



2021

ANNUAL STATISTICAL REPORT

PREPARED BY

Evaluation, Quality
Management, and
Improvement Division

portal.ct.gov/dmhas



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Introduction

The Evaluation, Quality Management and Improvement (EQMI) Division at the Department of Mental Health and Addiction Services (DMHAS) is pleased to publish its fifth Annual Statistical Report.

This report makes key information more accessible to departmental stakeholders and the public: it includes data on clients served, demographic characteristics, types of services provided, residential and inpatient utilization, and substance use trends.

It is important to note that this report covers Fiscal Year 2021 (July 1, 2020 – June 30, 2021) and therefore the COVID-19 pandemic covers the entire fiscal year.

Providers began making adjustments to their service delivery in March and April 2020, thus, by the start of this reporting period, these pandemic-related business adjustments were in place. Largely, outpatient and community-based services were able to continue due to transitioning to telehealth service delivery platforms. Many congregate care settings needed to reduce their allowable capacities in order to observe social distancing in patient care areas. Impacts related to the pandemic will be noted and discussed as the data are presented.

To develop this report, we used data taken from DMHAS' Enterprise Data Warehouse on September 29, 2021.

Special thanks to all of the EQMI staff and University of Connecticut School of Social Work contractors who assisted with this report. Karin Haberlin coordinated the development of the report, while Kristen Miller, Hsiu-Ju Lin, Jeff Johnson, and Xiulan Wu compiled, tested, and analyzed the data. Kristen Miller developed the preliminary content of this report and Karin Haberlin created the design and layout in Canva.

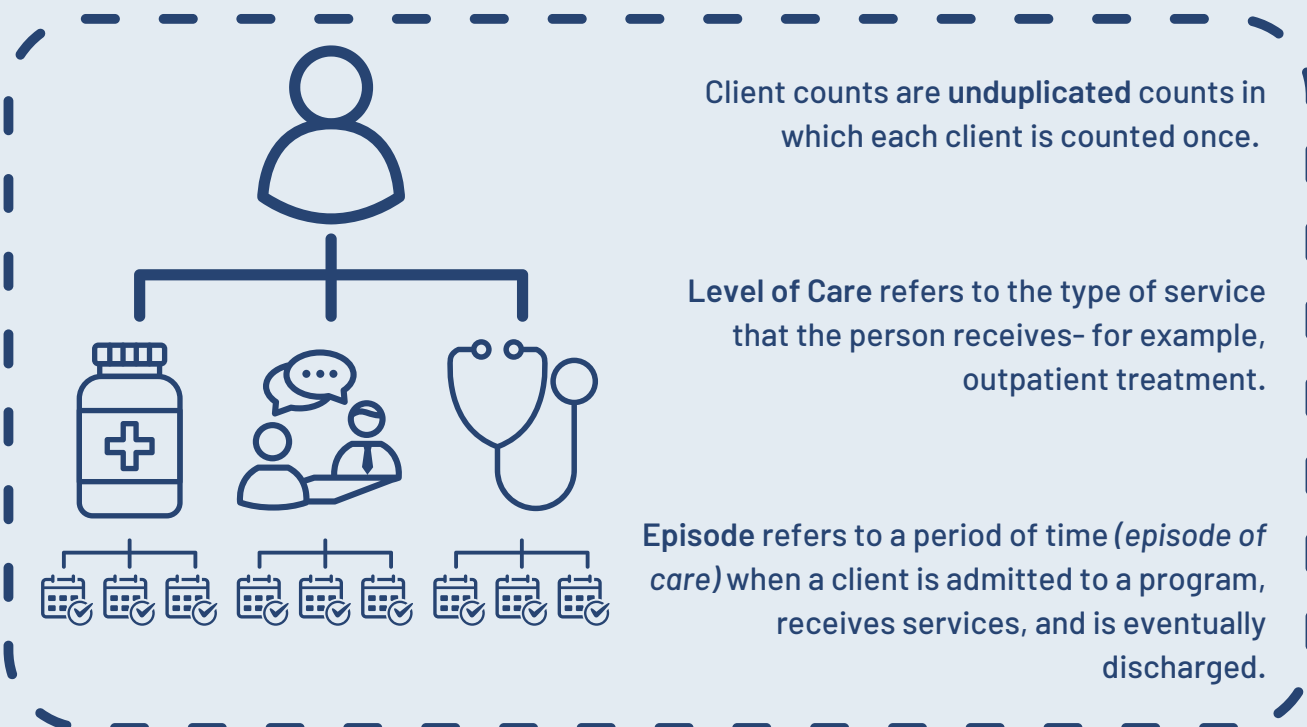
Michael Giralmo, LCSW
Director, Evaluation, Quality Management and Improvement (EQMI)

About the Data in this Report

The numbers contained in this report are the official DMHAS data for State Fiscal Year 2021 (SFY21).

These data include clients served in DMHAS funded or DMHAS operated programs. The clients and the services are diverse, and the data are complex. This report will, at different times, reflect numbers that refer to different subgroups or events that are based on specific filtering of the data.

For instance, we frequently filter out programs that are not required to report treatment data when we present information from the Level of Care (LOC) perspective. We also distinguish between clients and episodes. This distinction is important.



Each client may have multiple episodes of care that occur within the fiscal year; thus, the client may be counted multiple times – once for each episode, if applicable.

Thus, Admissions and Discharges are reported as episode counts, as many clients have multiple episodes. In addition, a client may be admitted to/enrolled in several programs simultaneously; therefore, each admission will be included in the overall Admission count.

The data contained in this report were taken from DMHAS' Enterprise Data Warehouse (EDW) on September 29, 2021. The data warehouse is a dynamic system, so reports or other analyses performed on different dates may produce slightly different results. Several levels of care (LOCs) are not included in these analyses, including Pre-Admit, Recovery Support and Other.

These LOCs may be included in EDW reports, thus resulting in potential discrepancies when comparing numbers. Finally, we do not include data that has been submitted to the agency from programs that are not funded by DMHAS Human Service Agreements.

DMHAS SFY21 Annual Statistical Data - Quick Facts

Program Type		Unduplicated Client Count	
Mental Health Programs			51,358
Substance Abuse Programs			43,242
Total Unduplicated Count			89,043

Race	Unduplicated Client Count	%	
White/Caucasian	54,242		61%
Black/African American	14,213		16%
Other	20,588		23%

Ethnicity	Unduplicated Client Count	%	
Latino/Hispanic Ethnicity	18,376		21%

Gender	Unduplicated Client Count	%	
Male	50,562		57%
Female	38,349		43%
Transgender	21		0%
Unknown	111		0.1%

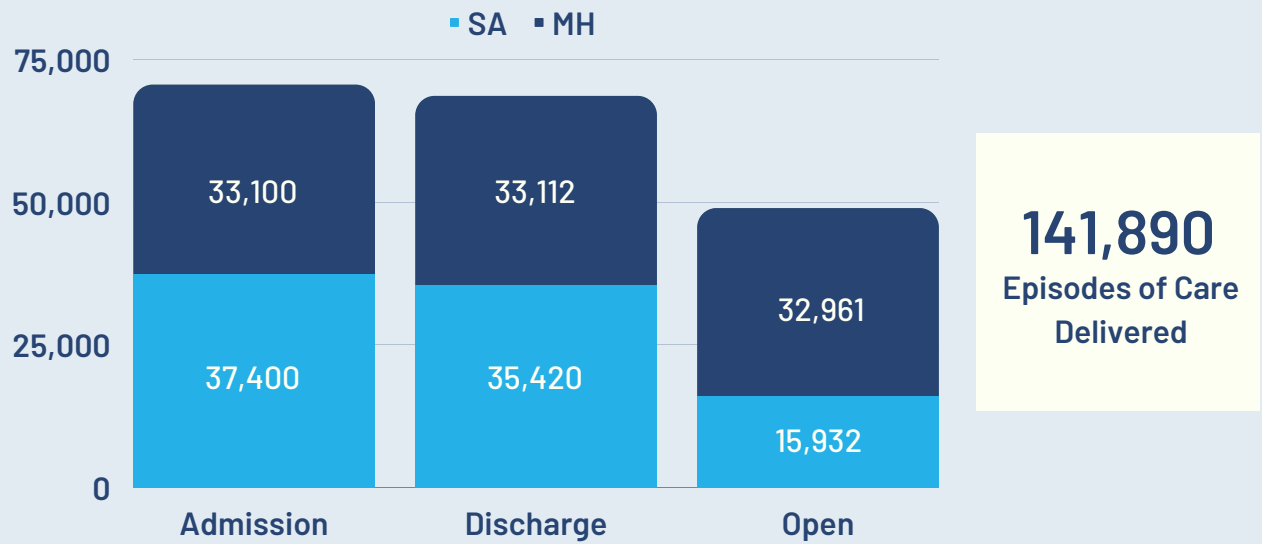
Level of Care	Unduplicated Client Count	
MH Inpatient		853
MH Residential		1,950
MH Outpatient Levels of Care		30,287
SA Inpatient (Detox)		556
SA Residential Rehab		7,835
SA Outpatient Levels of Care		14,930

Primary Drug - All SFY21 Active	N	%	
Alcohol	25,619		34%
Heroin/Other Opioids	27,136		36%
Cannabis (Marijuana/Hashish/THC)	10,435		14%

Primary Drug at Admission - All SFY21 Admissions	N	%	
Alcohol	12,335		38%
Heroin/Other Opioids	11,837		36%

Major Diagnosis Categories	N	%	
Serious Mental Illness (SMI)(includes PTSD)	41,973		64%
SA diagnosis	42,171		65%
Dual Diagnosis (SMI + SA)	21,466		33%

SFY21 Episode Counts



In SFY 2021, DMHAS funded and operated programs made:

- 70,500 admissions
- 68,532 discharges

At year end, there were 48,893 open episodes. These are episodes with admissions before 7/1/20 and no discharges by 6/30/21.

Admissions by Type of Provider

DMHAS Funded Providers (Teal) | State Operated Facilities (Green)

Substance Abuse



DMHAS-funded providers made 36,445 admissions to substance abuse services.

State operated facilities made 955 admissions to substance abuse services.

Mental Health

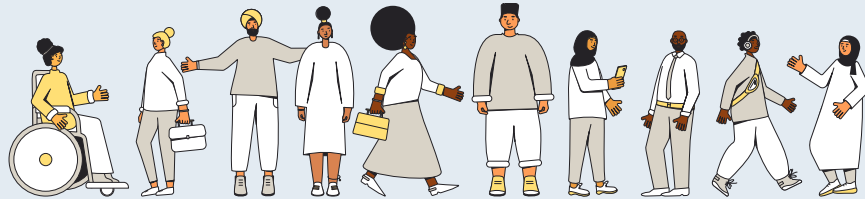


DMHAS-funded providers made 23,287 admissions to mental health services.

State operated facilities made 9,813 admissions to mental health services.

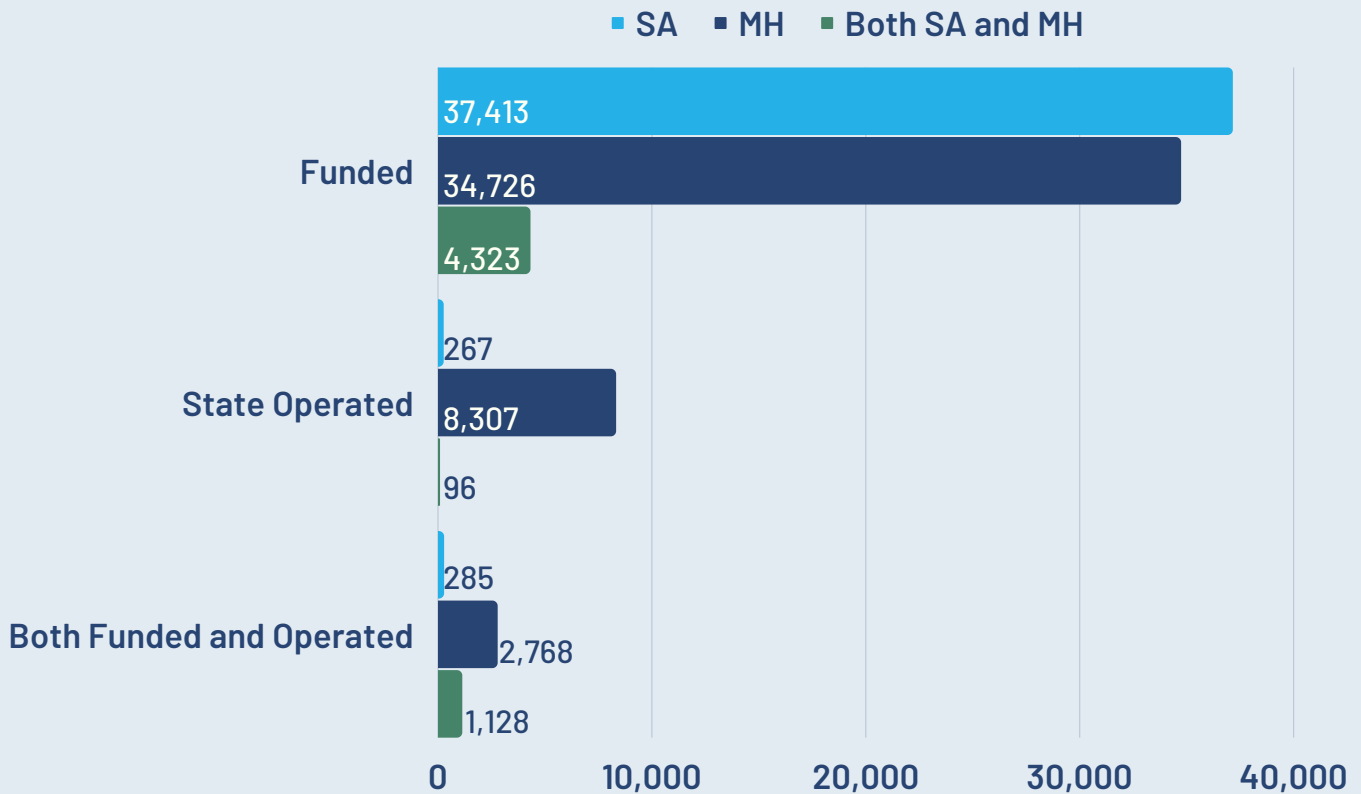
Number of Clients Served

89,043 individuals

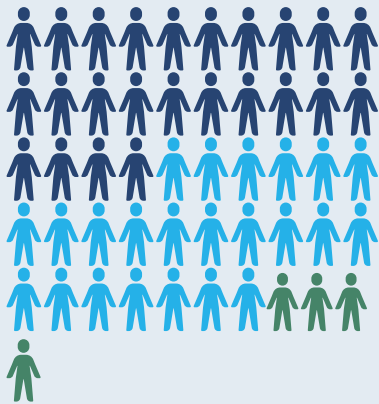


were served in SFY 2021 (July 2, 2020 - June 30, 2021).
This is approximately equivalent to the population of Norwalk.

Most clients were served by DMHAS-funded providers. State operated facilities served about 14% of the total client population, largely providing mental health services.

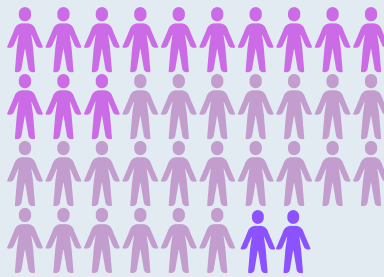


Gender



50,562 male clients

SA	24,173
MH	22,966
Both	3,423



38,349 female clients

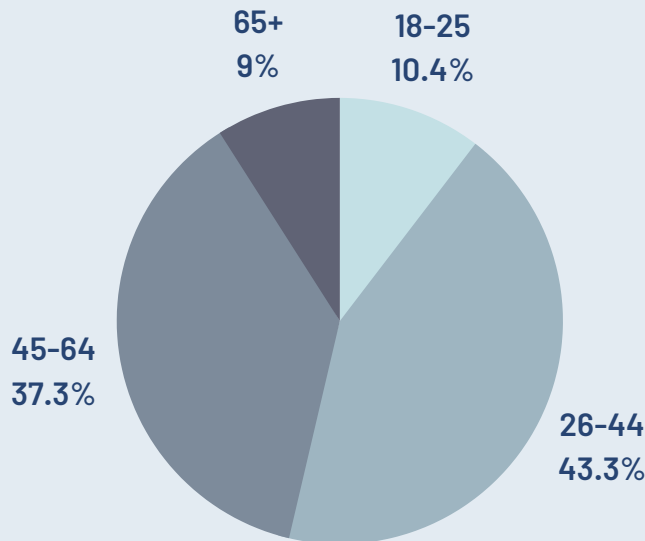
SA	13,457
MH	22,759
Both	2,123



21 transgender clients

There are likely many more. DMHAS is working to collect more accurate demographic data.

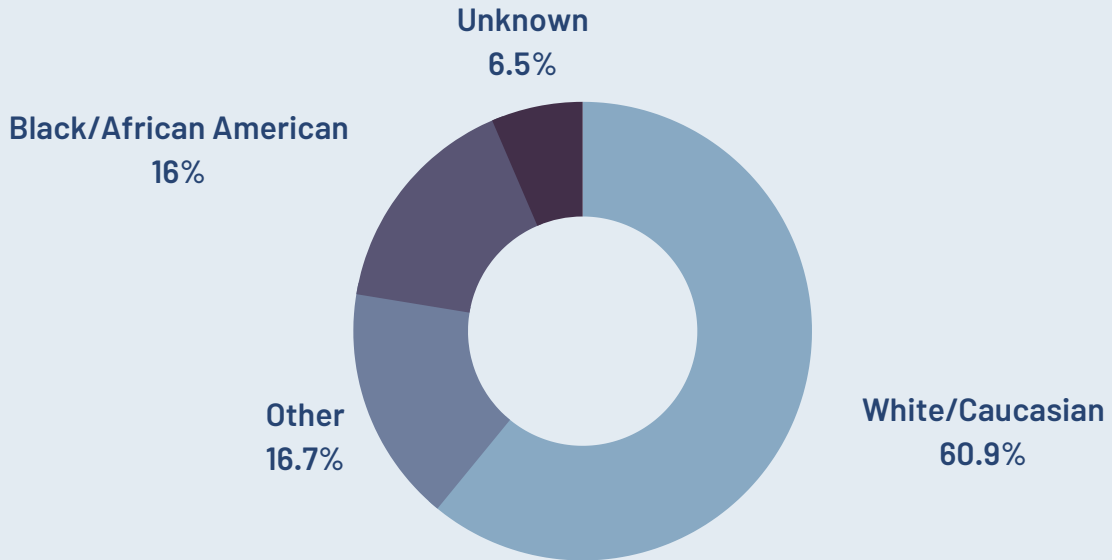
Age



During FY21, the mean client age was 44.1.

Clients in SA programs tend to be somewhat younger (mean age: 41.2) and in MH programs, they tend to be somewhat older (mean age: 46.6).

Race



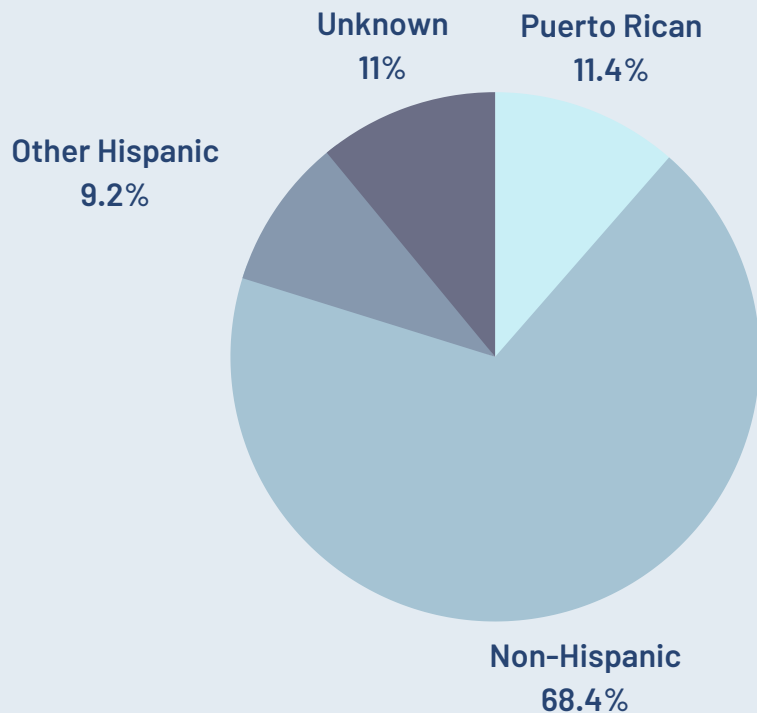
Nearly one-third (32.7%) of DMHAS clients are Black, Indigenous, and people of color (BIPOC).

For this report, the "Other" category includes the following DMHAS race categories: Other, American Indian/Native Alaskan, Asian, Native Hawaiian/Other Pacific Islander, and Multi-Race. We find that many (but not all) people who indicate "Other" as their race identify as Hispanic or Latino origin. Detailed statistics may be found in the Appendix.

Ethnicity

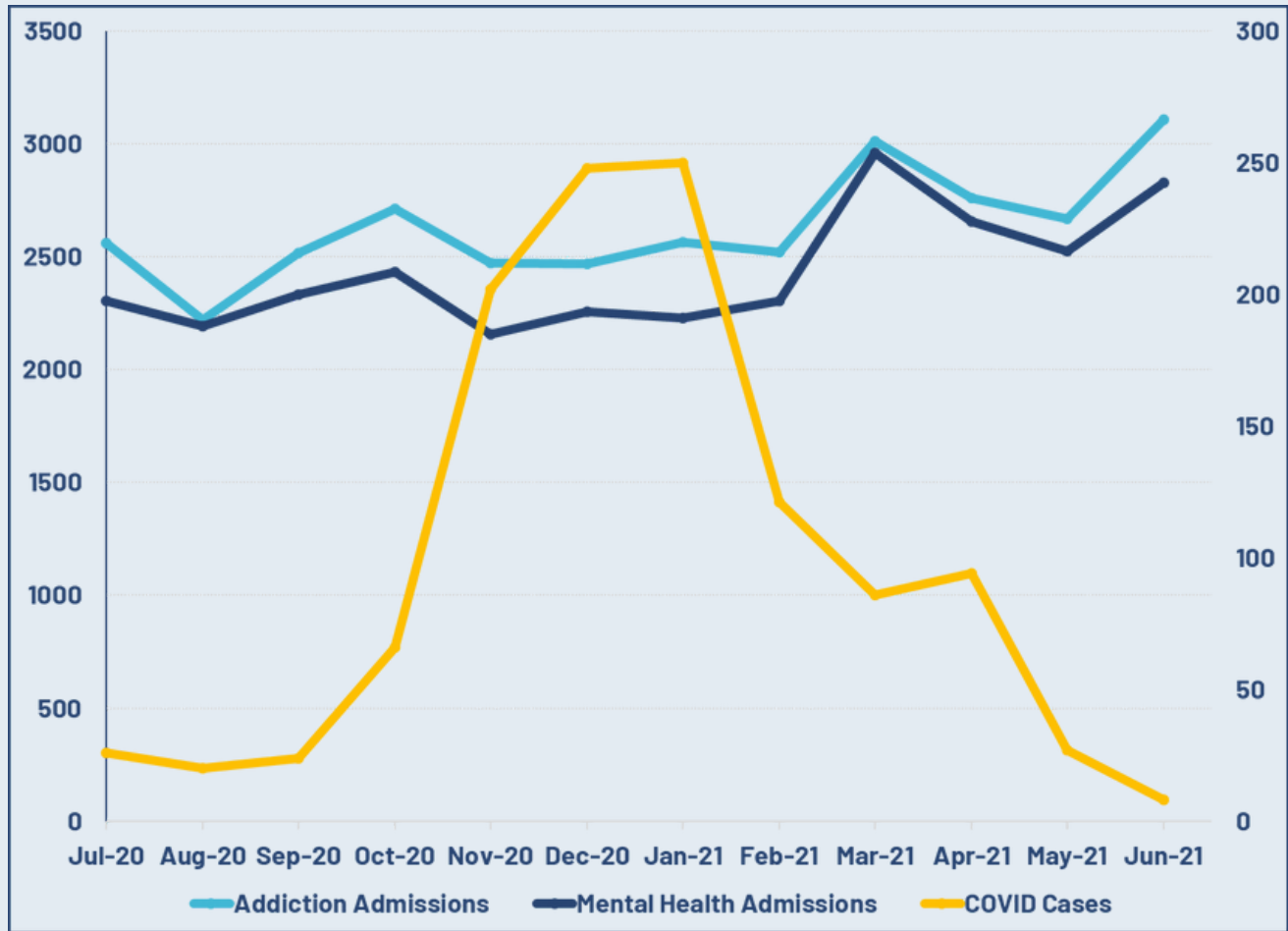
In SFY21, the DMHAS population was 20.6% Hispanic/Latino origin.

While more than half are Puerto Rican, many have ties to Central and South America, Mexico, and Cuba.



COVID-19 and DMHAS Operations

Admissions vs. COVID Critical Incident Cases, SFY21

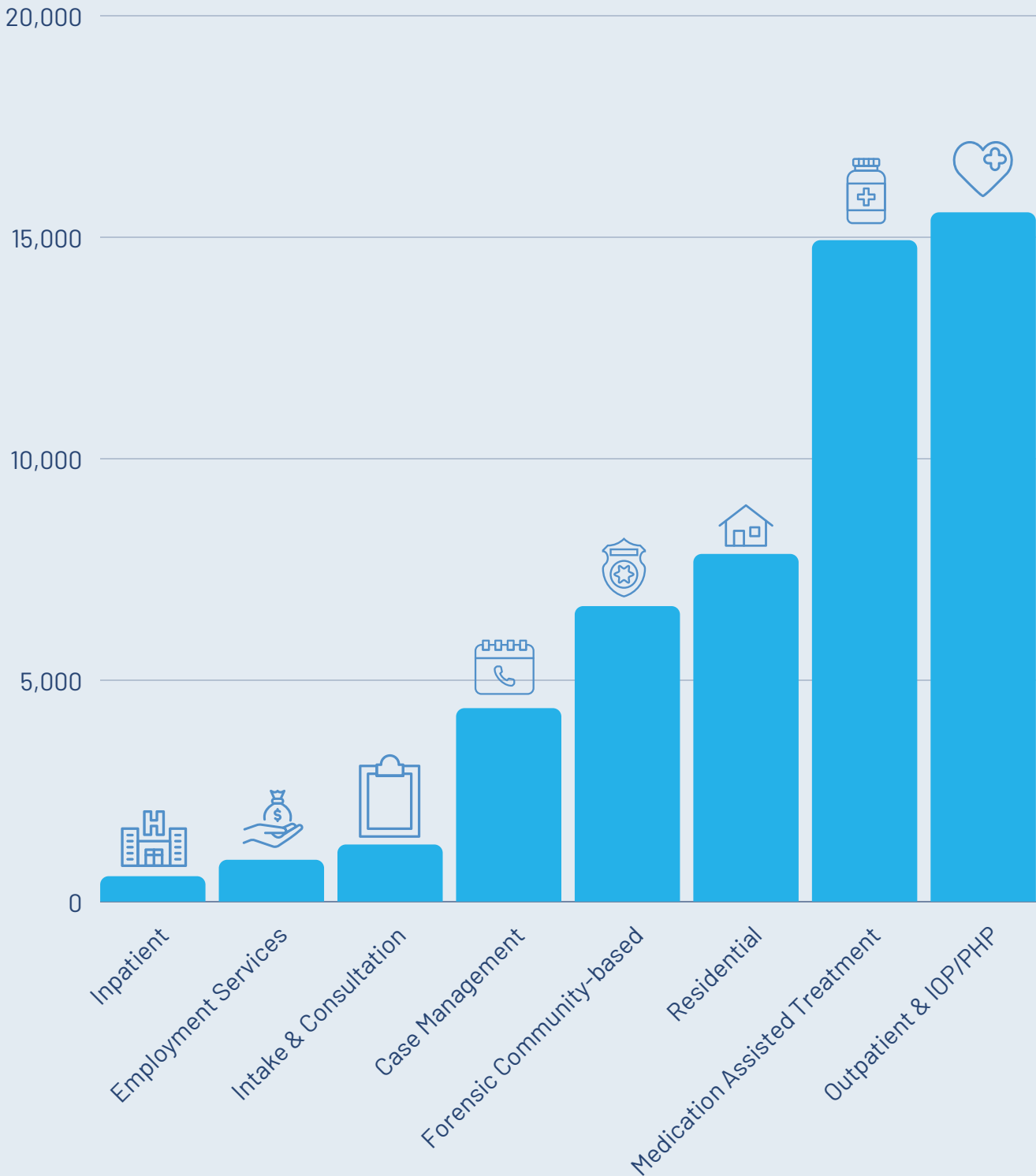


The COVID-19 pandemic impacted operations everywhere. Worldwide, healthcare providers have experienced challenges with maintaining staffing levels and patient treatment engagement.

After the initial onset of the pandemic in March 2020, DMHAS was able to pivot quickly to maintain consistent levels of patient admissions and discharges. The graph above shows admissions for addiction and mental health levels of care during FY21. The yellow line charts the COVID-19 case incidence as reported to DMHAS via the agency's critical incident reporting system.

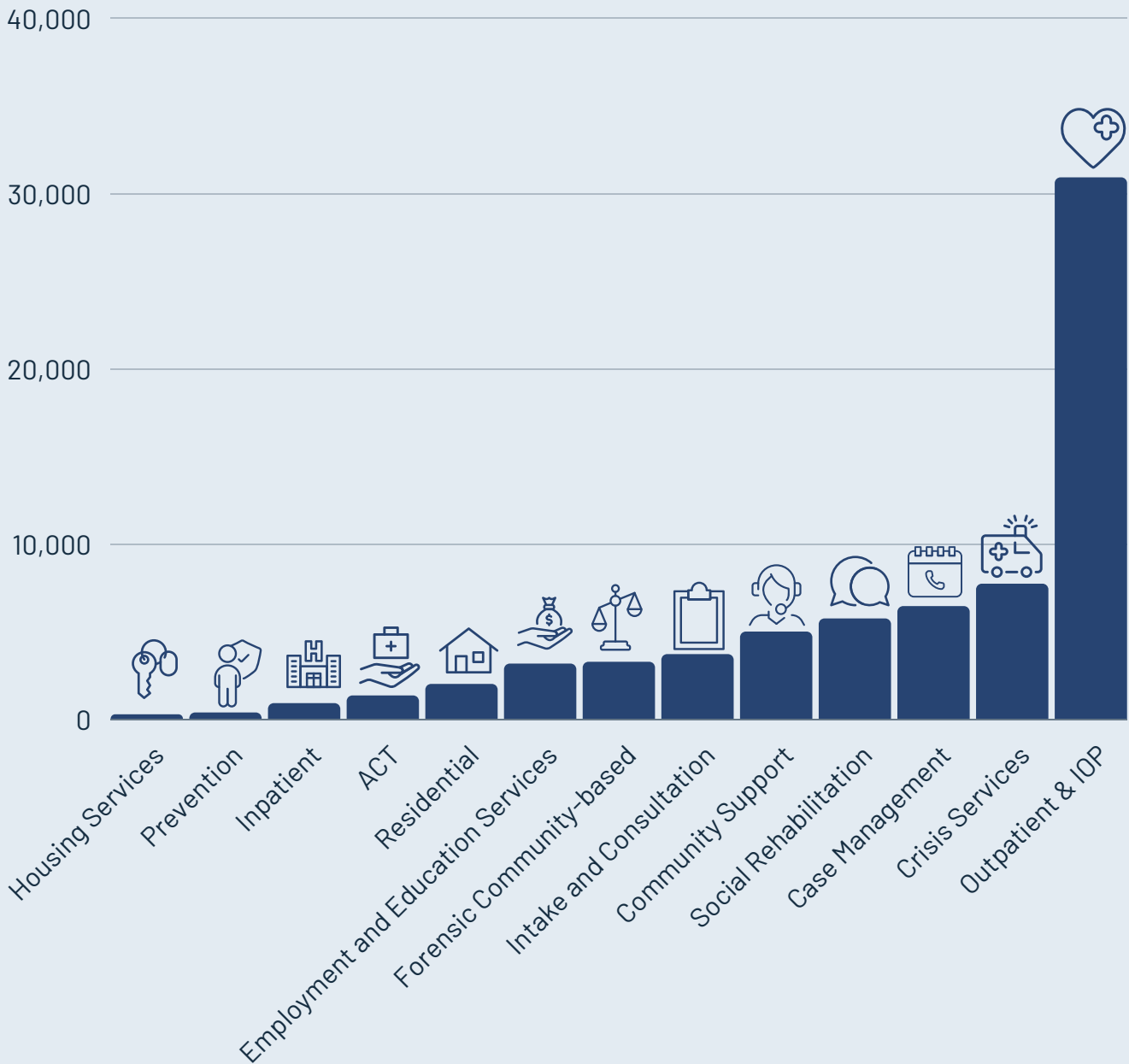
A dip in admissions did occur during the colder fall and winter months, which corresponds directly with the rise in COVID cases in the DMHAS system; however, after that peak, admission rates rose and were at high levels at the end of June 2021.

Addiction Clients by Level of Care



This chart shows active client counts in addiction levels of care during SFY21. Some categories have been combined to enable easier rendering; additionally, as Case Management is found in both Addiction and Forensic SA services, the totals have been combined and thus that count is slightly duplicated. Detailed tables with active client, admission, and discharge counts may be found in the appendix.

Mental Health Clients by Level of Care



This chart shows active client counts in mental health levels of care during SFY21. Some categories have been combined to enable easier rendering; additionally, some levels of care that are shared between Mental Health and Forensic MH (namely, Inpatient, Residential, Crisis, Case Management, and Outpatient) have slightly duplicated counts.

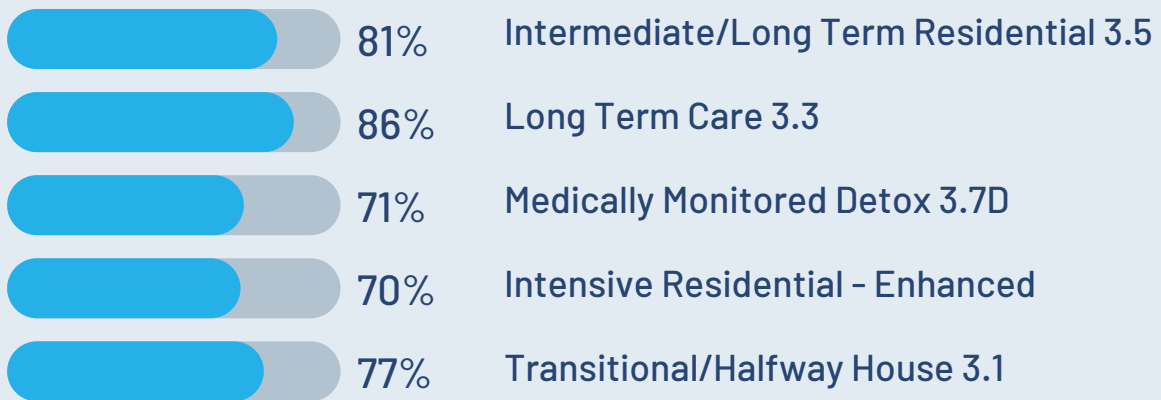
Detailed tables with active client, admission, and discharge counts may be found in the appendix.

Bed Utilization

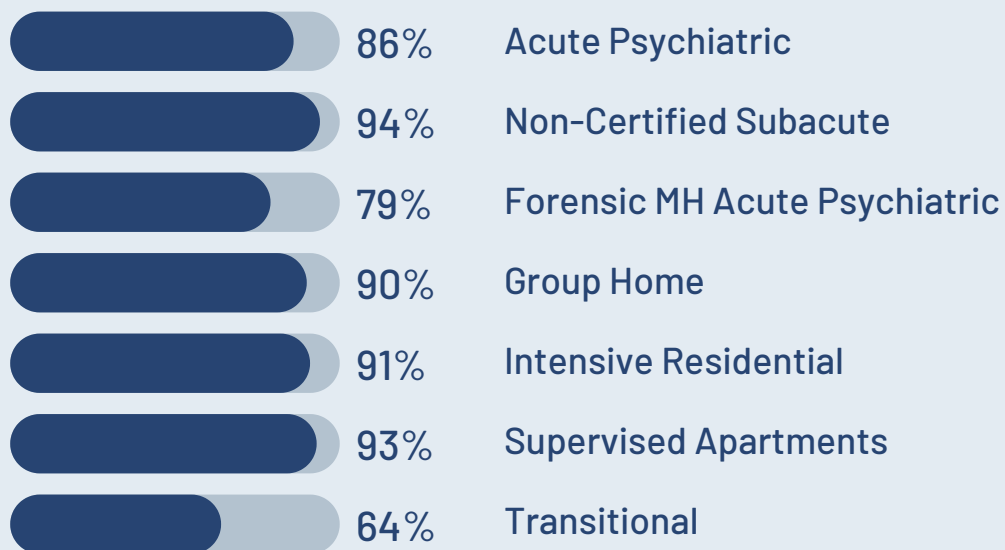
In this section, we report combined utilization for both DMHAS-funded and DMHAS-operated beds. Please note that the denominator is not always reflective of the actual number of beds available, particularly during the COVID-19 pandemic when inpatient and residential units were "decompressed" to allow for CDC-recommended physical distancing measures.

Additionally, the need to quarantine people has also contributed to lower bed utilization rates in FY21. For detailed information, please see the appendix of this report.

Substance Abuse Beds

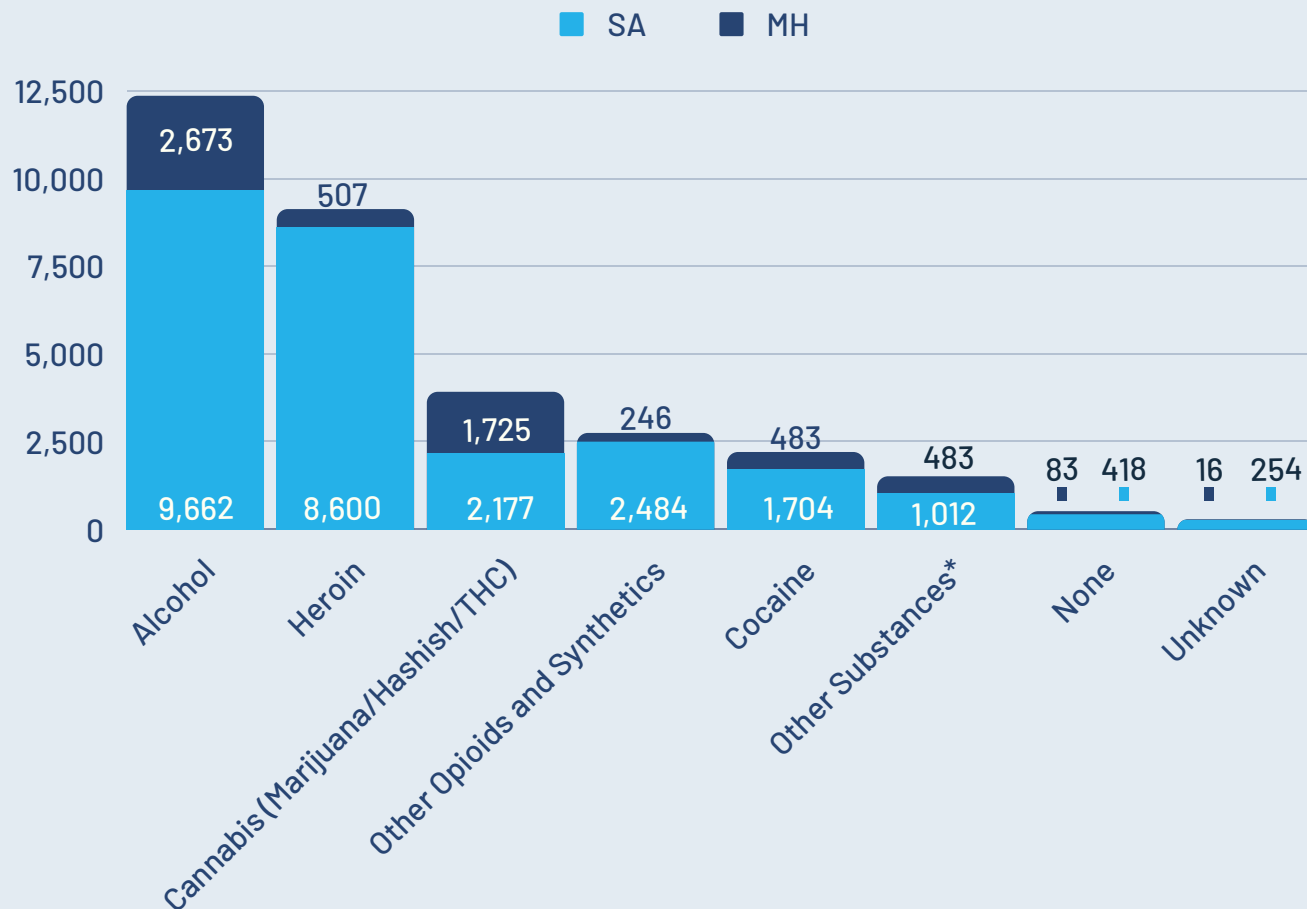


Mental Health Beds



Primary Drug of Choice at Admission

Over 32,000 admission records contained information about drug(s) of choice; the primary drug frequencies are charted below. Alcohol was the most common primary drug of choice in SFY21, as it had been in SFY20.



*This category includes benzodiazepines, PCP, amphetamines, hallucinogens, non-prescription methadone, other sedatives or hypnotics, barbiturates, inhalants, methamphetamines, other stimulants, over the counter, tobacco, and tranquilizers.

Diagnosis



Diagnosis data come from treatment related programs, and reflect the *most recent primary diagnosis* during the *most recent episode of care* that was open during the fiscal year.

"Primary diagnosis" refers to the most concerning problem for which a person seeks help.

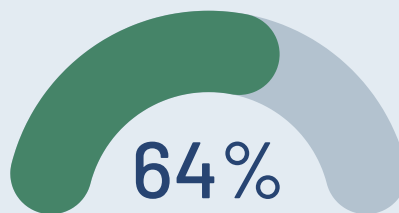
Note that clients may have more than one primary diagnosis, and many people have more than one diagnosis.

These values represent an unduplicated client count within each diagnostic category. The bar chart above represents about 99% of the diagnostic data; a detailed table may be found in the appendix.

Serious Mental Illness (SMI) Prevalence

"Serious Mental Illness" refers to mental, behavioral, or emotional disorders that significantly interfere with one or more major life activities.*

Nearly two out of three clients qualify for an SMI diagnosis.



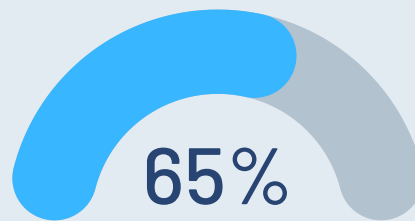
of all DMHAS clients had SMI during SFY21.

*National Institute of Mental Health (NIMH). 2022. Mental Illness. [online] Available at: <https://www.nimh.nih.gov/health/statistics/mental-illness> [Accessed 20 April 2022].

Substance Abuse and Co-Occurring Disorder Prevalence

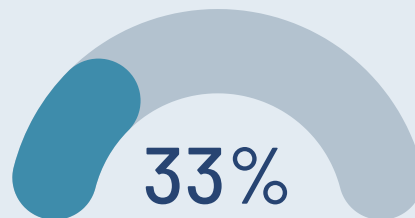
Two out of three clients have a substance use/abuse disorder.

This statistic is based on both primary and non-primary diagnoses from the most recent treatment episode.



of DMHAS clients had a substance use/abuse disorder during SFY21.

"Co-Occurring Disorder" refers to the condition of having co-existing mental illness and substance use disorders.†

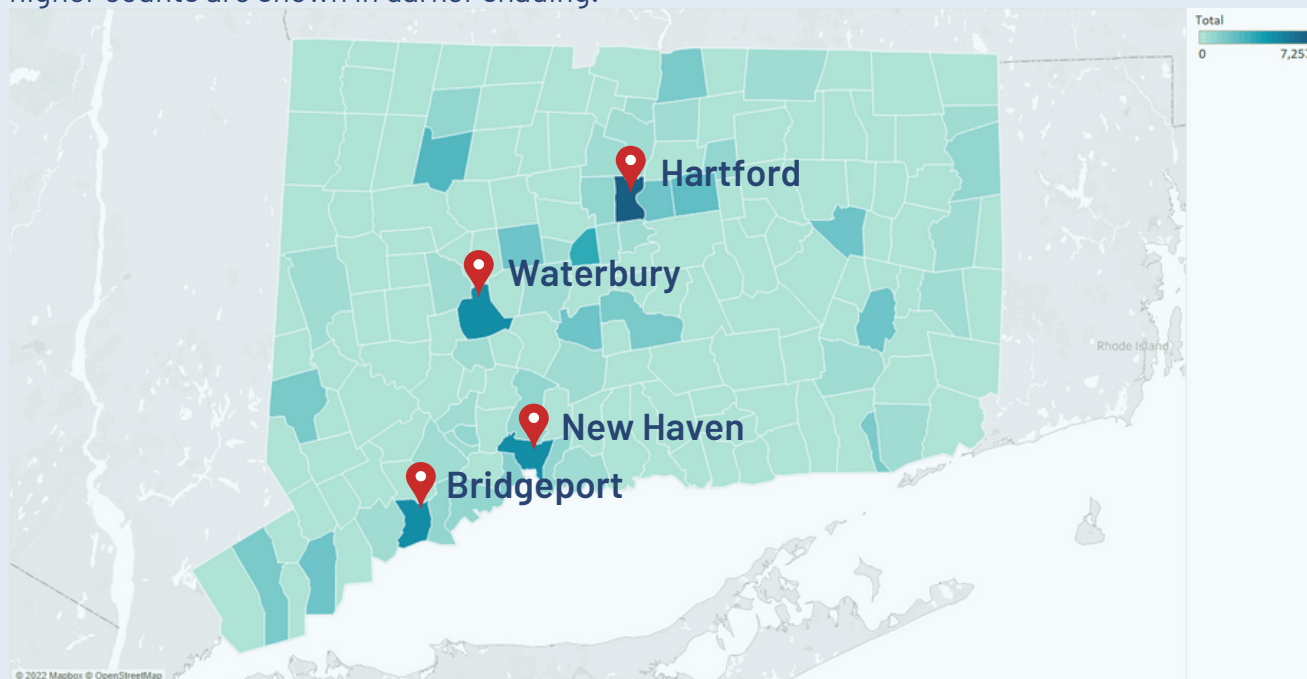


of DMHAS clients had a co-occurring disorder, defined as SMI plus a substance use/abuse diagnosis.

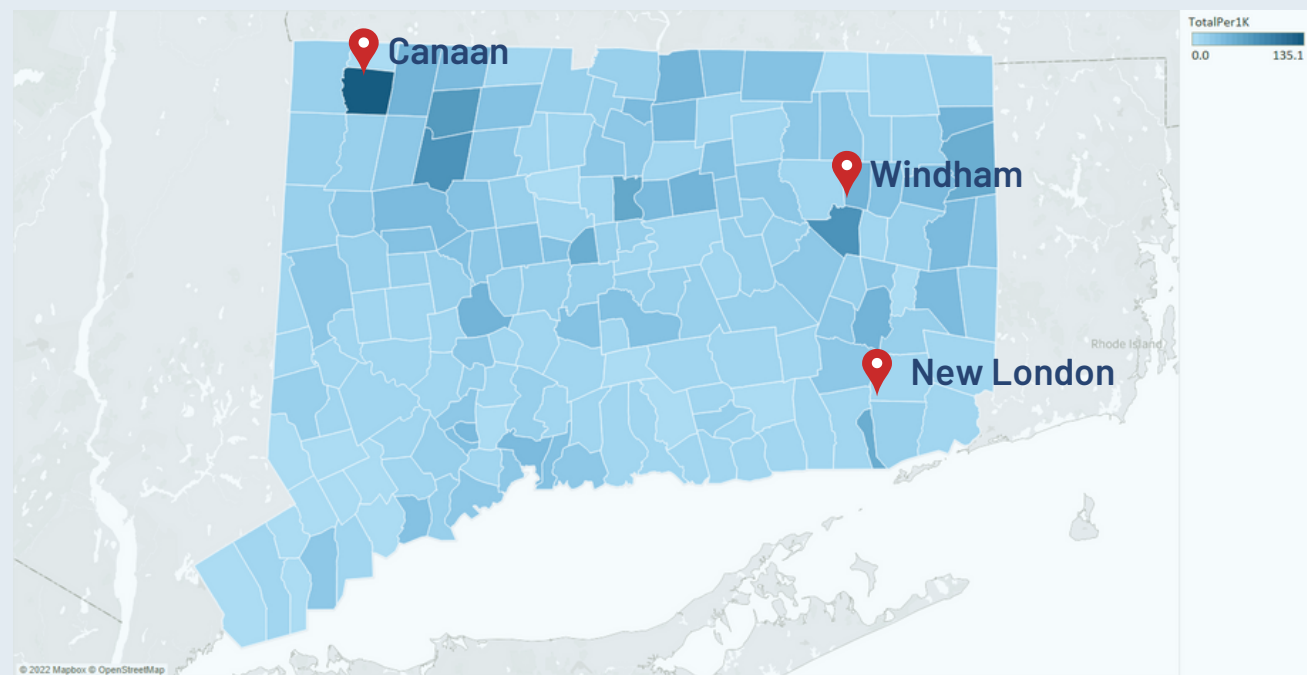
†Substance Abuse and Mental Health Services Administration (SAMHSA). 2022. [online] Available at: <https://www.samhsa.gov/medication-assisted-treatment/medications-counseling-related-conditions/co-occurring-disorders> [Accessed 20 April 2022].

DMHAS Clients Served by Town

Many of the people served by DMHAS live in urban areas and thus it is not surprising that many of the agency's clients come from cities. This map shows the DMHAS population by volume; higher counts are shown in darker shading.



DMHAS penetration rates were calculated as number of clients per 1,000 residents. When mapped, this reveals a more complex picture. Note that two of the darkest towns - Canaan and Windham - are in rural areas. Clusters of towns appear - particularly in the eastern and western parts of the state where population density is lower.



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Counts

Episode counts	SA	MH	Total
Admission	37,400	33,100	70,500
Discharge	35,420	33,112	68,532
Open*	15,932	32,961	48,893
Total	63,336	78,554	141,890

* Open-episode that started prior to FY21, but not yet discharged by 6/30/21

Unduplicated Clients	SA	MH	Both	Total
Admissions	19,985	19,674	2,929	42,588
Discharges	19,352	20,710	2,777	42,839
Open	14,724	25,525	736	40,985
Undup Clients	37,695	45,801	5,547	89,043

Program Type	N
Substance Abuse Programs	43,242
Mental Health Programs	51,348
Total Unduplicated Count	89,043

Program Type	Admissions	Single Admissions	%
SA	22,914	16,550	72%
MH	22,603	16,691	74%

Gender

Gender	N	%
Male	50,562	57%
Female	38,349	43%
Transgender	21	0%

Detailed Gender

Gender	SA		MH		Both		Total	
	N	%	N	%	N	%	N	%
Female	13,467	35.7%	22,759	49.7%	2,123	38.3%	38,349	43.1%
Male	24,173	64.1%	22,966	50.1%	3,423	61.7%	50,562	56.8%
Transgender	-	0.0%	21	0.0%	-	-	21	0.0%
Unknown	55	0.1%	55	0.1%	1	0.0%	111	0.1%
Total	37,695	100.0%	45,801	100.0%	5,547	100.0%	89,043	100.0%

Race and Ethnicity

Race	N	%
White/Caucasian	54,242	61%
Black/African American	14,213	16%
Other	20,588	23%

Detailed Race

Race	SA		MH		Both		Total	
	N	%	N	%	N	%	N	%
American Indian/ Native Alaskan	183	0.5%	243	0.5%	29	0.5%	455	0.5%
Asian	291	0.8%	582	1.3%	18	0.3%	891	1.0%
Black/African American	4,952	13.1%	8,144	17.8%	1,117	20.1%	14,213	16.0%
Native Hawaiian/ Other Pacific Islander	69	0.2%	142	0.3%	11	0.2%	222	0.2%
White/Caucasian	23,742	63.0%	27,229	59.5%	3,271	59.0%	54,242	60.9%
Multi-race	183	0.5%	260	0.6%	27	0.5%	470	0.5%
Missing/unknown	2,431	6.4%	3,095	6.8%	225	4.1%	5,751	6.5%
Other	5,844	15.5%	6,106	13.3%	849	15.3%	12,799	14.4%
Total	37,695	100.0%	45,801	100.0%	5,547	100.0%	89,043	100.0%

Ethnicity	N	%
Latino/Hispanic Identity	18,376	21%

Detailed Ethnicity

Ethnicity	SA		MH		Both		Total	
	N	%	N	%	N	%	N	%
Hispanic-Cuban	71	0.2%	67	0.1%	12	0.2%	150	0.2%
Hispanic-Mexican	193	0.5%	247	0.5%	14	0.3%	454	0.5%
Hispanic-Other	3,159	8.4%	4,000	8.7%	448	8.1%	7,607	8.5%
Hispanic-Puerto Rican	4,910	13.0%	4,513	9.9%	742	13.4%	10,165	11.4%
Non-Hispanic	23,894	63.4%	33,049	72.2%	3,951	71.2%	60,894	68.4%
Unknown	5,468	14.5%	3,925	8.6%	380	6.9%	9,773	11.0%
Total	37,695	100.0%	45,801	100.0%	5,547	100.0%	89,043	100.0%

Age	SA		MH		Both		Total	
	N	%	N	%	N	%	N	%
18-25	3,637	9.6%	5,199	11.4%	352	6.3%	9,188	10.3%
26-34	9,885	26.2%	7,639	16.7%	1,231	22.2%	18,755	21.1%
35-44	10,130	26.9%	7,904	17.3%	1,464	26.4%	19,498	21.9%
45-54	6,906	18.3%	8,086	17.7%	1,257	22.7%	16,249	18.2%
55-64	5,289	14.0%	10,395	22.7%	1,041	18.8%	16,725	18.8%
65+	1,620	4.3%	6,172	13.5%	202	3.6%	7,994	9.0%
Unknown	228	0.6%	406	0.9%	-	0.0%	634	0.7%
Total	37,695	100.0%	45,801	100.0%	5,547	100.0%	89,043	100.0%

Age Mean

Program Type	Mean	N	Std. Deviation
SA	41.2	37,467	12.9
MH	46.6	45,395	16.0
Both	43.4	5,547	12.2
Total	44.1	88,409	14.8

Episode Counts by Provider Type (DMHAS-Funded vs. DMHAS-Operated)

Admissions

Funding source	SA	MH	Total
DMHAS-Funded	36,445	23,287	59,732
DMHAS-Operated	955	9,813	10,768
Total	37,400	33,100	70,500

Discharges

Funding source	SA	MH	Total
DMHAS-Funded	34,506	23,413	57,919
DMHAS-Operated	914	9,699	10,613
Total	35,420	33,112	68,532

Open

Funding source	SA	MH	Total
DMHAS-Funded	15,873	25,714	41,587
DMHAS-Operated	59	7,247	7,306
Total	15,932	32,961	48,893

Unduplicated Client Counts

Admissions

Funding source	SA	MH	Both	Total
DMHAS-Funded	19,498	14,186	2,221	35,905
DMHAS-Operated	215	4,803	91	5,109
Both	272	685	617	1,574
Total	19,985	19,674	2,929	42,588

Discharges

Funding source	SA	MH	Both	Total
DMHAS-Funded	19,498	14,186	2,221	35,905
DMHAS-Operated	215	4,803	91	5,109
Both	272	685	617	1,574
Total	19,985	19,674	2,929	42,588

Open

Funding source	SA	MH	Both	Total
DMHAS-Funded	14,678	19,776	621	35,075
DMHAS-Operated	46	4,543	6	4,595
Both	-	1,206	109	1,315
Total	14,724	25,525	736	40,985

Total

Funding source	SA	MH	Both	Total
DMHAS-Funded	37,143	34,726	4,323	76,192
DMHAS-Operated	267	8,307	96	8,670
Both	285	2,768	1,128	4,181
Total	37,695	45,801	5,547	89,043

Mental Health Inpatient and Residential Counts

Active Clients

Forensic MH

Active Clients	Total
Inpatient Services	312
Residential Services	30

Mental Health

Active Clients	Total
Inpatient Services	541
Residential Services	1,920

Total MH* Inpatient & Residential Active Clients **2,609**

Admissions

Forensic MH

Admissions	Total
Inpatient Services	137
Residential Services	25

Mental Health

Admissions	Total
Inpatient Services	292
Residential Services	637

Total MH* Inpatient & Residential Admissions **1,091**

Discharges

Forensic MH

Discharges	Total
Inpatient Services	113
Residential Services	18

Mental Health

Discharges	Total
Inpatient Services	283
Residential Services	632

Total MH* Inpatient & Residential Discharges **1,046**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Addiction Inpatient and Residential Counts

Active Clients

Addiction

Active Clients	Total
Inpatient Services	556
Residential Services	7,835

Total Addiction Inpatient & Residential Active Clients **8,145**

Admissions

Addiction

Admissions	Total
Inpatient Services	743
Residential Services	13,314

Total Addiction Inpatient & Residential Active Clients **14,057**

Discharges

Addiction

Discharges	Total
Inpatient Services	714
Residential Services	13,061

Total Addiction Inpatient & Residential Discharges **13,775**

Mental Health Outpatient Levels of Care Counts

Active Clients

Forensic MH

Active Clients	Total
Case Management	33
Crisis Services	29
Forensics Community-based	3,215
Outpatient	466

Mental Health

Active Clients	Total
ACT	1,292
Case Management	6,363
Community Support	4,941
Consultation	649
Crisis Services	7,646
Education Support	242
Employment Services	2,897
Housing Services	215
Intake	3,004
IOP	131
Outpatient	30,287
Prevention	320
Social Rehabilitation	5,690

Total MH* Outpatient Levels of Care Active Clients **50,728**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Mental Health Outpatient Levels of Care Counts

Admissions

Forensic MH

Active Clients	Total
Case Management	10
Crisis Services	21
Forensics Community-based	1,987
Outpatient	202

Mental Health

Active Clients	Total
ACT	338
Case Management	2,089
Community Support	1,117
Consultation	98
Crisis Services	11,157
Education Support	92
Employment Services	1,117
Housing Services	86
Intake	3,081
IOP	124
Outpatient	9,626
Prevention	0
Social Rehabilitation	864

Total MH* Outpatient Levels of Care Admissions **32,009**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Mental Health Outpatient Levels of Care Counts

Discharges

Forensic MH

Active Clients	Total
Case Management	20
Crisis Services	23
Forensics Community-based	1,730
Outpatient	237

Mental Health

Active Clients	Total
ACT	371
Case Management	2,600
Community Support	1,292
Consultation	110
Crisis Services	11,008
Education Support	93
Employment Services	1,261
Housing Services	79
Intake	3,105
IOP	115
Outpatient	8,243
Prevention	19
Social Rehabilitation	1,760

Total MH* Outpatient Levels of Care Discharges **32,066**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Addiction Outpatient Levels of Care Counts

Active Clients

Forensic SA

Active Clients	Total
Case Management	229
Forensics Community-based	6,656

Addiction

Active Clients	Total
Case Management	4,123
Consultation	55
Employment Services	927
Intake	1,217
IOP	549
Medication Assisted Treatment	14,922
Outpatient	14,930
PHP	72

Total Addiction* Outpatient Levels of Care Active Clients **39,232**

* Total Addiction represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Addiction Outpatient Levels of Care Counts

Admissions

Forensic SA

Active Clients	Total
Case Management	160
Forensics Community-based	3,067

Addiction

Active Clients	Total
Case Management	2,693
Consultation	14
Employment Services	520
Intake	1,583
IOP	429
Medication Assisted Treatment	5,566
Outpatient	9,250
PHP	61

Total Addiction* Outpatient Levels of Care Admissions **23,343**

Discharges

Forensic SA

Active Clients	Total
Case Management	216
Forensics Community-based	2,897

Addiction

Active Clients	Total
Case Management	2,329
Consultation	11
Employment Services	594
Intake	1,583
IOP	403
Medication Assisted Treatment	5,559
Outpatient	7,995
PHP	58

Total Addiction Outpatient Levels of Care Discharges **21,645**

* Total Addiction represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Primary Drug - Active Clients - Addiction

For this table, we narrowed our analytic universe to episodes of clients who were active in addiction treatment programs during FY21. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	13,164	28.0%
Amphetamines	84	0.2%
Barbiturates	10	0.0%
Benzodiazepines	452	1.0%
Cocaine/Crack	3,040	6.4%
Hallucinogens: LSD, DMS, STP, etc	146	0.3%
Heroin	19,748	42.0%
Inhalants	27	0.1%
Cannabis (Marijuana, Hashish, THC)	3,498	7.4%
Methamphetamines	84	0.2%
Non-Prescriptive Methadone	58	0.1%
None	549	1.2%
Other	97	0.2%
Other Opiates and Synthetics	4,780	10.2%
Other Sedatives or Hypnotics	90	0.2%
Other Stimulants	25	0.1%
Over-the-Counter	16	0.0%
PCP	376	0.8%
Tobacco	25	0.0%
Tranquilizers	0	0.0%
Unknown	750	1.6%
Total	47,019	100.0%

Primary Drug - Active Clients - Mental Health

For this table, we narrowed our analytic universe to episodes of clients who were active in mental health treatment programs during FY21. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	12,455	44.1%
Amphetamines	89	0.3%
Barbiturates	37	0.1%
Benzodiazepines	195	0.7%
Cocaine/Crack	2,732	9.8%
Hallucinogens: LSD, DMS, STP, etc	95	0.3%
Heroin	1,828	6.5%
Inhalants	17	0.1%
Cannabis (Marijuana, Hashish, THC)	6,937	24.6%
Methamphetamines	62	0.2%
Non-Prescriptive Methadone	11	0.0%
None	662	2.3%
Other	186	0.7%
Other Opiates and Synthetics	780	2.8%
Other Sedatives or Hypnotics	38	0.1%
Other Stimulants	94	0.3%
Over-the-Counter	74	0.3%
PCP	250	0.9%
Tobacco	1,129	4.0%
Tranquilizers	15	0.1%
Unknown	544	1.9%
Total	28,230	100.0%

Primary Drug - Active Clients - Total

For this table, we narrowed our analytic universe to episodes of clients who were active in treatment programs (addiction or mental health) during FY21. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	25,619	33.9%
Amphetamines	173	0.2%
Barbiturates	47	0.0%
Benzodiazepines	647	0.9%
Cocaine/Crack	5,772	7.7%
Hallucinogens: LSD, DMS, STP, etc	241	0.3%
Heroin	21,576	30.9%
Inhalants	44	0.1%
Cannabis (Marijuana, Hashish, THC)	10,435	13.0%
Methamphetamines	146	0.2%
Non-Prescriptive Methadone	69	0.1%
None	1,211	1.8%
Other	283	0.4%
Other Opiates and Synthetics	5,560	7.8%
Other Sedatives or Hypnotics	128	0.2%
Other Stimulants	119	0.1%
Over-the-Counter	90	0.2%
PCP	626	0.7%
Tobacco	1,154	1.0%
Tranquilizers	15	0.0%
Unknown	1,294	1.4%
Total	75,249	100.0%

Primary Drug - Admissions - Addiction

For this table, we narrowed our analytic universe to episodes of clients who were admitted to addiction treatment programs during FY21. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	9,662	36.7%
Amphetamines	54	0.2%
Barbiturates	3	0.0%
Benzodiazepines	366	1.4%
Cocaine/Crack	1,704	6.5%
Hallucinogens: LSD, DMS, STP, etc	99	0.4%
Heroin	8,600	32.7%
Inhalants	16	0.1%
Cannabis (Marijuana, Hashish, THC)	2,177	8.3%
Methamphetamines	53	0.2%
Non-Prescriptive Methadone	27	0.1%
None	418	1.6%
Other	40	0.2%
Other Opiates and Synthetics	2,484	9.4%
Other Sedatives or Hypnotics	63	0.2%
Other Stimulants	17	0.1%
Over-the-Counter	12	0.0%
PCP	245	0.9%
Tobacco	17	0.1%
Tranquilizers	-	0.0%
Unknown	254	0.9%
Total	26,311	100.0%

Primary Drug - Admissions - Mental Health

For this table, we narrowed our analytic universe to episodes of clients who were admitted to mental health treatment programs during FY21. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	2,673	43.0%
Amphetamines	13	0.2%
Barbiturates	2	0.0%
Benzodiazepines	32	0.5%
Cocaine/Crack	483	7.8%
Hallucinogens: LSD, DMS, STP, etc	19	0.3%
Heroin	507	8.2%
Inhalants	3	0.0%
Cannabis (Marijuana, Hashish, THC)	1,725	27.8%
Methamphetamines	19	0.3%
Non-Prescriptive Methadone	4	0.1%
None	83	1.3%
Other	25	0.4%
Other Opiates and Synthetics	246	4.0%
Other Sedatives or Hypnotics	5	0.1%
Other Stimulants	28	0.5%
Over-the-Counter	41	0.7%
PCP	63	1.0%
Tobacco	229	3.7%
Tranquilizers	-	0.0%
Unknown	16	0.3%
Total	6,216	100.0%

Primary Drug - Admissions - Total

For this table, we narrowed our analytic universe to episodes of clients who were admitted to treatment programs (addiction or mental health) during FY21. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	12,335	37.9%
Amphetamines	67	0.2%
Barbiturates	5	0.0%
Benzodiazepines	398	1.2%
Cocaine/Crack	2,187	6.7%
Hallucinogens: LSD, DMS, STP, etc	118	0.4%
Heroin	9,107	28.0%
Inhalants	19	0.1%
Cannabis (Marijuana, Hashish, THC)	3,902	12.0%
Methamphetamines	72	0.2%
Non-Prescriptive Methadone	31	0.1%
None	501	1.5%
Other	65	0.2%
Other Opiates and Synthetics	2,730	8.4%
Other Sedatives or Hypnotics	68	0.2%
Other Stimulants	45	0.1%
Over-the-Counter	53	0.2%
PCP	308	0.9%
Tobacco	246	0.8%
Tranquilizers	-	0.0%
Unknown	270	0.8%
Total	32,527	100.0%

Primary Diagnosis for Clients in Treatment Related Programs

For this table, we tabulated primary diagnosis for clients who were active in treatment programs (addiction or mental health) during FY21. These counts are on the individual client level.

Rank	Diagnosis	Frequency	%
1	Substance-Related and Addictive Disorders	33,831	36.5%
2	Depressive Disorders	16,876	18.2%
3	Schizophrenia Spectrum and Other Psychotic Disorders	13,650	14.7%
4	Bipolar and Related Disorders	10,912	11.8%
5	Trauma- and Stressor-Related Disorders	7,710	8.3%
6	Anxiety Disorders	5,352	5.8%
7	Neurodevelopmental Disorders	1,597	1.7%
8	Diagnosis Deferred On This Axis	603	0.6%
9	Disruptive, Impulse-Control, and Conduct Disorders	527	0.6%
10	Obsessive-Compulsive and Related Disorders	521	0.6%
11	Personality Disorders	381	0.4%
12	Other Mental Disorders	259	0.3%
13	Neurocognitive Disorders	208	0.2%
14	Other Conditions That May Be a Focus of Clinical Attention	157	0.2%
15	Feeding and Eating Disorders	43	0.0%
16	Paraphilic Disorders	41	0.0%
17	Sleep-Wake Disorders	41	0.0%
18	Somatic Symptom and Related Disorders	41	0.0%
19	Dissociative Disorders	31	0.0%
20	Gender Dysphoria	25	0.0%
21	Sexual Dysfunctions	6	0.0%
22	Elimination Disorders	1	0.0%
23	Total	92,813	100%

Client Counts by Town: Andover - Columbia

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
Andover	25	28	3	56
Ansonia	459	246	42	747
Ashford	43	46	3	92
Avon	43	66	3	112
Barkhamsted	54	41	4	99
Beacon Falls	29	48	5	82
Berlin	80	182	14	276
Bethany	19	19	2	40
Bethel	65	167	12	244
Bethlehem	37	23	2	62
Bloomfield	324	168	27	519
Bolton	70	36	5	111
Bozrah	36	24	1	61
Branford	431	160	37	628
Bridgeport	2,158	2,417	311	4,886
Bridgewater	4	15	2	21
Bristol	448	1,479	106	2,033
Brookfield	56	106	5	167
Brooklyn	160	115	15	290
Burlington	26	101	7	134
Canaan	63	79	4	146
Canterbury	45	52	4	101
Canton	55	70	4	129
Chaplin	34	47	8	89
Cheshire	104	102	12	218
Chester	26	15	4	45
Clinton	80	54	11	145
Colchester	91	120	12	223
Colebrook	23	22	1	46
Columbia	45	43	2	90

Client Counts by Town: Cornwall - Guilford

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
Cornwall	15	10	-	25
Coventry	137	121	11	269
Cromwell	88	100	8	196
Danbury	617	938	82	1,637
Darien	27	38	1	66
Deep River	37	22	4	63
Derby	193	176	25	394
Durham	24	18	1	43
East Granby	53	26	6	85
East Haddam	35	50	5	90
East Hampton	85	104	2	191
East Hartford	1,277	568	146	1,991
East Haven	489	277	60	826
East Lyme	67	111	16	194
East Windsor	293	95	26	414
Eastford	16	11	1	28
Easton	11	23	1	35
Ellington	118	84	17	219
Enfield	1,210	392	142	1,744
Essex	53	26	2	81
Fairfield	135	224	11	370
Farmington	68	182	15	265
Franklin	16	15	1	32
Glastonbury	207	102	37	346
Goshen	48	24	4	76
Granby	110	49	8	167
Greenwich	146	147	8	301
Griswold	196	182	18	396
Groton	266	285	40	591
Guilford	154	50	17	221

Client Counts by Town: Haddam - New Canaan

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
Haddam	26	41	4	71
Hamden	623	277	58	958
Hampton	24	29	5	58
Hartford	2,920	3,648	689	7,257
Hartland	10	11	3	24
Harwinton	102	56	6	164
Hebron	65	56	6	127
Kent	32	26	-	58
Killingly	443	404	48	895
Killingworth	14	16	6	36
Lebanon	64	75	13	152
Ledyard	71	95	7	173
Lisbon	-	-	-	-
Litchfield	198	77	6	281
Lyme	-	1	-	1
Madison	76	49	16	141
Manchester	1,902	498	134	2,534
Mansfield	152	144	16	312
Marlborough	26	34	5	65
Meriden	1,127	642	108	1,877
Middlebury	39	30	1	70
Middlefield	24	24	5	53
Middletown	851	593	140	1,584
Milford	658	345	57	1,060
Monroe	32	100	4	136
Montville	192	197	22	411
Morris	40	20	3	63
Naugatuck	304	357	30	691
New Britain	1,291	2,002	254	3,547
New Canaan	39	37	4	80

Client Counts by Town: New Fairfield - Roxbury

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
New Fairfield	31	96	2	129
New Hartford	99	71	8	178
New Haven	2,928	1,585	442	4,955
New London	647	699	107	1,453
New Milford	284	376	28	688
Newington	185	301	42	528
Newtown	74	191	7	272
Norfolk	37	21	7	65
North Branford	100	52	15	167
North Canaan	10	9	-	19
North Haven	217	94	15	326
North Stonington	18	28	3	49
Norwalk	1,338	602	80	2,020
Norwich	1,055	675	130	1,860
Old Lyme	25	44	4	73
Old Saybrook	42	46	3	91
Orange	74	45	7	126
Oxford	57	81	3	141
Plainfield	290	282	31	603
Plainville	98	384	26	508
Plymouth	81	222	9	312
Pomfret	47	18	4	69
Portland	86	63	14	163
Preston	33	37	4	74
Prospect	38	51	3	92
Putnam	192	168	22	382
Redding	14	29	1	44
Ridgefield	48	95	2	145
Rocky Hill	101	125	19	245
Roxbury	9	11	2	22

Client Counts by Town: Salem - Waterbury

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
Salem	21	20	-	41
Salisbury	39	33	5	77
Scotland	1	11	-	12
Seymour	200	155	12	367
Sharon	20	24	6	50
Shelton	264	321	32	617
Sherman	15	23	-	38
Simsbury	102	82	10	194
Somers	137	134	11	282
South Windsor	220	98	11	329
Southbury	82	85	7	174
Southington	156	463	28	647
Sprague	27	39	2	68
Stafford	190	152	29	371
Stamford	932	608	56	1,596
Sterling	26	55	7	88
Stonington	113	103	5	221
Stratford	219	517	35	771
Suffield	180	51	17	248
Thomaston	119	91	9	219
Thompson	100	72	14	186
Tolland	76	73	8	157
Torrington	1,840	790	162	2,792
Trumbull	78	161	13	252
Vernon	617	244	44	905
Voluntown	22	23	2	47
Wallingford	265	212	33	510
Warren	15	16	-	31
Washington	34	23	5	62
Waterbury	2,933	1,829	283	5,045

Client Counts by Town: Waterford - Woodstock

Town of Client's Domicile	MH Only	SA Only	MH & SA	Total
Waterford	124	126	10	260
Watertown	223	163	14	400
West Hartford	366	333	34	733
West Haven	761	432	84	1,277
Westbrook	35	39	2	76
Weston	22	23	-	45
Westport	102	74	8	184
Wethersfield	153	197	22	372
Willington	76	51	8	135
Wilton	36	35	1	72
Winchester	438	275	36	749
Windham	724	965	153	1,842
Windsor	477	207	39	723
Windsor Locks	283	112	35	430
Wolcott	104	178	13	295
Woodbridge	17	21	6	44
Woodbury	55	50	3	108
Woodstock	61	39	7	107
Unknown	1,774	941	153	2,868
Total	45,801	37,695	5,547	89,043

Bed Capacity and Utilization

SA Inpatient	Bed Capacity	State Avg. UTILIZATION
Medically Managed Detox 4.2	41	14%

SA Residential	Bed Capacity	State Avg. UTILIZATION
Intermediate/Long Term Res.Tx 3.5	470	81%
Long Term Care 3.3	50	86%
Medically Monitored Detox 3.7D	112	71%
SA Intensive Res. Rehabilitation 3.7	238	58%
SA Intensive Residential - Enhanced	59	70%
Transitional/Halfway House 3.1	69	77%

MH Inpatient	Bed Capacity	State Avg. UTILIZATION
Acute Psychiatric	328	86%
Acute Psychiatric - Intermediate	11	49%
Non-Certified Subacute	16	94%
Forensic MH Acute Psychiatric	232	79%

MH Residential	Bed Capacity	State Avg. UTILIZATION
Group Home	177	90%
Intensive Residential	189	91%
Supervised Apartments	658	93%
Transitional	36	64%

Bed Capacity and Utilization by Region - Addiction

Inpatient

Medically Managed Detox 4.2

Data Type	1	2	3	4	5	State
Bed Capacity		41				41
Utilization Rate		14%				14%

Residential

AIDS Residential

Data Type	1	2	3	4	5	State
Bed Capacity	15	10		9		34
Utilization Rate	98%	77%		55%		81%

Intermediate/Long Term Res.Tx 3.5

Data Type	1	2	3	4	5	State
Bed Capacity	63	142	148	35	82	470
Utilization Rate	178%	76%	57%	83%	58%	81%

Long Term Care 3.3

Data Type	1	2	3	4	5	State
Bed Capacity					50	50
Utilization Rate					86%	86%

Medically Monitored Detox 3.7D

Data Type	1	2	3	4	5	State
Bed Capacity		43	20	35	14	112
Utilization Rate		56%	65%	86%	90%	71%

Recovery House

Data Type	1	2	3	4	5	State
Bed Capacity	21	37	10	58	69	195
Utilization Rate	82%	67%	59%	48%	65%	62%

SA Intensive Res. Rehabilitation 3.7

Data Type	1	2	3	4	5	State
Bed Capacity	25	145		28	40	238
Utilization Rate	84%	36%		94%	96%	58%

SA Intensive Residential - Enhanced

Data Type	1	2	3	4	5	State
Bed Capacity	23		16		20	59
Utilization Rate	91%		48%		64%	70%

Shelter

Data Type	1	2	3	4	5	State
Bed Capacity	34	90		44		168
Utilization Rate	56%	55%		101%		67%

Transitional/Halfway House 3.1

Data Type	1	2	3	4	5	State
Bed Capacity	6		34	15	14	69
Utilization Rate	81%		66%	82%	99%	77%

Bed Capacity and Utilization by Region - Mental Health

Forensic MH - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	3	2			4	9
Utilization Rate	70%	60%			28%	49%

Forensic MH - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity		232				232
Utilization Rate		79%				79%

Forensic MH - Residential

IMH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity		6				6
Utilization Rate		90%				90%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity		11				11
Utilization Rate		52%				52%

Mental Health - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	10	35		20	11	76
Utilization Rate	76%	53%		55%	63%	58%

Mental Health - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity	62	264	2			328
Utilization Rate	91%	86%	14%			86%

Acute Psychiatric - Intermediate

Data Type	1	2	3	4	5	State
Bed Capacity	8		3			11
Utilization Rate	61%		15%			49%

Non-Certified Subacute

Data Type	1	2	3	4	5	State
Bed Capacity				16		16
Utilization Rate				94%		94%

Bed Capacity and Utilization by Region - Mental Health, continued

Mental Health - Residential

Group Home

Data Type	1	2	3	4	5	State
Bed Capacity	36	55	14	42	30	177
Utilization Rate	84%	98%	83%	95%	80%	90%

MH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity		60	6	106	17	189
Utilization Rate		88%	97%	93%	91%	91%

Other

Data Type	1	2	3	4	5	State
Bed Capacity			15			15
Utilization Rate			47%			47%

Residential Support

Data Type	1	2	3	4	5	State
Bed Capacity	70	40		12	145	267
Utilization Rate	84%	95%		95%	75%	81%

Sub-Acute

Data Type	1	2	3	4	5	State
Bed Capacity			15			15
Utilization Rate			51%			51%

Supervised Apartments

Data Type	1	2	3	4	5	State
Bed Capacity	86	152	117	169	134	658
Utilization Rate	95%	97%	91%	91%	95%	93%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity	13		9		14	36
Utilization Rate	66%		69%		60%	64%

Mental Health - ACT

Assertive Community Treatment

Data Type	1	2	3	4	5	State
Bed Capacity		10				10
Utilization Rate		60%				60%

Mental Health - Case Management

Supportive Housing - Development

Data Type	1	2	3	4	5	State
Bed Capacity			16			16
Utilization Rate			152%			152%