971	9.5%
Other*	5,953	14.9%	5,523	11.5%	895	14.0%	12,371	13.1%
Total	40,028	100.0%	47,992	100.0%	6,377	100.0%	94,397	100.0%

*These categories are rolled up into "Other" in other sections of this report

Ethnicity	N	%
Latino/Hispanic Identity	20,176	21%

Detailed Ethnicity

Ethnicity	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
Hispanic-Cuban	86	0.2%	75	0.2%	11	0.2%	172	0.2%
Hispanic-Mexican	314	0.8%	316	0.7%	24	0.4%	654	0.7%
Hispanic-Other	4,017	10.0%	4,868	10.1%	596	9.3%	9,481	10.0%
Hispanic-Puerto Rican	4,788	12.0%	4,251	8.9%	830	13.0%	9,869	10.5%
Non-Hispanic	23,651	59.1%	32,679	68.1%	4,377	68.6%	60,707	64.3%
Unknown	7,172	17.9%	5,803	12.1%	539	8.5%	13,514	14.3%
Total	40,028	100.0%	47,992	100.0%	6,377	100.0%	94,397	100.0%

Detailed Age

Age	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
18-25	3,706	9.3%	6,128	12.8%	398	6.2%	10,232	10.8%
26-34	9,272	23.2%	8,374	17.4%	1,319	20.7%	18,965	20.1%
35-44	11,315	28.3%	8,708	18.1%	1,865	29.2%	21,888	23.2%
45-54	7,259	18.1%	7,739	16.1%	1,344	21.1%	16,342	17.3%
55-64	5,911	14.8%	9,677	20.2%	1,158	18.2%	16,746	17.7%
65+	2,134	5.3%	6,807	14.2%	287	4.5%	9,228	9.8%
Missing/unknown/errors	431	1.1%	559	1.2%	6	0.1%	996	1.1%
Total	40,028	100.0%	47,992	100.0%	6,377	100.0%	94,397	100.0%

Age Mean

Program Type	Mean (years)	N*	Std. Deviation
SU	42.0	39,597	13.1
MH	45.8	47,433	16.5
Both	43.5	6,371	12.4
Total	44.1	93,401	15.0

*N is slightly lower than unduplicated client counts due to missing DOB data.

Episode Counts by Provider Type (DMHAS-funded vs. DMHAS-operated)

Admissions

Funding source	SU	MH	Total
DMHAS-funded	43,489	30,013	73,502
DMHAS-operated	2,747	12,875	15,622
Total	46,236	42,888	89,124

Discharges

Funding source	SU	MH	Total
DMHAS-funded	41,336	27,599	68,935
DMHAS-operated	2,744	12,813	15,557
Total	44,080	40,412	84,492

Open

Funding source	SU	MH	Total
DMHAS-funded	15,090	22,498	37,588
DMHAS-operated	58	6,521	6,579
Total	15,148	29,019	44,167

* Open indicates episode that started before or during FY24, but not yet discharged by 6/30/24

Unduplicated Client Counts

Admitted during FY24

Funding source	SU	MH	Both	Total
DMHAS-funded	22,066	16,896	2,707	41,669
DMHAS-operated	494	6,067	119	6,680
Both	622	871	1,052	2,545
Total	23,182	23,834	3,878	50,894

Discharged during FY24

Funding source	SU	MH	Both	Total
DMHAS-funded	21,153	16,997	2,449	40,599
DMHAS-operated	582	6,561	88	7,231
Both	601	955	1,013	2,569
Total	22,336	24,513	3,550	50,399

Open/Active during FY24

Funding source	SU	MH	Both	Total
DMHAS-funded	14,073	17,626	563	32,262
DMHAS-operated	48	4,215	4	4,267
Both	-	1,063	81	1,144
Total	14,121	22,904	648	37,673

Total Unduplicated Clients

Funding source	SU	MH	Both	Total
DMHAS-funded	38,885	35,786	4,666	79,337
DMHAS-operated	499	9,282	119	9,900
Both	644	2,924	1,592	5,160
Total	40,028	47,992	6,377	94,397

Mental Health Inpatient and Residential Counts

Active Clients

Forensic MH

Active Clients	Total
Inpatient Services	471
Residential Services	47

Mental Health

Active Clients	Total
Inpatient Services	551
Residential Services	1,924

Total MH* Inpatient & Residential Active Clients **2,786**

Admissions

Forensic MH

Admissions	Total
Inpatient Services	263
Residential Services	31

Mental Health

Admissions	Total
Inpatient Services	286
Residential Services	666

Total MH* Inpatient & Residential Admissions **1,246**

Discharges

Forensic MH

Discharges	Total
Inpatient Services	252
Residential Services	31

Mental Health

Discharges	Total
Inpatient Services	284
Residential Services	654

Total MH* Inpatient & Residential Discharges **1,221**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Substance Use Inpatient and Residential Counts

Active Clients

Substance Use

Active Clients		Total
Inpatient Services		1,589
Residential Services		8,807

Total Substance Use* Inpatient & Residential Active Clients **9,696**

Admissions

Substance Use

Admissions		Total
Inpatient Services		2,617
Residential Services		16,297

Total Substance Use* Inpatient & Residential Admissions **18,914**

Discharges

Substance Use

Discharges		Total
Inpatient Services		2,610
Residential Services		16,174

Total Substance Use* Inpatient & Residential Discharges **18,784**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Mental Health Outpatient Levels of Care Counts

Active Clients

Forensic MH

Active Clients	Total
Case Management	46
Crisis Services	52
Forensics Community-based	5,181
Outpatient	265

Mental Health

Active Clients	Total
ACT	1,282
Case Management	6,893
Community Support	4,880
Consultation	575
Crisis Services	8,699
Education Support	236
Employment Services	3,098
Housing Services	213
Intake	3,251
IOP	195
Outpatient	31,732
Prevention	248
Social Rehabilitation	5,370

Total MH* Outpatient Levels of Care Active Clients **53,727**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Mental Health Outpatient Levels of Care Counts

Admissions

Forensic MH

Active Clients	Total
Case Management	30
Crisis Services	44
Forensics Community-based	4,137
Outpatient	95

Mental Health

Active Clients	Total
ACT	447
Case Management	3,107
Community Support	1,733
Consultation	284
Crisis Services	12,165
Education Support	113
Employment Services	1,596
Housing Services	86
Intake	3,348
IOP	183
Outpatient	12,774
Social Rehabilitation	1,500

Total MH* Outpatient Levels of Care Admissions **41,642**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Mental Health Outpatient Levels of Care Counts

Discharges

Forensic MH

Active Clients	Total
Case Management	23
Crisis Services	42
Forensics Community-based	4,169
Outpatient	112

Mental Health

Active Clients	Total
ACT	388
Case Management	3,040
Community Support	1,521
Consultation	250
Crisis Services	11,922
Education Support	89
Employment Services	1,437
Housing Services	215
Intake	3,368
IOP	176
Outpatient	11,102
Prevention	23
Social Rehabilitation	1,314

Total MH* Outpatient Levels of Care Discharges **39,191**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Substance Use Outpatient Levels of Care Counts

Active Clients

Forensic SU

Active Clients	Total
Case Management	481
Forensics Community-based	8,449

Substance Use

Active Clients	Total
Case Management	4,900
Consultation	-
Employment Services	855
Intake	2,014
IOP	687
Medication Assisted Treatment	13,714
Outpatient	14,473
PHP	68

Total Substance Use* Outpatient Levels of Care Active Clients **41,512**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Substance Use Outpatient Levels of Care Counts

Admissions

Forensic SU

Active Clients		Total
Case Management		446
Forensics Community-based		6,127

Substance Use

Active Clients		Total
Case Management		2,646
Employment Services		548
Intake		2,878
IOP		664
Medication Assisted Treatment		5,468
Outpatient		8,314
PHP		60

Total Substance Use* Outpatient Levels of Care Admissions **27,151**

Discharges

Forensic SU

Active Clients		Total
Case Management		405
Forensics Community-based		5,769

Substance Use

Active Clients		Total
Case Management		2,702
Consultation		-
Employment Services		599
Intake		2,878
IOP		571
Medication Assisted Treatment		5,765
Outpatient		6,380
PHP		54

Total Substance Use Outpatient Levels of Care Discharges **25,123**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Primary Substance - Admissions - Substance Use

This table specifically addresses clients who were admitted to substance use treatment programs during FY24. The substance information was taken from the admission assessment.

Primary Substance	# Admissions		%
Alcohol	12,591		44.5%
Amphetamines	66		0.2%
Barbiturates	11		0.0%
Benzodiazepines	552		1.9%
Cocaine/Crack	3,805		10.9%
Hallucinogens: LSD, DMS, STP, etc	59		0.2%
Heroin	4,717		16.7%
Inhalants	12		0.0%
Cannabis (Marijuana, Hashish, THC)	1,253		4.4%
Methamphetamines	58		0.2%
Non-Prescriptive Methadone	26		0.1%
None	14		0.0%
Other	137		0.5%
Other Opiates and Synthetics	5,072		17.9%
Other Sedatives or Hypnotics	51		0.2%
Other Stimulants	25		0.1%
Over-the-Counter	3		0.0%
PCP	228		0.8%
Tobacco	28		0.1%
Tranquilizers	1		0.0%
Unknown	329		1.2%
Total	28,318		100.0%

Primary Substance - Admissions - Mental Health

This table specifically addresses clients who were admitted to mental health treatment programs during FY24. The substance information was taken from the admission assessment.

Primary Substance	# Admissions	%
Alcohol	3,092	43.6%
Amphetamines	29	0.4%
Barbiturates	2	0.0%
Benzodiazepines	67	0.9%
Cocaine/Crack	710	10.0%
Hallucinogens: LSD, DMS, STP, etc	30	0.4%
Heroin	302	4.3%
Inhalants	7	0.1%
Cannabis (Marijuana, Hashish, THC)	2,017	28.5%
Methamphetamines	22	0.3%
Non-Prescriptive Methadone	3	0.0%
None	81	1.1%
Other	30	0.4%
Other Opiates and Synthetics	357	5.0%
Other Sedatives or Hypnotics	8	0.1%
Other Stimulants	26	0.4%
Over-the-Counter	10	0.1%
PCP	63	0.9%
Tobacco	176	2.5%
Tranquilizers	-	0.0%
Unknown	54	0.8%
Total	7,086	100.0%

Primary Substance - Admissions - Total (All Program Types)

This table specifically addresses clients who were admitted to treatment programs (substance use and/or mental health) during FY24. The substance information was taken from the admission assessment.

Primary Substance	# Admissions		%
Alcohol	15,683		44.3%
Amphetamines	95		0.3%
Barbiturates	13		0.0%
Benzodiazepines	619		1.7%
Cocaine/Crack	3,795		10.7%
Hallucinogens: LSD, DMS, STP, etc	89		0.3%
Heroin	5,019		14.2%
Inhalants	19		0.1%
Cannabis (Marijuana, Hashish, THC)	3,270		9.2%
Methamphetamines	80		0.2%
Non-Prescriptive Methadone	29		0.1%
None	95		0.3%
Other	167		0.5%
Other Opiates and Synthetics	5,429		15.3%
Other Sedatives or Hypnotics	59		0.2%
Other Stimulants	51		0.1%
Over-the-Counter	13		0.0%
PCP	291		0.8%
Tobacco	204		0.6%
Tranquilizers	1		0.0%
Unknown	383		1.1%
Total	35,404		100.0%

Primary Substance - Active Clients - Substance Use

This table summarizes clients (by episode) who were **active** in substance use treatment programs during FY24. The Substance information was taken from the **most recent** record update within the episode.

Primary Substance	# Episodes		%
Alcohol	15,247		33.8%
Amphetamines	95		0.2%
Barbiturates	15		0.0%
Benzodiazepines	626		1.4%
Cocaine/Crack	3,927		8.7%
Hallucinogens: LSD, DMS, STP, etc	118		0.3%
Heroin	12,987		28.8%
Inhalants	24		0.1%
Cannabis (Marijuana, Hashish, THC)	2,424		5.4%
Methamphetamines	74		0.2%
Non-Prescriptive Methadone	73		0.2%
None	134		0.3%
Other	186		0.4%
Other Opiates and Synthetics	8,019		17.8%
Other Sedatives or Hypnotics	69		0.2%
Other Stimulants	37		0.1%
Over-the-Counter	8		0.0%
PCP	304		0.7%
Tobacco	49		0.1%
Tranquilizers	1		0.0%
Unknown	716		1.6%
Total	45,133		100.0%

Primary Substance - Active Clients - Mental Health

This table summarizes clients (by episode) who were active in mental health treatment programs during FY24. The substance information was taken from the **most recent** record update within the episode.

Primary Substance	# Episodes		%
Alcohol	9,131		44.8%
Amphetamines	81		0.4%
Barbiturates	18		0.1%
Benzodiazepines	154		0.8%
Cocaine/Crack	1874		9.2%
Hallucinogens: LSD, DMS, STP, etc	83		0.4%
Heroin	877		4.3%
Inhalants	21		0.1%
Cannabis (Marijuana, Hashish, THC)	5,300		26.0%
Methamphetamines	63		0.3%
Non-Prescriptive Methadone	12		0.1%
None	430		2.1%
Other	134		0.7%
Other Opiates and Synthetics	775		3.8%
Other Sedatives or Hypnotics	25		0.1%
Other Stimulants	62		0.3%
Over-the-Counter	57		0.3%
PCP	139		0.7%
Tobacco	667		3.3%
Tranquilizers	7		0.0%
Unknown	447		2.2%
Total	20,366		100.0%

Primary Substance - Active Clients - Total (All Program Types)

This table summarizes clients (by episode) who were active in treatment programs (substance use and/or mental health) during FY24. The substance information was taken from the **most recent** record update within the episode.

Primary Substance	# Episodes		%
Alcohol	24,378		37.2%
Amphetamines	176		0.3%
Barbiturates	33		0.1%
Benzodiazepines	780		1.2%
Cocaine/Crack	5,801		8.9%
Hallucinogens: LSD, DMS, STP, etc	201		0.3%
Heroin	13,864		21.2%
Inhalants	45		0.1%
Cannabis (Marijuana, Hashish, THC)	7,724		11.8%
Methamphetamines	137		0.2%
Non-Prescriptive Methadone	85		0.1%
None	564		0.9%
Other	320		0.5%
Other Opiates and Synthetics	8,794		13.4%
Other Sedatives or Hypnotics	94		0.1%
Other Stimulants	99		0.2%
Over-the-Counter	65		0.1%
PCP	443		0.7%
Tobacco	716		1.1%
Tranquilizers	8		0.0%
Unknown	1,163		1.8%
Total	65,499		100.0%

Primary Diagnosis for Clients in Treatment Related Programs

This table summarizes the primary diagnosis for clients who were active in treatment programs (substance use and/or mental health) during FY24. These counts are on the individual client level.

Rank	Diagnosis	Frequency	%
1	Substance-Related and Addictive Disorders	34,641	31.4%
2	Depressive Disorders	17,568	15.9%
3	Diagnosis Deferred On This Axis	14,566	13.2%
4	Schizophrenia Spectrum and Other Psychotic Disorders	12,924	11.7%
5	Trauma- and Stressor-Related Disorders	9,931	9.0%
6	Bipolar and Related Disorders	8,893	8.1%
7	Anxiety Disorders	6,652	6.0%
8	Neurodevelopmental Disorders	2,076	1.9%
9	Obsessive-Compulsive and Related Disorders	562	0.5%
10	Other Conditions That May Be a Focus of Clinical Attention	512	0.5%
11	Personality Disorders	507	0.5%
12	Other Mental Disorders	492	0.4%
13	Disruptive, Impulse-Control, and Conduct Disorders	469	0.4%
14	Neurocognitive Disorders	201	0.2%
15	Somatic Symptom and Related Disorders	63	0.1%
	Total	110,057	99.8%

Client Counts by Town: Andover - Columbia

Town of Client's Domicile	Total
Andover	76
Ansonia	732
Ashford	133
Avon	127
Barkhamsted	87
Beacon Falls	72
Berlin	310
Bethany	36
Bethel	198
Bethlehem	52
Bloomfield	583
Bolton	107
Bozrah	78
Branford	640
Bridgeport	4,993
Bridgewater	12
Bristol	2,080
Brookfield	147
Brooklyn	315
Burlington	136
Canaan	120
Canterbury	142
Canton	123
Chaplin	96
Cheshire	239
Chester	48
Clinton	184
Colchester	281
Colebrook	44
Columbia	99

Client Counts by Town: Cornwall – Guilford

Town of Client's Domicile	Total
Cornwall	19
Coventry	327
Cromwell	200
Danbury	1,559
Darien	71
Deep River	80
Derby	360
Durham	51
East Granby	94
East Haddam	100
East Hampton	203
East Hartford	2,235
East Haven	833
East Lyme	253
East Windsor	422
Eastford	27
Easton	34
Ellington	233
Enfield	1,752
Essex	77
Fairfield	373
Farmington	302
Franklin	34
Glastonbury	393
Goshen	71
Granby	154
Greenwich	350
Griswold	453
Groton	756
Guilford	231

Client Counts by Town: Haddam - New Canaan

Town of Client's Domicile	Total
Haddam	84
Hamden	1,024
Hampton	55
Hartford	7,727
Hartland	24
Harwinton	141
Hebron	148
Kent	61
Killingly	1,068
Killingworth	41
Lebanon	163
Ledyard	271
Lisbon	237
Litchfield	--
Lyme	152
Madison	2,840
Manchester	344
Mansfield	94
Marlborough	1,969
Meriden	77
Middlebury	50
Middlefield	1,692
Middletown	1,207
Milford	112
Monroe	492
Montville	72
Morris	678
Naugatuck	3,928
New Britain	73
New Canaan	76

Client Counts by Town: New Fairfield - Roxbury

Town of Client's Domicile	Total
New Fairfield	97
New Hartford	165
New Haven	5,113
New London	1,934
New Milford	634
Newington	729
Newtown	208
Norfolk	60
North Branford	193
North Canaan	18
North Haven	340
North Stonington	68
Norwalk	1,892
Norwich	2,301
Old Lyme	94
Old Saybrook	102
Orange	123
Oxford	123
Plainfield	642
Plainville	484
Plymouth	331
Pomfret	91
Portland	160
Preston	92
Prospect	101
Putnam	458
Redding	36
Ridgefield	93
Rocky Hill	274
Roxbury	17

Client Counts by Town: Salem - Waterbury

Town of Client's Domicile	Total
Salem	60
Salisbury	68
Scotland	24
Seymour	339
Sharon	36
Shelton	578
Sherman	31
Simsbury	209
Somers	279
South Windsor	419
Southbury	172
Southington	619
Sprague	89
Stafford	354
Stamford	1,959
Sterling	95
Stonington	333
Stratford	767
Suffield	207
Thomaston	203
Thompson	200
Tolland	211
Torrington	2,460
Trumbull	254
Vernon	995
Voluntown	46
Wallingford	567
Warren	22
Washington	61
Waterbury	4,844

Client Counts by Town: Waterford - Woodstock

Town of Client's Domicile	Total
Waterford	341
Watertown	437
West Hartford	849
West Haven	1,371
Westbrook	86
Weston	31
Westport	175
Wethersfield	376
Willington	147
Wilton	61
Winchester	657
Windham	1,987
Windsor	768
Windsor Locks	398
Wolcott	242
Woodbridge	62
Woodbury	110
Woodstock	139
Unknown	3,523
Total	94,397

*Towns with 10 or fewer clients have the total number suppressed (--)

Bed Capacity and Utilization

Substance Use Beds	Bed Capacity	State Avg. Utilization
Medically Managed/Monitored WM (DMHAS-operated)	41	66%
Medically Monitored WM 3.7	125	95%
Intensive Residential - Enhanced	56	87%
Intensive Res. Rehabilitation 3.7	253	77%
Intermediate/Long Term Res.Tx 3.5	427	97%
Long Term Care 3.3	24	81%
Transitional/Halfway House 3.1	73	92%

Mental Health Beds	Bed Capacity	State Avg. Utilization
Acute Psychiatric	301	99%
Acute Psychiatric - Intermediate	3	73%
Non-Certified Subacute	16	98%
Forensic MH Acute Psychiatric	229	91%
Group Home	161	89%
Intensive Residential	245	90%
Supervised Apartments	676	93%
Transitional	37	73%

Bed Capacity and Utilization by Region – Substance Use

Medically Managed /Monitored WM (DMHAS- operated)

Data Type	1	2	3	4	5	State
Bed Capacity		41				41
Utilization Rate		66%				66%

Medically Monitored WM 3.7

Data Type	1	2	3	4	5	State
Bed Capacity	24	43	20	24	14	125
Utilization Rate	411%	78%	87%	85%	84%	95%

Intensive Residential – Enhanced

Data Type	1	2	3	4	5	State
Bed Capacity	20		16		20	56
Utilization Rate	88%		74%		97%	87%

Intensive Res. Rehabilitation 3.7

Data Type	1	2	3	4	5	State
Bed Capacity	25	145		43	40	253
Utilization Rate	91%	69%		100%	67%	77%

Intermediate/Long Term Res.Tx 3.5

Data Type	1	2	3	4	5	State
Bed Capacity	63	114	118	35	97	427
Utilization Rate	108%	93%	87%	82%	116%	97%

Long Term Care 3.3

Data Type	1	2	3	4	5	State
Bed Capacity					24	24
Utilization Rate					81%	81%

Transitional/Halfway House 3.1

Data Type	1	2	3	4	5	State
Bed Capacity	6		34	20	13	73
Utilization Rate	45%		95%	95%	99%	92%

Bed Capacity and Utilization by Region - Mental Health

Forensic MH - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	6	8		1	4	19
Utilization Rate	64%	46%		34%	30%	47%

Forensic MH - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity		229				229
Utilization Rate		91%				91%

Forensic MH - Residential

MH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity		6		3		9
Utilization Rate		78%		90%		82%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity		9	1			10
Utilization Rate		71%	80%			72%

Mental Health - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	10	42		20	26	98
Utilization Rate	87%	68%		62%	83%	71%

Mental Health - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity	62	239				301
Utilization Rate	99%	98%				99%

Acute Psychiatric - Intermediate

Data Type	1	2	3	4	5	State
Bed Capacity			3			3
Utilization Rate			73%			73%

* One program closed during the FY and this rate is likely inaccurate due to lack of information from the provider.

Non-Certified Subacute

Data Type	1	2	3	4	5	State
Bed Capacity				16		16
Utilization Rate				98%		98%

Bed Capacity and Utilization by Region – Mental Health, continued

Mental Health – Residential

Group Home

Data Type	1	2	3	4	5	State
Bed Capacity	28	55	14	34	30	161
Utilization Rate	87%	96%	54%	91%	92%	89%

MH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity	8	67	6	140	24	245
Utilization Rate	93%	85%	83%	93%	82%	90%

Residential Support

Data Type	1	2	3	4	5	State
Bed Capacity	61	41	4	12	145	263
Utilization Rate	61%	69%	80%	88%	72%	70%

Sub-Acute

Data Type	1	2	3	4	5	State
Bed Capacity			15			15
Utilization Rate			81%			81%

Supervised Apartments

Data Type	1	2	3	4	5	State
Bed Capacity	107	154	126	149	140	676
Utilization Rate	98%	94%	94%	93%	89%	93%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity	13		10		14	37
Utilization Rate	70%		56%		89%	73%